

2022-23



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

SCHOOL OF HUMANITIES

ACADEMIC SESSION 2022-23

NOTICE

Mental Health and Wellbeing among the youth

SOHS/NOTICE/2022-23/0023

Date: 19/08/2022

The School of Humanities in collaboration with NSS, KRMU is organizing a sensitization programme: "panel discussion on mental health and wellbeing among the youth". The primary goal is to raise awareness about the rising mental health conditions among youth and their mental wellbeing. This includes key issues related to mental health, the trends on mental wellbeing and work towards promoting an inclusive path to development.

Date: 28/08/2022

Venue: Online

Event Type: Panel Discussion

Faculty Coordinator: Dr. Supriya Srivastva (Assistant Professor - Psychology, KRMU)

Supriya Srivastva

Tania Gupta
Prof. Tania Gupta 19/8/22
Dean, SOHS



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION
Gurugram, Delhi-NCR



School of Humanities

in collaboration with

KASTURBA INSTITUTE OF PSYCHOLOGY & BEHAVIOURAL
MEDICINE (KIPBM) GREATER NOIDA, UTTAR PRADESH

Organizes

SENSITIZATION PROGRAMME PANEL DISCUSSION

on
**MENTAL HEALTH AND
WELLBEING AMONG YOUTH**

| **DATE : 28 AUGUST 2022** |

Registration Link:
<https://tinyurl.com/fbrfhvys>

CERTIFICATES WILL BE GIVEN TO ALL PARTICIPANTS WHO ATTEND THE WEBINAR.

PANELISTS



DR. PRATIBHA SINGH
Consultant Clinical Psychologist
Director, KIPBM



PROF. (DR.) TANJA GUPTA
Educationist
Dean SOHS, KRMU



DR. ANITA SHARMA
Psychiatrist
KIPBM

MODERATORS



DR. SUPRIYA SRIVASTAVA
Assistant Professor (Psychology)
KRMU



MS. DEEPA CHAUHAN
Counseling Psychologist
KIPBM

University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 📞 8800697012

🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in


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Sohna Road, Gurugram, (Haryana)



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Report on

**"SENSITIZATION PROGRAMME:
PANEL DISCUSSION"**

on

Mental Health and Wellbeing among the Youth

Date: Sunday, 28th August 2022.

Event Type: Panel Discussion

Mode of Activity: Online

Target Group: Students, teachers, parents, counselors and educational administrators

Resource Person (if any): Dr. Pratibha Singh Consultant Clinical Psychologist Director, KIPBM, Prof. (Dr.) Tania Gupta Educationist Dean SOHS, KRMU, Dr. Anita Sharma Psychiatrist KIPBM.

Coordinators: Dr. Supriya Srivastava (Assistant professor-Psychology, KRMU), Ms. Deepa Chauhan, Counseling Psychologist KIPBM.

Organized by: School of Humanities in collaboration with The Kasturba Institute of Psychology & Behavioural Medicine (KIPBM)

Number of Participants: 128

Introduction: According to the World Health Organisation (2021), One in six people are aged 10-19 years. Adolescence is a unique and formative time. Physical, emotional and social changes, including exposure to poverty, abuse, or violence, can make adolescents vulnerable to mental health problems. Protecting adolescents from adversity, promoting socio-emotional learning and psychological well-being, and ensuring access to mental health care are critical for their health and well-being during adolescence and adulthood. When the youth learn to cope with immense emotions or calm themselves down in difficult or emotional situations, they are likely to feel good about themselves. By talking about

Supriya Srivastava
(Assistant Prof. - Psychology)
28/08/22

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Sohna Road, Gurgaon, (Haryana)

Tania Gupta
(Dean SOHS) 28/8/22

emotions with the youth, and encouraging them to recognize and label their emotions the young person will appreciate that it is natural to have all sorts of feelings.

Objectives:

1. Comprehend the emotions and management of emotion among youth in daily life.
2. Appreciate the role of educational institutions in fostering mental health and well-being among the youth.
3. Create sensitization on mental health issues among adolescents and the youth.

Methodology: Panel discussion

Content: Dr. Pratibha Singh, Consultant Clinical Psychologist & Director, KIBPM, during the panel discussion deliberated upon the concept of mental health and well-being among the youth. She focused on the mental health concerns frequently seen among youth. She emphasized that the use of tobacco, alcohol and substance abuse by youth is highly common and becoming a great concern these days. She asserted that the role of parents and parenting style is extremely vital in ensuring the Mental health and well-being of youth. She also focused on preventive ways or self-curative strategies that one can practice as a youngster to ensure good mental health for self.

Dr. Anita Sharma, Psychiatrist, KIPBM reflected on the red flags that need to be noticed among the youth regarding their mental health for consulting a Psychiatrist. She focused on psychiatric drugs and the mindset of people that one gets addicted to these so these should be avoided. She explained the role of a Psychiatrist in dealing with alcohol and drug de-addiction.

Prof. Tania Gupta, Dean, School of Humanities focused her deliberations on common mental health concerns often seen or encountered among young students today in the University system and stressed on strategies that can be adopted to address these in an educational setting.

Supriya Sankar 28/08/22
(Assistant Prof.- Psychology)

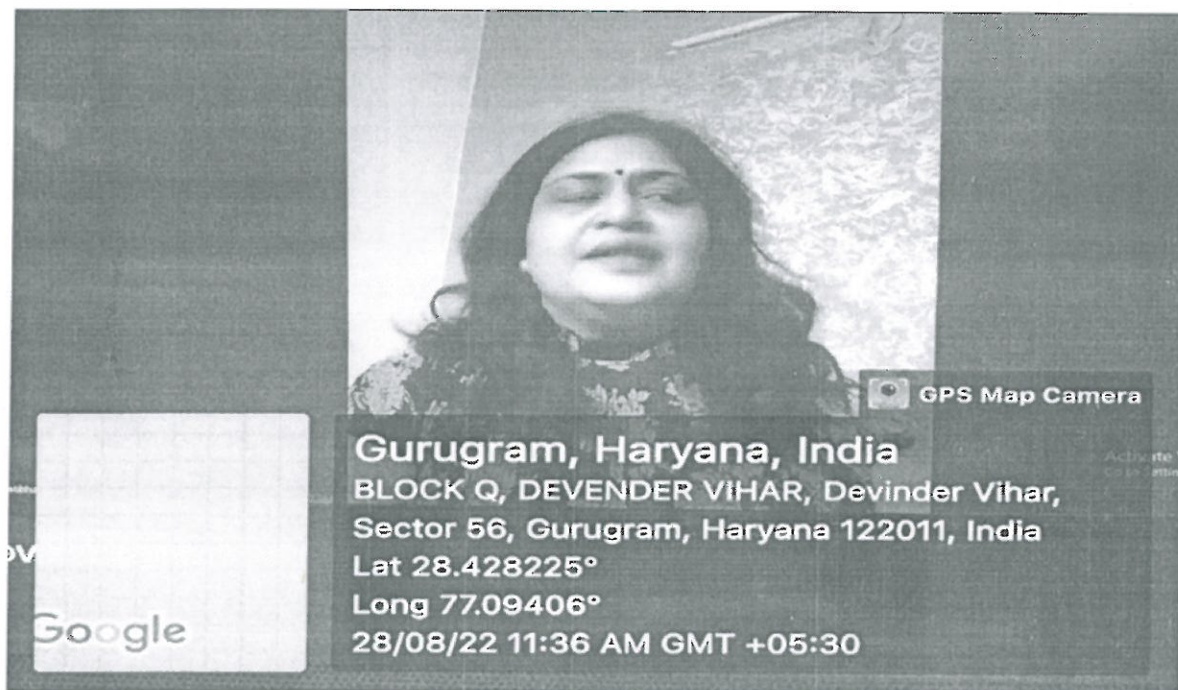
Tania Gupta 28/8/22
(Dean SOHS)
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Gehna Road, Gurugram, (Haryana)

Outcomes

1. The participants developed an understanding of emotions and emotional management among the youth.
2. The various stakeholders, viz students, teachers, parents, counsellors and educational administrators who attended this sensitization programme were able to appreciate their specific roles in fostering the mental well-being among the youth.

Conclusion: The panel discussion received active participation from the participants. Participants raised questions and queries were resolved by the experts. At the completion of the discussion, feedback forms were filled by the participants. Positive feedbacks were received and more such discussions were suggested and requested by the participants.

Pics (non-geotagged for social media /geotagged for NAAC) with Date and Captions



Pic 1: Dr. Pratibha Singh explains the importance of mental health and wellbeing

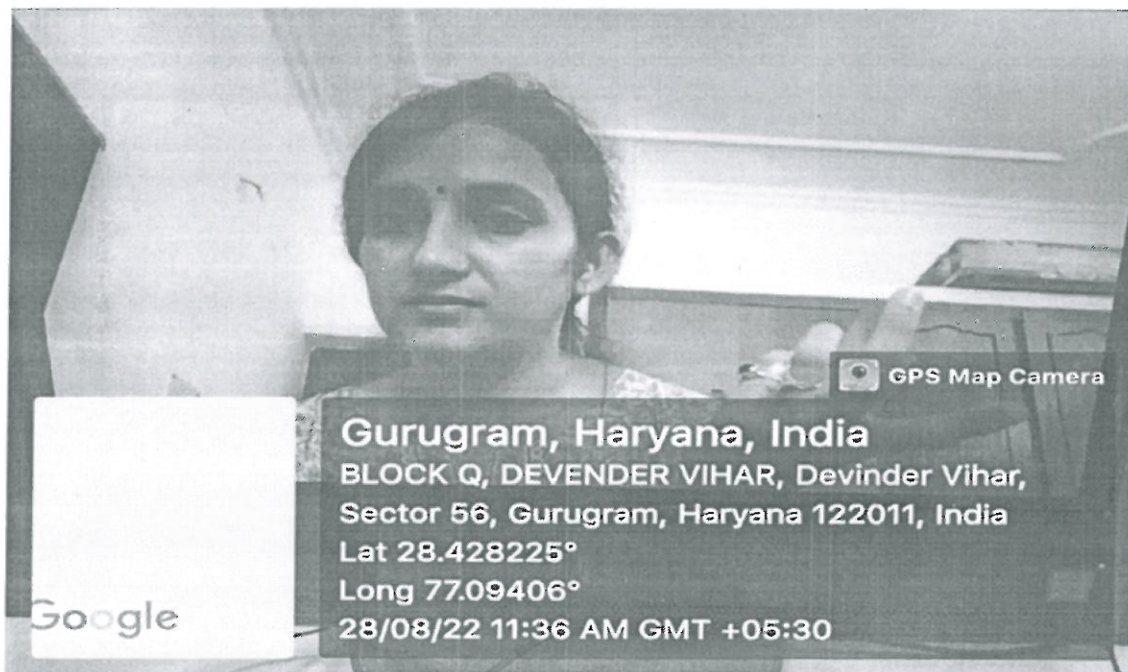
Supriya Surtani
28/08/22

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Tarika Gupta
(Dean Sohns) 3 28/8/22



Pic 2: Prof. (Dr.) Tania Gupta sharing her views on mental health in an educational setting

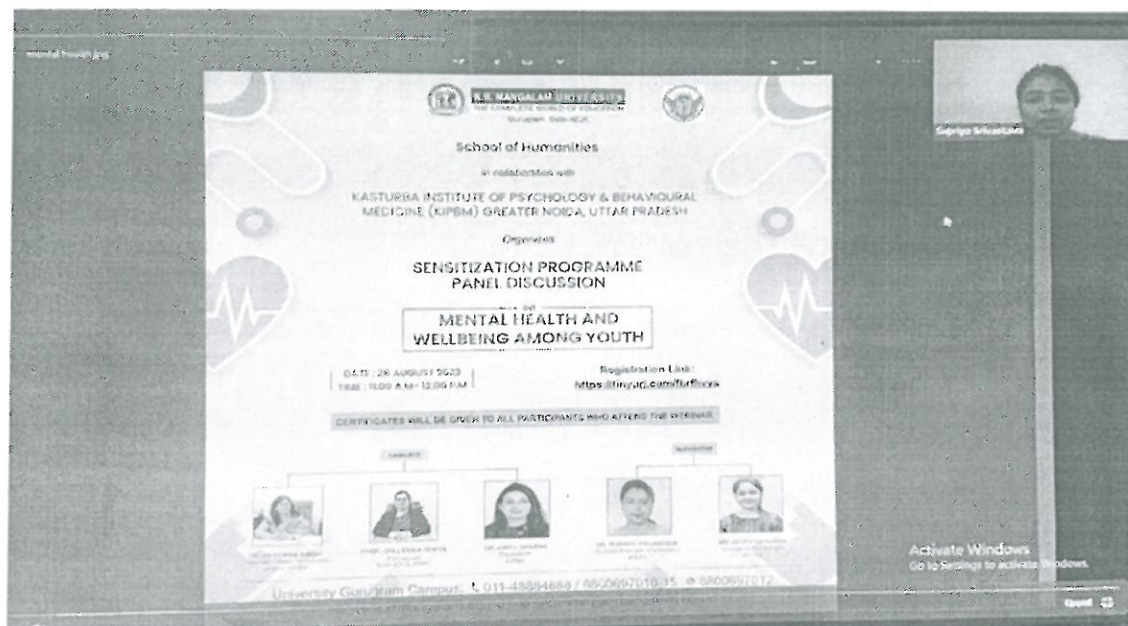


Pic 3: Dr. Anita Sharma explaining the problem of alcohol and drug abuse among youth

Dr. Anita Sharma
28/08/22

Dr.
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Tania Gupta
(Dean SOTS)
28/8/22⁴



Pic 4: Dr. Supriya Srivastava asking questions to the panelists

Report prepared by	Dr. Supriya Srivastava <i>Supriya Srivastava</i> 28/08/22
Report verified by Event Coordinator	Dr. Supriya Srivastava <i>Supriya Srivastava</i> 28/08/22
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	Prof. (Dr.) Tania Gupta <i>Tania Gupta</i> 28/08/22

TJ
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Sohna Road, Gurugram



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SCHOOL OF MEDICAL & ALLIED SCIENCES

ACADEMIC SESSION 2022-23

Ref. No: KRMU/SMAS/Notice/2022-23/003

September 14, 2022

NOTICE

School of medical and Allied Sciences is going to organize "Resume writing and entrepreneurship" This workshop is scheduled for September 19, 2022, and promises to be an insightful and valuable learning experience for all participants.

This workshop, scheduled for September 19, 2022, is designed to provide valuable insights and practical tips for crafting effective resumes and fostering an entrepreneurial mindset.

This workshop aims to equip participants with the skills necessary to create compelling resumes that stand out in today's competitive job market. Additionally, the entrepreneurship segment will focus on cultivating an entrepreneurial mindset, essential for those aspiring to venture into the dynamic world of business and innovation.

The workshop will be facilitated by experts (Mr Manas Ranjan CEO, Cognitrex Consultant Pvt Ltd) in the field who will share their knowledge and experience, offering guidance on resume best practices and strategies for entrepreneurial success. The session will be interactive, providing participants with the opportunity to engage in discussions, ask questions, and gain practical insights.

We encourage all interested individuals to save the date and actively participate in this enriching learning experience. Further details and registration information can be found in the attached workshop flyer or on our official website.

Date: September 19, 2022,

Time: 10 am onwards

Venue : B Block (B 404) K R Mangalam University

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Sohna Road, Gurugram, (Haryana)

Event Coordinator
SMAS



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School of Medical and Allied Sciences

Organizes **Workshop**

On **RESUME WRITING AND ENTREPRENEURSHIP**

with Cognitrex Consultants Pvt. Ltd. Gurugram

Date : 19.09.2022 (Monday). **Venue :** B- B-404

SPEAKER:

Mr. Manas Ranjan, CEO,
Cognitrex Consultants
Pvt. Ltd. Gurugram



Co-Ordinator

Mr. Mohit Agrawal
Assistant Professor
SMAS



Dr. Sucheta
Associate Professor
SMAS



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Report on

Workshop on Resume Writing & Entrepreneurship

Date: Monday, 19th September 2022.

Venue: Room No. B-404, K.R. Mangalam University, Sohna road, Gurugram,

Event Type: Workshop

Mode of Activity: Offline

Target Group: STUDENTS OF THIRD & FOURTH YEAR (B.Pharm)

Resource Person (if any): Mr. Manas Ranjan, CEO of Cognitrex Consultant Pvt. Ltd. Gurugram

Coordinators: 1. Mr. Mohit Agrawal (Faculty, SMAS)

2. Dr. Sucheta (Faculty, SMAS)

Organized by: School of Medical and Allied Sciences

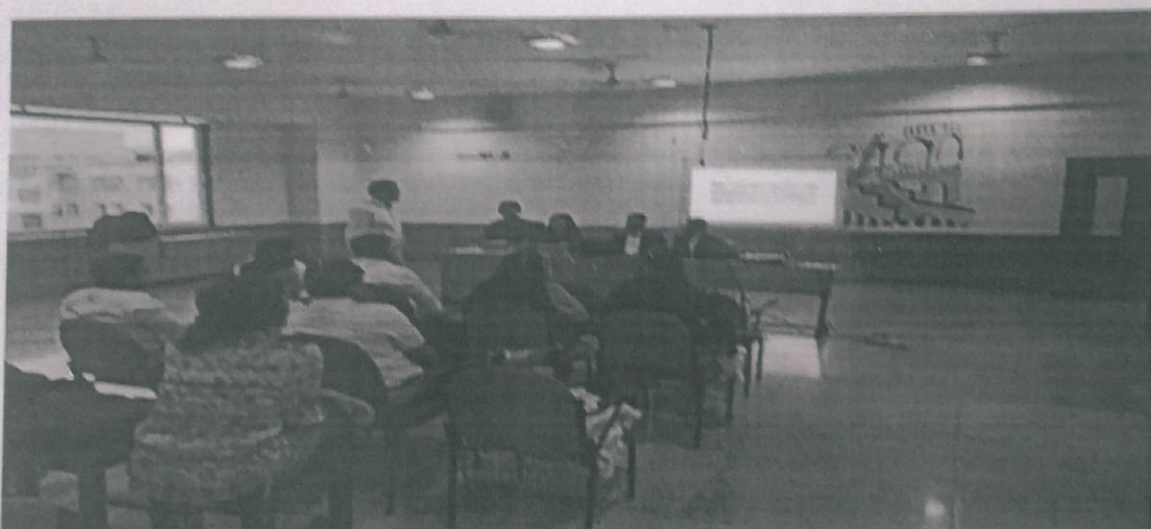
Number of Participants (Attach Attendance as Annexure): Students of 3rd year & 4th Year
(Total 51=D. Pharm, B. Pharm and M. Pharmacy)

Resumes are valuable tools for gaining employment for students to seasoned professionals. Student resumes differ from professional resumes in several ways, including the use of objective statements. Objectives are to secure a challenging position in a reputable organization to expand learning's, knowledge, and skills. Secure a responsible career opportunity to fully utilize training and skills, while making a significant contribution to the success of the company. Methodology was during this step, communications, design, and marketing team coordinated together to organize the event. The During-event activities are the actual implementation of the proposed event plan. Both coordinators of the event **Mr. Mohit Agrawal & Dr. Sucheta** were present at the event venue to monitor the overall event. The event began with a formal way & welcome addressed by Dr. Sucheta who introduced the speaker Mr. Manas Ranjan, CEO of Cognitrex Consultant Pvt. Ltd. Gurugram. Mr. Ranjan gave his presentation on resume writing and guided students to become a successful entrepreneur. Mr. Ranjan explained the three formats of career summary statement viz. chronological, functional or a combination of both. The Session was very highly interactive. The session was extremely motivated for the students. The session was

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closed with the formal vote of thanks to the speaker by Mr. Mohit Agrawal (Faculty, SMAS). He also discussed some important points regarding becoming entrepreneur & also motivate to students get placed in reputed organization. Activity Outcome was Look at the job posting, Tie skills to qualifications, Draft the first sentence & draft the second sentence. The Session was very informative & successful. It helped the students for future endeavours. Students clarified all doubts regarding resume writing & how to start their own business in Pharmacy. Further Scope is to provide jobs for the society and develops communities & Improve compatibility, aptitude, efficiency and confidence in the aspects of resume writing and entrepreneurship.



73C9+9JR, Sohna Rural, Haryana
122102, India

19 Sep 2022 02:07 pm

Photo 1: Mr. Manas Ranjan discussed about Entrepreneurship & How to start new business

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Photo 2: Mr. Ranjan Ji presented how to prepare resume & CV



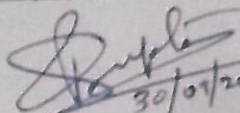
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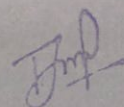
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122102, India
19 Sep 2022 02:07 pm

Photo 3: Students interacted with Mr. Ranjan ji regarding entrepreneurship.

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Report prepared by	mohit Agrawal mishra 30/09/22	DR. SUCHETA Sinha 19/9/2022
Report verified by Event Coordinator	by 30/09/22 HEHAMESHIA.	
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	 30/09/2022	



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SCHOOL OF
MEDICAL AND ALLIED SCIENCES

K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

NAME OF ACTIVITY: Workshop on Resume Writing & Entrepreneurship

DATE: 19/09/22

VENUE: B-404

ORGANISED BY: Mr. Mohit Aggarwal & Dr. Sucheta

ATTENDANCE RECORD

Sr. No	Name of Participant	Semester	Signature of Student
1	Raushattam	V B-Pharm	Raushattam
2	Keshav KR	V "	Keshav KR
3	Tasum KR	V "	Tasum KR
4	Gyanendra	V "	Gyanendra
5	Kirti	V "	Kirti
6	Shivam	III "	Shivam
7	Annu	III "	Annu
8	Rashmi	III "	Rashmi
9	Rohabh	IV "	Rohabh
10	Raghav	V "	Raghav
11	Ranveer	V "	Ranveer
12	Abhay	V "	Abhay
13	Mohit	V "	Mohit
14	Himanshi	V "	Himanshi
15	Simran	V "	Simran
16	Abhay Kumar Thakur	V "	Abhay
17	Yojesh Terahya	V "	Yojesh
18	HIRANMOY SAHA	Ist M-Pharm	Hiranmay Saha
19	DIVAKAR MAJI	I M-Pharm	Divakar
20	Diceraj	I M-Pharm	Diceraj
21	Mansi Tyagi	Ist M-Pharm	Mansi
22	Ankush Raghav	Ist M-Pharm	Ankush
23	NAMAN PARMAR	Ist M-Pharm	Naman P.
24	SAUMYA KUMARI	Ist M-Pharm	Saumya
25	Ridik Rohilla	4th B-Pharm	Ridik
26	Mamta Baysayee	4th B-Pharm	Mamta
27	Tanvi Goyal	B-7th B-Pharm	Tanvi

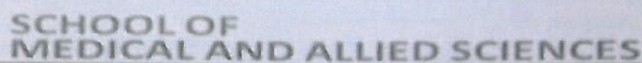
Organiser's Signature
Name and Designation

Dr. Sucheta
Associate Professor
SMAS, K.R. Mangalam University

Mohit Aggarwal
Asst. Professor
SMAS

[Signature]

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NAME OF ACTIVITY: Workshop on Resume Writing & Entrepreneurship

DATE: 19/09/2022

VENUE: B 404

ORGANISED BY: Mr. Mohit Adawal / Dr. SUCHETA

ATTENDANCE RECORD

Sachin

Organiser's Signature
Name and Designation

Dr. Sucheto
Associate Professor
SMAS, K.R. Mahalingam University,
Gururayam

Signature _____
 Date _____
 Mohit Agarwal
 Asst. Prof.
 K.R.M.

