

VAC024	FITNESS AND EXERCISE
Contact Hours	30 Hours
Prerequisite	Nil

Course Description

This course empowers students to embrace a healthy lifestyle by understanding the principles of fitness and exercise. Through a combination of theoretical knowledge, practical activities, and personalized guidance, students will learn the importance of physical activity, nutrition, and mental well-being in achieving overall fitness and wellness.

Course Objectives

Students will be able to:

- Understand the significance of physical fitness for overall health and well-being.
- Explore strategies for managing stress and promoting mental well-being.
- Apply principles of injury prevention and safe exercise practices.
- Promote the benefits of a healthy lifestyle within their communities.

Course Outcomes

On completion of this course, students will be able to:

- CO 1: Identify the components of physical fitness and their interplay.
- CO 2: Develop personalized fitness plans that align with individual goals and needs.
- CO 3: Demonstrate proper techniques for various exercise modalities.
- CO 4: Make informed dietary choices to support fitness goals.

Course Outline

Module 1: Introduction to Fitness and Wellness 3 hours

- Definition of fitness and its role in holistic well-being
- The relationship between physical, mental, and emotional health
- Setting realistic fitness goals and expectations

Module 2: Components of Physical Fitness 3 hours

- Cardiovascular fitness, muscular strength, endurance, flexibility, body composition
- Assessing and measuring physical fitness levels
- Recognizing the impact of genetics and lifestyle on fitness

Module 3: Exercise Modalities and Techniques 3 hours

- Cardiovascular exercises: running, swimming, cycling, etc.
- Strength training and resistance exercises
- Flexibility and mobility exercises

Module 4: Nutrition for Fitness 3 hours

- Basic principles of nutrition and its role in fueling the body
- Balanced diets for different fitness goals
- Hydration and its impact on exercise performance

Module 5: Mental Well-being and Stress Management 3 hours

- The mind-body connection in fitness and wellness
- Techniques for managing stress and promoting mental resilience
- Mindfulness, meditation, and relaxation strategies

Module 6: Exercise Safety and Injury Prevention 3 hours

- Proper warm-up and cool-down routines
- Preventing common exercise-related injuries
- Recognizing and addressing overtraining

Module 7: Developing Personalized Fitness Plans 3 hours

- Tailoring fitness routines to individual goals and preferences
- Creating periodized workout plans for progressive improvement
- Monitoring and adjusting fitness plans over time

Module 8: Community Engagement and Health Promotion 3 hours

- Strategies for encouraging healthy habits in communities
- Participating in fitness-related events and initiatives
- Educating peers on the benefits of a holistic fitness approach

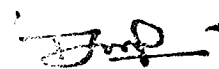
Module 9: Lifelong Fitness Habits 3 hours

- Cultivating sustainable fitness habits for lifelong wellness
- Balancing fitness with academic and professional commitments
- Setting long-term goals and adapting to changing circumstances

Module 10: Fitness Assessment and Reflection 3 hours

- Self-assessment of personal fitness progress
- Reflection on the journey to optimal health and well-being
- Creating a personal fitness plan for ongoing improvement

Practicum



Registrar
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)

Throughout the course, students will engage in practical exercises, fitness assessments, and workshops to apply the principles of fitness and exercise. They will create personalized fitness plans, participate in group workouts, practice exercise techniques, and reflect on their progress. The practicum will offer hands-on experience and the opportunity to apply learned concepts to real-life scenarios.

Textbook

McArdle, W. D., Katch, F. I., & Katch, V. L. (2021). Exercise Physiology: Nutrition, Energy, and Human Performance. Lippincott Williams & Wilkins.

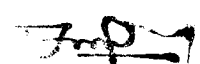
Reference Books

Baechle, T. R., & Earle, R. W. (2017). Essentials of Strength Training and Conditioning. Human Kinetics.

Berkman, L. F., & Kawachi, I. (Eds.). (2014). Social Epidemiology. Oxford University Press.

McArdle, W. D., Katch, F. I., & Katch, V. L. (2019). Essentials of Exercise Physiology. Lippincott Williams & Wilkins.

	Evaluation Component	Weightage (%)
1	Activities and Demonstration	20
2	Project Presentation	20
3	Attendance	10
4	End Term Examination	50



Registrar
G.R. Mangalam University
Sohna Road, Gurugram (Haryana)



K.R. MANGALAM UNIVERSITY

EDUCATION FOR LIFE
(Recognized by UGC and a member of AIU)

Ref.No.:KRMU/Admin./Notice/2019-20/14 Q1 (12)

Dated: 07th December, 2019

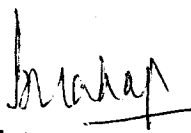
NOTICE

This is to put for information that School of Medical & Allied Sciences is offering Value-Added Course (VAC) for all interested students during Even Semester as per the following specifications.

Course Code	Course Title	Coordinating Department / School	Duration
VAC024	Fitness and Exercise	SMAS	30 Hrs.

- Maximum 100 seats are available for the course.
- Course Start Date: 02 January 2020
- Course End Date: 19 March 2020

All interested students are required to confirm their registration with the Dean-School of Medical & Allied Sciences latest by 26th December, 2019


Registrar

Copy to:

- Vice Chancellor : For kind information
- Dean (Academics Affairs)
- Controller of Examinations
- All Deans/ School Coordinators
- All Faculty Members/ Mentors
- Notice Board
- Office Copy


Registrar
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

IO	NAME	PROGRAMME	SEMESTER	2-Jan-20	3-Jan-20	4-Jan-20	7-Jan-20	9-Jan-20	10-Jan-20	11-Jan-20
100005	RISHAB TRIVEDI	B.Tech CSE	Semester II	A	P	A	P	A	P	P
100008	S MAHIMA	B.Tech CSE	Semester II	P	A	P	P	P	A	P
100010	HARSH KUMAR	B.Tech CSE	Semester II	A	A	P	P	P	P	P
52012	KARTIK SINGH	BCA	Semester II	A	P	P	A	P	P	A
700007	YASH GUPTA	B.Com (H)	Semester II	P	A	P	P	P	P	P
700009	AVINASH KUMAR	B.Com (H)	Semester II	A	A	P	A	P	P	P
700010	ANANYA AGARWAL	B.Com (H)	Semester II	P	P	P	A	P	P	A
700012	SHUBHAM	B.Com (H)	Semester II	P	P	P	P	P	P	P
700033	ANISHA	B.Com (H)	Semester II	P	A	P	P	P	P	P
700037	VAIBHAV	B.Com (H)	Semester II	P	P	P	A	P	P	P
100009	MOHIT SHARMA	BBA LLB (H)	Semester II	A	A	P	P	P	P	P
700004	GEETA RAWAT	B.A. LL.B (H)	Semester II	P	A	P	P	P	P	P
700007	PANKAJ SAHANI	B.A. LL.B (H)	Semester II	P	P	P	A	P	P	P
700017	PRIYA SHARMA	B.A. LL.B (H)	Semester II	A	A	P	P	P	P	P
700018	JEEVESH DIDI	B.A. LL.B (H)	Semester II	A	P	P	A	P	P	P
700021	GAURAV AVANA	B.A. LL.B (H)	Semester II	P	A	P	P	P	P	P
700023	JAYANT VATS	B.A. LL.B (H)	Semester II	P	P	P	P	P	P	P
700027	YUKTI SHARMA	B.A. LL.B (H)	Semester II	P	A	P	P	P	A	P
700032	ISHU AGGARWAL	B.A. LL.B (H)	Semester II	P	A	P	P	P	P	P
700034	MOHD SHOAIB	B.A. LL.B (H)	Semester II	A	A	P	A	P	A	P
700037	SHEETAL	B.A. LL.B (H)	Semester II	A	A	P	P	P	P	P
700048	YOGESH YADAV	B.A. LL.B (H)	Semester II	A	P	P	P	A	P	P
700052	MOHD KAIF	B.A. LL.B (H)	Semester II	A	P	P	P	P	P	P
700001	UDIT KAPOOR	LLB (Hons.)	Semester II	A	A	P	P	P	A	P
700005	ASHANA MEHTA	LLB (Hons.)	Semester II	P	A	P	P	P	P	P
700007	PURNIMA	LLB (Hons.)	Semester II	P	A	P	A	P	P	P
700008	VIKAS LOHIA	LLB (Hons.)	Semester II	A	P	P	A	P	P	P
700012	RITWIK PRASAD	LLB (Hons.)	Semester II	P	P	P	P	P	P	P
700001	HIMANSHU MAAN	LL.M. (1 Year)	Semester II	P	A	P	A	P	P	P
700004	KANCHAN	LL.M. (1 Year)	Semester II	P	A	P	P	P	A	P
700016	GUNJAN GAHLOT	LL.M. (1 Year)	Semester II	P	A	P	P	P	P	P

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

School of Law & Allied Studies (SOLAS)
K.R. Mangalam University
Sohna road, Gurugram