2-4

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Reference: KRMU/ Notice/ 2021-2022/ SOLS/ 16

Date 12th September, 2022


NOTICE

This is to inform all the students that School of Legal Studies (SOLS) is going to organize a Yoga and Meditation on “**International Peace Day**” dated **20th September, 2022** by Dr. Ruchika Yadav. The session will be held in A-313 (A Block, 4th Floor), 11:00 AM onwards.

Coordinators for the activity are as follows:

1. Dr. Inderpreet Kaur (Faculty Coordinator)


Dean /School Coordinator
School of Legal Studies


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GURUGRAM, SOHNA ROAD

SCHOOL OF LEGAL STUDIES

ORGANIZES

YOGA & MEDITATION

ON

INTERNATIONAL PEACE DAY

DATE: 20 SEP 2022 | VENUE: A-313



BY-
DR. RUCHIKA YADAV
ASSOCIATE PROFESSOR
SCHOOL OF MANAGEMENT
AND COMMERCE
KRMU

Registrar

K.R. Mangalam University

Kaur
23/9/22

VISIT: KRMANGALAM.EDU.IN | EMAIL: SOLS.EVENTS@KRMANGALAM.EDU.IN



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Report on YOGA AND MEDITATION

Date: 20th September 2022

Venue: Room No. A 213, A Block, K. R. Mangalam University

Event Type: Meditation session

Mode of Activity: Offline

Target Groups: Faculty and Students

Resource Person: Dr. Ruchika Yadav, Heartfulness Trainer and Associate Professor, SOMC, K. R. Mangalam University

Coordinators: Dr. Inderpreet Kaur and Ms. Gargi

Organized by: School of Legal Studies

No. of Attendees: 51

School of Legal studies has organised Yoga and meditation session for their students. The resource person was Dr. Ruchika Yadav, Associate Professor, School of Management and Commerce. She has started the session by introducing and connecting the heart with the surroundings and experience the inner peace of oneself in Photo 1.

The objective of the session was to introduce the students and faculties to learn yoga and meditation session and to understand the need of moderation between heart and mind. The main purpose of the session is to celebrate the International Peace day. Day by day the yoga and meditation is being introduced in the educational institutes so that mental peace can be experienced by the students and faculties from day to day tiring schedules. The faculties along with the students have experienced yoga and meditation which is an art and science of healthy living. By performing such meditation session the students have felt harmony between mind and body as a by product of practicing yoga. They have been apprised of the benefits of Meditation that how it is benefitting the daily life of people.

The participant were guided with the following

1. Mediation and Transmission
2. Feed back session

The further scope of the session is that by practicing such sessions the students start focusing on

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their life and they feel very relaxed .So such sessions may more be organised. Meditation is linked to decrease the anxiety and depression and increased pain tolerance and also gaining the new perspective on stressful situations.

Pics with Date and Captions

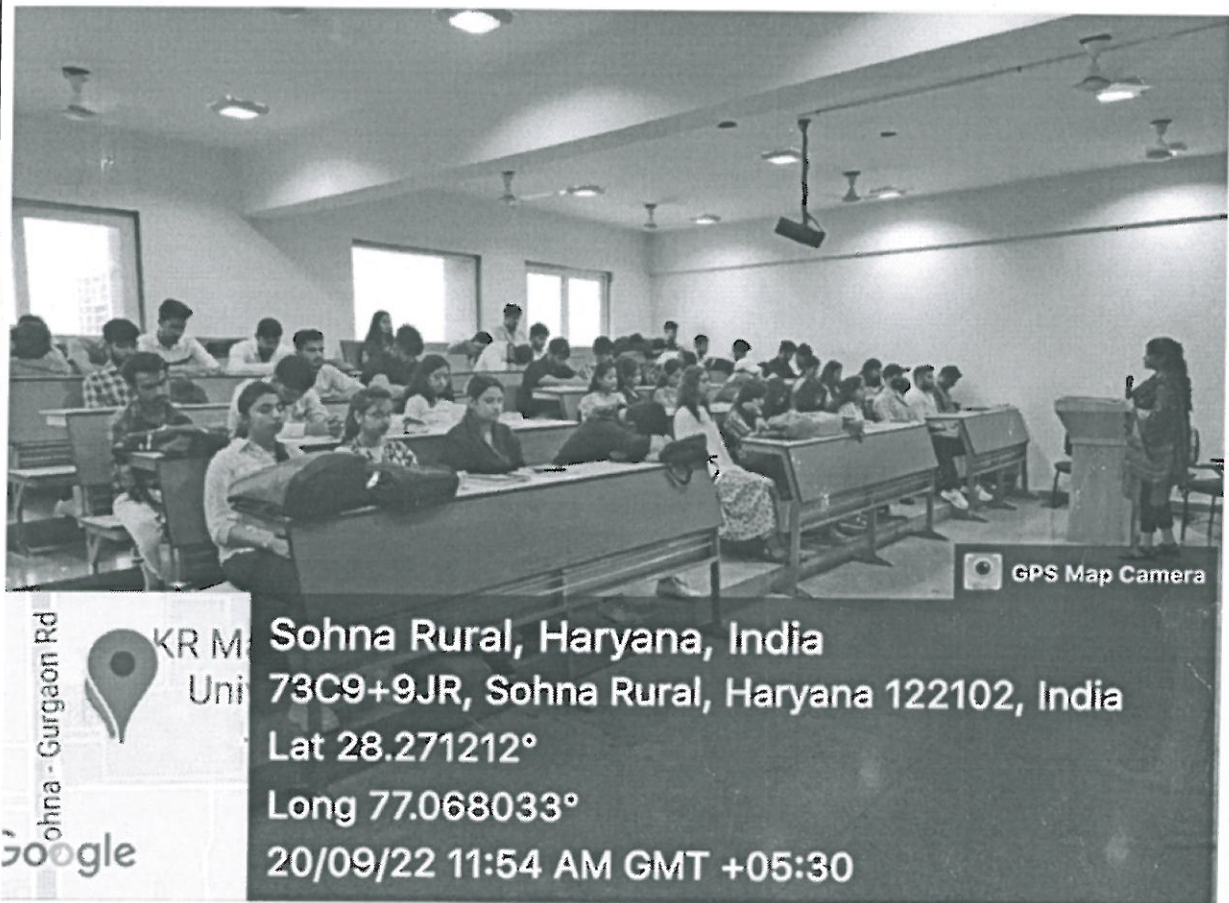


Photo 1: Dr. Ruchika Yadav connecting students with meditation.

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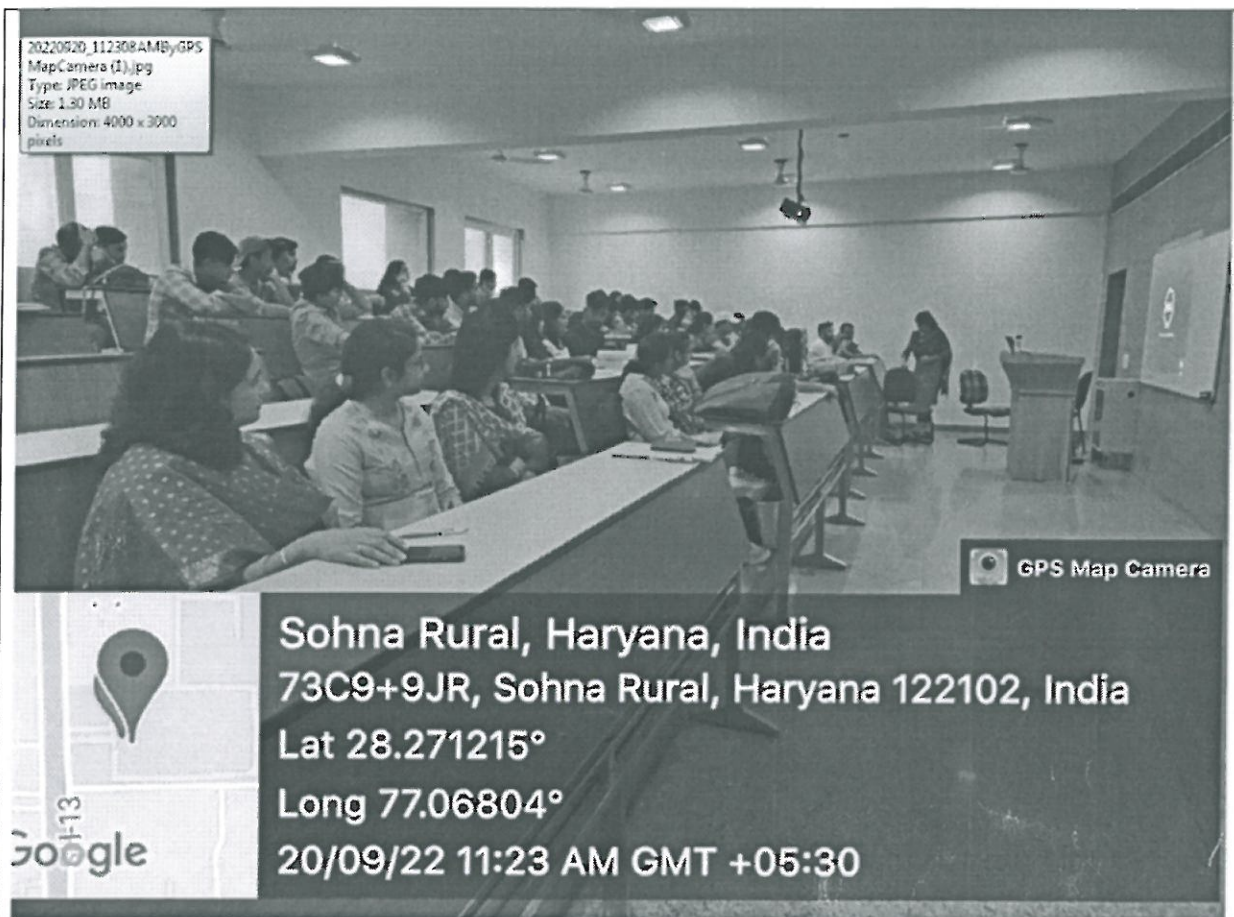



Photo 2 : Students and Faculties taking session on Yoga and Mediatation.

Report prepared by	Ms.Gargi
Report verified by Event Coordinator	Ms.Gargi
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	[Dr. Inderpreet Kaur]


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 27/9/22
 School Coordinator
 School of Legal Studies (SOLS)
 K.R. Mangalam University
 Sohna road, Gurugram
 Haryana 122103

Attendance for Yoga & Meditation Session

20-09-2022

A313

Date

Page No.



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AKRAM -

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Sargam 210515001

Nishant

Anshu - 210517004

210516004

Yashika 210515003

Goray

Deepak - 26

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Lakshay 210515002

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Mustafa - 01

Korati 220515007

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Asmi - 29

Britam - 19

Nischay - 04

Aarind - 13

Sahil - 24

Schaj - 6

Vinay - 25

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Lakshay - 15

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Sahil - 16

AMIT KUMAR SINGH - 2205230001

Asmit

RIMA KUMARI

- 2205230007

Arvi

HARION SINGH

- 2205230010

Harion Singh

Komal Yadav

- 2205230006

Komal

Karuna Gupta

- 2205230008

Karuna Gupta

Simran Bhadana

- 2205230009

Simran

Yogesh

- 2205230005

Yogesh

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SCHOOL OF ENGINEERING & TECHNOLOGY

Ref. No: KRMU/SOET/Notice/2022-23/11

Date: 6.09.2022

NOTICE

1. The Department of Computer Science and Engineering, SOET is celebrating International Day of Peace by organizing a Heartfulness Session on 21th Sept, 2022.
2. All the students of SOET have to attend the session.
3. The details of the session are as below:

Date: 21th Sept, 2022
Time: 12:00 PM onward
Venue: C-018, C Block

Event Coordinators

Dr. Vineet Dahiya
Ms. Tanu Gupta


Dean SOET



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School of Engineering and Technology

organizes
Heartfulness Session
on

WORLD PEACE DAY

Time
12:00 PM – 1:00 PM

Date
21st September
2022

Venue
Room no C018

Speaker:
Dr. Ruchika Yadav,
Associate Professor

Organizers:
Dr. Vineet Dahiya
Ms. Tanu Gupta

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K.R. MANGALAM UNIVERSITY

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Report on

Heartfulness Session on World Peace day

Date: Wednesday, 21st September 2022.

Venue: Room No. C018, C Block, K.R. Mangalam University.

Event Type: Commemorative day

Mode of Activity: Offline

Target Group: All Students

Resource Person (if any): Dr. Ruchika Yadav

Coordinators: Dr. Vineet Dahiya/Ms. Tanu Gupta

Organized by: School of Engineering

Number of Participants (Attach Attendance as Annexure): 92

Each year the International Day of Peace is observed around the world on 21 September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire. The 2022 theme for the International Day of Peace is **"End racism. Build peace."** But achieving true peace entails much more than laying down arms. It requires the building of societies where all members feel that they can flourish. It involves creating a world in which people are treated equally, regardless of their race. Dr. Ruchika Yadav, Associate Professor, SOMC took a heartfelt session in which students were briefed about importance of peace and harmony in world. The latter can be achieved if one has peace inside. Dr. Ruchika emphasized young generation to build environment for peace by various mind relaxation exercises. The quest for peace is a noble and necessary goal, and the only practical path to a better, fairer world for all people. Racism deprives people of their rights and dignity. It breeds inequalities and mistrust. And what separates people at a time when we must unite the human family, in order to heal our broken world. We, instead of fighting each other, must work to defeat our real enemies: racism, inequality, inequality, sexism, the climate crisis and the COVID-19 pandemic. Students were able to understand the importance of peace and united world free of caste creed etc. The session ended with vote of thanks from Vineet Dahiya, Academic Coordinator, SOET. Young people can present projects that illustrate the action they will take to combat racism and thereby foster peace.

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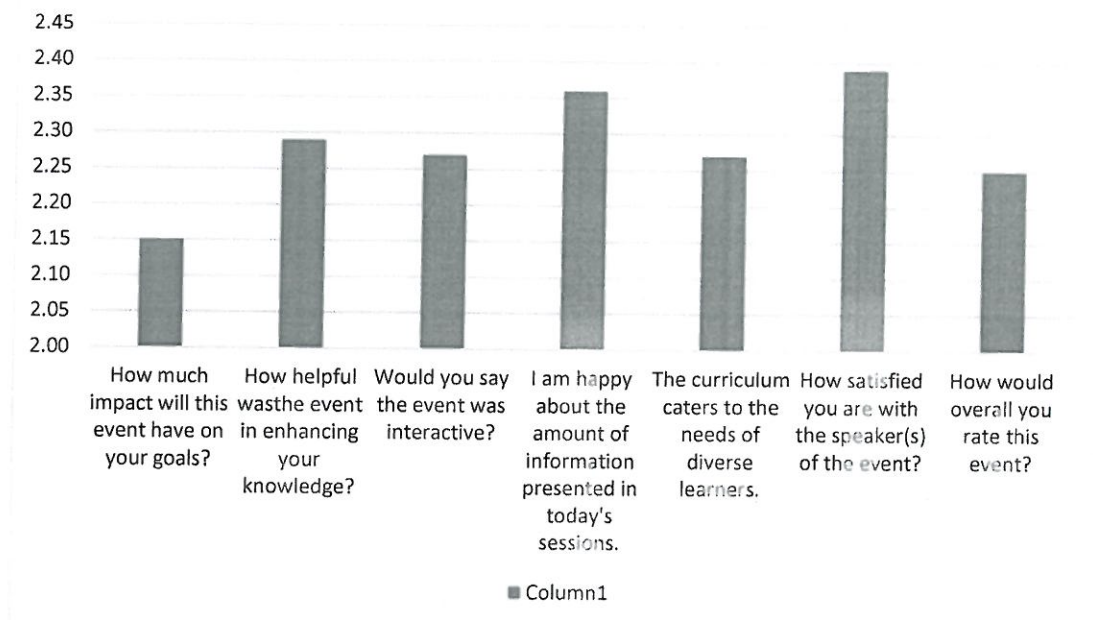
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Report prepared by	<i>Xalun</i> / <i>Ms. Tamy Gupta</i>
Report verified by Event Coordinator	<i>Xalun</i> / <i>Gupta</i>
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	<i>Phur</i> <i>27-7-22</i>

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 K.R. Mangalam University
 Sohna Road, Gurugram, (Haryana)

Title of the Event <u>Heartfulness Session on World Peace Day</u>			
Date <u>21.09.2022</u>		Venue <u>C 018</u>	
School of <u>Engineering & Technology</u>			
Sr.No.	Roll Number	Student Name	Signature
1	2201010105	Vansh Jasrotia	<u>Vansh Jasrotia</u>
2	2201340001	Sachidanand Pathak	<u>Sachidanand Pathak</u>
3	2201350007	Shashank Pipal	<u>Shashank</u>
4	2201010118	Vinay Saraswat	<u>Vinay</u>
5	2201010039	Said Abid Sadat	<u>Said</u>
6	2201010009	Inderjeet Singh	<u>Inderjeet</u>
7	2201010034	AKSHAY KUMAR	<u>Akshay Kumar</u> 21/09/22
8	2201360007	ANSH MAHENDRU	<u>Ansh</u>
9	new	Vivek Kumar	<u>Vivek</u>
10	2201340004	Swayam Gupta	<u>Swayam</u>
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Verified by: [Signature]
Signature: [Signature]
Date: 26.09.22


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



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Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

SCHOOL OF MEDICAL & ALLIED SCIENCES

ACADEMIC SESSION 2022-23

Ref. No: KRMU/SMAS/Notice/2022-23/24

September 13, 2022

NOTICE

We are excited to announce a workshop on "**Professional Medical Etiquette**" organized by the School of Medical and Allied Sciences at our esteemed institution. This workshop is scheduled for September 28, 2022, and promises to be an insightful and valuable learning experience for all participants. This workshop is tailored for students, faculty, and staff who are keen on enhancing their understanding of medical etiquette and its practical applications in a professional setting. The interactive session will include discussions, case studies, and practical tips that will contribute to the overall development of skills essential for those pursuing careers in healthcare. Dr. Saroj Rustgi is a distinguished senior physiotherapist in Gurgaon, and we are honored to have him as our guest speaker. With a wealth of experience and expertise in the field, Dr. Rustgi will share invaluable insights into the importance of professional medical etiquette and its impact on patient care and the healthcare environment.

Date: September 28, 2022,

Time: 10 am onwards

Venue : B Block (B 404) K R Mangalam University

Registrar

**K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)**

**Event Coordinator
SMAS**



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION
Gurugram, Delhi-NCR

School of Medical & Allied Sciences (Department of Physiotherapy)

Organizes
WORKSHOP

on
**PROFESSIONAL
MEDICAL ETIQUETTES**

DATE : 28th SEPTEMBER 2022

TIME : 2:30 PM

VENUE : KRMU CAMPUS



RESOURCE PERSON:

Dr. Saroj Rustgi, Founder

Wellness First Physiotherapy

University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 📞 8800697012

🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in

Registrar
K.R. Mangalam University
(Haryana)
Sector-14, Road, Gurugram



K.R. MANGALAM UNIVERSITY
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Report on

Workshop on Professional Medical Etiquettes (Soft Skill)

Date: Wednesday, 28th September 2022.

Venue: Moot Court, 4th floor A Block, K.R. Mangalam University.

Event Type: Workshop

Mode of Activity: Offline

Target Group: BPT Students

Resource Person: Dr. Saroj Rustgi, Senior Physiotherapist, Founder- Wellness First Physiotherapy, Gurugram.

Coordinators: 1. Ms. Mamta Shankar, Assistant Professor, SMAS- Physiotherapy

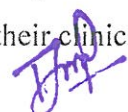
2. Mr. Badri Vishal, Assistant Professor, SMAS- Physiotherapy

3. Ms. Guljeet Kaur, Student, BPT 2nd year

Organized by: School of Medical and Allied Sciences

Number of Participants: 72

Department of Physiotherapy, School of Medical and Allied Science of K.R. Mangalam University conducted a Workshop on Professional Medical Etiquettes for the students of Bachelors of Physiotherapy. The objective was to introduce professionalism, etiquettes and gender sensitivity to the budding physiotherapists as they start their clinical training. The resource person was Dr. Saroj Rustgi, a renowned Physiotherapist with an experience of more than 45 years. The methodology was interactive, and covered the concepts of etiquettes of a student/ physiotherapist, professionalism towards other members of the healthcare team, issues faced in professional life, and gender sensitization. Dr. Rustgi covered practical aspects and issues which can be dealt with maturely and keeping the professional image intact. The students were able to learn not only about behavior and etiquette, but also how important professionalism and ethics are in the medical field. Dr. Rustgi, with her wealth of experience served as a role model for the future physiotherapists. The outcome of the activity would be assessed by a follow-up activity, consisting of a mock-drill wherein the participating students would be demonstrating the skills learned in the Physiotherapy OPD during their clinical training hours


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K.R. Mangalam University
Gurugram, Haryana

(scheduled on Thursday-28th September 2022). In conclusion, the workshop was beneficial for the students of BPT as they embark o their professional journey as it provided a platform to discuss practical issues faced during the career.

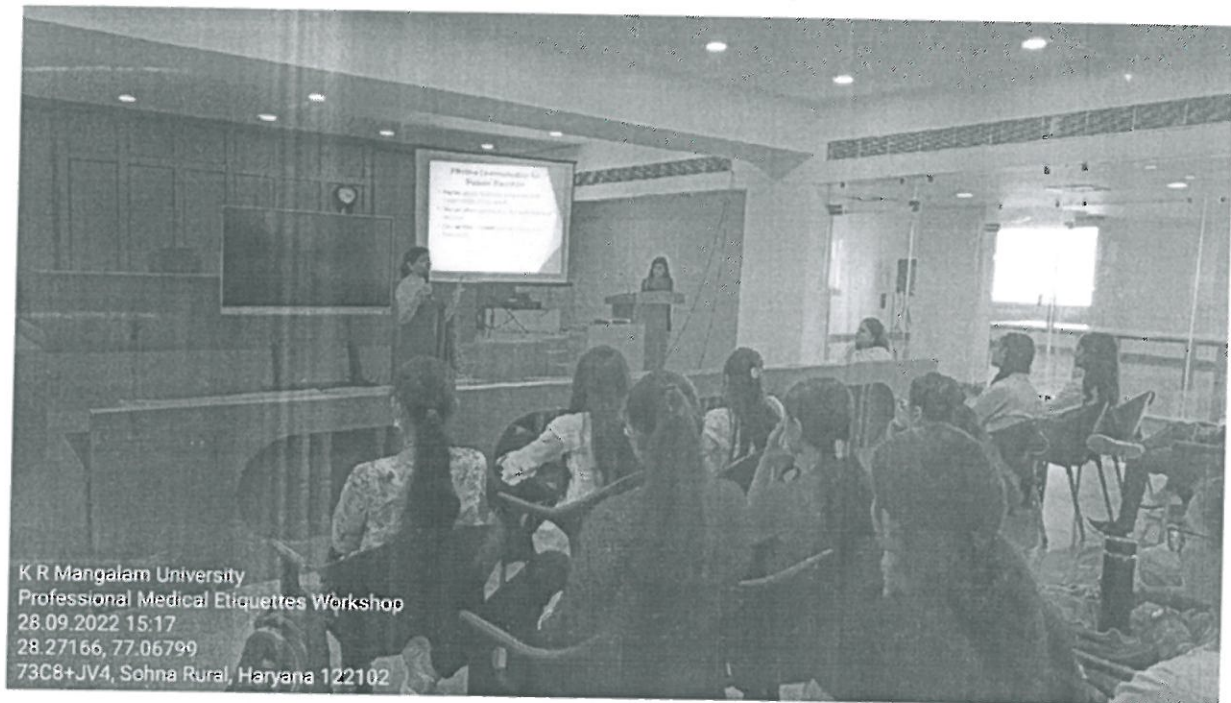
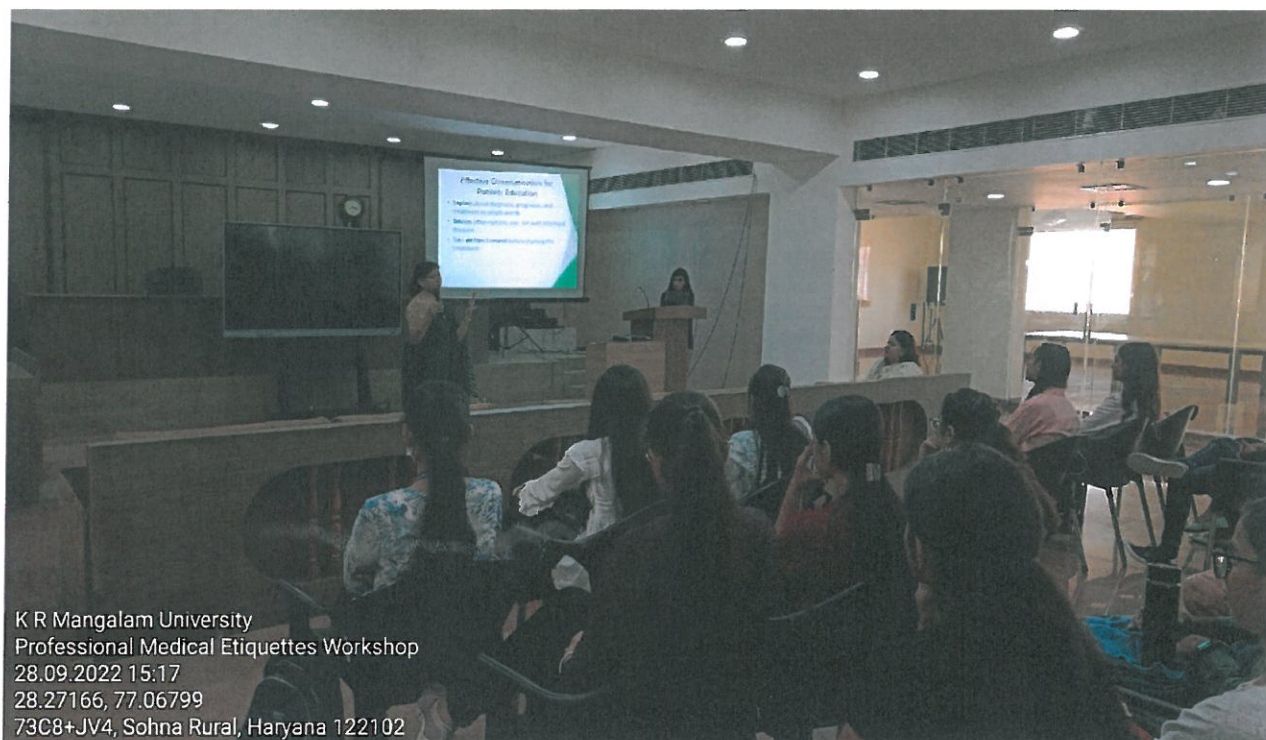


Photo 1 (geotagged): Dr. Saroj Rustgi sharing her experience with BPT students



Photo 2 (geotagged): Participants of workshop

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K R Mangalam University
Professional Medical Etiquettes Workshop
28.09.2022 15:17
28.27166, 77.06799
73C8+JV4, Sohna Rural, Haryana 122102

Photo 3 Dr. Saroj Rustagi sharing her experiences with BPT students



K R Mangalam University
Professional Medical Etiquettes Workshop
28.09.2022 14:55
28.2717, 77.06799
73C8+JV4, Sohna Rural, Haryana 122102

Photo 4 Participants of Workshop

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

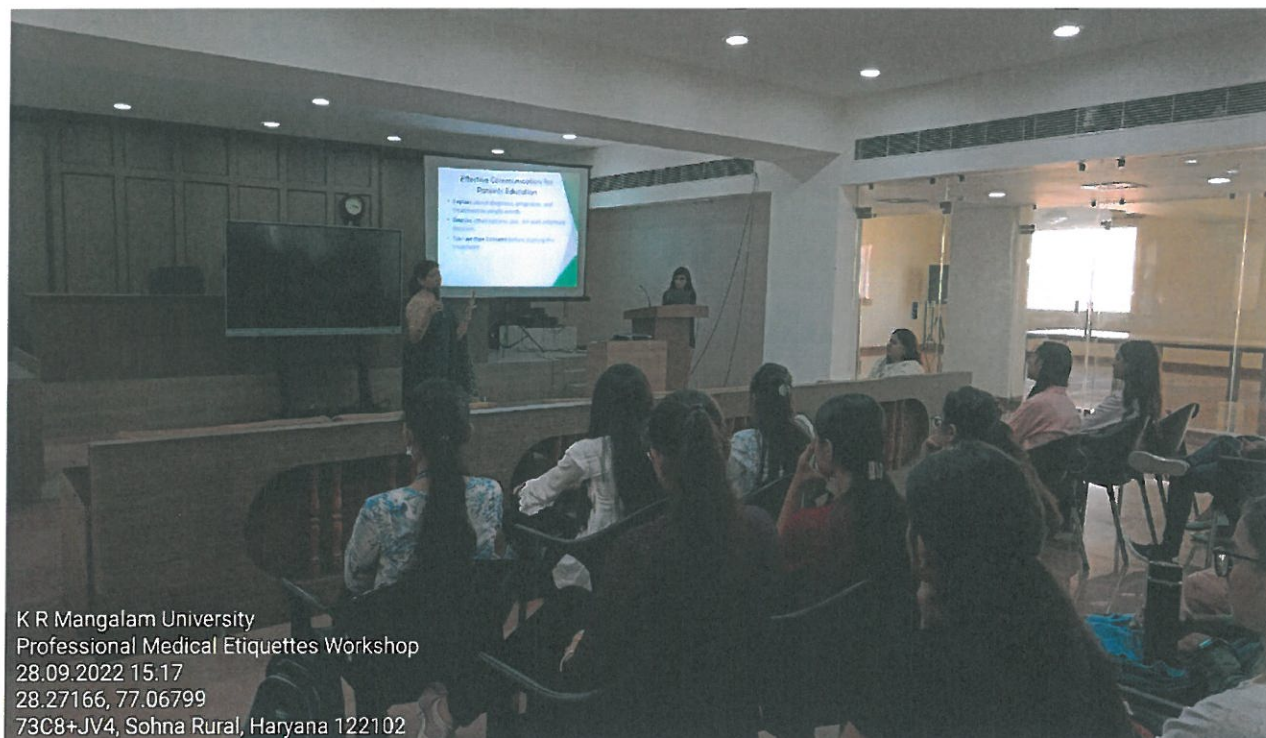


Photo 3 Dr. Saroj Rustagi sharing her experiences with BPT students


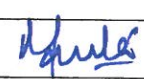



Photo 4 Participants of Workshop

[Handwritten Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



Photo 5: Felicitation of Dr. Saroj Rustgi by Dr. Pankaj Gupta, SMAS Co-ordinator

Report prepared by Ms. Mamta Shankar Assistant Professor, SMAS	
Report verified by Event Coordinator	
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



**SCHOOL OF
MEDICAL AND ALLIED SCIENCES**

K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

NAME OF ACTIVITY: Workshop on Professional Medical

DATE: 28/9/22

VENUE: moot court

ORGANISED BY: SNAS (Physiotherapy)

ATTENDANCE RECORD

[illegible]

Registrar
K.P. Mangalam University
Sohna Road, Gurugram, (Haryana)

MAMTA SHANKAR
ASSISTANT PROFESSOR
SMAS - Physiotherapy

K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

[illegible]

K.R. Mangalam University
Sohna Road, Gurugram (Haryana)

Organiser's Signature

Name and Designation

NAME AND DESIGNATION
MAMTA SHANKAR

Assistant Professor
SMA8 - Physiotherapy



**SCHOOL OF
MEDICAL AND ALLIED SCIENCES**

K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

[illegible]

Registrar
K.R. Mangalam University
Sonna Road, Gurugram, (Haryana)

Name	
Mamta Shankar	
Organiser's Signature	
Mamta Shankar	
Name and Designation	
MAMTA SHANKAR	
Assistant Professor	
SMAS - Physiotherapy	



**SCHOOL OF
MEDICAL AND ALLIED SCIENCES**

K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

NAME OF ACTIVITY: Workshop.

DATE: 28/9/22

VENUE: MOOT COURT

ORGANISED BY: SMAAS (Physiotherapy)

ATTENDANCE RECORD

[illegible]

Registrar

K.P. Mangalam University
Sohna Road, Gurugram, (Hary)

Organiser's Signature

Name and Designation

MAMTA SHANKAR
Assistant Professor
SMAS - Physiotherapy



K. R. MANGALAM UNIVERSITY
School of Medical and Allied Sciences

NOTE

Date: 21st September 2022

Subject: Approval to conduct Workshop on Professional Medical Etiquettes (Soft Skill) on 28th September 2022

Department of Physiotherapy, School of Medical and Allied Science of K.R. Mangalam University wants to conduct Workshop on Professional Medical Etiquettes for the students of Bachelors of Physiotherapy.

Objective: The students start clinical training from the second year onwards; however, professionalism, etiquettes and gender sensitivity are not a part of the curriculum. This workshop has been planned to bridge the gap and orient the future physiotherapists towards working as a part of the healthcare team and learning how to deal with patients/ caregivers.

Resource Person: Dr. Saroj Rustgi. She is a renowned Physiotherapist with an experience of more than 45 years; She retired from Northern Railways Central Hospital as Head of the Physiotherapy department and is the founder of Wellness First Physiotherapy at Gurugram. Her vast experience in academics as a teacher & mentor and excellence in clinical diagnosis & therapeutics makes her a top rated physical therapist at Gurgaon.

Methodology: The workshop has been designed to be interactive, covering the following aspects:

- Etiquettes of a student/ physiotherapist
- Professionalism towards other members of the healthcare team
- Code of conduct and medical ethics
- Issues faced in professional life
- Gender sensitisation in the workplace
- Gender sensitisation while dealing with patients

Outcome: The expected outcome from this activity is for the BPT students to interact with an eminent physiotherapist with a rich experience in order to understand the challenges faced in professional life, and how to deal with them professionally. They would also learn about proper etiquette, behaviour, discipline and discretion expected by the industry. To assess this, an activity has been planned for the next day.

Follow-up activity: The workshop will be followed up by a mock-drill activity where the participating students would be demonstrating the skills learned in the Physiotherapy OPD during their clinical training hours (scheduled on Thursday-28th September 2022).

We will also be requiring a **Budget approval of Rs. 5000/-** for conducting this event.

Submitted for your kind approval.


Ms. Mamta Shankar
Assistant Professor, SMAS


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

SCHOOL OF MEDICAL & ALLIED SCIENCES

ACADEMIC SESSION 2022-23

Ref. No: KRMU/SMAS/Notice/2022-23/33

22 September 2022

NOTICE

This is to inform all the students and faculty members that the School of Medical and Allied Sciences is organizing program on "**Heart to Heart Conversation (Expert Talk)**" on 29 September 2022.

This program aims to provide valuable insights into Cardiovascular and life style disorder. We are honoured to have distinguished experts in the field who will share their knowledge and expertise on the subject.

Participation is open to all students and faculty members of the School of Medical and Allied Sciences, contact to event coordinator for further details.

Date: September 29, 2022, *

Time: 10 am onwards

Venue : B Block (B 404) K R Mangalam University

SMAS

Event Coordinators

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

On the occasion of

WORLD HEART DAY

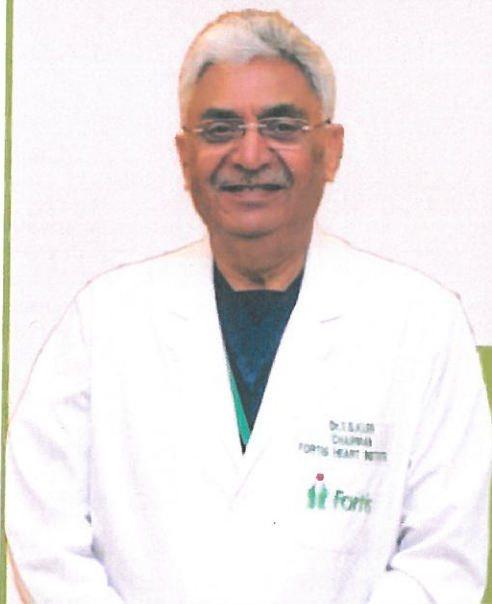


**K. R. Mangalam University,
Sohna**

in association with

**Fortis Memorial Research
Institute, Gurugram**

cordially invites you for a



HEART TO HEART CONVERSATION WITH

"Padma Bhushan Awardee"

DR. T. S. KLER

Chairman, Fortis Heart & Vascular Institute, Gurugram
& Fortis Hospital, Vasant Kunj, New Delhi

DATE: Thursday, September 29, 2022 |

VENUE: Moot Court KRMU, Sohna



Gurugram

Sector - 44, Opposite HUDA City Centre, Gurugram, Haryana, India - 122002 | www.fmri.in

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K.R. MANGALAM UNIVERSITY
EDUCATION FOR LIFE
(Recognized by UGC and a member of AIU)

Reference: KRMU/ Event/ 2022-23 / _____

Date: 22/09/2022

Event Approval Form

Society/Club/Department Name: PHYSIOTHERAPY

School: SMA S

Student Coordinator: MS. GULJEET KAUR BPT 2nd yr.

Club/Society Coordinator: -

Date of Event: 28/09/2022

Event Name: WORKSHOP ON PROFESSIONAL MEDICAL ETIQUETTE

Audience Count: 36

Mode of Conduct: OFFLINE

Place of Conduction: MOOT COURT

Event Timings: 2:30 pm - 3:30 p.m.

Financial Requirement (If any): (Rs. 5000/-)

Material Requirements: MEMENTO FOR RESOURCE PERSON

Any Other Requirements: Transport ☐ IT ☒
(Note: Please fill separate requisition for Transport and IT)

N. Guljeet
22/9/22
Name and Signature
(Event Coordinator)

[Signature]
22/9/22
Name and Signature
(Dean of School/ DSW)

[Signature]
22/9/22
Signature
(Administrative Officer)
(Note: Dean Students Welfare in case of cultural activity only)

Signature
(Finance Officer)

[Signature]
K.R. Mangalam
Sohna Road, Gurugram
Registrar
(Registrar)

संक्षिप्त समाचार

के आर मंगलम विश्वविधलाय ने विश्व हृदय दिवस पर किया कार्यक्रम आयोजन

सोहना, 29 सितंबर, सत्यजय टाईम्स/अशोक गर्ग। स्कूल ओफ मेडिकल एंड ऐलायड साइयन्स, के आर मंगलम विश्वविधलाय ने वीरवार को फोरटीस अस्पताल के सहयोग से विश्व हृदय दिवस पर कार्यक्रम



आयोजित किया गया। यह कार्यक्रम मूट कोर्ट के आर एम यू कैम्पस में आयोजित हुआ। कार्यक्रम की शुरुआत सुरेणु यादव सहायक प्रोफेसर, एसएमएस के द्वारा की गयी। इस कार्यक्रम के मुख्य अतिथि पद्म भूषण डॉक्टर टी.एस कलेर, चेमन फोरटीस हार्ट एंड वैस्कुलर इन्स्टिट्यूट, गुरुग्राम और फोरटीस अस्पताल वसंत कुंज, नयी दिल्ली में कार्यरत हैं। यह भारत के पहले चिकित्सक हैं जिन्होंने अपनी कौशलता से मरीजों में आईसीडी, सीआरटी-पी और सीआरटी-डि को सफलता पूर्वक प्रत्यारोपण किया। इन्होंने पहली एचआईएस बंडल पेसिंग को भारत 2015 में मरीजों में प्रत्यारोपण किया। डॉक्टर कलेर ने आयोजित कार्यक्रम में हृदय, संबंधित रोग और हृदय संबंधित रोगों से रोकथाम के बारे में जानकारी साँझा की उन्होंने कोरोना काल में हुई हृदय से संबंधित रोगों के बारे में विश्व विद्यालय के छात्र छात्राओं को महत्वपूर्ण जानकारी दी। आयोजन का उद्देश्य विद्यार्थियों को विश्व हृदय दिवस के बारे में जानकारी देना था। संकाय समन्वयक सुनील कुमार, प्रशांत शर्मा, डॉक्टर सुचेता, सुरेणु यादव एवं अन्य संकाय पूरे आयोजन के दौरान उपस्थित रहे। सुनील कुमार ने मुख्य अतिथि एवम उनके सहयोगियों को सम्मानित किया और सुरेणु यादव द्वारा कार्यक्रम का समापन हुआ।

Registrar

K. P. Mangalam University
Gurgaon Road, Gurugram, (Haryana)

गो रहा साइट पर पड़े कचरे को
1, जुते कम करने के साथ नये
बेलरी, कूड़े का उचित निपटान
पूजा को बड़ी चुनौती बताया
अन्य है। स्वच्छ शहर संवाद में
वर्ष के सत्र को संबोधित करते हुए भारती
वस्था ने कहा कि दिल्ली नगर निगम तीनों
लैंडफिल साइट (गाजीपुर, ओखला



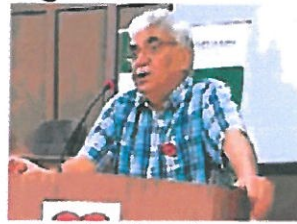
ज्ञानेश भारती

रहा है उसको सड़क बनाने
में उपयोग के लिए भारतीय
राष्ट्रीय राजमार्ग प्राधिकरण
को दिया जा रहा है। नागरिक
घर के भराव आदि के लिए
भा इसे निशुल्क ले सकते हैं।
इन प्रयासों से 59 लाख टन कचरा
निस्तारण में सफलता मिली है।

विश्व हृदय दिवस पर हुआ कार्यक्रम

ती

कि के वि. गुरुग्राम: केआर मंगलम
गायात्रा विश्वविद्यालय के स्कूल ऑफ
जन्मूत मेडिकल एंड एलायड साइंसेज द्वारा
महर्षि फोर्टिस अस्पताल के सहयोग से
धर्म विश्व हृदय दिवस कार्यक्रम हुआ
हुई। गया। यह कार्यक्रम विश्वविद्यालय
ने शुरू कैम्पस में हुआ। कार्यक्रम की
दर में शुरुआत सहायक प्रोफेसर रेणु
राज के यादव द्वारा की गई। कार्यक्रम के
द्व हो। मुख्य अतिथि फोर्टिस हार्ट एंड
भूषण वेस्कुलर इंस्टीट्यूट गुरुग्राम और
प्रमोद वसंत कुंज के चेयरमैन पद्म भूषण
हृदेवा डा. टीएस कलेर रहे। यह भारत
त के पहले चिकित्सक हैं जिन्होंने
त के कुशलता से मरीजों में आइसीडी,
धकारी सीआरटी-पी और सीआरटी-डी को
स्थिति सफलता पूर्वक प्रत्यारोपण किया।
बहुत, डा. कलेर ने कार्यक्रम में हृदय
संबंधी रोग और उनके रोकथाम के

कार्यक्रम को संबोधित करते पद्म भूषण डा.
टीएस कलेर • सौ. आयोजक

बारे में जानकारी दी। कोरोना काल
में हुए हृदय संबंधी रोगों के बारे में
विश्वविद्यालय के छात्र-छात्राओं को
महत्वपूर्ण जानकारी दी। आयोजन
का उद्देश्य विद्यार्थियों को विश्व
हृदय दिवस के बारे में जानकारी
देना था। संकाय समन्वयक सुनील
कुमार, प्रशांत शर्मा, डा. सुचेता,
रेणु यादव तथा अन्य संकाय सदस्य
वहां उपस्थित रहे।



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Registrar

K.P. Mangalam University
Sohna Road, Gurgaon, Haryana



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Heart to Heart Conversation (29-09-2022)

REPORT

Target Group: B. Pharmacy students of the University

Resource Persons: Dr. T. S. Kler Fortis Heart & Vascular Institute, Gurugram.