Admission
INCHARGE



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

NAME	14-Jan-20	15-Jan-20	16-Jan-20	18-Jan-20	21-Jan-20	24-Jan-20	28-Jan-20	30-Jan-20	1-Feb-20
05 RISHAB TRIVEDI	A	P	P	A	P	A	P	P	P
08 S MAHIMA	P	A	P	P	P	P	P	P	P
10 HARSH KUMAR	A	P	P	P	P	P	P	P	P
12 KARTIK SINGH	P	P	P	P	P	P	P	A	P
07 YASH GUPTA	P	A	P	P	P	P	P	P	A
09 AVINASH KUMAR	P	P	P	P	P	P	P	P	P
10 ANANYA AGARWAL	P	A	P	P	P	P	P	P	P
12 SHUBHAM	P	P	P	P	P	P	P	P	P
33 ANISHA	A	P	P	P	P	P	P	P	P
37 VAIBHAV	P	A	P	P	P	A	P	P	P
09 MOHIT SHARMA	P	A	P	P	P	P	P	P	P
04 GEETA RAWAT	A	P	A	P	P	P	P	P	P
07 PANKAJ SAHANI	P	P	A	P	P	P	A	P	P
7 PRIYA SHARMA	P	A	P	P	P	P	P	P	P
8 JEEVESH DIDI	P	P	P	P	P	P	P	P	P
11 GAURAV AVANA	P	P	P	A	P	P	P	P	P
3 JAYANT VATS	P	A	P	P	P	A	P	P	P
7 YUKTI SHARMA	P	P	A	P	P	P	P	P	P
2 ISHU AGGARWAL	A	P	P	P	P	P	P	P	P
4 MOHD SHOAIB	P	P	P	A	P	P	P	P	P
7 SHEETAL	P	A	P	P	P	P	P	P	P
8 YOGESH YADAV	P	P	P	P	P	P	A	P	P
2 MOHD KAIF	P	A	A	P	P	A	P	P	P
1 UDIT KAPOOR	P	P	A	P	P	P	P	P	P
5 ASHANA MEHTA	A	P	P	P	P	P	P	P	P
7 PURNIMA	P	P	P	A	P	P	P	P	P
8 VIKAS LOHIA	P	A	P	P	P	A	P	P	P
2 RITWIK PRASAD	P	P	P	A	P	P	P	P	P
1 HIMANSHU MAAN	P	P	P	A	P	P	P	P	P
4 KANCHAN	P	P	A	P	P	P	P	P	P
6 GUNJAN GAHILOT	A	P	P	P	P	P	P	P	P

IN CHARGE

Registrar
K R Mangalam University
Sector Road, Gurugram, (Haryana)

School of
& Allied Sciences (SIAS)
K R Mangalam University
Sector Road Gurugram



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	4-Feb-20	5-Feb-20	6-Feb-20	7-Feb-20	8-Feb-20	11-Feb-20	12-Feb-20	14-Feb-20	15-Feb-20
1901010005	RISHAB TRIVEDI	P	P	P	P	P	P	P	P	P
1901010008	S MAHIMA	P	P	P	P	A	P	P	P	P
1901010010	HARSH KUMAR	P	P	P	P	P	P	P	P	P
1901062012	KARTIK SINGH	P	P	P	A	P	P	P	P	P
1902070007	YASH GUPTA	P	P	P	P	P	P	A	P	P
1902070009	AVINASH KUMAR	P	P	P	P	P	P	P	P	P
1902070010	ANANYA AGARWAL	P	P	P	P	P	A	A	P	P
1902070012	SHUBHAM	P	P	P	P	P	P	P	P	A
1902070033	ANISHA	P	P	P	P	P	P	P	P	P
1902070037	VAIBHAV	P	P	P	P	P	P	A	P	P
1905140009	MOHIT SHARMA	P	P	P	P	P	P	P	P	P
1905170004	GEETA RAWAT	P	P	P	P	A	P	A	P	P
1905170007	PANKAJ SAHANI	P	P	P	P	P	A	P	P	P
1905170017	PRIYA SHARMA	P	P	P	P	P	P	P	P	P
1905170018	JEEVESH DIDI	P	P	P	P	P	P	A	P	P
1905170021	GAURAV AVANA	P	P	P	P	P	P	A	P	P
1905170023	JAYANT VATS	P	P	P	P	P	P	P	P	P
1905170027	YUKTI SHARMA	P	P	P	P	P	P	P	P	P
1905170032	ISHU AGGARWAL	P	P	P	P	P	P	P	P	P
1905170034	MOHD SHOAIB	P	P	P	P	P	A	A	P	P
1905170037	SHEETAL	P	P	P	P	P	P	P	P	P
1905170048	YOGESH YADAV	P	P	P	P	P	P	A	P	P
1905170052	MOHD KAIF	P	P	P	P	P	P	A	P	P
1905230001	UDIT KAPOOR	P	P	P	A	A	P	P	A	A
1905230005	ASHANA MEHTA	P	P	P	P	P	P	A	P	P
1905230007	PURNIMA	P	P	P	P	P	A	A	P	P
1905230008	VIKAS LOHIA	P	P	P	P	P	P	P	P	P
1905230012	RITWIK PRASAD	P	P	P	P	P	P	P	A	A
1905690001	HIMANSHU MAAN	P	P	P	P	P	P	P	P	P
1905690004	KANCHAN	P	P	P	P	P	P	P	P	P
1905690016	GUNJAN GAHLOT	P	P	P	P	A	P	A	P	P

COURSE INCHARGE

Registrar
K.R. Mangalam University
Sonima Road, Gurugram, (Haryana)

DEAN
School of Medical & Allied Sciences
K.R. Mangalam University
Sonima Road, Gurugram, (Haryana)



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

NAME	19-Feb-20	22-Feb-20	25-Feb-20	1-Mar-20	6-Mar-20	12-Mar-20	14-Mar-20	15-Mar-20	18-Mar-20
5 RISHAB TRIVEDI	P	P	P	P	P	P	P	P	P
8 S MAHIMA	A	P	A	P	P	P	P	A	A
0 HARSH KUMAR	P	P	P	P	A	P	P	A	A
2 KARTIK SINGH	A	P	P	P	P	P	A	P	P
7 YASH GUPTA	A	P	A	P	A	P	P	A	P
9 AVINASH KUMAR	P	P	P	A	P	P	P	P	P
0 ANANYA AGARWAL	P	P	A	P	P	P	P	P	A
2 SHUBHAM	P	P	P	P	P	P	P	P	P
3 ANISHA	P	P	P	P	P	P	P	A	A
7 VAIBHAV	P	P	P	P	P	P	P	P	P
9 MOHIT SHARMA	A	P	A	P	P	P	P	A	P
4 GEETA RAWAT	P	P	P	P	P	P	P	A	A
7 PANKAJ SAHANI	P	P	P	A	P	P	A	P	P
7 PRIYA SHARMA	A	P	A	P	A	P	P	P	P
3 JEEVESH DIDI	P	P	P	A	P	P	P	P	P
1 GAURAV AVANA	P	P	P	A	P	P	A	P	P
3 JAYANT VATS	P	P	P	P	P	P	P	P	A
7 YUKTI SHARMA	P	P	P	P	A	P	P	P	P
2 ISHU AGGARWAL	P	P	P	P	P	P	P	P	A
4 MOHD SHOAB	P	P	P	A	P	P	P	P	P
7 SHEETAL	A	P	A	P	A	P	P	P	P
3 YOGESH YADAV	P	P	P	A	P	P	P	A	P
2 MOHD KAIF	P	P	P	P	P	P	P	P	A
1 UDDIT KAPOOR	P	P	P	P	P	P	P	P	P
6 ASHANA MEHTA	P	P	P	P	P	P	P	A	A
7 PURNIMA	P	P	P	A	P	P	A	P	A
3 VIKAS LOHIA	P	P	P	P	P	A	P	P	A
2 RITWIK PRASAD	P	P	P	A	P	P	A	P	P
1 HIMANSHU MAAN	P	P	P	A	P	P	A	P	P
5 KANCHAN	A	P	A	P	<i>Handwritten signature</i>	P	P	A	P
6 GUNJAN GAHIOT	P	P	P	P	P	P	P	A	A

Registrar

K.R. Mangalam University
Gurgaon road, Gurugram, (Haryana)

DEAN

School of Medical & Allied Sciences (SMAS)
K.R. Mangalam University
Sohna road, Gurugram

INCHARGE



ATTENDANCE SHEET
VAC COURSE FOR ACADEMIC YEAR 2019-20
COURSE CODE: VAC024
COURSE TITLE: FITNESS AND EXERCISE

DLL NO	NAME	19-Mar-20	TOTAL	Present	Percentage
001010005	RISHAB TRIVEDI	A	35	28	80.00
001010008	S MAHIMA	P	35	27	77.14
001010010	HARSH KUMAR	P	35	29	82.86
001062012	KARTIK SINGH	A	35	27	77.14
002070007	YASH GUPTA	P	35	27	77.14
002070009	AVINASH KUMAR	P	35	29	82.86
002070010	ANANYA AGARWAL	P	35	29	82.86
002070012	SHUBHAM	P	35	35	100.00
002070033	ANISHA	P	35	30	85.71
002070037	VAIBHAV	P	35	32	91.43
05140009	MOHIT SHARMA	P	35	27	77.14
05170004	GEETA RAWAT	P	35	29	82.86
05170007	PANKAJ SAHANI	A	35	29	82.86
05170017	PRIYA SHARMA	P	35	28	80.00
05170018	JEEVESH DIDI	P	35	30	85.71
05170021	GAURAV AVANA	A	35	30	85.71
05170023	JAYANT VATS	P	35	31	88.57
05170027	YUKTI SHARMA	P	35	30	85.71
05170032	ISHU AGGARWAL	P	35	30	85.71
05170034	MOHD SHOAB	P	35	29	82.86
05170037	SHEETAL	P	35	28	80.00
05170048	YOGESH YADAV	P	35	29	82.86
05170052	MOHD KAIF	A	35	27	77.14
05230001	UDIT KAPOOR	P	35	27	77.14
05230005	ASHANA MEHTA	P	35	29	82.86
05230007	PURNIMA	A	35	28	80.00
05230008	VIKAS LOHIA	P	35	27	77.14
05230012	RITWIK PRASAD	A	35	31	88.57
05690001	HIMANSHU MAAN	A	35	29	82.86
05690004	KANCHAN	P	35	27	77.14
05690016	GUNJAN GAHLOT	P	35	30	85.71