Coordinators: Mr. Sunil Kumar (Faculty SMAS), Ms. Renu Yadav (Faculty SMAS), Mr. Prashant (Faculty SMAS).

Date and Time: Monday, 26th September 2022, 12:30 p.m.

Venue: Moot Court, KRMU campus, Sohna road, Gurugram

World Heart Day is observed and celebrated annually on September 29, with the aim of increasing awareness of cardiovascular diseases and how to control them to negate their global impact. World Heart Day is an opportunity for everyone to stop and consider how best to use heart for humanity, for nature, and for you. The theme of the 2022 World Heart Day is 'Use heart for every heart'.

Health society of KRMU conducted an Expert talk on Heart-to-heart conversation by Dr. T. S. Kler, Chairman, Fortis Heart and Vascular Institute at Fortis Memorial Research Institute, Gurugram & Fortis Hospital, Vasant Kunj, New Delhi on 29th September 2022 (Thursday) at Moot Court KRMU Campus at 12:30.

The main objective of the session was to stop and consider how best to use heart for humanity. To engage with this important cause of cardiovascular disease. To develop awareness about health issues related to heart in the university and to teach students and faculty how to prevent cardiovascular disease. Methodology was during this step, communications, design, and marketing team coordinated together to organize the event. The During-event activities are the actual implementation of the proposed event plan. Both coordinators of the event **Mr. Sunil & Ms. Renu Yadav** were present at the event venue to monitor the overall event. The event began with a formal way & welcome addressed by Ms. Renu Yadav who introduced the speaker Dr.T.S Kler. Dr T.S. Kler, Padma Bhushan awardee interacted with students and faculty. He elaborated various types of cardiac heart failure, causes, stages, types, diagnosis and treatment of cardiac

heart failure . He also explained the importance of exercise for heart health. He discussed the post corona effect on heart of young population. The session was well organized. General discussion was started at 1.30 PM in which he cleared the doubts of faculty and students related to heart attack. Approximate 50 + faculty members, staff and students from SMAS attended the session. Activity Outcome was awareness about cardiovascular disease and related disease which leads to organ failure. The Session was very informative & successful. It helped the students for future endeavours. Students clarified all doubts regarding heart attack. Further Scope is to provide jobs for the society and develops communities & Improve compatibility, aptitude, efficiency and confidence in the aspects of resume writing and entrepreneurship.

Further Scope

The health results of the broader public gain from this partnership. Additionally, research might be conducted in other regions of the country concerning other significant ailments, as this partnership, if effective on a nationwide scale, has the potential to enhance the nation's health index. Let's hope that we see many more training session in years to provide awareness and management of the diseases / disorder / lifesaving/ awareness to the community.


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K.P. Mangalam University
Sohna Road, Gurugram, (Haryana)

Glimpses of the Session



Image 1 Lecture by T. S. Kler on coronary Heart Disease and Congestive Heart Failure



Image 2 Audience during session

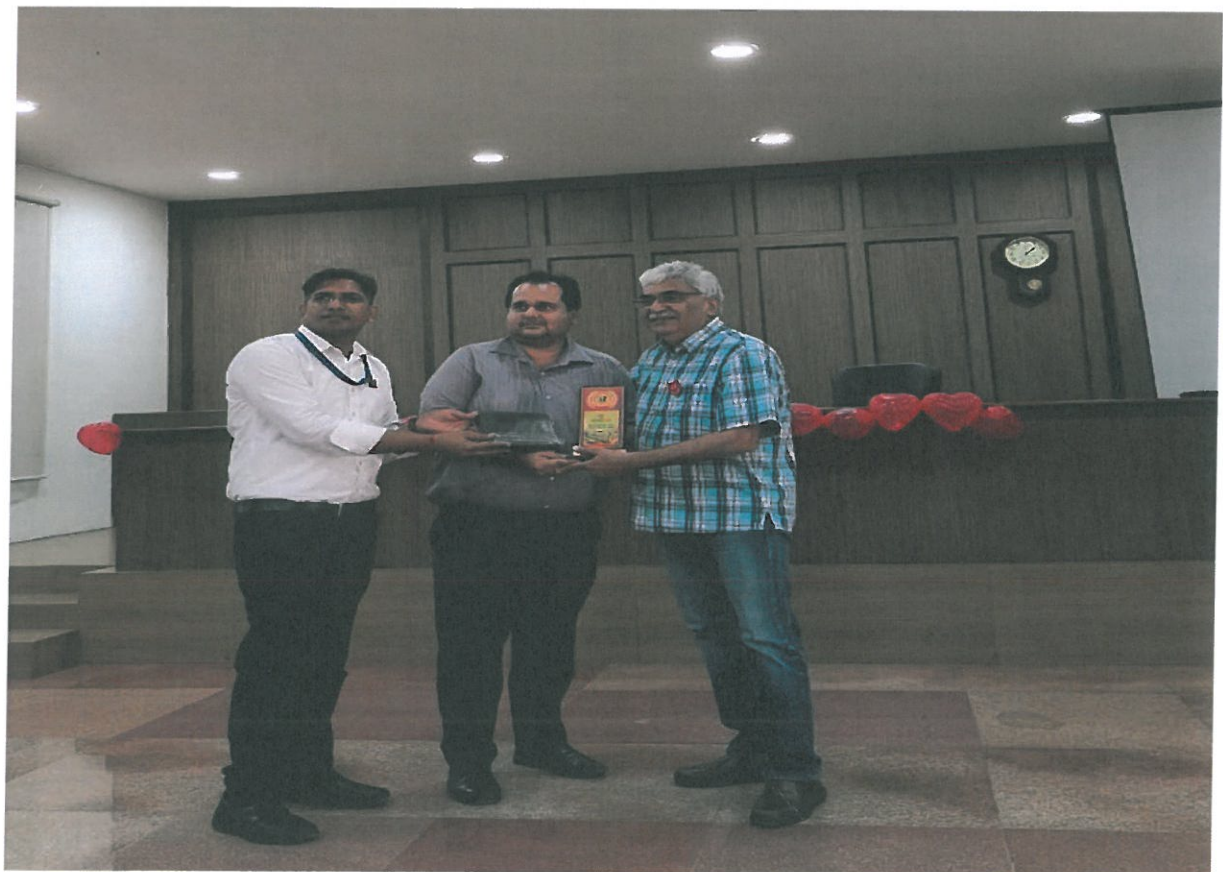
[Signature]

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Gurgaon Road, Gurgaon, (Haryana)



Image 3 Dignitaries of the session



Lecture 4 Felicitation to Dr. T.S. Kler by Dr. Pankaj Gupta and Mr. Sunil Kumar


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Sohna Road, Gurugram, (Haryana)



1st Semester (D. Pharmacy)



SCHOOL OF
MEDICAL AND ALLIED SCIENCES

K.R. MANGALAM

UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

NAME OF ACTIVITY: Heart To Heart Conversation by Dr. T. S. Kler

DATE: 29/8/2022 29/9/2022

VENUE: Moot Court KRMU

ORGANISED BY: Smt. S.

ATTENDANCE RECORD

Sr. No	Name of Participant	Semester	Signature of Student
1	Tisha	B. Pharma 1 st sem	Tisha
2	Ashu	B. Pharma 1 st sem	Ashu Kumar
3	Shashank	B. Pharma 1 st sem	Shashank
4	Tannu	B. Pharma 1 st sem	Tannu
5	Vardha	B. Pharma 1 st sem	Vardha
6	Ujala	B. Pharma 1 st sem	Ujala
7	Radhika	B. Pharma 1 st sem	Radhika
8	Jeevashu	B. Pharma 1 st sem	Jeevashu
9	Annam	B. Pharma 1 st sem	Annam
10	Samridhi	B. Pharma 1 st sem	Samridhi
11	Shakti	B. Pharma 1 st sem	Shakti
12	Amritha K.	B. Pharma 1 st sem	Amritha K.
13	Saket	B. Pharma 1 st sem	Saket
14	Pooja	B. Pharma 1 st sem	Pooja
15	Somnath K.	B. Pharma 1 st sem	Somnath K.
16	Ritesh	B. Pharma 1 st sem	Ritesh
17	Piyush P.	B. Pharma 1 st sem	Piyush P.
18	KUMAR ANSHU	B. Pharma 1 st sem	Kumar Anshu
19	Rishi	B. Pharma 1 st sem	Rishi
20	Ray	B. Pharma 1 st sem	Ray
21	Ramir	B. Pharma 1 st sem	Ramir
22	Umesh Kumar	B. Pharma 1 st sem	Umesh Kumar
23	Rishabh Ramesh	B. Pharma 1 st sem	Rishabh Ramesh
24	Vishu Vadan	B. Pharma 1 st sem	Vishu Vadan
25	Mukesh Kumar	B. Pharma 1 st sem	Mukesh Kumar
26	Salil Khatana	B. Pharma 1 st sem	Salil Khatana
27	Ashika	B. Pharma 1 st sem	Ashika
28	A. Azay	B. Pharma 1 st sem	A. Azay
29	Neejay	B. Pharma 1 st sem	Neejay
	Bhushant	11	Bhushant
	Anmol	11	Anmol
	Kulveer	11	Kulveer

Organiser's Signature

Name and Designation

may
Nandj
Renu
29/9/22



DATA: 2002

UNITED STATES COURT REPORTS

ORGANISED BY: *SPM*

ATTENDANCE RECORD

Organiser's Signature
Name and Designation

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K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Registrar

Jul

Run 2/12



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

School of Hotel Management & Catering Technology

Academic Session 2022-23


SOHMCT/Notice/2022-23/09


2nd September 2022

NOTICE

Career choice on: How to build an QSR in colab with KEIC - 2022-23

1. School of Hotel Management & Catering Technology is organising "Career choice on: How to build an QSR in colab with KEIC" on 12th October 2022.
2. The details of the session are enclosed in the flyer.
3. All the student are invited to participate and learn in the event.


Ms Jyoti Sehrawat
Ms Arushi Chadha
Event Co-ordinator


Ms Jyoti Sehrawat
School Coordinator, Assistant Professor


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

DEAN
School of Hotel Management &
Catering Technology (SOHMCT)
K.R. Mangalam University
Sohna road, Gurugram, Haryana - 122103



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION
Gurugram, Delhi-NCR



SOHMCT

Organizes

Session

on
HOW TO BUILD A QSR

Date: 12 October 2022 Venue: Swagt Restaurant, C Block



RESOURCE PERSON

Mr Jeetender Reehal
Founder: Deep Red Coffee



University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 📞 8800697012
🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in

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Sohna Road, Gurugram, Haryana



K.R. MANGALAM UNIVERSITY

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Report on

"Career choice on; How to build a QSR in colab with KEIC and IEC"

Date: Wednesday, 12th October, 2022.

Venue: Training Kitchen and Swagth Restaurant, C Block, SOHMCT

Event Type: QnA, Seminar on Building a restaurant

Mode of Activity: Offline

Target Group: Students from SOHMCT-1st and 3rd year

Resource Person (if any): Mr. **Mr. Jeetander Rehal, Founder Deep Red Coffee**

Coordinators: Ms. Jyoti Sehrawat (School Coordinator, Assistant Professor), Ms. Arushi Chadha (Assistant Professor)

Organized by: School of Hotel Management and Catering Technology in collaboration with KEIC and IEC

Number of Participants: 14

On 12th October, 22, The School of Hotel Management and Catering Technology, conducted a session on "How to build a QSR" (A Quick Service Restaurant)

The session was conducted by Mr. Jeetander Rehal, he is the founder of Deep Red Coffee Café, he told the students his inspiring story of how he became a successful entrepreneur after starting in the industry as a delivery boy.

The students asked a lot of questions about how can one start in the restaurant business, how to make it a success, how much money would they need to start the business etc. Mr Rehal was more than happy to answer these questions, he helped the students be confident and excited about the prospect of being an entrepreneur.

Photo1: Students looking at the presentation


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Sohna Road, Gurugram, (Haryana)


12/10/22


12/10/22
DEAN
School of Hotel Management &
Catering Technology (SOHMCT)



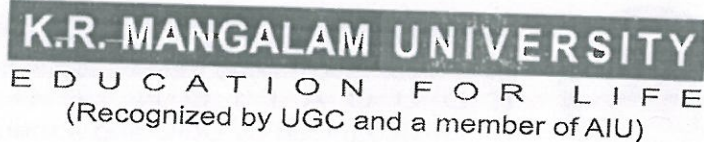
Picture1 Mr. Jeetender Reehal guiding students about QSR



Picture 2 Mr. Reehal sharing his journey of his coffee shop start-up

Report prepared by:	Mr. Jeetender Reehal
Report verified by:	Arushi Chakraborty
Report seen by Dean:	Ms. Jyoti Singh

Registr
K.R. Mangalari
Sohna Rural, Haryana



EVENT- Opening of QSR			DATE- 12/10/2022		
S.NO	NAME	ROLL NO	COURSE	SEMESTER	SIGNATURE
1	Ishmeetkaur	2014760002	BHMCT	5th	Ishmeetkaur
2	Mahek Saxena	2014760005	BHMCT	5th	Mahek
3	Harsh Garg	2014760003	BHMCT	5th	Harsh
4	Abhishek	2014760001	BHMCT	5th	Abhishek
5	Ashutosh Gupta	2214760006	BHMCT	1st	Ashutosh
6	Vogesh	2214760007	BHMCT	1st	Vogesh
7	Vashni Goswami	2214760002	BHMCT	1st	Vashni
8	LAHIT KUMAR	2214760010	BHMCT	1st	LaHit
9	Simran Jangra	2214760003	BHMCT	1st	Simran
10	Faheem Hussain	2214760001	BHMCT	1st	Faheem
11	Rudransh	2214760009	BHMCT	1st	Rudransh
12	Randeep	2214760017	BHMCT	1st	Randeep
13	Monal	2214760015	BHMCT	1st	Monal
14	Tejas Sharma	2014760006	BHMCT	5th	Tejas

DEAN
School of Hotel Management &
Catering Technology (SHT)
K.R. Puram, Bangalore
2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 2680, 2681, 2682, 2683, 2684, 2685, 2686, 2687, 2688, 2689, 2690, 2691, 2692, 2693, 2694, 2695, 2696, 2697, 2698, 2699, 2



K.R. MANGALAM UNIVERSITY
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**SCHOOL OF BASIC AND APPLIED
SCIENCES**

ACADEMIC SESSION 2022-23

SBAS/Notice/2022-23 /008

5th October 2022

NOTICE

A SEMINAR ON "Water Quality and Sanitation: Impact on Human Health"

1. The School of Basic and Applied Science is going to organize a seminar on "Water Quality and Sanitation: Impact on Human Health" on 11th October 2022.
2. The details of the seminar are enclosed on the flyer.
3. It is mandatory for all the students to attend the seminar.

Dr. Pawan Kumar

Event In-charge

Dr. Meena Bhandari

Dean, SBAS

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

K.R. Mangalam University, Gurugram
School of Basic & Applied Sciences
In Collaboration with
JM Enviro Lab Pvt. Ltd., Gurugram

Organizes

A Seminar on

“Water Quality and Sanitation: Impact on Human Health”



Resource Person:

Dr. Nisha Yadav
Assistant Manager
JM Enviro Lab Pvt. Ltd.

Faculty Coordinators

Dr. Pawan Kumar, Associate Professor, SBAS

Dr. Diwakar Padalia, Associate Professor, SBAS

Date: 11-October-2022

Time: 11:55 AM onwards

Room No.: B014



Report on

A Seminar on Water Quality and Sanitation: Impact on Human Health

(Under the MoU between KRMU and JM Enviro Lab Pvt. Ltd., Gurugram)

Date: Tuesday, 11th October 2022

Venue: Room No. B-014 (Offline mode), B Block, K.R. Mangalam University, Gurugram

Event Type: Seminar

Mode of Activity: Offline

Target Group: Students

Resource Person (if any): Dr. Nisha Yadav, Assistant Manager, JM Enviro Lab Pvt. Ltd.

Coordinators: Dr. Pawan Kumar and Dr. Diwakar Padalia

Organized by: School of Basic and Applied Sciences

Number of Participants (Attendance attached as an annexure): 20

Dr. Nisha Yadav interacted with students and shared her knowledge on the topic of the seminar. During her talk she shared that the water is one of the most essential resources on Earth and necessary for the survival of all living species. Water plays a significant role in human life. Only 1% of the freshwater is available for drinking. Water pollution occurs when a body of water becomes contaminated, usually by chemicals or microorganisms. Water pollution can cause water to become toxic for humans and the environment. Water is referred to as the universal solvent, as it dissolves most of the substances than any other liquid. However, this ability means that water is easily prone to pollution.

She also shared that since the 1990s, water pollution has worsened in almost all river in Asia, Latin America, and Africa. Around 785 million people do not have basic drinking-water services. Over half the global populations do not have safely managed sanitation services. Experts estimate that by 2025, half the world's population will live in a water-stressed environment. Around 2 billion people live in countries with high levels of water stress, meaning the amount of water available is less than the amount required.

Dr. Nisha Yadav discussed with students about sanitation which is the process of keeping

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K.R. Mangalam University
Sohna Road, Gurugram

places free from dirt, infection, disease, etc. by removing waste, trash and garbage, by cleaning streets washing hands and drinking safe water. Sanitation and hygiene are crucial for everyone since they aid in the maintenance of health and the extension of life spans. Sanitation is another very important aspect. Many of the common diseases such as roundworms spread through the faeces of infected people. By ensuring that people do not defecate in the open, we can completely eliminate such diseases and even more severe ones such as the one caused by E. Coli. Worldwide, one in three people do not have access to safe drinking water, two out of five people do not have a basic hand-washing facility with soap and water, and more than 673 million people still practice open defecation.

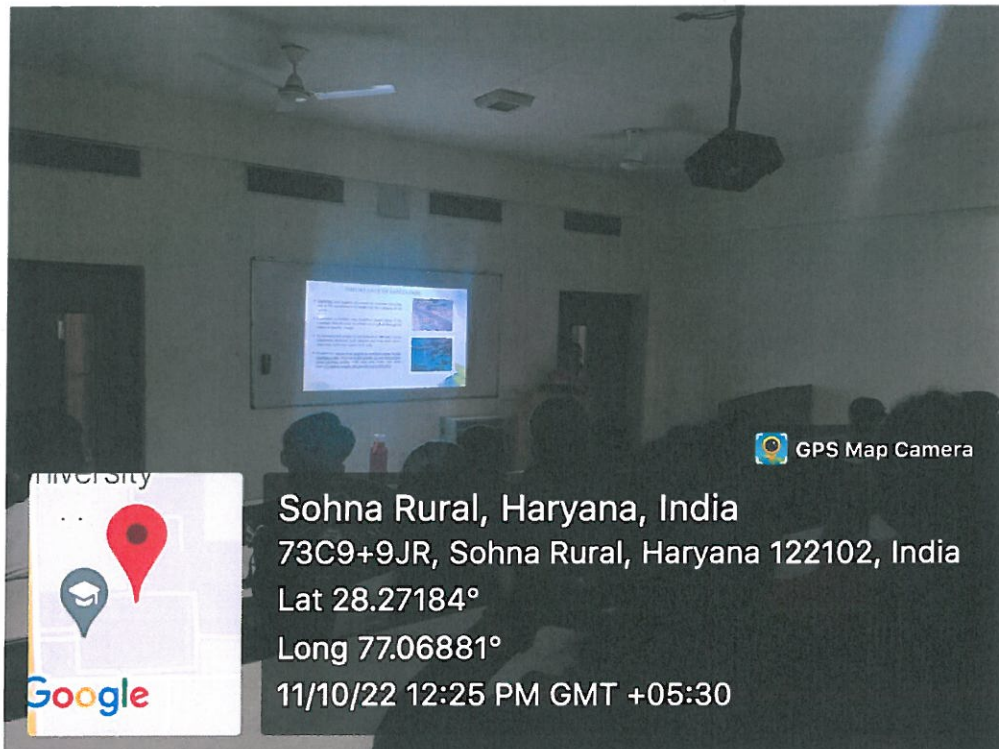
Then Dr. Nisha Yadav recommended that the sensitizing people about the ill effect of sanitation in their surroundings and the need to draw attention to the water-related threats to nutrition that are intensified by climate change, especially in regions already facing a high burden of child stunting. Finally, she concluded that there is a need for more experience and guidance to support equitable and nutrition-sensitive use of water resources both within and across countries. With the right policies in place, countries will be better positioned to harness the power of water for improving nutrition and strengthening human capital. Interventions that encourage a healthy lifestyle or provide education about nutrients and supplements may help decrease the prevalence of malnutrition. Treatment usually involves assessment by a doctor and recommendations from a dietitian. The seminar left an impactful impression on students' mind; they got many useful information about unsafe water, sanitation and hygiene and steps that can be taken up to improve quality of water and human health.



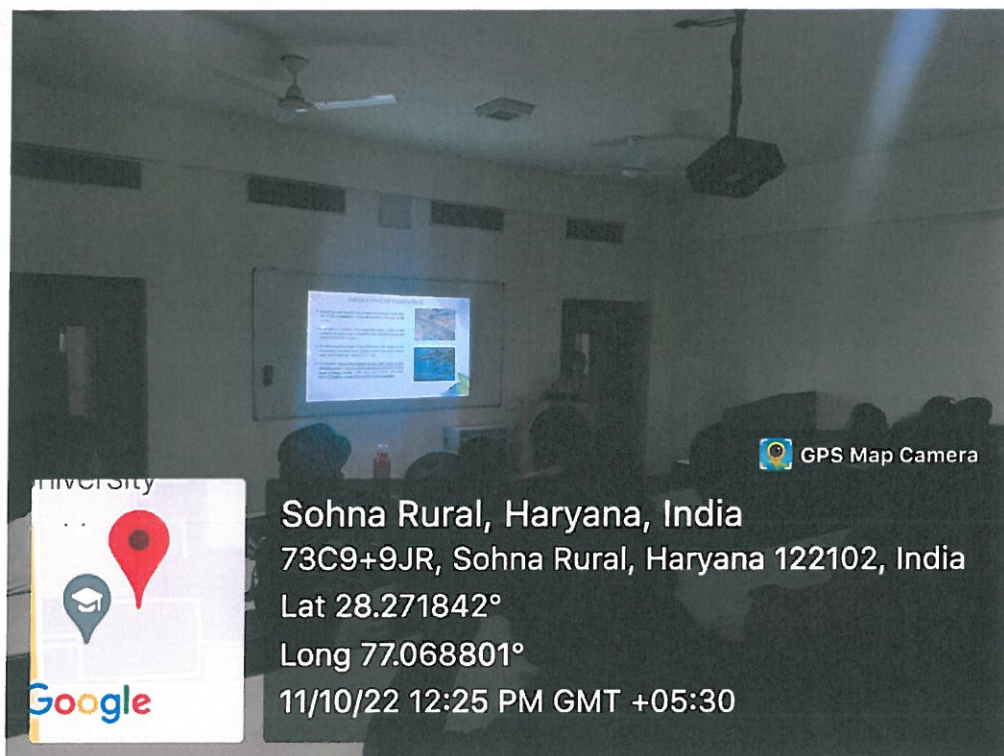
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Sohna Road, Gurgaon

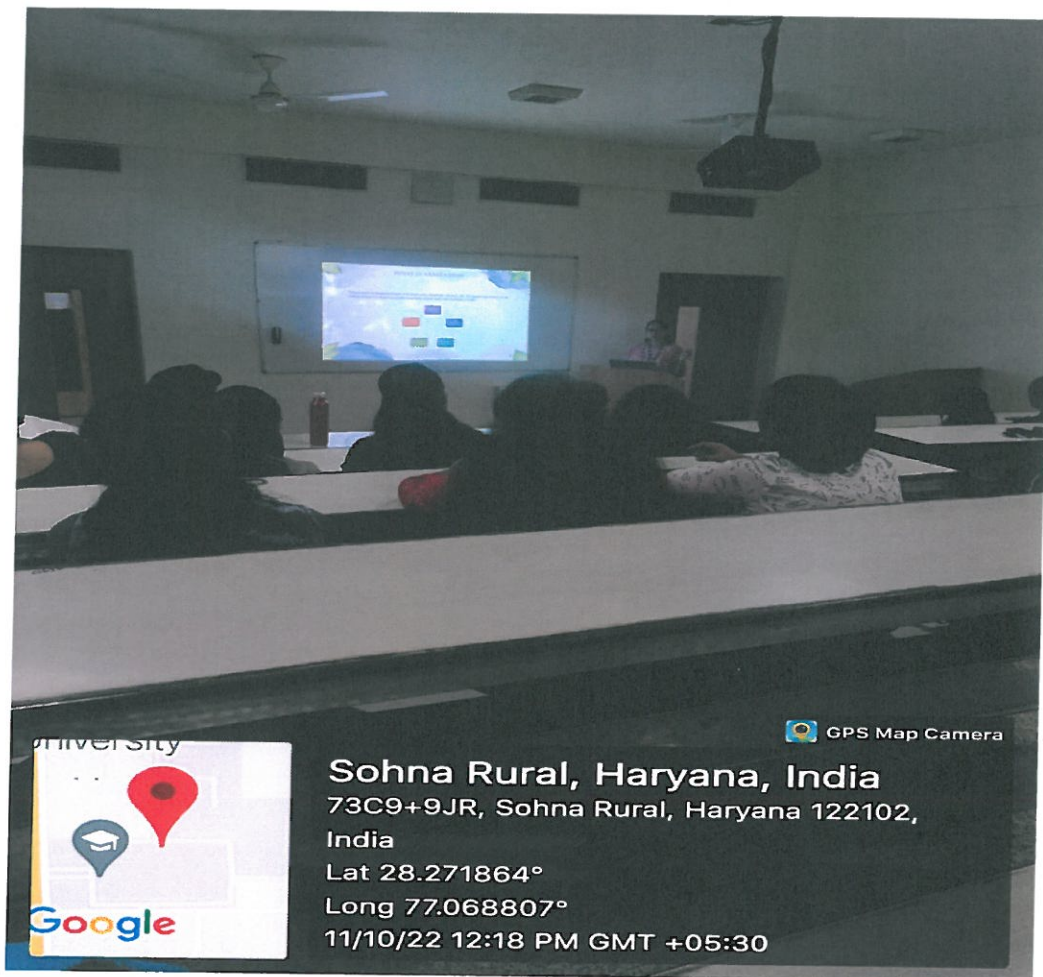
Glimpses of the seminar



Students attending seminar on “Water Quality and Sanitation: Impact on Human Health” at K. R. Mangalam University

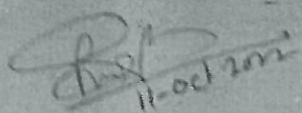

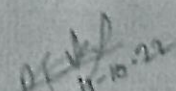




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Sohna Road, Gurugram, (Haryana)



Students attending seminar on “Water Quality and Sanitation: Impact on Human Health” at K. R. Mangalam University


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K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Report prepared by	 11-oct-2022 Dr. Pawan Kumar
Report verified by Event Coordinator	 11-oct-2022 Dr. Pawan Kumar  11-10-22 Dr. Diwakar Padalia
Report Seen by Dean / Club Coordinator / Activity Coordinator / IQAC Director / Registrar	 11/10/22

Annexure I: Attendance

Annexure II: Feedback of the students



Registrar

K.R. Mani
Sohna Road



Reference: KRMU/ Event/ 2021-22/ 18/9

Date: 10/10/2022

Note

Subject: Hands on Creation organized by DIA Club in association with KEIC and IIC is planning to organize Diwali Mela

The DIA club of SOAD in association with KEIC and IIC is planning to organize Hands on Creation - Diwali Mela on 19th October 2022. For this event, the students will make their own products for Diwali decoration like Toran, Painted Diyas etc. The main aim for conducting this event is to develop the startup and entrepreneurship in mind of students of different stream.

The DIA club plans to put up these items on sale at C block foyer area. Kindly give financial approval, of approx. Rs. 2000- 3000 and permit us to put up a stall for the same at C block foyer area.

Date: 19th October 2022

Time: 10:00 am- 3:00 pm

Students: DIA club students

Faculty: Ar. Akanksha Singh, Ar. Nishant Arora

Ar. Akanksha Singh

Assistant Professor

SOAD

K R Mangalam University

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Original submitted is
in DIA club file



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

School of Architecture & Design

Academic Session 2022-23

Ref No.: KRMU/SOAD/Notice/2022-23/185

12th October 2022

NOTICE

The DIA club of SOAD in association with KEIC and IIC is planning to organize
Hands on Creation – Diwali Mela on 19th October 2022

All Students of KRMU are requested to participate in the activity.

Schedule of the Event:

Date

19th October 2022

Venue

FOYER area C Block

Time

10:00 AM onwards

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Event Coordinators:

Ar. Akanksha Singh, Ar. Nishant Arora

DEAN SOAD

Prof. Hemani Singh

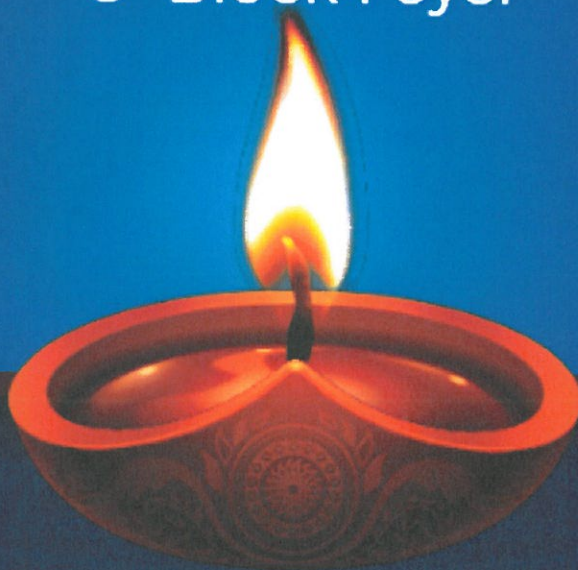
**DIA
CLUB**
PRESENTS

School of Architecture & Design

Organise

DIWALI *Mela*

19th OCT 2022
STARTS at 12:00 PM
C- Block Foyer





K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Report on

Hands on Creation-Diwali Mela

Date: Wednesday, 19th October 2022.

Venue: Foyer Area, C Block, K.R. Mangalam University.

Event Type: Workshop

Mode of Activity: Offline

Target Group: Students

Resource Person (if any): NA

Coordinators: Ar. Akanksha Singh, Ar. Nishant Arora and Ms. Sukirti

Organized by: DIA Club in association with KEIC and IIC

Number of Participants (Attach Attendance as Annexure): 11

Introduction:

DIA club in association with KEIC organized Hands on creation Diwali Mela today in KRMU Campus in which the students sold self-made, creative and decorative products on the theme of Diwali Festival.

The activity received an overwhelming response from the students, staff and faculty and they learned entrepreneurship through sale and purchase of the items.

The objective of this event was to develop the startup and entrepreneurship in mind of students of different stream.

For this event, first students made their own products like, torans, wall hangings, Diwali cards, paint diyas and other decorative items for Diwali then they sold them by setting up stalls in the in the foyer of C Block.

In this event students made their own diyas of different shapes and size of pop and they also paint the diyas with the different colour. Glitter and mirror work. They also made Torans and other creative and decorative items from waste materials like bangles, wool and rods.

The students set up their stalls in group at C Block Foyer area and then they sold their products with appropriate price.

This activity received an overwhelming response from the students, staff and faculties and they learned entrepreneurship through sale and purchase of the items.

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

The concept of this event was to provide ability to recognize commercial opportunities, self-esteem, knowledge and skills to act on them. It includes instruction in opportunity recognition, commercializing a concept, managing resources, initiating a business venture and finance for students.

Pics (non-geotagged for social media /geotagged for NAAC) with Date and Captions



Photo 1: Students doing the preparation for mela


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



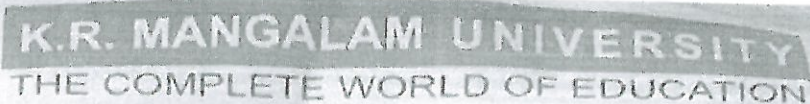
Photo 2: Students selling their products



Photo 3: Students and faculty purchasing products

[Signature]
 Registrar
 K.P. Mangalam University
 Sohna Road, Gurugram, Haryana

List of Participants with attendance:



Organized By: DIA CLUB



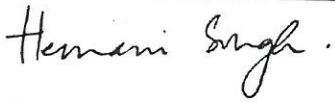
Signature of In charge/ Dean (With Date)

~~Abu Waleed~~
19/10/22

27

Register

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Report prepared by	 Akanksha Singh Date:19/10/22
Report verified by Event Coordinator	 Akanksha Singh Date:19/10/22
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	 Prof. Hemani Singh Date:19/10/22

Annexure I: Feedback from target audience (extension activity):NA (was not an extension activity)

Annexure II: Questionnaire (for extension activity only) Annexure III: NA (This event was not an extension activity.


Registrar
K. P. Margalam University
Sector Road, Gurugram, (Haryana)



K. R. MANGALAM UNIVERSITY
Sohna road, Gurgaon
School of Medical and Allied Sciences

NOTICE

Date: 03rd November 2022

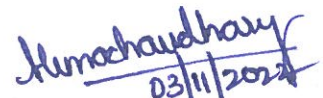
Taping Workshop to be conducted on 9th November 2022

Department of Physiotherapy, School of Medical and Allied Science of K.R. Mangalam University will be organising **Hands on Taping Workshop – Part 2** for BPT 5th and 7th Semester students on 9th November 2022 at Physiotherapy OPD from 01:25 PM to 04:00 PM.

This event will help the participants to have a better learning and hands on experience about Various Rigid Taping Techniques which can be used in clinical and on field practice for treatment and rehabilitation.

Students interested in workshop can give their names to Event Coordinators Dr. Badri Vishal (PT) and Dr. Harsirjan Kaur (PT) or Students Coordinator: Harshit (Student 7th Sem, BPT) by 5th November 2022.


31/11/2022
Event Coordinator


03/11/2022
DEAN

SMAS


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

Report on

**Taping Workshop: Hands-on for Physiotherapy 5 Sem & 7 Sem Students -
PART 2 (Participatory Learning)**

Date: Wednesday, 09th November 2022.

Venue: Physiotherapy OPD, A Block, K.R. Mangalam University.

Event Type: Departmental Level/Intra School

Mode of Activity: Offline/Hands – On

Target Group: BPT 5th Semester and 7th Semester Students.

Resource Person (if any): Dr. Badri Vishal (PT)

Coordinators: Dr. Badri Vishal (PT) & Dr. Harsirjan Kaur (PT)

Organized by: School of Medical and Allied Science

Number of Participants: 8 Students

Taping is commonly used as an adjunct or temporary technique. Athletes often make use of taping as a protective mechanism in the presence of an existing injury. Some of the goals with taping are to restrict the movement of injured joints, soft tissue compression to reduce swelling, support anatomical structures, and as protection from re-injury. Taping is used as one of the means of rehabilitation or prophylaxis in instances where support and stability are needed, as a first-aid tool, for the prevention of injury and protection of an injured anatomical structure while healing is taking place.

The objective of the workshop was to familiarize the students of BPT 5th and 7th Semester with the various kinds of Taping Techniques used in the field of Physiotherapy and give a Hands – on training for use of Rigid taping Technique for management of various conditions in lower limb. After giving the overview about the tapes and various methods of application, demonstration for taping for various conditions affecting lower limb was done to make students understand how to perform the procedure. Post demonstration, students were given tapes to practice on the model for hands – on experience and better learning. Resource person was available to sort any kind of doubts that came during the practice.

Registrar

K.R. Mangalam University
School of Medical and Allied Science

Students were briefed about effects of taping like

- mechanical effects
- neuromuscular effects
- psychological effects

Also, they were briefed about different kinds of tape that can be employed:

- Rigid strapping tape commonly used in taping or strapping is often referred to as "sports tape" or "athletic tape" and is most often a rigid style of strapping tape.
- Elastic strapping tape can also be used when less rigidity or support is required.
- Kinesiology tape is an improved version of elastic sports tape that acts to dynamically assist your muscle function.

Students were given chance to practically apply the technique on the model and experience the effect it had on person in real time.

Students liked and enjoyed the hands – on experience of the workshop and said it will help the in their professional development as well.

Further training with other tapes can be conducted for overall development of students.

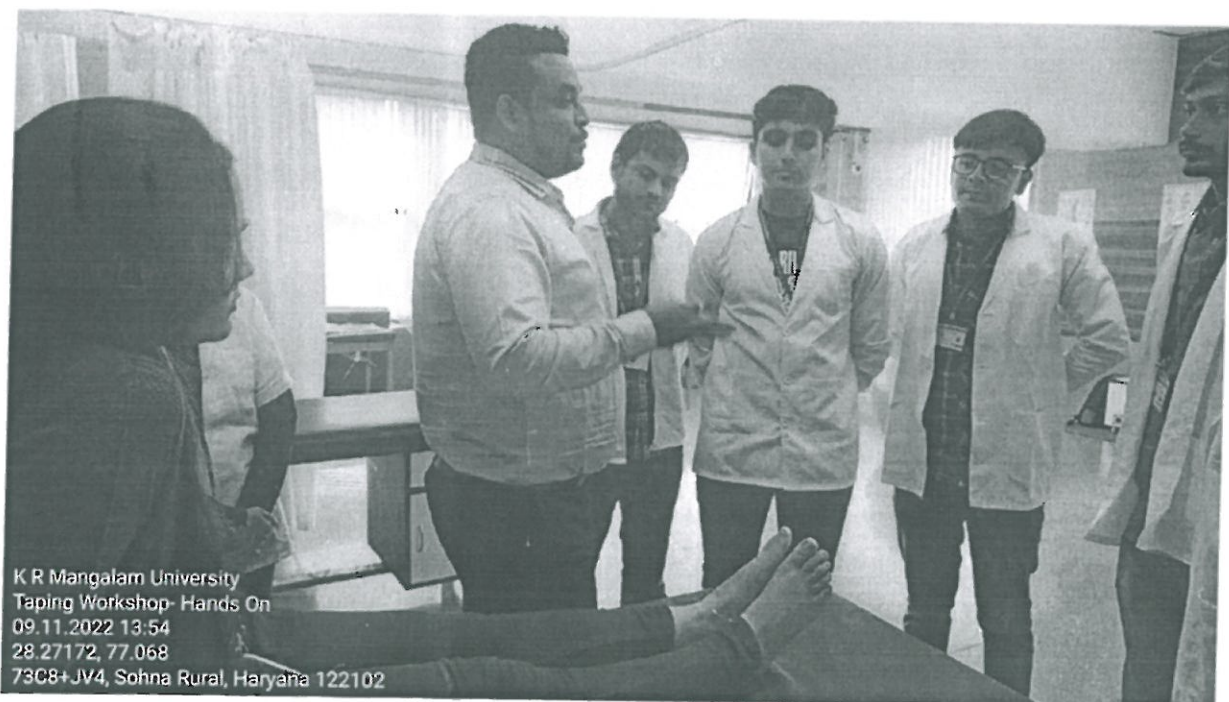


Photo 1: Students being explained about Taping Techniques and its importance during workshop

on 9th November 2022.



Photo 2: Hands on training of Taping Techniques during workshop on 9th November 2022.

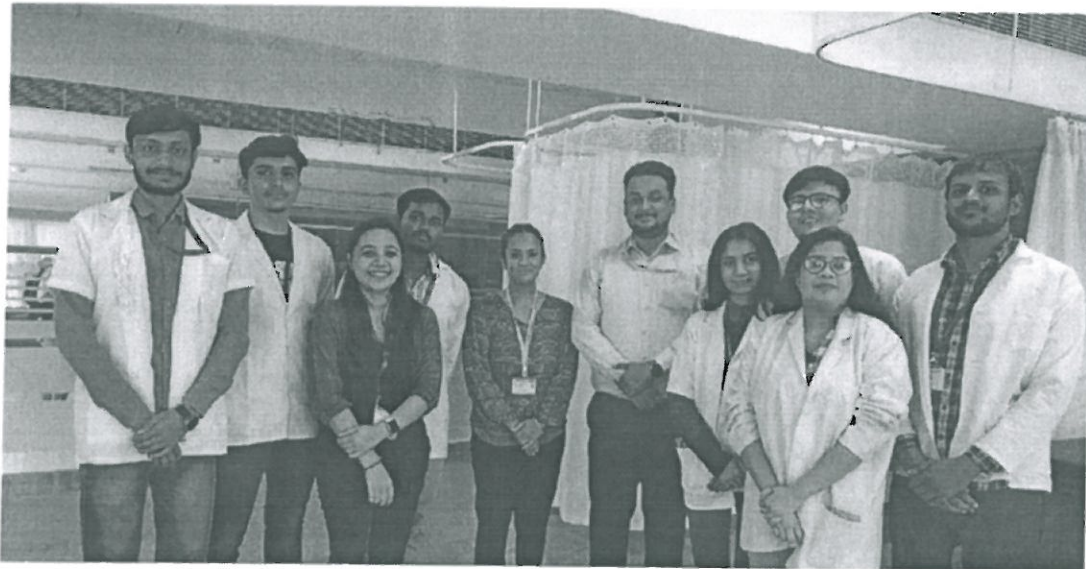





Photo 3: Participants with organizer and resource person of workshop on 9th November 2022.


Registrar
K R Mangalam University
Sohna Road, Gurugram, (Haryana)



Photo 4: Various tapes applied by participants during workshop on 9th November 2022.

Report prepared by	 Dr. Badri Vishal (PT), 10 th November 2022
Report verified by Event Coordinator	 Dr. Badri Vishal (PT), 10 th November 2022
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	 Prof. (Dr.) Hema Chaudhary Dean, SMAS


Registrar
K.P. Mangalam University
Sohna Road, Gurugram, (Haryana)

**SCHOOL OF
MEDICAL AND ALLIED SCIENCES**

K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

NAME OF ACTIVITY: HANDS ON TAPING WORKSHOP.

DATE: 9th November 2022.

VENUE: PHYSIOTHERAPY OPD

ORGANISED BY: SMA.S (PHYSIOTHERAPY)

ATTENDANCE RECORD

[illegible]

Registrar

K. R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Organiser's Signature
Name and Designation

DR. BADRI VISHAL (PT)
ASST. PROFESSOR
Dept. of Physiotherapy
CMAC.

K. R. MANGALAM UNIVERSITY
Sohna road, Gurgaon

School of Medical and Allied Sciences

NOTE

Date: 02nd November 2022

Subject: Approval to conduct Taping Workshop on 9th November 2022.

Department of Physiotherapy, School of Medical and Allied Science of K.R. Mangalam University wants to organise a hands-on workshop for the BPT students of semester V and VII.

Therapeutic Taping is commonly used by physiotherapists on patients to:

- Relieve pain
- Improve joint stability
- Enhance patient confidence
- Reduce injury recurrence
- Prevent injury
- Reduce strain on injured or vulnerable tissues
- Correct faulty biomechanics
- Inhibit muscle action
- Facilitate muscle action
- Enhance proprioception
- Compress the presence of oedema or lymphatic drainage

Hence, the session will prove beneficial for the students as they will get hands on training in the workshop.

The session will be conducted on 9/11/2022 in offline mode in the Physiotherapy OPD from 12:30 P.M. – 4:30 P.M. The faculty coordinators for the event are Dr. Badri Vishal (PT) and Dr. Harsirjan Kaur (PT). The student coordinators for the same are Dhruv (BPT Semester VII) and Harsh (BPT Semester V)

A **Budget approval of Rs. 3000/-** for conducting this event is submitted as Annexure-A (with breakup) for kind approval.

Pro Vice Chancellor

Hon'ble Vice Chancellor

As per financial approval
Rupnathi
7/11/22

[Signature]

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Hemachandhary
02/11/2022

DEAN
SMAS

DEAN (SMAS)
K.R. Mangalam University
Sohna Road, Gurugram
Haryana 122103

Annexure A

Event: Rigid Taping Workshop

Budget Required: Rs. 3000/-

Participants: 9 Students.

Requirements:

1. Rigid Tape (2.5cm x 5m) – 10 nos. – Rs. 840/-
2. Rigid Tape (5cm x 5m) – 10 nos - . Rs.840 /-
3. Rigid Tape (7.5cm x 5m) – 10 nos. – Rs. 840/-
4. Micropore (2.5cm) – 10 nos. – Rs. 50/-
5. Dynapalst – 1 nos. – Rs. 450/-

Approximate Cost: 3000/-

Hemachandray
07/11/2022


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
E D U C A T I O N F O R L I F E
(Recognized by UGC and a member of AIU)

Reference: KRMU/ Event/ 2021-22/___/___

Date: 02/11/2022

Event Approval Form

Society / Club / Department Name: PHYSIOTHERAPY DEPARTMENT

School: SMAS

Student Coordinator: DHRUV (Sem VII); HARSH (Sem V)

Club/Society Coordinator: DR. BADRI VISHAL (PT); DR. HARSIRJAN KAUR (PT)

Date of Event: 9/11/22

Event Name: TAPING WORKSHOP: HANDS ON FOR PHYSIOTHERAPY

Audience Count: 9

Mode of Conduct: OFFLINE

Place of Conduction: PHYSIOTHERAPY OPD

Event Timings: 12:30 P.M. - 4:30 P.M.