[Signature]

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

[Signature]
COURSE INCHARGE

DEAN
School of Medical & Allied Sciences (SO-MAS)
K.R. Mangalam University
Sohna road, Gurugram



ATTENDANCE SHEET
VAC COURSE FOR ACADEMIC YEAR 2019-20
COURSE CODE: VAC024
COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	PROGRAMME	SEMESTER	2-Jan-20	3-Jan-20	4-Jan-20	7-Jan-20	9-Jan-20	10-Jan-20	11-Jan-20
1905690022	VIKRAM	LL.M. (1 Year)	Semester II	P	P	P	A	P	P	P
1911260006	TISHA GOEL	B.El.Ed.	Semester II	P	A	P	P	P	P	P
1911260007	AKSHINA	B.El.Ed.	Semester II	A	P	P	A	P	P	P
1911260012	MUSKAN	B.El.Ed.	Semester II	P	P	P	A	P	P	P
1911270002	SEEMA RANI	B.Ed.	Semester II	P	A	P	P	P	A	P
1911270005	ANSHITA TYAGI	B.Ed.	Semester II	P	P	P	P	P	P	P
1912770003	SHRUTI POPTANI	B.A. (H)	Semester II	P	P	P	A	P	P	P
1913820003	JUNNED	B.Sc. (H)	Semester II	P	A	P	P	P	A	P
1914760001	ANVIKSH SOLANKI	BHMCT	Semester II	P	A	P	P	P	P	P
1914760003	AKSHAY JARODIA	BHMCT	Semester II	P	A	P	A	P	P	P
1914760005	SHASHANK	BHMCT	Semester II	P	A	P	P	P	P	P
1914760007	PALAK BHALLA	BHMCT	Semester II	A	P	P	A	P	P	P
1704120001	ANITA	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120004	GUNJAN	B.Pharma	Semester VI	P	A	P	P	P	A	P
1704120005	JEET SEHRAWAT	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120006	KARAN KATARIA	B.Pharma	Semester VI	P	A	P	A	P	P	P
1704120007	KSHITIJ GAUR	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120008	LAKSHITA NAGPAL	B.Pharma	Semester VI	P	P	P	P	P	P	P
1704120009	MOHD FAIZAL	B.Pharma	Semester VI	P	A	P	P	P	A	P
1704120010	PAWAN YADAV	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120011	PRIYANKA SHARMA	B.Pharma	Semester VI	A	A	P	A	P	A	P
1704120012	RUCHI JAIN	B.Pharma	Semester VI	A	A	P	P	P	P	P
1704120013	SACHIN YADAV	B.Pharma	Semester VI	A	P	P	P	A	P	P
1704120014	SAHIL AGGARWAL	B.Pharma	Semester VI	A	P	P	P	P	P	P
1704120015	SANGAM TYAGI	B.Pharma	Semester VI	P	A	P	P	P	A	P
1704120016	SHIVAM KAUSHIK	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120016	SHIVAM KAUSHIK	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120017	SHONIT KHURANA	B.Pharma	Semester VI	P	A	P	A	P	P	P
1704120018	SUHAIL HUSSAIN	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120019	TARUN SEJWAL	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120020	YOGESH BHATI	B.Pharma	Semester VI	P	P	P	P	P	A	P

COURSE INCHARGE

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

DEAN
School of Distance Education
K.R. Mangalam University
Sohna road, Gurugram



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	14-Jan-20	15-Jan-20	16-Jan-20	18-Jan-20	21-Jan-20	24-Jan-20	28-Jan-20	30-Jan-20	1-Feb-20
1905690022	VIKRAM	P	P	P	A	P	P	P	P	P
1911260006	TISHA GOEL	P	A	P	P	P	P	P	P	P
1911260007	AKSHINA	P	P	P	P	P	P	P	P	P
1911260012	MUSKAN	P	A	P	P	P	A	P	P	P
1911270002	SEEMA RANI	P	P	A	P	P	P	P	P	P
1911270005	ANSHITA TYAGI	A	P	P	P	P	P	P	P	P
1912770003	SHRUTI POPTANI	P	A	P	P	P	A	P	P	P
1913820003	JUNNED	P	P	A	P	P	P	P	P	P
1914760001	ANVIKSH SOLANKI	A	P	P	P	P	P	P	P	P
1914760003	AKSHAY JARODIA	P	P	P	A	P	P	P	P	P
1914760005	SHASHANK	P	A	P	P	P	P	P	P	P
1914760007	PALAK BHALLA	P	P	P	P	P	P	P	P	P
1704120001	ANITA	P	A	P	P	P	A	P	P	P
1704120004	GUNJAN	P	P	A	P	P	P	P	P	P
1704120005	JEET SEHRAWAT	A	P	P	P	P	P	P	P	P
1704120006	KARAN KATARIA	P	P	P	A	P	P	P	P	P
1704120007	KSHITIJ GAUR	P	P	P	A	P	P	P	P	P
1704120008	LAKSHITA NAGPAL	P	A	P	P	P	A	P	P	P
1704120009	MOHD FAIZAL	P	P	A	P	P	P	P	P	P
1704120010	PAWAN YADAV	A	P	P	P	P	P	P	P	P
1704120011	PRIYANKA SHARMA	P	P	P	A	P	P	P	P	P
1704120012	RUCHI JAIN	P	A	P	P	P	P	P	P	P
1704120013	SACHIN YADAV	P	P	P	P	P	P	A	P	P
1704120014	SAHIL AGGARWAL	P	A	P	P	P	A	P	P	P
1704120015	SANGAM TYAGI	P	P	A	P	P	P	P	P	P
1704120016	SHIVAM KAUSHIK	A	P	P	P	P	P	P	P	P
1704120016	SHIVAM KAUSHIK	P	P	P	A	P	P	P	P	P
1704120017	SHONIT KHURANA	P	A	P	P	P	A	P	P	P
1704120018	SUHAIL HUSSAIN	P	P	P	A	P	P	P	P	P
1704120019	TARUN SEJWAL	P	P	P	A	P	P	P	P	P
1704120020	YOGESH BHATI	P	P	A	P	P	P	P	P	P

COURSE IN CHARGE

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

DEAN

School of Medical & Allied Sciences
K.R. Mangalam University
Sohna road, Gurugram



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

NAME	4-Feb-20	5-Feb-20	6-Feb-20	7-Feb-20	8-Feb-20	11-Feb-20	12-Feb-20	14-Feb-20	15-Feb-20
VIKRAM	P	P	P	P	P	P	P	P	P
TISHA GOEL	P	P	P	P	P	P	A	P	P
AKSHINA	P	P	P	P	P	A	A	P	P
MUSKAN	P	P	P	P	P	P	P	P	A
DEEMA RANI	P	P	P	P	A	P	A	P	P
ANSHITA TYAGI	P	P	P	P	P	A	A	P	P
HRUTI POPTANI	P	P	P	P	P	P	P	P	P
UNNED	P	P	P	P	A	P	A	P	P
ANVIKSH SOLANKI	P	P	P	P	P	A	A	P	P
KSHAY JARODIA	P	P	P	P	P	P	P	P	P
HASHANK	P	P	P	P	P	P	A	P	P
ALAK BHALLA	A	P	P	P	P	P	A	P	P
NITA	P	P	P	P	P	P	P	A	A
UNJAN	P	P	P	P	A	P	A	P	P
ET SEHRAWAT	P	P	P	P	P	A	A	P	P
ARAN KATARIA	P	P	P	P	P	P	P	P	P
SHITU GAUR	P	P	P	P	P	P	P	P	P
AKSHITA NAGPAL	P	P	P	P	P	P	P	P	P
OH D FAIZAL	P	P	P	P	P	P	P	P	P
AWAN YADAV	P	P	P	P	P	P	P	P	P
RIYANKA SHARMA	P	P	P	P	P	A	A	P	P
JCHI JAIN	P	P	P	P	P	P	P	P	P
CHIN YADAV	P	P	P	P	P	P	A	P	P
HIL AGGARWAL	P	P	P	P	P	P	P	P	P
NGAM TYAGI	P	P	P	A	A	P	P	A	A
IVAM KAUSHIK	P	P	P	P	P	P	A	P	P
IVAM KAUSHIK	P	P	P	P	P	A	A	P	P
ONIT KHURANA	P	P	P	P	P	P	P	P	P
HAIL HUSSAIN	P	P	P	P	P	P	P	A	A
RUN SEJWAL	P	P	P	P	P	P	P	P	P
GESH BHATI	P	P	P	P	A	P	A	P	P