Financial Requirement (If any): ₹ 3000/-

Material Requirements: -

Any Other Requirements: Transport ☒ -NA- IT ☒ -NA-
(Note: Please fill separate requition for Transport and IT)

Harsirjan Kaur

Name and Signature
(Event Coordinator)

Hemachandhary
07/11/2022

Name and Signature
(Dean of School/ DSW)

Signature
(Administrative Officer)
(Note: Dean Students Welfare in case of cultural activity only)

Signature
(Finance Officer)

Jm

Signature
(Registrar)
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

SCHOOL OF HUMANITIES

ACADEMIC SESSION 2022-23

NOTICE

Life Skill Enhancement Workshop

Health, Hygiene and Fitness for Well-being

SOHS/NOTICE/2022-23/27

Date: 16/11/2022

The School of Humanities (SOHS), K.R. Mangalam University, is organizing a Life Skill Enhancement Workshop, on Health, Hygiene and Fitness for well-being, on 25th November, 2022 at 12:00 pm for students of Schools of Humanities, to develop abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life.

Resource Person:- Dr. Gagandeep Kaur, Clinical Psychologist, Director of Unique Psychological Services.

Date – 25th November, 2022

Time – 12:00 PM onwards

Venue – Online Platform – MS Teams

Event Type: Workshop

Faculty Coordinators:-

Dr. Shivani Tomar (Assistant Professor, Psychology, SOHS)

Dr. Shikha Dutta Sharma (Assistant Professor, English, SOHS)

Ms. Afreen Fatima (Assistant Professor, Psychology, SOHS)

Afreen Fatima

[Signature]

Registrar

[Signature]

Dean, SOHS

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana) K.R. Mangalam
Sohna road, Gurugram, Haryana 122103



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION
Gurugram, Delhi-NCR

School Of Humanities

Organizes

Life Skills Enhancement Workshop

on

HEALTH, HYGIENE AND FITNESS FOR WELL BEING

In collaboration with

UNIQUE PSYCHOLOGICAL SERVICES

Venue: Online Platform

Date: 25 Nov 2022

Meeting Link: <https://teams.live.com/join/9574596883879>

Key Note Speaker:

Dr. Gagandeep Kaur, Clinical Psychologist
Director - Unique Psychological Services

Covenor:

Dr. Kamini Chauhan Tanwar
Dean Dept. Psychology

Organizing Committee:

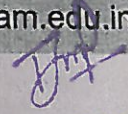
Dr. Shivani Tomar, Assistant Professor (Psychology) | School of Humanities

Dr. Shika Dutt Sharma, Assistant Professor (English)

Ms. Afreen Fatima, Assistant Professor (Psychology)

University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 📞 8800697012

🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Report on

Life Skills Enhancement Workshop on

“Health, Hygiene and Fitness for Well Being”

Target Group: Students of SOHS

Resource Person: Dr. Gagandeep Kaur, Clinical Psychologist, Director of Unique Psychological Services.

Coordinator: Dr. Shivani Tomar, Assistant Professor (Psychology), Dr. Shikha Dutt Sharma, Assistant Professor (English), Ms. Afreen Fatima, Assistant Professor (Psychology), Dept. of Psychology, School of Humanities, K.R.Mangalam University.

Date and Time: 25/Nov/2022, 12:00 PM onwards.

Venue: Online Platform – MS Teams


Introduction

To function effectively in today's world and age the students need to learn and should be well versed with Life skills. Some important definition of life skills like the one given by world health organization (WHO) is “Abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life” another by UNICEF is “Behavioral changes or behavioral development approach designed to address a balance of three areas: knowledge attitude and Skills”.

Jill Siegal Chalsty said teaching life skills can change the world. It is important to formulate a plan for setting goals.

To help student's master strategies that can help from life skills the School of Humanities, K.R. Mangalam University, organized a life skills enhancement workshop on “Health, Hygiene and Fitness for Well Being” for students from various departments of SOHS.

Objectives


Registrar
K.R. Mangalam University
D-11 Sohna Road, Gurugram, (Haryana)
School of Humanities (SOHS)
K.R. Mangalam University
Sohna road, Gurugram
Haryana 122103

- To know the required skills to function well in life.
- To understand the various different attributes of life skills.
- To be able to formulate a plan for setting life skills.
- To know how to set goals.

Content

The speaker Dr. Gagandeep Kaur discussed about the components of Life Skills and discussed in detail the various attributes that are :- 1. Critical Thinking, 2. Self Confidence, 3. Self-Awareness, 4. Self Esteem, 5. Decision Making, 6. Interpersonal Relationships, 7. Reflective Communication, 8. Peer resistance, 9. Knowing Rights and Duties, 10. Problem Solving.

Moreover, she elaborated on various tips on setting different goals: - 1. Stepping Stone Goals, 2. Small Range Goals, 3. Medium Range Goals, 4. Long Term Goals.

She also provided us with some book suggestions like "The School of life" which is an essential guide to living wisely and well, no matter what challenges the world throws at you - from Alain de Botton. This is a book about everything you were never taught at school. It's about how to understand your emotions, find and sustain love, succeed in your career, fail well and overcome shame and guilt. It also about letting go of the myth of a perfect life in order to achieve genuine emotional maturity. Written in a hugely accessible, warm and humane style, The School of Life is the ultimate guide to the emotionally fulfilled lives we all long and deserve. She also recommended "The Holy Geeta" to live a fulfilled and meaningful life.

The session was followed by a question answer session between the speaker and the students, where the speaker patiently and enthusiastically answered the questions and doubts the students had.

Attendees

20 students from various departments of SOHS participated in the workshop.

Activity Outcome

This workshop helped students develop the skills to plan and prepare for a successful life. They also learnt how to formulate a plan for setting various different types of goals.

Conclusion

The session was full of insightful information and was very interactive. The students enjoyed the learning experience thoroughly and also gained insight into health, hygiene and fitness for wellbeing.

DEAN
School of Humanities (SOHS)
K.R. Mangalam Registrar
K.R. Mangalam University
S-10, Road, Gurugram, (Haryana)

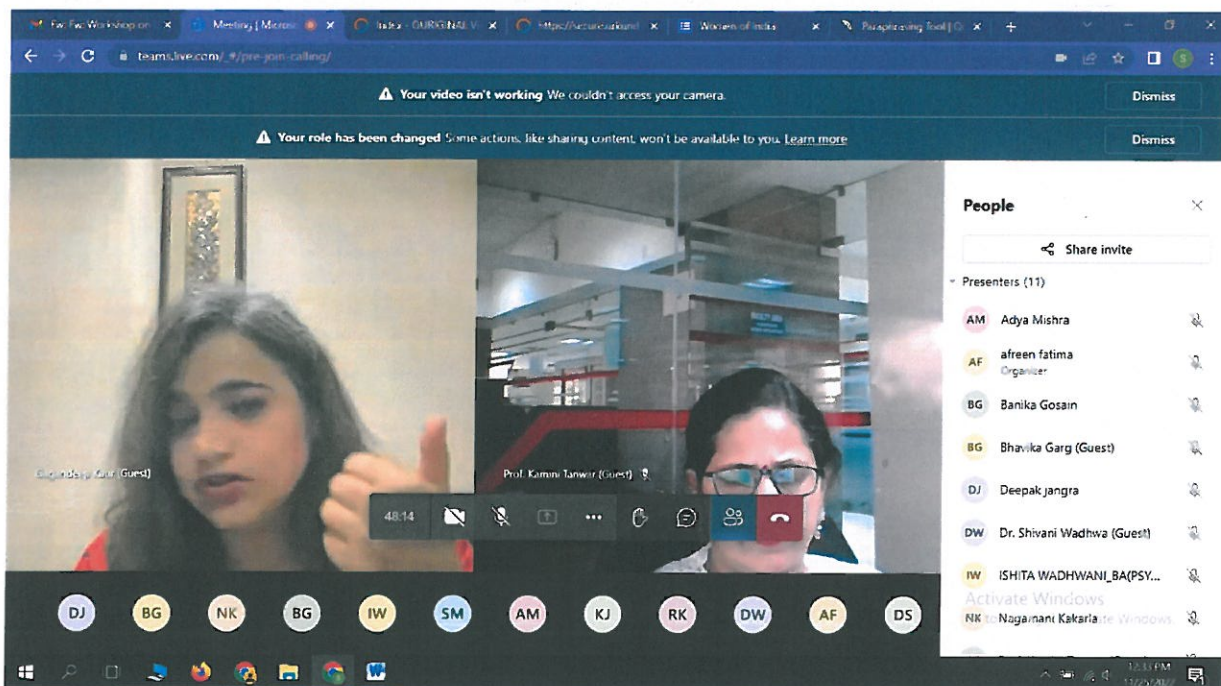


Photo 2: The resource person addressing the students during the workshop. Dean of the school of humanities giving vote of thanks to the key note speaker.



Photo 3: Students attending the workshop. Organizing Team giving their valuable input.

Handwritten signature and stamp:
 [Signature]
 [Stamp: KR...]

Teams Meeting Interface showing three participants in a grid view. The interface includes a top navigation bar with tabs for 'Far Far Workshop on...', 'Meeting | Micro...', 'Iskra - CURRICULUM...', 'https://www.kun...', 'Western of India', and 'Picturing Tool | C...'. The address bar shows 'teams.live.com/join-calling/'.

People

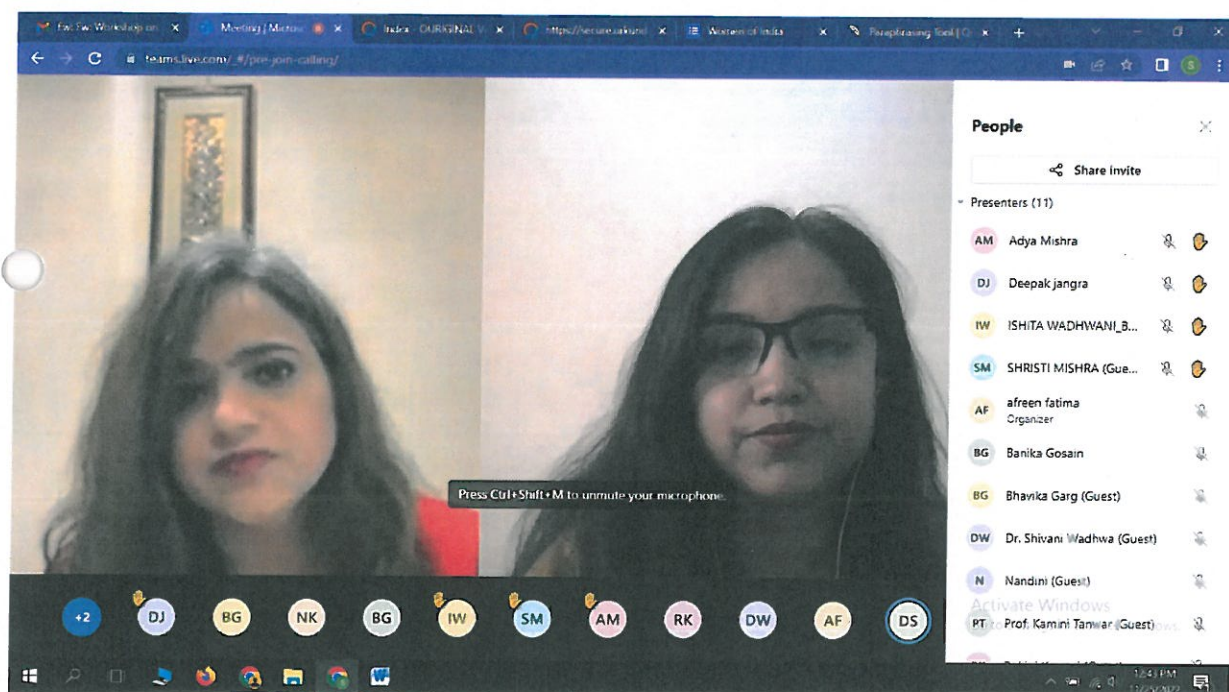
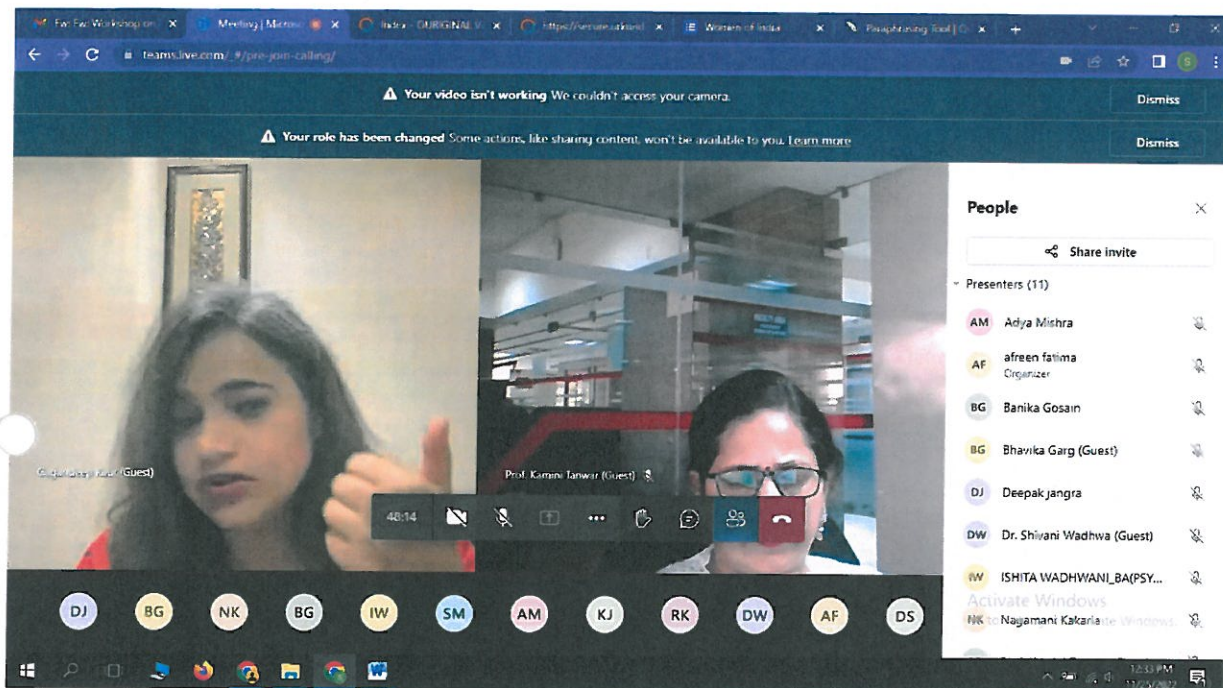
Share invite

Presenters (11)

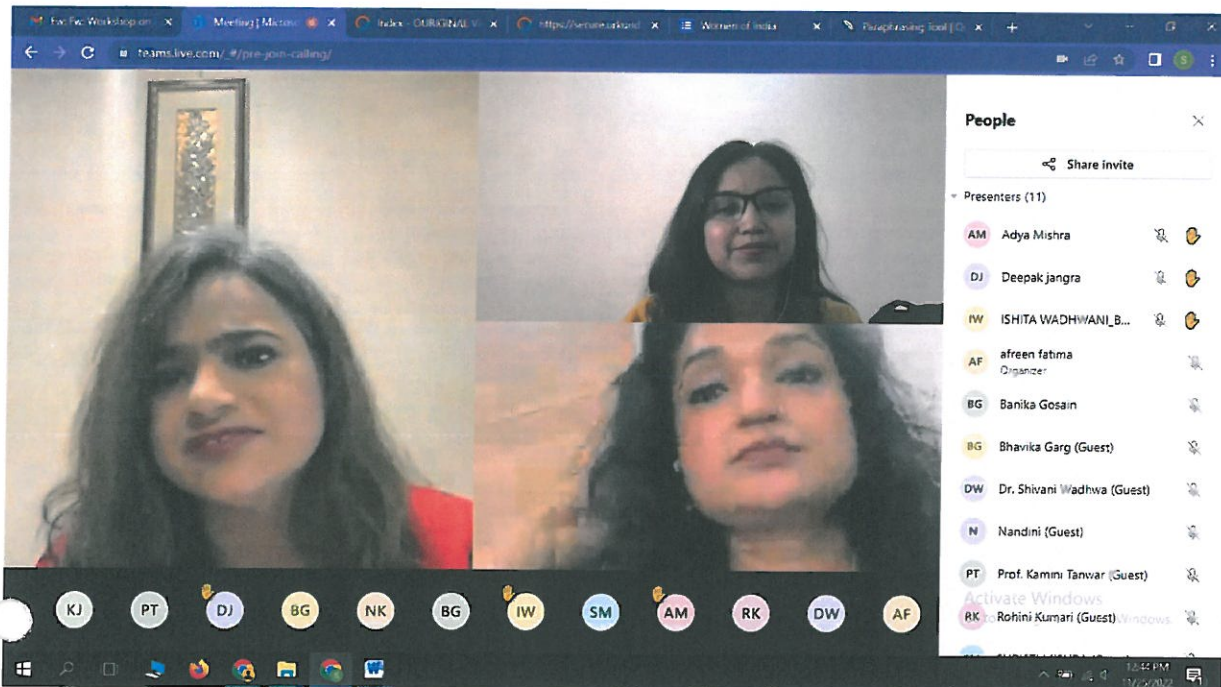
- AM Adya Mishra
- DJ Deepak Jangra
- IW ISHITA WADHWANI, B...
- AF afreen latima Organizer
- BG Banika Gosain
- BG Bhavika Garg (Guest)
- DW Dr. Shivani Wadhwa (Guest)
- N Nandini (Guest)
- PT Prof. Kamini Tanwar (Guest)
- RK Rohini Kuman (Guest)

At the bottom, a row of circular icons represents other participants: KJ, PT, DJ, BG, NK, BG, IW, SM, AM, RK, DW, AF.


Registrar
K.P. Mangalam University
Sohna Road, Gurugram, Haryana



[Handwritten Signature]
 Registrar
 K.P. Mahabaleswari University
 Ganga Road, Gurugram (Haryana)



Registrar
K. D. Mangalam University
Sector-10, Gurugram, (Haryana)

Report prepared by	Ms Afreen Fatima	30.11.22	<i>Afreen Fatima</i>
Report verified by Event Coordinator	Dr. Shivani Tomar	1.12.22	<i>Shivani</i>
Report seen by Dean	Dr. Kamini Chauhan Tanwar	2.12.22	<i>Kamini</i>

Shivani

JMP

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
EDUCATION FOR LIFE
(Recognized by UGC and a member of AIU)

Reference: KRMU/ Event/ 2021-22/___/___

Date: 18 / 11 / 2022

Event Approval Form

Society / Club / Department Name: Psychology (SOHS)

School: SOHS

Student Coordinator: —

Club/Society Coordinator: —

Date of Event: 25th Nov 2022

Event Name: Life Skills Enhancement workshop on Health, Hygiene and Fitness for well-being

Audience Count: —

Mode of Conduction: Online

Place of Conduction: A212

Event Timings: 11 AM onward

Material Requirements: —

Any Other Requirements: Transport ☐ IT ☐

(Note: Please fill separate requisition for Transport and IT)

Dr. Shivani Taware

Name and Signature
(Event Coordinator)

Gaurav

Name and Signature
(Dean of School/ DSW)

Signature
(Administrative Officer)

(Note: Dean Students Welfare in case of cultural activity only)

Signature
(Registrar)

[Signature]
Registrar
K.R. Mangalam University
Salem, Tamil Nadu



K. R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Ref No. KRMU/SJMC/2022/0016

Date: 29/11/2022

CIRCULAR

SUBJECT: EXPLORING THE STARTUP WORLD: Startup Quiz Contest

It is hereby informed to everyone that the School of Journalism and Mass Communication in collaboration with KEIC and under the aegis of IIC, K R Mangalam University, Gurugram is organising –EXPLORING THE STARTUP WORLD: Startup Quiz Contest on 30th November 2022, from 10-30 AM to 12-30 NOON at SJMC's TV Studio, C-Block, KRMU.


29/11/22

Prof (Dr) Neeraj Khattri
Dean SJMC
KRMU


Registrar
K. R. Mangalam University
Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION
Gurugram, Delhi-NCR



School of Journalism and Mass Communication
Organizes

EXPLORING THE STARTUP WORLD

STARTUP QUIZ CONTEST

Date
30th November 2022

Time
10-30 AM to 12-30 NOON

Venue
TV Studio, C-Block, KRMU

FACULTY COORDINATORS:

Mr Nazrey Hossain, Assistant Professor, SJMC
Ms Gauri Joshi, Assistant Professor, SJMC

University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 🌐 8800697012
🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



KRMU INNOVATION CENTER



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Gurugram, Delhi-NCR



INSTITUTION'S
INNOVATION
COUNCIL

(Ministry of HRD Initiatives)

School of Journalism and Mass Communication

Organizes

EXPLORING THE STARTUP WORLD

STARTUP QUIZ CONTEST

Date

30th November 2022

Venue

TV Studio, C-Block, KRMU

FACULTY COORDINATORS:

Mr Nazrey Hossain, Assistant Professor, SJMC

Ms Gauri Joshi, Assistant Professor, SJMC

University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 📞 8800697012

🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in

Registrar

K.R. Mangalam University
Sector 14, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

EVENT REPORT

Dated: 30th NOVEMBER, 2022

School of Journalism and Mass Communication, K R Mangalam University
Organises

EXPLORING THE STARTUP WORLD

Startup Quiz Contest

In collaboration with KEIC [Mangalam University's Entrepreneurship and Incubation Centre]

and

Under the aegis of IIC [Institution's Innovation Council (MoHRD, GOI)]

30th November 2022

10-30 AM to 12-30 NOON

Venue: TV Studio, C-Block, KRMU

FACULTY COORDINATOR

Mr Nazrey Hossain, Assistant Professor, SJMC

Ms Gauri Joshi, Assistant Professor, SJMC


Registrar

K.R. Mangalam University
Sector-14, Gurgaon, (Haryana)


30/11/22

Target Group: Students of SJMC.

Coordinators: Mr. Nazrey Hossain, Assistant Professor and Ms Gauri Joshi, Assistant Professor, SJMC.

Date and Time: Wednesday, 30th September, 2022.

Venue: TV Studio, C-Block, KRMU, Gurugram.

Introduction

The School of Journalism and Mass Communication of K R Mangalam University conducted a quiz competition called "Explore the Startup World" in partnership with KEIC [Mangalam University's Entrepreneurship and Incubation Centre] under the aegis of IIC [Institution's Innovation Council (MoHRD, GOI)] at TV Studio C-Block on November 30, 2022.

Resource Person: Mr. Nazrey Hossain, Assistant Professor, Dr. Anshika Prakash, Associate Professor, SMOC and Ms Gauri Joshi, Assistant Professor, SJMC.

Objectives

- Students will learn about the importance of Startup, Innovation and Entrepreneurship, in India today
- How to conduct a thematic visual quiz contest
- To improve the Language, Communication and Soft skills of the students

Content

The School of Journalism and Mass Communication of K R Mangalam University have conducted a quiz competition called "Explore the Startup World" in partnership with KEIC under the aegis of IIC, at TV Studio C-Block on November 30, 2022.

Mr. Nazrey Hossain, an Assistant Professor in the School of Journalism and Mass Communication welcomed all guest and students for the events highlighting the key goal of the programme. He emphasized the importance of entrepreneurship and incubation in the changing scenario of job market in India. He also introduced anchors, Mr. Reetom Rakshit and Mr. Dylan Jobe, students of MA(JMC), who carried on the entire session.

The Chairperson of KEIC Dr. Anshika Prakash graced the event as the chief guest and delivered an introductory address on KEIC-IIC program of K R Mangalam University. Professor Dr. Neeraj Khattri (Dean SJMC spoke about start-ups scenario in India in detailed and inspired all to do various innovative and techno-driven project as an entrepreneur and contribute in the job creation rather than job-seekers.

Ms.Gauri Joshi, Assistant Professor, School of Journalism and Mass Communication developed a state-of-the-art quiz content to engage the students creatively.

The programme was followed by a quiz, slogan writing, brand ambassador identification, and brand name identification. Professor Dr. Neeraj Khattri (Dean SJMC), Mr. Amit Kumar (Assistant Professor, SOHM), served as the judges. The winners are TEAM-A, comprised of Palak and Anureet from BA(JMC) third semester; TEAM-B, comprised of Nishant and Vishal from BA(JMC)'s third semester; and TEAM-C, comprised of Samika from BA(JMC)'s third semester and Nipun from MA(JMC) 1st Semester.

The programme wrapped up with a vote of thanks by Sakshi Shukla a BA(JMC) student and followed up with a group photograph.

Attendees

Total 33 students from SJMC & SOET.


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)
30/11/22

Activity Outcome

The students participated in this activity in an engaging manner with lot of interest and curiosity on the many aspects of Startup and Entrepreneurship. Students were satisfied with the session and learnt on how to conduct a thematic visual quiz contest. In fine, it was an engaging, innovative and enlightening session for all.

Conclusion

"EXPLORING THE STARTUP WORLD: Startup Quiz Contest" provided the first-hand knowledge and skills required for conducting Quiz Contest and also how to produce similar other thematic events / programmes. They also learnt how to moderate a session and conduct Quiz Show. It was an overwhelming experience for all the students.

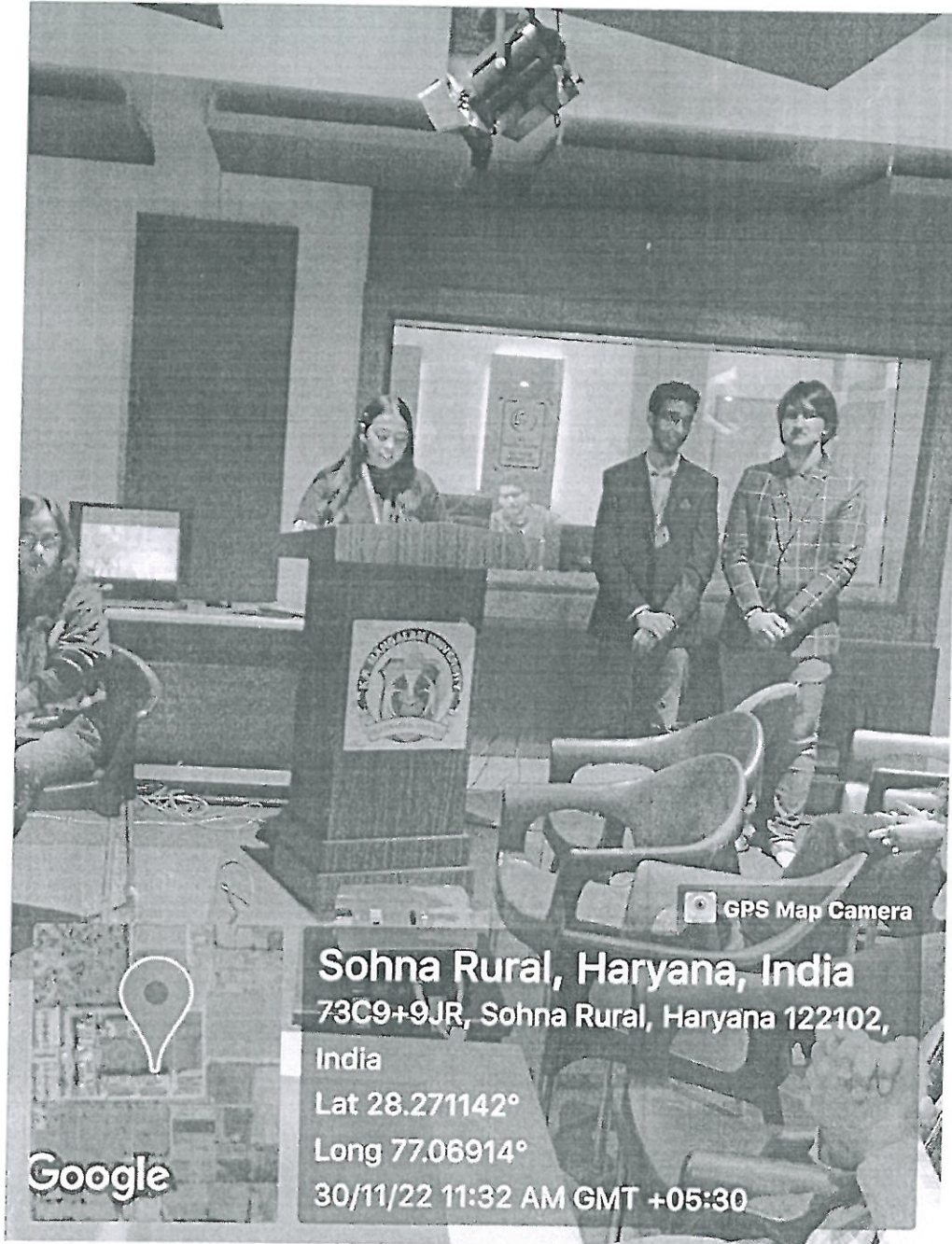
Further Scope

This kind of session will motivate the students towards choosing right goals and inspired them to explore the varied world of Startup and Entrepreneurship per se.

Dr. Nazim (NAZIM)
30/11/22
Registrar
K.P. Mangalam University
Sector 22, Gurugram, (Haryana)

PHOTOGRAPHS FROM EVENT, 30th November 2022

Geo-Tagged Photo-1



Glimpses from session in action

[Signature]
5 Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

[Signature]
30/11/22

Geo-Tagged Photo-2



Working Group at the end of the event

J.P.
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

nb
30/11/22

Photo-1



The Chairperson of KEIC Dr. Anshika Prakash addressing the students

Photo-2



The session in full swing

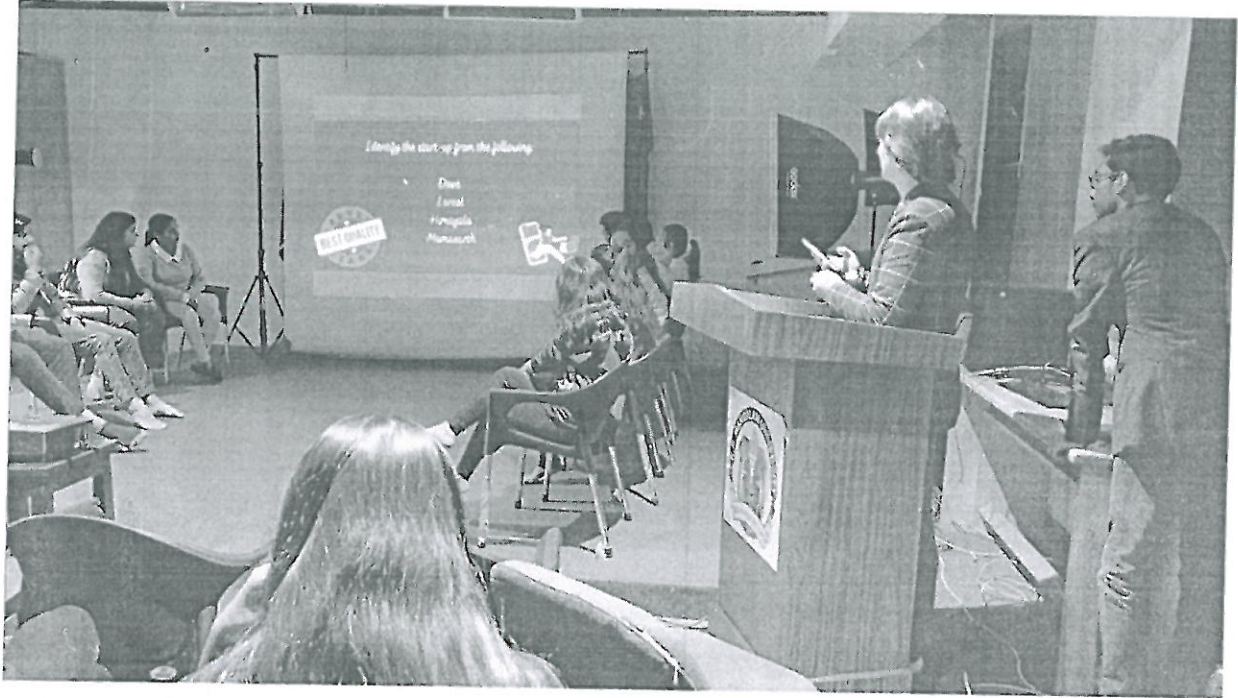
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Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Nr.
30/11/22

Photo-3



Presenting the Session through visual aid.

[Signature]
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K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

[Signature]
30/4/22

NAME OF ACTIVITY: STARTUP QUIZ

DATE: 30/11/12

VENUE: T.V Studio, C-Block

ORGANISED BY: SJMC

ATTENDANCE RECORD

Sr. No	Name of Participant	University/School	Programme Name	Semester	Certificate issued	Signature of Student
1	Yashoda	KRMU	BJMC	V		Yashoda
2	EKta	KRMU	BJMC	V		EKta Singh
3	Satyam	KRMU	BJMC	V		Satyam
4	Neraj	KRMU	BJMC	V		Neraj
5	Kanishka	KRMU	BJMC	III		Kanishka
6	Yashwardhan	KRMU	BJMC	III		Yashwardhan
7	Joan Parveen	KRMU	BJMC	I		Joan P.
8	Himanshi	KRMU	BJMC	I		Himanshi
9	Love	KRMU	BJMC	I		Love
10	Prizanka	KRMU	MASMC	I		Prizanka
11	Megha	KRMU	MASMC	I		Megha
12	Riya	KRMU	BJMC	I		Riya
13	Akshita	KRMU	BJMC	I		Akshita
14	Tanishka	KRMU	BJMC	I		Tanishka
15	Vaibhav	KRMU	Btech	I		Vaibhav
16	Naman Datta	KRMU	Btech	I		Naman Datta
17	Adarsh	KRMU	BAJMC	I		Adarsh
18	Arjun Singh	KRMU	BAJMC	III		Arjun Singh
19	Sakshi Singh	KRMU	BAJMC	III		Sakshi Singh
20	Reetom	KRMU	MASMC	I		Reetom
21						

22	Mahima	KRMU	MJMC	I		Mahima
23	Anureet	KRMU	BAJMC	III rd		Anureet
24	Palak	KRMU	BAJMC	III rd		Palak
25	Vishal	KRMU	BAJMC	III rd		Vishal
26	Nishant	KRMU	BAJMC	III rd		Nishant
27	Samika	KRMU	BA(JMC)	III rd		Samika
28	Nayasha	KRMU	BAJMC	I st		Nayasha
29	Sneha	KRMU	BAJMC	I st		Sneha
30	Vishal	KRMU	MJMC	I st		Vishal
31	Saleshi	KRMU	BA(JMC)	I st		Saleshi
32	Dylan	KRMU	MJMC	I st		Dylan
33	Rebecca Mary Raj	KRMU	BAJMC	I st		Rebecca Mary Raj
34						
35						
36						
37						
38						
39						
40						

Gauri
30/11/22

Nazre
(NAZRE)

Organiser's Signature

30/11/22

NAZRE/
Asst. Prof. (SJM)

Name and Designation



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

CIRCULAR

SCHOOL OF EDUCATION IN COLLABORATION WITH KEIC AND VISHWA YUVAK KENDRA

Dear Students

School of Education proposes to organize a **Seminar** on the topic "*Fostering Entrepreneurial Mindsets in the Youth of India*" in collaboration with **Vishwa Yuvak Kendra**, New Delhi (New MoU partner) on **Wednesday, 28th December 2022**, in A-213, KRMU Campus, to promote and encourage sharing of information amongst attendees.

The Seminar aims to promote and encourage sharing of information among attendees and provide attendees with educational sessions and sometimes technological displays encompassing the best and most current information in the field. The seminar will generate activities of the professional association.

OUTCOMES OF THE EVENT

The program will help the students and other participants:

- To identify opportunities and succeed in a variety of settings by doing behaviour modification
- To understand and identify your own absences and rectify them with full vigour and determination.
- To cultivate a risk-taking approach and accept the challenges with a positive mental attitude.

The Registration Fee is NIL

Registration form link: <http://vykindia.org/home>

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)

*File
28/12/22*

Tania Anand
(Dean) 28/12/22

DEAN
School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram Haryana 122103

School of Education & KEIC

In Collaboration with

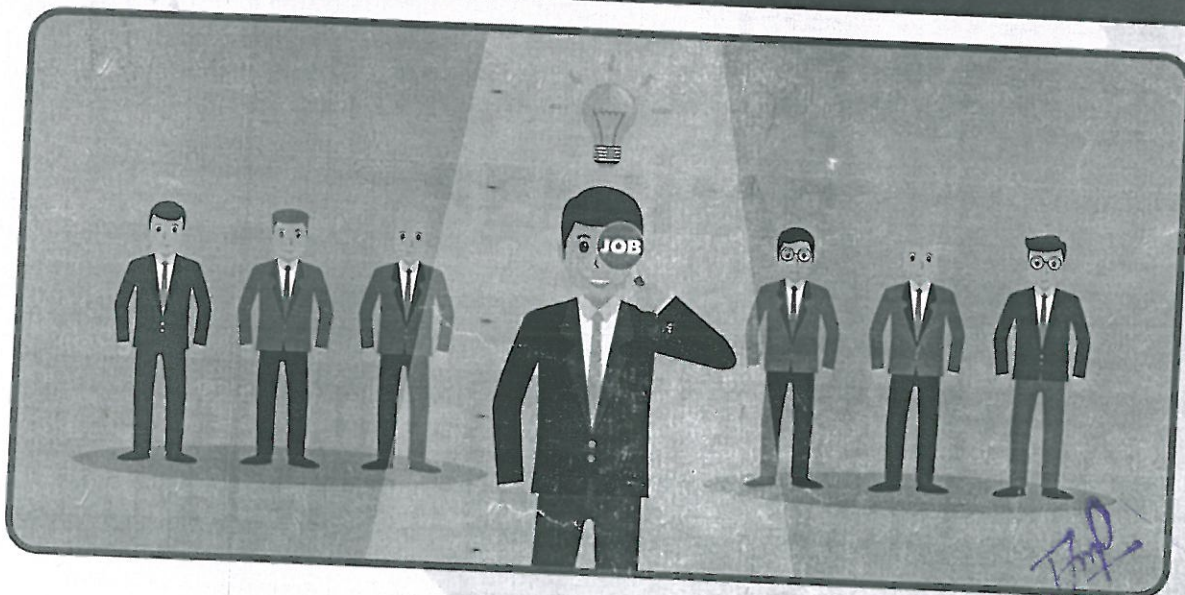
VISHWA YUVAK KENDRA

Organizes

SEMINAR

On

FOSTERING ENTREPRENEURIAL MINDSETS IN THE YOUTH OF INDIA



Registration link: <https://forms.gle/2oWZIABSb5YS7yiF8>

DEAN
School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram Haryana 122103

Registrar
K.R. Mangalam University
Gurugram, (Haryana)

LEADERSHIP



Prof. C.S. Dubey
Vice Chancellor
KRMU



Prof. Pushpalata Tripathi
Pro-Vice Chancellor
KRMU



Grp. Capt. Pravcen
Mahajan
Registrar KRMU



Shri. Uday Shankar Singh
Chief Executive Officer
Vishwa Yuvak Kendra



Prof. (Dr.) Tania Gupta
Dean, School of Education
KRMU



Dr. Anshika Prakash
Associate Professor, SOMC
& Chair Person, KEIC

GUEST SPEAKERS



Shri. Shrashtant Patara
CEO & Executive VP
DA Group



Shri. Alok Kumar Maurya
Co-Founder and Principal
Architect at
Saral Methodized Ideas



Mr. Rajat Thomas
Programme Officer
Vishwa Yuvak Kendra



Dr P.C Jena
Associate Professor
School of Education
KRMU



Ms. Vidhi Gaur
Assistant Professor
School of Education
KRMU

PROGRAMME COORDINATORS

STUDENT COORDINATOR




Ms. Aditi
B.El.Ed. Sem V



Ms. Neeru Kumari
B.El.Ed. Sem V


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)


DEAN
School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram Haryana 122103


28/12/22

K. R. MANGALAM UNIVERSITY

K. R. Mangalam University is a State Private University established in 2013 under Haryana Private Universities Act and is empowered to award degrees under section 2f of the UGC Act, 1956. The University has been striving to transform young lives through ground-breaking pedagogy, global collaborations, and world-class infrastructure.

SCHOOL OF EDUCATION

The School of Education offers diverse programmes of studies that are designed to develop an insight into the nuances of teaching and learning in terms of theoretical perspectives, and the latest pedagogical techniques and facilitate the development of the student's understanding of social, emotional, and intellectual ecosystem with relation to teaching and learning. Our School offers the following courses:

B.Ed. (Bachelor in Education)

M.A. (Education)

B.El.Ed. (Bachelor in Elementary Education)

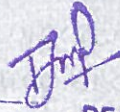
Ph.D. (Education)

K.R MANGALAM ENTREPRENURIAL AND INCUBATION CENTRE (KEIC)

KEIC - KRMU's Entrepreneurship and Innovation Club. KEIC aims to foster a culture of entrepreneurship on campus. We believe in unlocking our students' creativity to enable them to create the next generation of innovative companies and non-profits to solve some of the most pressing problems facing the nation.

ABOUT VISHWA YUVAK KENDRA

Indian Youth Centres Trust, set up on 10 August 1961, established Vishwa Yuvak Kendra (VYK), with a mission of developing youth work in the country on scientific lines and to provide training on a continuous basis in youth work aimed towards nation-building. To achieve its main objective, VYK conducts in-house training programmes, seminars and workshops on relevant social issues like education, health, entrepreneurship development and organizes state level thematic programmes on a collaborative basis in different states on subjects of regional and national relevance, like disaster management, fundraising, right to information, NGO management, promotion of agro entrepreneurship etc. Apart from the above, VYK also organizes Integrated Community Development Programme in its adopted urban slum communities, where it provides free regular medical care, conducts health camps, awareness generation programmes on cleanliness, health and hygiene etc. Kendra also regularly organizes Sports and Culture Programme for the youth from disadvantaged sections of society where opportunity is provided to the youth to showcase their talents. Since its inception, Kendra's programmes have seen a direct participation of nearly 1 lakh youth and reached nearly 50 lakh population.


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ABOUT THE EVENT

Making an entrepreneurial mindset helps the individual to think creatively and constantly innovate to solve the problem. While fostering the entrepreneurial mindset the students tend to understand that failure is just a stepping stone towards the learning opportunity, rather treated as a fiasco. It also teaches us how to be resilient in the face of all the uncertainty and helps us bond economically. Therefore, the seminar is an initiative to build insight towards the entrepreneurial mindset which will help the students not only in their bright future but also make their existence intuitive.

OBJECTIVES OF THE EVENT

The Seminar aims to promote and encourage sharing of information among attendees and provide attendees with educational sessions and sometimes technological displays encompassing the best and most current information in the field. The seminar will generate activities of the professional association.

OUTCOMES OF THE EVENT

The program will help the students and other participants:

- To identify opportunities and succeed in a variety of settings by doing behaviour modification
- To understand and identify your own absences and rectify them with full vigour and determination.
- To cultivate a risk-taking approach and accept the challenges with a positive mental attitude.

Theme: "Fostering Entrepreneurial Mindsets in the Youth of India"

Target Audience: All students of any discipline studying in KRMU can participate.

Time and Date: 11:00 am onwards on 28th December 2022.