Registrar

P. D. Mangalam University
Gurgaon Road, Gurugram, (Haryana)

School of
K.R. Mangalam University
Sohna road, Gurugram

ARGE



ATTENDANCE SHEET
VAC COURSE FOR ACADEMIC YEAR 2019-20
COURSE CODE: VAC024
COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	19-Feb-20	22-Feb-20	25-Feb-20	1-Mar-20	6-Mar-20	12-Mar-20	14-Mar-20	15-Mar-20	18-Mar-20
05690022	VIKRAM	A	P	P	A	P	P	A	P	P
111260006	TISHA GOEL	A	P	A	P	A	P	P	P	P
111260007	AKSHINA	P	P	P	A	P	P	P	P	P
111260012	MUSKAN	P	P	P	P	P	A	P	P	A
111270002	SEEMA RANI	A	P	P	P	P	P	P	P	P
111270005	ANSHITA TYAGI	P	P	P	P	P	P	P	P	A
112770003	SHRUTI POPTANI	P	P	P	P	P	A	P	P	A
113820003	JUNNED	A	P	A	P	P	P	P	P	P
114760001	ANVIKSH SOLANKI	P	P	P	P	P	P	P	P	P
114760003	AKSHAY JARODIA	P	P	P	A	P	P	P	A	P
114760005	SHASHANK	A	P	A	P	A	P	P	A	A
114760007	PALAK BHALLA	P	P	P	A	P	P	P	P	P
704120001	ANITA	P	P	P	P	P	A	P	P	A
704120004	GUNJAN	P	P	P	P	P	A	P	A	P
704120005	JEET SEHRAWAT	P	P	P	P	P	P	P	A	A
704120006	KARAN KATARIA	P	P	P	A	P	P	A	P	P
704120007	KSHITIJ GAUR	P	P	P	A	P	P	A	P	P
704120008	LAKSHITA NAGPAL	P	P	P	P	P	A	P	P	A
704120009	MOHD FAIZAL	P	P	P	P	A	P	P	A	P
704120010	PAWAN YADAV	P	P	P	P	P	P	P	P	A
704120011	PRIYANKA SHARMA	P	P	P	A	P	P	P	P	P
704120012	RUCHI JAIN	A	P	A	P	A	P	P	P	P
704120013	SACHIN YADAV	P	P	P	A	P	P	P	A	P
704120014	SAHIL AGGARWAL	P	P	P	P	P	P	P	P	A
704120015	SANGAM TYAGI	P	P	P	P	P	P	P	A	P
704120016	SHIVAM KAUSHIK	P	P	P	P	P	P	P	A	A
704120016	SHIVAM KAUSHIK	P	P	P	A	P	P	A	P	P
704120017	SHONIT KHURANA	P	P	P	P	P	A	P	P	A
704120018	SUHAIL HUSSAIN	P	P	P	A	P	P	A	P	A
704120019	TARUN SEJWAL	P	P	P	A	P	P	A	P	P
704120020	YOGESH BHATI	A	P	A	P	P	P	P	A	P

Nidhi

COURSE IN CHARGE

Registrar
K.R. Mangalam University
(Haridwar)

34/03/20
K.R. Mangalam University
Sohna Road, Gurugram
Haryana 122001



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	19-Mar-20	TOTAL	Present	Percentage
1905690022	VIKRAM	A	35	29	82.86
1911260006	TISHA GOEL	P	35	29	82.86
1911260007	AKSHINA	P	35	30	85.71
1911260012	MUSKAN	P	35	29	82.86
1911270002	SEEMA RANI	P	35	29	82.86
1911270005	ANSHITA TYAGI	P	35	31	88.57
1912770003	SHRUTI POPTANI	P	35	30	85.71
1913820003	JUNNED	P	35	28	80.00
1914760001	ANVIKSH SOLANKI	P	35	31	88.57
1914760003	AKSHAY JARODIA	A	35	29	82.86
1914760005	SHASHANK	P	35	27	77.14
1914760007	PALAK BHALLA	P	35	30	85.71
1704120001	ANITA	P	35	28	80.00
1704120004	GUNJAN	A	35	27	77.14
1704120005	JEET SEHRAWAT	A	35	28	80.00
1704120006	KARAN KATARIA	A	35	29	82.86
1704120007	KSHITIJ GAUR	A	35	30	85.71
1704120008	LAKSHITA NAGPAL	P	35	31	88.57
1704120009	MOHD FAIZAL	P	35	30	85.71
1704120010	PAWAN YADAV	P	35	30	85.71
1704120011	PRIYANKA SHARMA	P	35	29	82.86
1704120012	RUCHI JAIN	P	35	28	80.00
1704120013	SACHIN YADAV	P	35	29	82.86
1704120014	SAHIL AGGARWAL	A	35	28	80.00
1704120015	SANGAM TYAGI	P	35	28	80.00
1704120016	SHIVAM KAUSHIK	P	35	29	82.86
1704120016	SHIVAM KAUSHIK	A	35	29	82.86
1704120017	SHONIT KHURANA	P	35	28	80.00
1704120018	SUHAIL HUSSAIN	A	35	31	88.57
1704120019	TARUN SEJWAL	A	35	29	82.86
1704120020	VOGESH BHATI	P	35	27	77.14

[Signature]
Registrar
K.R. Mangalam University
Sohna road, Gurugram, (Haryana)

[Signature]
COURSE INCHARGE

[Signature]
DEAN
School of Medical & Allied Sciences (SMAS)
K.R. Mangalam University
Sohna road, Gurugram



ATTENDANCE SHEET
VAC COURSE FOR ACADEMIC YEAR 2019-20
COURSE CODE: VAC024
COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	PROGRAMME	SEMESTER	2-Jan-20	3-Jan-20	4-Jan-20	7-Jan-20	9-Jan-20	10-Jan-20	11-Jan-20
1704120021	ANJALI THAKRAN	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120022	AJEET RANA	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120023	ANJALI SHARMA	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120023	ANJALI SHARMA	B.Pharma	Semester VI	A	P	P	A	P	P	P
1704120024	FAIYAZ ALAM	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120025	SACHIN DUBEY	B.Pharma	Semester VI	P	A	P	P	P	A	P
1704120027	SHRISTI RAWAT	B.Pharma	Semester VI	P	P	P	P	P	P	P
1704120028	SHIVRAJ PANDEY	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120030	DEEPANK GOYAL	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120031	NISHU DAHIYA	B.Pharma	Semester VI	P	P	P	P	P	P	P
1704120032	ABHISHEK PRAMAN	B.Pharma	Semester VI	P	A	P	P	P	A	P
1704120033	VISHNU	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120033	VISHNU	B.Pharma	Semester VI	A	A	P	A	P	A	P
1704120034	MANSI RAJPUT	B.Pharma	Semester VI	A	A	P	P	P	P	P
1704120035	SHASHANK SHEKHAR	B.Pharma	Semester VI	A	P	P	P	A	P	P
1704120036	DIVYA BHATT	B.Pharma	Semester VI	A	P	P	P	P	P	P
1704120036	DIVYA BHATT	B.Pharma	Semester VI	P	A	A	P	P	A	P
1704120037	RAJESH SHARMA	B.Pharma	Semester VI	A	A	P	P	A	P	P
1704120037	RAJESH SHARMA	B.Pharma	Semester VI	A	A	P	A	P	P	P
1704120038	DEEPIKA YADAV	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120039	CHIRAG YADAV	B.Pharma	Semester VI	P	P	P	P	P	P	P
1704120041	RAHUL KUMAR	B.Pharma	Semester VI	P	A	P	A	P	P	P
1704120041	RAHUL KUMAR	B.Pharma	Semester VI	P	A	P	P	P	A	P
1704120042	ASHA	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120043	AYUSHI SINGH	B.Pharma	Semester VI	P	P	P	A	P	P	P
1704120044	PARAMVEER	B.Pharma	Semester VI	P	A	P	P	P	P	P
1704120045	LALIT SONI	B.Pharma	Semester VI	A	P	P	A	P	P	P
1704120046	RAHUL KUMAR	B.Pharma	Semester VI	A	P	P	A	P	P	P
1704120047	NAMAN PARMAR	B.Pharma	Semester VI	A	A	P	P	P	A	P
1704120048	SABNAM	B.Pharma	Semester VI	A	P	P	P	P	P	P
1704120049	SUMIT POONIA	B.Pharma	Semester VI	P	P	P	A	P	P	P

Neha
COURSE INCHARGE

Registrar

K.R. Mangalam University

School of Health & Allied Sciences
K.R. Mangalam University
Sector road, Gurugram



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

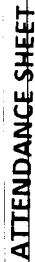
COURSE TITLE: FITNESS AND EXERCISE

NAME	14-Jan-20	15-Jan-20	16-Jan-20	18-Jan-20	21-Jan-20	24-Jan-20	28-Jan-20	30-Jan-20	1-Feb-20
021 ANJALI THAKRAN	A	P	P	P	P	P	P	P	P
022 AJEET RANA	P	P	P	A	P	P	P	P	P
023 ANJALI SHARMA	P	A	P	P	P	P	P	P	P
023 ANJALI SHARMA	P	P	P	P	P	P	P	P	P
024 FAIYAZ ALAM	P	A	P	P	P	A	P	P	P
025 SACHIN DUBEY	P	P	A	P	P	P	P	P	P
027 SHRISTI RAWAT	A	A	P	P	P	P	A	P	P
028 SHIVRAJ PANDEY	P	A	P	P	P	A	P	P	P
030 DEEPANK GOYAL	P	P	P	A	P	P	P	P	P
031 NISHU DAHIYA	P	A	P	P	P	A	P	P	P
032 ABHISHEK PRAMAN	P	P	A	P	P	P	P	P	P
033 VISHNU	A	P	P	P	P	P	P	P	P
033 VISHNU	P	P	P	A	P	P	P	P	P
034 MANSI RAJPUT	P	A	P	P	P	P	P	P	P
035 SHASHANK SHEKHAR	P	P	P	P	P	P	A	P	P
036 DIVYA BHATT	P	A	P	P	P	A	P	P	P
036 DIVYA BHATT	P	P	A	P	P	P	P	P	P
037 RAJESH SHARMA	A	P	P	P	P	P	P	P	P
037 RAJESH SHARMA	P	P	P	A	P	P	P	P	P
038 DEEPIKA YADAV	P	A	P	P	P	A	P	P	P
039 CHIRAG YADAV	P	P	P	A	P	P	P	P	P
041 RAHUL KUMAR	P	P	P	A	P	P	P	P	P
041 RAHUL KUMAR	P	P	A	P	P	P	P	P	P
042 ASHA	A	P	P	P	P	P	P	P	P
043 AYUSHI SINGH	P	P	P	A	P	P	P	P	P
044 PARAMVEER	P	A	P	P	P	P	P	P	P
045 LALIT SONI	P	P	P	P	P	P	P	P	P
046 RAHUL KUMAR	P	A	P	P	P	A	P	P	P
047 NAMAN PARMAR	P	P	A	P	P	P	P	P	P
048 SABNAM	A	P	P	P	P	P	P	P	P
049 SUMIT POONIA	P	A	P	P	P	A	P	P	P

USE IN CHARGE

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

School of
K.R. Mangalam University
Sohna road, Gurugram



COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

IN CHARGE

100

School of Medical & Allied Sciences

K B Mandalam University

Sohna road Gurugram

1. *Introduction*



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	19-Feb-20	22-Feb-20	25-Feb-20	1-Mar-20	6-Mar-20	12-Mar-20	14-Mar-20	15-Mar-20	18-Mar-20
1704120021	ANJALI THAKRAN	P	P	P	P	P	P	P	A	A
1704120022	AJEET RANA	A	P	P	A	P	P	A	P	P
1704120023	ANJALI SHARMA	A	P	A	P	A	P	P	P	P
1704120023	ANJALI SHARMA	P	P	P	A	P	P	P	P	P
1704120024	FAIAZ ALAM	P	P	P	P	P	A	P	P	P
1704120025	SACHIN DUBEY	A	P	P	P	P	P	P	P	A
1704120027	SHRISTI RAWAT	P	P	P	P	P	P	P	A	P
1704120028	SHIVRAJ PANDEY	P	P	P	P	P	A	P	P	A
1704120030	DEEPANK GOYAL	P	P	P	A	P	P	A	P	A
1704120031	NISHU DAHIYA	P	P	P	P	P	A	P	P	P
1704120032	ABHISHEK PRAMANI	P	P	P	P	A	P	P	A	A
1704120033	VISHNU	P	P	P	P	P	P	P	P	P
1704120033	VISHNU	P	P	P	P	P	P	P	P	A
1704120034	MANSI RAJPUT	A	P	A	P	A	P	P	P	P
1704120035	SHASHANK SHEKHAR	P	P	P	A	P	P	P	P	P
1704120036	DIVYA BHATT	P	P	P	P	P	P	P	A	P
1704120036	DIVYA BHATT	P	P	P	P	P	P	P	P	A
1704120037	RAJESH SHARMA	P	P	P	P	P	P	P	A	P
1704120037	RAJESH SHARMA	P	P	P	P	P	P	P	A	A
1704120038	DEEPIKA YADAV	P	P	P	A	P	P	A	P	P
1704120039	CHIRAG YADAV	P	P	P	P	P	A	P	P	A
1704120041	RAHUL KUMAR	P	P	P	A	P	P	A	P	P
1704120041	RAHUL KUMAR	A	P	A	P	P	P	A	P	P
1704120042	ASHA	P	P	P	P	P	P	P	A	P
1704120043	AYUSHI SINGH	A	P	P	P	P	P	P	A	A
1704120044	PARAMVEER	A	P	A	P	P	P	A	P	P
1704120045	LALIT SONI	P	P	P	A	A	P	P	P	P
1704120046	RAHUL KUMAR	P	P	P	P	P	P	P	P	P
1704120047	NAMAN PARMAR	A	P	P	P	P	A	P	P	A
1704120048	SABNAM	P	P	P	P	P	P	P	P	P
1704120049	SUMIT POONIA	P	P	P	P	P	A	P	P	A

Nyula

COURSE INCHARGE

K.R. Mangalam University

Sohna Road, Gurugram, (Haryana)

DEAN

School of Medical & Allied Sciences

K.R. Mangalam University

Sohna road, Gurugram



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	19-Mar-20	TOTAL	Present	Percentage
1704120021	ANJALI THAKRAN	P	35	30	85.71
1704120022	AJEET RANA	A	35	29	82.86
1704120023	ANJALI SHARMA	P	35	29	82.86
1704120023	ANJALI SHARMA	P	35	30	85.71
1704120024	FAIAZ ALAM	P	35	29	82.86
1704120025	SACHIN DUBEY	P	35	28	80.00
1704120027	SHRISTI RAWAT	A	35	28	80.00
1704120028	SHIVRAJ PANDEY	P	35	30	85.71
1704120030	DEEPANK GOVAL	A	35	29	82.86
1704120031	NISHU DAHIYA	P	35	31	88.57
1704120032	ABHISHEK PRAMANII	P	35	30	85.71
1704120033	VISHNU	P	35	30	85.71
1704120033	VISHNU	P	35	29	82.86
1704120034	MANSI RAJPUT	P	35	28	80.00
1704120035	SHASHANK SHEKHAR	P	35	29	82.86
1704120036	DIVYA BHATT	A	35	28	80.00
1704120036	DIVYA BHATT	P	35	27	77.14
1704120037	RAJESH SHARMA	P	35	27	77.14
1704120037	RAJESH SHARMA	A	35	28	80.00
1704120038	DEEPIKA YADAV	P	35	28	80.00
1704120039	CHIRAG YADAV	A	35	31	88.57
1704120041	RAHUL KUMAR	A	35	29	82.86
1704120041	RAHUL KUMAR	P	35	27	77.14
1704120042	ASHA	P	35	30	85.71
1704120043	AYUSHI SINGH	A	35	29	82.86
1704120044	PARAMVEER	P	35	29	82.86
1704120045	LALIT SONI	P	35	30	85.71
1704120046	RAHUL KUMAR	P	35	28	80.00
1704120047	NAMAN PARMAR	P	35	28	80.00
1704120048	SABNAM	P	35	30	85.71
1704120049	SUMIT POONIA	P	35	30	85.71

[Signature]

Registrar
K.R. Mangalam University
Gurgaon Road, Gurugram, (Haryana)

[Signature]
COURSE INCHARGE

DEAN
School of Medical & Allied Sciences (SMAS)
K.R. Mangalam University
Sector 14, Gurgaon
Gurgaon Road, Gurugram



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	PROGRAMME	SEMESTER	2-Jan-20	3-Jan-20	4-Jan-20	7-Jan-20	9-Jan-20	10-Jan-20	11-Jan-20
1704120050	SAURABH KUMAR R	B.Pharm	Semester VI	P	A	P	P	P	P	P
1704120051	ANKIT KUMAR	B.Pharm	Semester VI	P	P	P	P	P	P	P
1704120052	DHRUV RAWAT	B.Pharm	Semester VI	A	A	P	P	P	A	P
1704120053	ROHIT CHAUHAN	B.Pharm	Semester VI	P	A	P	P	P	P	P
1704120054	MAZHAR KHAN	B.Pharm	Semester VI	A	A	P	A	P	A	P
1704120055	PRAKASH KUMAR	B.Pharm	Semester VI	A	A	P	P	P	P	P
1704120056	AASIM KHAN	B.Pharm	Semester VI	A	P	P	P	A	P	P
1704120058	ANJU GUPTA	B.Pharm	Semester VI	A	P	P	P	P	P	P
1704120059	PARAS ARORA	B.Pharm	Semester VI	A	A	P	P	P	A	P
1704120060	HIMANSHU SAINI	B.Pharm	Semester VI	P	A	P	P	P	P	P
1704120061	ROHIT	B.Pharm	Semester VI	P	A	P	A	P	P	P
1704120062	BHAVYA	B.Pharm	Semester VI	A	P	P	A	P	P	P
1704121065	RISHABH GUPTA	B.Pharm	Semester VI	P	P	P	P	P	P	P
1704121066	PRINCE SINGHANIA	B.Pharm	Semester VI	P	A	P	A	P	P	P
1702070048	NIHARIKA SHARMA	B.Com (H)	Semester VI	P	A	P	P	P	A	P
1702070051	REET ADHANA	B.Com (H)	Semester VI	P	A	P	P	P	A	P
1702070033	SHUBHAM KHATAN	B.Com (H)	Semester VI	P	A	P	P	P	P	P
1702070046	HEMANT KUMAR PA	B.Com (H)	Semester VI	P	A	P	P	P	P	P

[Signature]

Registrar

K.R. Mangalam University

Sohna Road, Gurugram, (Haryana)

[Signature]
COURSE INCHARGE

DEAN
School of Medical & Allied Sciences (SMAS)
K.R. Mangalam University
Sohna road, Gurugram



ATTENDANCE SHEET
VAC COURSE FOR ACADEMIC YEAR 2019-20
COURSE CODE: VAC024
COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	14-Jan-20	15-Jan-20	16-Jan-20	18-Jan-20	21-Jan-20	24-Jan-20	28-Jan-20	30-Jan-20	1-Feb-20
1704120050	SAURABH KUMAR R.	P	P	P	A	P	P	P	P	P
1704120051	ANKIT KUMAR	P	A	P	P	P	A	P	P	P
1704120052	DHRUV RAWAT	P	P	A	P	P	P	P	P	P
1704120053	ROHIT CHAUHAN	A	P	P	P	P	P	P	P	P
1704120054	MAZHAR KHAN	P	P	P	A	P	P	P	P	P
1704120055	PRAKASH KUMAR	P	A	P	P	P	P	P	P	P
1704120056	AASIM KHAN	P	P	P	P	P	P	P	P	P
1704120058	ANJU GUPTA	P	A	P	P	P	A	P	P	P
1704120059	PARAS ARORA	P	P	A	P	P	P	P	P	P
1704120060	HIMANSHU SAINI	A	P	P	P	P	P	P	P	P
1704120061	ROHIT	P	P	P	A	P	P	P	P	P
1704120062	BHAVYA	P	A	P	P	P	A	P	P	P
1704121065	RISHABH GUPTA	P	P	P	A	P	P	P	P	P
1704121066	PRINCE SINGHANIA	P	P	P	A	P	P	P	P	P
1702070048	NIHARIKA SHARMA	P	P	A	P	P	P	P	P	P
1702070051	REET ADHANA	A	P	P	P	P	P	P	P	P
1702070033	SHUBHAM KHATANA	P	P	P	A	P	P	P	P	P
1702070046	HEMANT KUMAR PA	P	A	P	P	P	P	P	P	P


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

DEAN
School of Medical & Allied Sciences (SMAS)
K.R. Mangalam University
Sohna road, Gurugram


COURSE INCHARGE



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	4-Feb-20	5-Feb-20	6-Feb-20	7-Feb-20	8-Feb-20	11-Feb-20	12-Feb-20	14-Feb-20	15-Feb-20
704120050	SAURABH KUMAR R	P	P	P	P	P	P	P	P	P
704120051	ANKIT KUMAR	P	P	P	P	P	P	P	P	P
704120052	DHRUV RAWAT	P	P	P	P	P	P	P	P	P
704120053	ROHIT CHAUHAN	P	P	P	P	P	A	A	P	P
704120054	MAZHAR KHAN	P	P	P	P	P	P	P	P	P
704120055	PRAKASH KUMAR	P	P	P	P	P	P	A	P	P
704120056	AASIM KHAN	P	P	P	P	P	P	A	P	P
704120058	ANJU GUPTA	P	P	P	P	P	P	P	A	A
704120059	PARAS ARORA	P	P	P	P	P	P	A	P	P
704120060	HIMANSHU SAINI	P	P	P	P	P	A	A	P	P
704120061	ROHIT	P	P	P	P	P	P	P	P	P
704120062	BHAVYA	P	P	P	P	P	P	P	A	A
704121065	RISHABH GUPTA	P	P	P	P	P	P	P	P	P
704121066	PRINCE SINGHANIA	P	P	P	P	P	P	P	P	P
702070048	NIHARIKA SHARMA	P	P	P	P	P	P	A	P	P
702070051	REET ADHANA	P	P	P	P	P	A	P	P	P
702070033	SHUBHAM KHATANA	P	P	P	P	P	P	P	P	P
702070046	HEMANT KUMAR PA	P	P	P	P	P	P	A	P	P

Neha
COURSE INCHARGE

Prof
Registrar
K.R. Mangalam University
Gurgaon, (Haryana)

DEAN
School of Medical & Allied Sciences
K.R. Mangalam University
Gurgaon, Haryana



ATTENDANCE SHEET

VAC COURSE FOR ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	19-Feb-20	22-Feb-20	25-Feb-20	1-Mar-20	6-Mar-20	12-Mar-20	14-Mar-20	15-Mar-20	18-Mar-20
1704120050	SAURABH KUMAR R	P	P	P	A	P	P	A	P	P
1704120051	ANKIT KUMAR	P	P	P	P	P	A	P	P	A
1704120052	DHRUV RAWAT	P	P	P	P	A	P	P	A	P
1704120053	ROHIT CHAUHAN	P	P	P	P	P	P	P	P	A
1704120054	MAZHAR KHAN	P	P	P	A	P	P	P	P	P
1704120055	PRAKASH KUMAR	A	P	A	P	A	P	P	P	P
1704120056	AASIM KHAN	P	P	P	A	P	P	P	A	P
1704120058	ANJU GUPTA	P	P	P	P	P	P	P	P	A
1704120059	PARAS ARORA	P	P	P	P	P	P	P	A	P
1704120060	HIMANSHU SAINI	P	P	P	P	P	P	P	A	A
1704120061	ROHIT	P	P	P	A	P	P	A	P	P
1704120062	BHAVYA	P	P	P	P	P	A	P	P	A
1704121065	RISHABH GUPTA	P	P	P	A	P	P	A	P	P
1704121066	PRINCE SINGHANIA	P	P	P	A	P	P	A	P	P
1702070048	NIHARIKA SHARMA	A	P	A	P	P	P	P	A	P
1702070051	REET ADHANA	P	P	P	P	P	P	P	A	A
1702070033	SHUBHAM KHATANA	A	P	P	A	P	P	A	P	P
1702070046	HEMANT KUMAR PA	A	P	A	P	A	P	P	P	P

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Neha
COURSE INCHARGE

DEAN
School of Medical & Allied Sciences (SMAAS)
K.R. Mangalam University
Sohna road, Gurugram

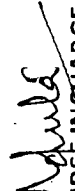


ATTENDANCE SHEET
VAC COURSE FOR ACADEMIC YEAR 2019-20
COURSE CODE: VAC024
COURSE TITLE: FITNESS AND EXERCISE

ROLL NO	NAME	19-Mar-20	TOTAL	Present	Percentage
704120050	SAURABH KUMAR R	A	35	30	85.71
704120051	ANKIT KUMAR	P	35	31	88.57
704120052	DHRUV RAWAT	P	35	29	82.86
704120053	ROHIT CHAUHAN	P	35	30	85.71
704120054	MAZHAR KHAN	P	35	29	82.86
704120055	PRAKASH KUMAR	P	35	28	80.00
704120056	AASIM KHAN	P	35	29	82.86
704120058	ANJU GUPTA	A	35	28	80.00
704120059	PARAS ARORA	P	35	27	77.14
704120060	HIMANSHU SAINI	P	35	29	82.86
704120061	ROHIT	A	35	29	82.86
704120062	BHAVYA	P	35	27	77.14
704121065	RISHABH GUPTA	A	35	31	88.57
704121066	PRINCE SINGHANIA	A	35	29	82.86
702070048	NIHARIKA SHARMA	P	35	27	77.14
702070051	REET ADHANA	P	35	30	85.71
702070033	SHUBHAM KHATANA	A	35	29	82.86
702070046	HEMANT KUMAR PA	P	35	29	82.86


Registrar
K.R. Mangalam University (Haryana)
Gurgaon Road, Gurgaon, (Haryana)


DEAN
School of Medical & Allied Sciences
K.R. Mangalam University
Gurgaon Road, Gurgaon


COURSE INCHARGE



VALUE ADDED COURSE (VAC)
ACADEMIC YEAR 2019-20
COURSE CODE: VAC024
COURSE TITLE: FITNESS AND EXERCISE
COURSE OFFERED BY: SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
LIST OF STUDENTS COMPLETING THE COURSE

S.NO	SESSION	ROLL NO	NAME	PROGRAMME	SEMESTER	COURSE CODE	COURSE TITLE	SCHOOL
1	2019-20	1901010005	RISHAB TRIVEDI	B.Tech CSE	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF ENGINEERING AND TECHNOLOGY (SOET)
2	2019-20	1901010008	S MAHIMA MANUELA	B.Tech CSE	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF ENGINEERING AND TECHNOLOGY (SOET)
3	2019-20	1901010010	HARSH KUMAR	B.Tech CSE	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF ENGINEERING AND TECHNOLOGY (SOET)
4	2019-20	1901062012	KARTIK SINGH	BCA	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF ENGINEERING AND TECHNOLOGY (SOET)
5	2019-20	1902070007	YASH GUPTA	B.Com (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF MANAGEMENT AND COMMERCE (SOMC)
6	2019-20	1902070009	AVINASH KUMAR PANDEY	B.Com (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF MANAGEMENT AND COMMERCE (SOMC)
7	2019-20	1902070010	ANANYA AGARWAL	B.Com (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF MANAGEMENT AND COMMERCE (SOMC)
8	2019-20	1902070012	SHUBHAM MUDGAL	B.Com (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF MANAGEMENT AND COMMERCE (SOMC)
9	2019-20	1902070033	ANISHA	B.Com (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF MANAGEMENT AND COMMERCE (SOMC)
10	2019-20	1902070037	VAIBHAV	B.Com (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF MANAGEMENT AND COMMERCE (SOMC)
11	2019-20	1905140009	MOHIT SHARMA	BBA LLB (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
12	2019-20	1905170004	GEETA RAWAT	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
13	2019-20	1905170007	PANKAJ SAHANI	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
14	2019-20	1905170017	PRIYA SHARMA	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
15	2019-20	1905170018	JEEVESH DIDI	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
16	2019-20	1905170021	GAURAV AVANA	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
17	2019-20	1905170023	JAYANT VATS	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
18	2019-20	1905170027	YUKTI SHARMA	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
19	2019-20	1905170032	ISHU AGGARWAL	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
20	2019-20	1905170034	MOHD SHOAB	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
21	2019-20	1905170037	SHEETAL	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
22	2019-20	1905170048	YOGESH YADAV	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
23	2019-20	1905170052	MOHD KAIF	B.A. LL.B (H)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
24	2019-20	1905230001	UDIT KAPOOR	LLB (Hons.)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
25	2019-20	1905230005	ASHANA MEHTA	LLB (Hons.)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
26	2019-20	1905230007	PURNIMA SAHRAWAT	LLB (Hons.)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

VALUE ADDED COURSE (VAC)

ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

COURSE OFFERED BY: SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)

LIST OF STUDENTS COMPLETING THE COURSE

ROLL NO	NAME	PROGRAMME	SEMESTER	COURSE CODE	COURSE TITLE	SCHOOL
1905230008	VIKAS LOHIA	LLB (Hons.)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
1905230012	RITWIK PRASAD	LLB (Hons.)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
1905690001	HIMANSHU MAAN	LL.M. (1 Year)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
1905690004	KANCHAN KHATANA	LL.M. (1 Year)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
1905690016	GUNJAN GAHLOT	LL.M. (1 Year)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
1905690022	VIKRAM SHRIVASTAV	LL.M. (1 Year)	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF LEGAL STUDIES (SOLS)
1911260006	TISHA GOEL	B.El.Ed.	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF EDUCATION (SOED)
1911260007	AKSHINA	B.El.Ed.	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF EDUCATION (SOED)
1911260012	MUSKAN	B.El.Ed.	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF EDUCATION (SOED)
1911270002	SEEMA RANI	B.Ed.	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF EDUCATION (SOED)
1911270005	ANSHITA TYAGI	B.Ed.	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF EDUCATION (SOED)
1912770003	SHRUTI POPTANI	B.A. (H) Chinese	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF HUMANITIES (SOHS)
1913820003	JUNNED	B.Sc. (H) Agriculture	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF AGRICULTURAL SCIENCES (SOAS)
1914760001	ANVIKSH SOLANKI	BHMCT	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY (SOHMCT)
1914760003	AKSHAY JARODIA	BHMCT	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY (SOHMCT)
1914760005	SHASHANK SHEKHAR	BHMCT	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY (SOHMCT)
1914760007	PALAK BHALLA	BHMCT	Semester II	VAC024	FITNESS AND EXERCISE	SCHOOL OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY (SOHMCT)
1704120001	ANITA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
1704120004	GUNJAN	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
1704120005	JEET SEHRAWAT	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
1704120006	KARAN KATARIA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
1704120007	KSHITIJ GAUR	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
1704120008	LAKSHITA NAGPAL	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
1704120009	MOHD FAIZAL	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)

Registrar

K.R. Mangalam University

Academic Department (Pharmacy)



VALUE ADDED COURSE (VAC)

ACADEMIC YEAR 2019-20

COURSE CODE: VAC024

COURSE TITLE: FITNESS AND EXERCISE

COURSE OFFERED BY: SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)

LIST OF STUDENTS COMPLETING THE COURSE

O	NAME	PROGRAMME	SEMESTER	COURSE	COURSE TITLE	SCHOOL
00010	PAWAN YADAV	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00011	PRIYANKA SHARMA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00012	RUCHI JAIN	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00013	SACHIN YADAV	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00014	SAHIL AGGARWAL	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00015	SANGAM TYAGI	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00016	SHIVAM KAUSHIK	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00017	SHONIT KHURANA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00018	SUHAIL HUSSAIN	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00019	TARUN SEJWAL	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00020	YOGESH BHATI	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00021	ANJALI THAKRAN	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00022	AJEET RANA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00023	ANJALI SHARMA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00024	FAIAZ ALAM	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00025	SACHIN DUBEY	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00027	SHRISTI RAWAT	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00028	SHIVRAJ PANDEY	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00030	DEEPANK GOYAL	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00031	NISHU DAHIYA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00032	ABHISHEK PRAMAN	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00033	VISHNU	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00034	MANSI RAJPUT	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00035	SHASHANK SHEKHAR	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00036	DIVYA BHATT	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00037	RAJESH SHARMA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00038	DEEPIKA YADAV	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00039	CHIRAG YADAV	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00041	RAHUL KUMAR	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00041	RAHUL KUMAR	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)
00042	ASHA	B.Pharm	Semester VI	VAC024	FITNESS AND EXERCISE	SCHOOL OF MEDICAL AND APPLIED SCIENCES (SMAS)

[Signature]

K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **RISHAB TRIVEDI**, University Enrolment No **1901010005** of **B.Tech**
SE programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness**
and Exercise) during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination



Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **S MAHIMA MANUELA**, University Enrolment No **1901010008** of **B.Tech CSE** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram - (Haryana)

K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **HARSH KUMAR**, University Enrolment No **1901010010** of **B.Tech** **CSE** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

hahajan

Controller of Examination

Date: 10.07.2020

Ind

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **KARTIK SINGH**, University Enrolment No **1901062012** of **BCA** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

h. mahajan

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **YASH GUPTA**, University Enrolment No **1902070007** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Controller of Examination

hahajan

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **AVINASH KUMAR PANDEY**, University Enrolment No **1902070009** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jed

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANANYA AGARWAL**, University Enrolment No **1902070010** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahahajan

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHUBHAM MUDGAL**, University Enrolment No **1902070012** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

h. rajan

Controller of Examination

J. P.

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANISHA**, University Enrolment No **1902070033** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

harajan

Controller of Examination

Ind

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANISHA**, University Enrolment No **1902070033** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jmf

Registrar
K. R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **VAIBHAV**, University Enrolment No **1902070037** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Prof

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **MOHIT SHARMA**, University Enrolment No **1905140009** of **BBA LLB (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Prof

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, Haryana



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **GEETA RAWAT**, University Enrolment No **1905170004** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Prof

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PANKAJ SAHANI**, University Enrolment No **1905170007** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Pankaj

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PRIYA SHARMA**, University Enrolment No **1905170017** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jmf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **JEEVESH DIDDLE**, University Enrolment No **1905170018** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **GAURAV AVANA**, University Enrolment No **1905170021** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahajan

Controller of Examination

Juf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **JAYANT VATS**, University Enrolment No **1905170023** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hachajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **YUKTI SHARMA**, University Enrolment No **1905170027** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

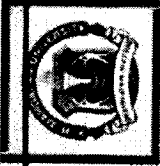
hahajan

Controller of Examination

Jmf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ISHU AGGARWAL**, University Enrolment No **1905170032** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **MOHD SHOAB**, University Enrolment No **1905170034** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

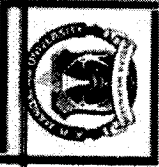
h. shahjan

Controller of Examination

J. M.

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHEETAL**, University Enrolment No **1905170037** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **YOGESH YADAV**, University Enrolment No **1905170048** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jaf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **MOHD KAIF**, University Enrolment No **1905170052** of **B.A. LL.B (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Controller of Examination

hahajan

Jaf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **UDIT KAPOOR**, University Enrolment No **1905230001** of **LLB (Hons.)** programme has successfully qualified **VALUE-ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ASHANA MEHTA**, University Enrolment No **1905230005** of **LLB (Hons.)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jaf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PURNIMA SAHRAWAT**, University Enrolment No **1905230007** of **LLB (Hons.)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **VIKAS LOHIA**, University Enrolment No **1905230008** of **LLB (Hons.)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **RITWIK PRASAD**, University Enrolment No **1905230012** of **LLB (Hons.)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **HIMANSHU MAAN**, University Enrolment No **1905690001** of **LL.M.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jul

Registrar
K.R. Mangalam University
(Haryana)
Sohna Road, Gurugram,
(Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **KANCHAN KHATANA**, University Enrolment No **19056900004** of **LL.M.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Khatana

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **GUNJAN GAHLOT**, University Enrolment No **1905690016** of **LL.M.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **VIKRAM SHRIVASTAV**, University Enrolment No **1905690022** of **LL.M.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

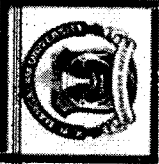
hahajan

Controller of Examination

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **TISHA GOEL**, University Enrolment No **1911260006** of **B.El.Ed.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

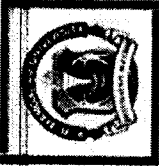
Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **AKSHINA**, University Enrolment No **1911260007** of **B.El.Ed.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Juf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **MUSKAN**, University Enrolment No 1911260012 of B.El.Ed. programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SEEMA RANI**, University Enrolment No **1911270002** of **B.Ed.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANSHITA TYAGI**, University Enrolment No **1911270005** of **B.Ed.** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hnanajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHRUTI POPTANI**, University Enrolment No **1912770003** of **B.A.**
(H) Chinese programme has successfully qualified **VALUE ADDED COURSE VAC024**
(Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hrajani

Controller of Examination

Def

Registrar
K.R. Mangalam University
(Haryana)
Sohna Road, Gurugram,



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **JUNNED**, University Enrolment No **1913820003** of **B.Sc. (H) Agriculture** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANVIKSH SOLANKI**, University Enrolment No **1914760001** of **BHMT** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **AKSHAY JARODIA**, University Enrolment No **1914760003** of **BHMT** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

harajan

Controller of Examination

Juf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHASHANK SHEKHAR**, University Enrolment No **1914760005** of **BHMC**T programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

brahajan

Controller of Examination

Jmf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PALAK BHALLA**, University Enrolment No **1914760007** of **BHMT** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANITA**, University Enrolment No **1704120001** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jnd

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **GUNJAN**, University Enrolment No **1704120004** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **JEET SEHRAWAT**, University Enrolment No **1704120005** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

h. rahajan

Controller of Examination

J. P.

Registrar

K.R. Mangalam University
(Haryana)
Sohna Road, Gurugram.



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **KARAN KATARIA**, University Enrolment No **1704120006** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **KSHITIJ GAUR**, University Enrolment No **1704120007** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hnanjan

Controller of Examination

Prof

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **LAKSHITA NAGPAL**, University Enrolment No **1704120008** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

Jnp

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **MOHD FAIZAL**, University Enrolment No **1704120009** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jmf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PAWAN YADAV**, University Enrolment No **1704120010** of
B.Pharm programme has successfully qualified **VALUE ADDED COURSE VAC024**
(Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PRIYANKA SHARMA**, University Enrolment No **1704120011** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

h. rajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **RUCHI JAIN**, University Enrolment No **1704120012** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

h. mahajan

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SACHIN YADAV**, University Enrolment No **1704120013** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SAHIL AGGARWAL**, University Enrolment No **1704120014** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

h. mahajan

Controller of Examination

J. P.

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SANGAM TYAGI**, University Enrolment No **1704120015** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHIVAM KAUSHIK**, University Enrolment No **1704120016** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHONIT KHURANA**, University Enrolment No **1704120017** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hrajani

Controller of Examination

Juf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SUHAIL HUSSAIN**, University Enrolment No **1704120018** of **B.Pharma** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **TARUN SEJWAL**, University Enrolment No **1704120019** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahajan

Controller of Examination

Jed

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **YOGESH BHATI**, University Enrolment No **1704120020** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANJALI THAKRAN**, University Enrolment No **1704120021** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **AJEET RANA**, University Enrolment No **1704120022** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANJALI SHARMA**, University Enrolment No **1704120023** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **FAIYAZ ALAM**, University Enrolment No **1704120024** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SACHIN DUBEY**, University Enrolment No **1704120025** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHRISTI RAWAT**, University Enrolment No **1704120027** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hnanjan

Controller of Examination

Jnd

Registrar

K.R. Mangalam University
Sohna Road, Gurugram (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHIVRAJ PANDEY**, University Enrolment No **1704120028** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

brahajan

Controller of Examination

Jaf

Registrar

K R Mangalam University
Sohna Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **DEEPANK GOYAL**, University Enrolment No **1704120030** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hrajani

Controller of Examination

Prof

Registrar

K. R. Mangalam University
Sohna Road, Gurgaon (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **NISHU DAHIYA**, University Enrolment No **1704120031** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahajan

Controller of Examination

hahajan

Registrar

K.R. Mangalam University/
Sohna Road, Gurgaon (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ABHISHEK PRAMANIK**, University Enrolment No **1704120032** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

Jed

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **VISHNU**, University Enrolment No **1704120033** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Jed

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **MANSI RAJPUT**, University Enrolment No **1704120034** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

brahajan

Controller of Examination

Prof.

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHASHANK SHEKHAR**, University Enrolment No **1704120035** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahajan

Controller of Examination

Prof

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **DIVYA BHATT**, University Enrolment No **1704120036** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

brahajan

Controller of Examination

Jed-

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **RAJESH SHARMA**, University Enrolment No **1704120037** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

brahajan

Controller of Examination

Prof.

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **DEEPIKA YADAV**, University Enrolment No **1704120038** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hahajan

Controller of Examination

J.P.

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **CHIRAG YADAV**, University Enrolment No **1704120039** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hachajan

Controller of Examination

Jmf

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **RAHUL KUMAR**, University Enrolment No **1704120041** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

h. mahajan

Controller of Examination

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ASHA**, University Enrolment No **1704120042** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Controller of Examination

hnanajan

Registrar

K.R. Mangalam University
Sohla Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **AYUSHI SINGH**, University Enrolment No **1704120043** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

Controller of Examination

hahajan

Jed

Registrar

K.R. Mangalam University
Sahara Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PARAMVEER**, University Enrolment No **1704120044** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Controller of Examination

hahajan

Registrar

K.R. Mangalam University
Solan Road, Solan, gram, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **LALIT SONI**, University Enrolment No **1704120045** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Controller of Examination

h. mahajan

Prof.

Registrar

K.R. Mangalam University
Sector 14, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **RAHUL KUMAR**, University Enrolment No **1704120046** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

Prof.

Registrar

K. R. Mangalam University
Sohna Road, Gurgaon, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **NAMAN PARMAR**, University Enrolment No **1704120047** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

Naman

Controller of Examination

Registrar

K.R. Mangalam University
Sector Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SABNAM**, University Enrolment No **1704120048** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hnanajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SUMIT POONIA**, University Enrplment No **1704120049** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

Controller of Examination

hahahajan

Jmf

Registrar

K.R. Mangalam University
Sector-14, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SAURABH KUMAR RAWAT**, University Enrolment No **1704120050** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahahajan

Controller of Examination

Registrar
K.R. Mangalam University
Scheme Road, Mangalam, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANKIT KUMAR**, University Enrolment No **1704120051** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

Prof.

Registrar

K.R. Mangalam University

Good Luck!! (For All)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **DHRUV RAWAT**, University Enrolment No **1704120052** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

: Controller of Examination

hachajan

Jul

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, Haryana



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ROHIT CHAUHAN**, University Enrolment No **1704120053** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hrahajan

Controller of Examination

Registrar

K. R. Mangalam University
Sohna Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **MAZHAR KHAN**, University Enrolment No **1704120054** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

Mahajan
Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PRAKASH KUMAR**, University Enrolment No **1704120055** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

hnanajan

Controller of Examination

Jmf

Registrar
K.R. Mangalam University
Sohna Road, Gurgaon (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **AASIM KHAN**, University Enrolment No **1704120056** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

h. ahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ANJU GUPTA**, University Enrolment No **1704120058** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

h. ahajan

Controller of Examination

Prof.

Registrar

K.R. Mangalam University

Sohna Road, Gurgaon, Haryana



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PARAS ARORA**, University Enrolment No **1704120059** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

h. ahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon (Haryana)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **HIMANSHU SAINI**, University Enrolment No **1704120060** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

Himanshu

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University
Sector 10, Gurgaon (Haryana - 122001)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **ROHIT**, University Enrolment No **1704120061** of **B.Pharma** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

h. rahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, Haryana



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **BHAVYA**, University Enrolment No **1704120062** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Bhavajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Gurgaon, Haryana



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **RISHABH GUPTA**, University Enrolment No **1704121065** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

h. shahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sohna Road, Sohna, Gurugram, Haryana



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **PRINCE SINGHANIA**, University Enrolment No **1704121066** of **B.Pharm** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

Controller of Examination

hahajan

Jmf

Registrar

K.R. Mangalam University
Salahpur, Sonapat, Haryana



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **NIHARIKA SHARMA**, University Enrolment No **1702070048** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

Niharika

Controller of Examination

[Signature]

Registrar

K.R. Mangalam University

School of Distance Education, (GATEWAY)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **REET ADHANA**, University Enrolment No **1702070051** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024 (Fitness and Exercise)** during Academic Session **2019-20 (Even Semester)**.

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University

Sahakar Nagar, Bangalore, (Karnataka)



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **SHUBHAM KHATANA**, University Enrolment No **1702070033** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (Fitness and Exercise) during Academic Session **2019-20** (Even Semester).

Date: 10.07.2020

brahajan

Controller of Examination

Def

Registrar

K.R. Mangalam University

School of Distance Education



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

CERTIFICATE OF COMPLETION

This is to certify that **HEMANT KUMAR PAL**, University Enrolment No **1702070046** of **B.Com (H)** programme has successfully qualified **VALUE ADDED COURSE VAC024** (**Fitness and Exercise**) during Academic Session **2019-20** (**Even Semester**).

Date: 10.07.2020

hahajan

Controller of Examination

Registrar

K.R. Mangalam University
Sector 10, Gurgaon, (Haryana)