Venue: A-213, KRMU Campus, Gurugram, Haryana

Registration Fee: Nil

Registration form link: <https://forms.gle/2oWZIABsb5YS7yiF8>



Registrar

K.R. Mangalam University
Sohna Road, Gurugram, Haryana

DEAN

School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram Haryana 122103

LEADERSHIP



Prof. C.S. Dubey
Vice Chancellor
KRMU



Prof. Pushpalata Tripathi
Pro-Vice Chancellor
KRMU



Grp. Captain Praveen Mahajan
Registrar, KRMU



Shri. Uday Shankar Singh
Chief Executive Officer
Vishwa Yuvak Kendra



Prof. (Dr.) Tania Gupta
Dean, School of Education
KRMU



Dr. Anshika Prakash
Associate Professor, SOMC
& Chair Person, KEIC

GUEST SPEAKERS



Shri. Shrashtant Patara
CEO, Development Alternatives -
& Executive Vice President
DA Group



Shri. Alok Kumar Maurya
Co-Founder and Principal Architect
Saral Methodized Ideas

PROGRAMME COORDINATORS



Mr. Rajat Thomas
Programme Officer
Vishwa Yuvak Kendra



Dr P.C Jena
Associate Professor
School of Education, KRMU



Ms. Vidhi Gaur
Assistant Professor School
of Education, KRMU

STUDENT COORDINATOR



Ms. Aditi
B.El.Ed. Sem V



Ms. Neeru Kumari
B.El.Ed. Sem V

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Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

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School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram

School of Education and KEIC
In collaboration with

VISHWA YUVAK KENDRA
Organizes

SEMINAR
on

Venue
Room No. A
KRMU Cam
Gurugram, H

FOSTERING ENTREPRENEURIAL
MINDSETS IN THE YOUTH OF INDIA

REGISTRATION LINK: <https://forms.gle/2oWZ1ABSb5YS7yiF8>

LEADERSHIP



Prof. Pushpalata Tripathi
Pro-Vice Chancellor
KRMU



Grp. Captain
Praveen Mahajan
Registrar KRMU



Shri. Uday Shankar Singh
Chief Executive Officer
Vishwa Yuvak Kendra



Prof. (Dr.) Tanla Gupta
Dean, School of Education
KRMU



Dr. Anshu
Associate
& Chair

GUEST SPEAKERS



Shant Patara
ment Alternatives
President DA Group



Shri. Alok Kumar Mehta
Co-Founder & Principal Architect
Saral Methodized Ideas



Mr. Rajat Thomas
Programing Officer
Vishwa Yuvak Kendra



Dr P.C Jena
Associate Professor
School of Education, KRMU



Ms. V
Assista
School of E

PROGRAMME COORDINATORS



www.krmangalam.edu.in



<http://www.vykonline.org>



K.R. MANGALAM UNIVERSITY
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REPORT

SEMINAR on "Fostering Entrepreneurial Mindsets in the Youth of India"

Date: Wednesday, 28th December 2022.

Venue: A-213, KRMU Campus, Gurugram, Haryana

Event Type: Seminar

Mode of Activity: Offline

Target Group: All students of any discipline studying in KRMU can participate.

Resource Person: Shri. Shrashtant Patara, CEO, of Development Alternatives and Executive Vice President of DA-Group and Shri. Alok Kumar Maurya, Co-Founder and Principal Architect at Saral Methodized Ideas

Coordinators: Dr. P.C Jena, Assistant Professor, School of Education

Ms. Vidhi Gaur, Assistant Professor, School of Education

Organized by: School of Education, K. R. Mangalam University, Gurugram in collaboration with KEIC and Vishwa Yuvak Kendra

Number of Participants: 150

School of Education and KEIC organises a seminar on *Fostering Entrepreneurial Mind-set in the Youth of India* in the collaboration with Vishwa Yuvak Kendra, Delhi on 28th December 2022 in the KRMU Campus. The chief guest speaker Shri. Shrashtant Patara, CEO, of Development Alternatives and Executive Vice President of DA-Group and Shri. Alok Kumar Maurya, Co-Founder and Principal Architect at Saral Methodized Ideas were invited to the Seminar with Vishwa Yuvak Kendra Team - Shri. Uday Shankar Singh, Chief Executive Officer, VYK, Mr Rajat Thomas and Mr Anand Kumar as Program Officers. The seminar was attended by Mr Abhishek Gupta, Chairman, K.R. Mangalam University, Honourable Vice-Chancellor Prof. C.S. Dubey, Pro- Vice-chancellor Prof. Pushpalata Tripathi, Group Captain Praveen Mahajan, Registrar, Dr Anshika Prakash Aggarwal, Associate Professor, SOMC & Chairperson, KEIC and Prof. (Dr.) Tania Gupta, Dean, School of Education. The seminar started with a lighting lamp ceremony & the floral welcome of all the dignitaries. Prof. (Dr) Tania Gupta inaugurated the session where she shared the vitality of

Sidhu
28/12/22

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Tania Gupta
28/12/2022

DEAN

School of Education (SOED)

K.R. Mangalam University
Sohna road, Gurugram Haryana 122103

entrepreneurial skills in the youth of India. Vice-Chancellor shared his views on building a culture of entrepreneurial mindset not only in the academic institution but also, in our daily life. Dr Anshika Prakash Aggarwal discussed how KEIC is bringing different events where students can transform their ideas into start-ups tied up with various collaborators and MOU Partners. The program was attended by more than 150 students of K.R. Mangalam University where students interacted and discussed their queries on initiating the start-ups with the guest speakers. The program was coordinated by Ms Vidhi Gaur, Assistant Professor. K.R. Mangalam University. The guest speakers were felicitated with Mementos and the dignitaries gave the participants certificates. The seminar concluded with the National Anthem.

Geo-Tagged Pics



Photo 1: Lightening the Lamp Ceremony by Dignitaries and Guest Speakers

Dr. Anshika Prakash Aggarwal
28/12/22

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, Haryana

Tarun Gupta
(Dean)

28/12/22

DEAN

School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram Haryana

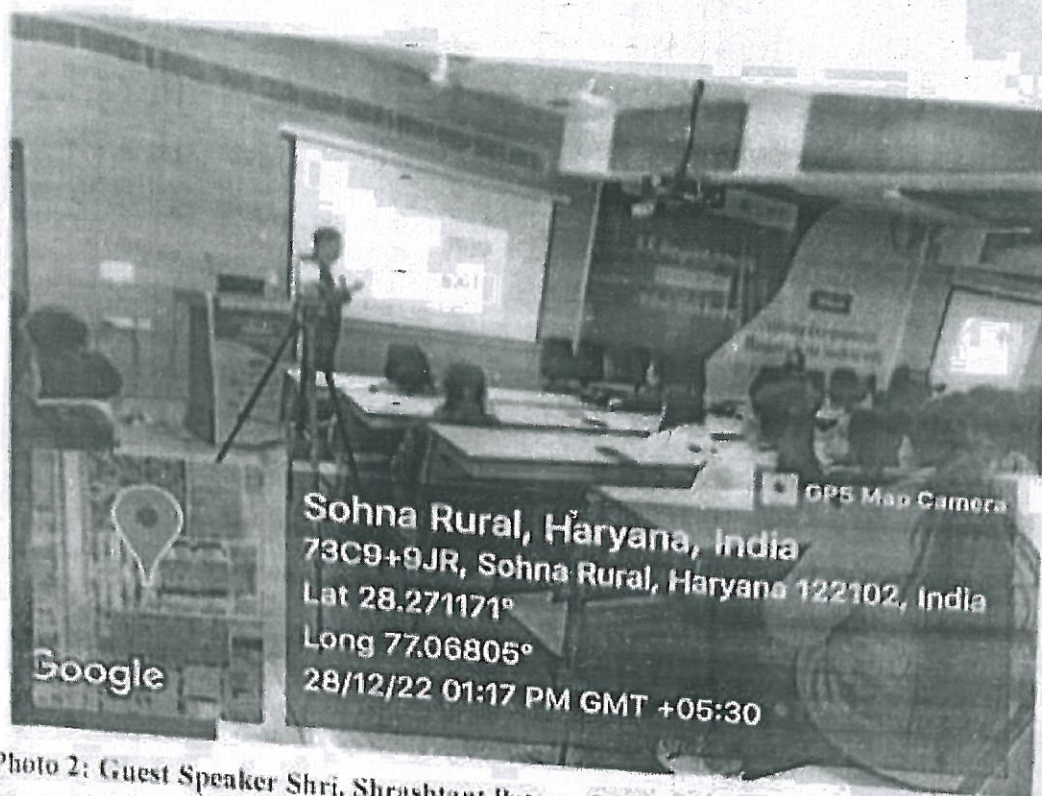


Photo 2: Guest Speaker Shri. Shrashtant Patana, CEO, of Development Alternatives and Executive Vice President of DA-Group giving lecture on the Entrepreneurship Mindset

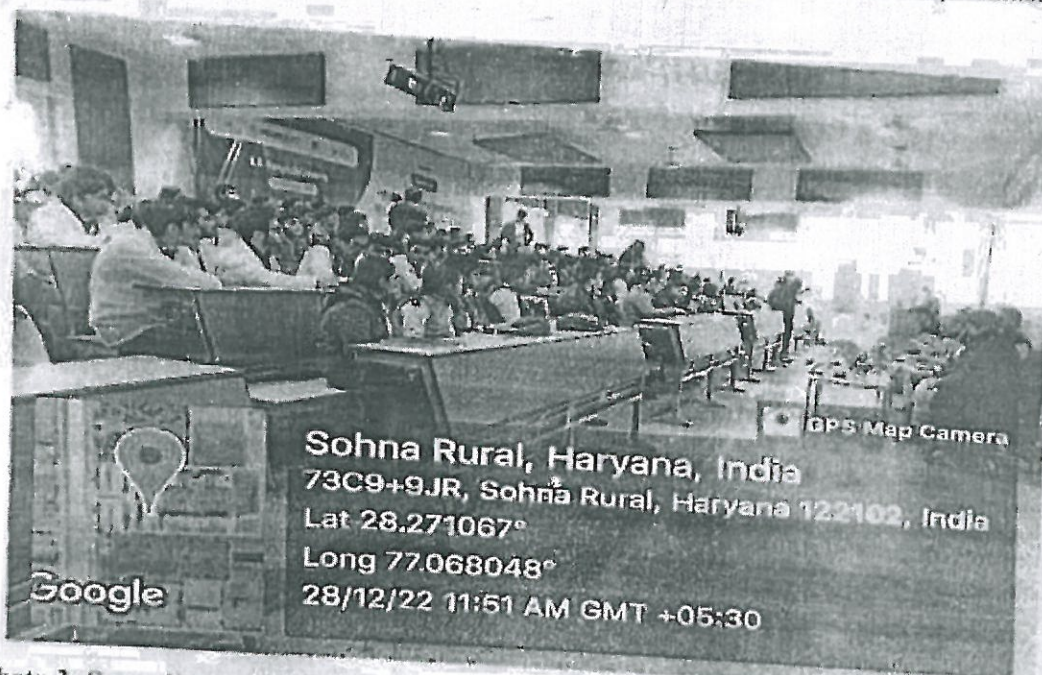


Photo 3: Spreading awareness on Entrepreneurship Mindset among Students by Honorable Vice Chancellor

Adil
28/12/22

[Signature]
Registrar

K.R. Mangalam University
Sohna Road, Gurugram, Haryana

Tarun Gupta
Dean

28/12/22

DEAN
School of Education (SOE)
K.R. Mangalam University
Sohna road, Gurugram

Non-Geo-tagged pics with date -



Photo 4: Floral Welcome to Shri. Uday Shankar Singh, Chief Executive Officer, VYK by the Honorable Vice-Chancellor, K.R. Mangalam University



Photo 5 -Felicitation of our dignitaries with Mementos as an expression of our Gratitude

Dr. K. V.
28/12/22

[Signature]

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

4

Tarun Gupta
(Dean)
28/12/22

DEAN

School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram H-

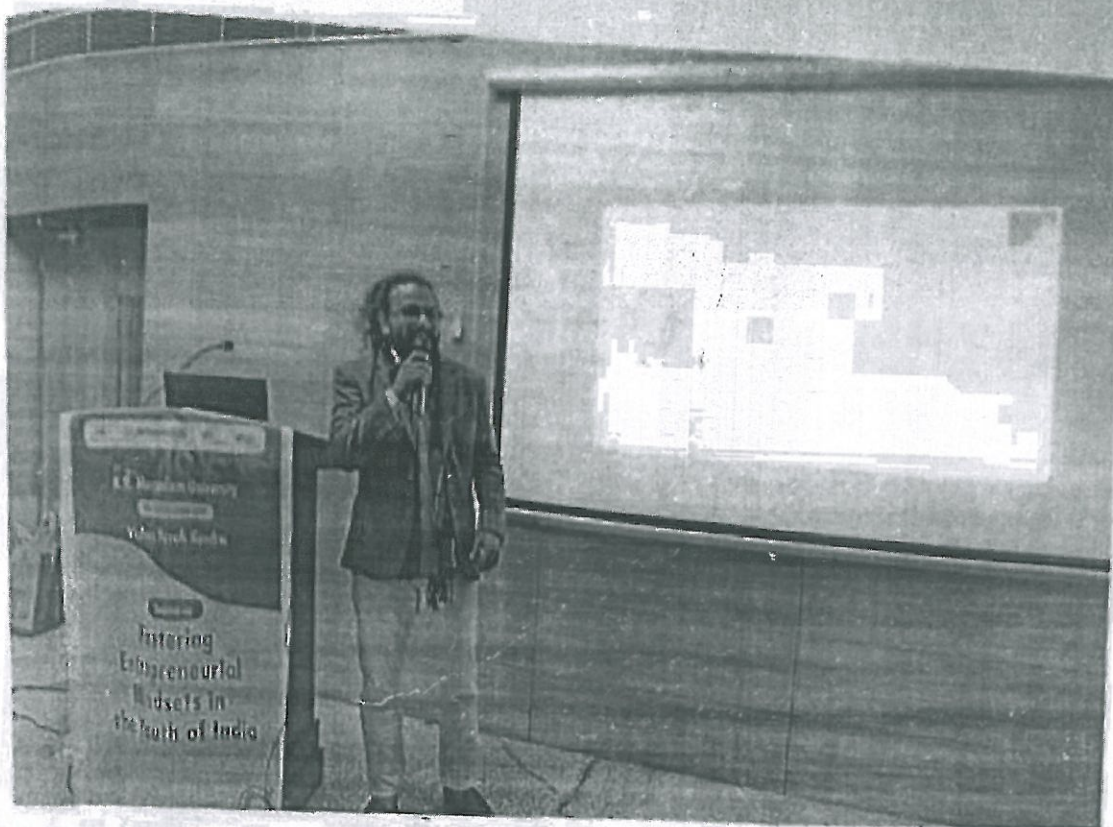


Photo 6- Guest Speaker Shri. Alok Kumar Maurya, Co-Founder and Principal Architect at Saral Methodized Ideas giving lecture on the Entrepreneurship Mindset.

Certificates (if any):



28/12/22

Registrar

K.R. Mangalam University
Sohna Road, Gurugram, Haryana

Tarun Singh
28/12/22

DEAN
School of Education (SOE)
K.R. Mangalam University

Report prepared by	<i>[Signature]</i> Ms. Vidhi Gaur
Report verified by Event Coordinator	Dr. P.C. Jena Ms. Vidhi Gaur
Report Seen by Dean / Club Coordinator / Activity Coordinator/ IQAC Director / Registrar	<i>Tania Gupta</i> Prof. Tania Gupta <i>28/12/22</i>

Feedback Form shared by Participant

DEAN
School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram Haryana

[Faint feedback form text, mostly illegible]

It was very nice to have...

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Harvack Club
Pushpalata Mahajan

LEADERSHIP



Prof. C S Dubey
Vice Chancellor
KRMU



Prof. Pushpalata Tripathi
Pro-Vice Chancellor
KRMU



Grp. Captain Praveen Mahajan
Registrar, KRMU



Shri. Uday Shankar Singh
Chief Executive Officer
Vishwa Yuvak Kendra



Prof. (Dr.) Tania Gupta
Dean, School of Education
KRMU



Dr. Anshika Prakash
Associate Professor, SOMC
& Chair Person, KEIC



Shri. Shrashtant Patara
CEO, Development Alternatives
& Executive Vice President
DA Group



Shri. Alok Kumar Maurya
Co-Founder and Principal Architect,
Saral Methodized Ideas

GUEST SPEAKERS



Mr. Rajat Thomas
Programme Officer
Vishwa Yuvak Kendra



Dr P.C Jena
Associate Professor
School of Education, KRMU



Ms. Vidhi Gaur
Assistant Professor
School of Education, KRMU

PROGRAMME COORDINATORS



Ms. Aditi
BE/Ed. Sem V



Ms. Neeru Kumari
BE/Ed. Sem V

STUDENT COORDINATOR

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, Haryana

DEAN
School of Education (SOED)
K.R. Mangalam University
Sohna Road, Gurugram Haryana



School of Education & KEIC

In Collaboration with

VISHWA YUVAK KENDRA

Organizes

SEMINAR

On

FOSTERING ENTREPRENEURIAL MINDSETS IN THE YOUTH OF INDIA



Registration link: <https://forms.gle/2oWZ1ABsb5YS7yIF8>

Seminar
on

"Fostering Entrepreneurial Mindsets in the Youth of India"

FEEDBACK FORM

Name Bhumika Age 20 Gender F Roll No 2011260004 Program B.EL.Ed
Semester V Department Edu. Designation Student

1. How informative did you find the Seminar?

Not Informative 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Informative

2. Please rate the program in terms of achieving learning outcomes.

Not Good 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☒ Excellent

3. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Shrashtant Patara?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☒ Very Clear

4. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Alok Kumar Maurya?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☒ Very Clear

5. What are the other events you would like to suggest in future?

None

6. Do you have any comments? (If any)

No.

Picku
28/12/22

Tania Anupli
(Dean)
28/12/22

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Seminar
on
"Fostering Entrepreneurial Mindsets in the Youth of India"

FEEDBACK FORM

Name Divyanshu Age 20 Gender M Roll No. 2000047 Program B.Tech CSE
Semester IV Department SOET Designation Student

1. How informative did you find the Seminar?

Not Informative 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Informative

2. Please rate the program in terms of achieving learning outcomes.

Not Good 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Excellent

3. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Shrashtant Patara?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Clear

4. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Alok Kumar Maurya?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Clear

5. What are the other events you would like to suggest in future?

You can make this more fun, so that with very students will be more attentive

6. Do you have any comments? (If any)

Grd
28/12/20

Tania Aupld
(Dean)

28/12/20

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Seminar

on

"Fostering Entrepreneurial Mindsets in the Youth of India"

FEEDBACK FORM

Name Kanak Jadaun Age 19 Gender F Roll No. 2001010051 Program BTech CSE
Semester IV Department SOET Designation Student

1. How informative did you find the Seminar?

Not Informative 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Informative

2. Please rate the program in terms of achieving learning outcomes.

Not Good 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Excellent

3. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Shrashtant Patara?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Clear

4. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Alok Kumar Maurya?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Clear

5. What are the other events you would like to suggest in future?

None

6. Do you have any comments? (If any)

G. M.
28/12/22

Tarish Anshu
(Dean)
28/12/22

J. P.
Registrar
K.R. Mangalam University
Sohna Road, Gurgaon, (Haryana)

Seminar
on

"Fostering Entrepreneurial Mindsets in the Youth of India"

FEEDBACK FORM

Name Sahi Age 19 Gender M Roll No. 2001010054 Program B.Tech CSE
Semester V Department SOET Designation Student

1. How informative did you find the Seminar?

Not Informative 1 ☐ 2 ☐ 3 ☒ 4 ☐ 5 ☐ Very Informative

2. Please rate the program in terms of achieving learning outcomes.

Not Good 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Excellent

3. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Shrashtant Patara?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Clear

4. How clear were the ideas and concepts of the invited Guest Speaker- Shri. Alok Kumar Maurya?

Not Clear 1 ☐ 2 ☐ 3 ☐ 4 ☒ 5 ☐ Very Clear

5. What are the other events you would like to suggest in future?

None

6. Do you have any comments? (If any)

None

Ans
28/12/22

Tarun Anand
(Dean)
28/12/22

Ans

K.R. Mangalam University
Gurgaon, Haryana

SCHOOL OF EDUCATION
CAPACITY DEVELOPMENT PROGRAMME

INDEX

S.No.	Year	Title-Capacity Development Programme	Skill
1	14-02-2020	workshop on Theatre as a Pedagogical Strategy in Teaching	Soft skill A
2	24-05-2021	Revisiting the Role of Teachers in Career Guidance	Soft skill B
3	27/04/2022	Training session on Effective Resume Writing	Soft skill C
4	04-05-2022	Interactive Session on overcoming the fear of facing Interviews	Soft skill D
5	18/05/2022	Training Session on Persuasive Presentation Skills	Soft skill E
6	15-Sep-22	Alumni Talk Series:How to Crack CTET in First Attempt	Soft skill F
8	30-12-2022	Panel Discussion on Universal Design for Learning: Inclusive Pedagogy for Education for all	Soft skill G
9	11-1-2023	Soft Skills Enhancement Workshop on the topic "Leadership Skills for Teachers" in collaboration with Gurushala, Pratham Education Foundation (New MoU partner) (SOFT Skills) (ONLINE EVENT)	Soft skill H


Registrar
K.R. Mangalam University
Sector Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

SOED/Notice/2022-23 / 24

24th December, 2022

NOTICE

School of Education
In collaboration with Blooming Recall LLP

Organizes
Panel Discussion
On

"Universal Design for Learning (UDL): Inclusive Pedagogy for Education for All"

School of Education is organizing the Panel Discussion on Universal Design for Learning (UDL): Inclusive Pedagogy for Education for All" on 30th December 2022 at 1 PM Onwards.

Date: 30th December 2022

Time: 1 pm Onwards

Mode: Online

Registration Link: <https://forms.office.com/r/Ru08d9WrAv>

Zoom Link: <http://bitly.ws/yhxD>

Target Audience: Students of KRMU

- * No Registration Fee
- * Certificates will be given to participants.

P.C. Jena
24/12/22

Dr. P.C Jena

Ms. Vidhi Gaur

Event In-charge

Tania Gupta
24/12/22

Prof. (Dr.) Tania Gupta

Dean, SOED

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION
Gurugram, Delhi-NCR



School of Education

in collaboration with Blossoming Recall LLP

Organizes

PANEL DISCUSSION

Date:

30 December 2022

Time:

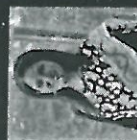
1 PM Onwards

UNIVERSAL DESIGN FOR LEARNING (UDL): INCLUSIVE PEDAGOGY FOR EDUCATION FOR ALL

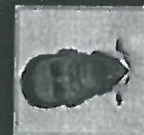
REGISTRATION LINK: <http://bitly.ws/yhxr>

ZOOM LINK: <http://bitly.ws/yhxD>

PANELLISTS



Dr. Sunita Devi
Lecturer in Rehabilitation Psychology
NIEPID, Secunderabad
Former Assistant Professor &
Senior Consultant, NCERT, New Delhi



Dr. Satya Narayana Goud
Assistant Professor (Psychology)
Lakshimbai College
University of Delhi, Delhi



Prof. (Dr.) Tanja Gupta
Dean, School of Education
K.R. Mangalam University

CONVENOR & MODERATOR



Ms. Vidhi Gaur
Assistant Professor
School of Education
K.R. Mangalam University

COORDINATOR

Certificate of Participation will be awarded to all registered participants who attend the session and submit the feedback form.

University Gurugram Campus: ☎ 011-48884888 / 3800697010-15 ☎ 8800697012

☎ www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in

DEAN
School of Education (Soc-Ed)
K.R. Mangalam University
Gurugram Haryana

[Signature]

Registrar

K.R. Mangalam University
Sector Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
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SCHOOL OF EDUCATION

In Collaboration with

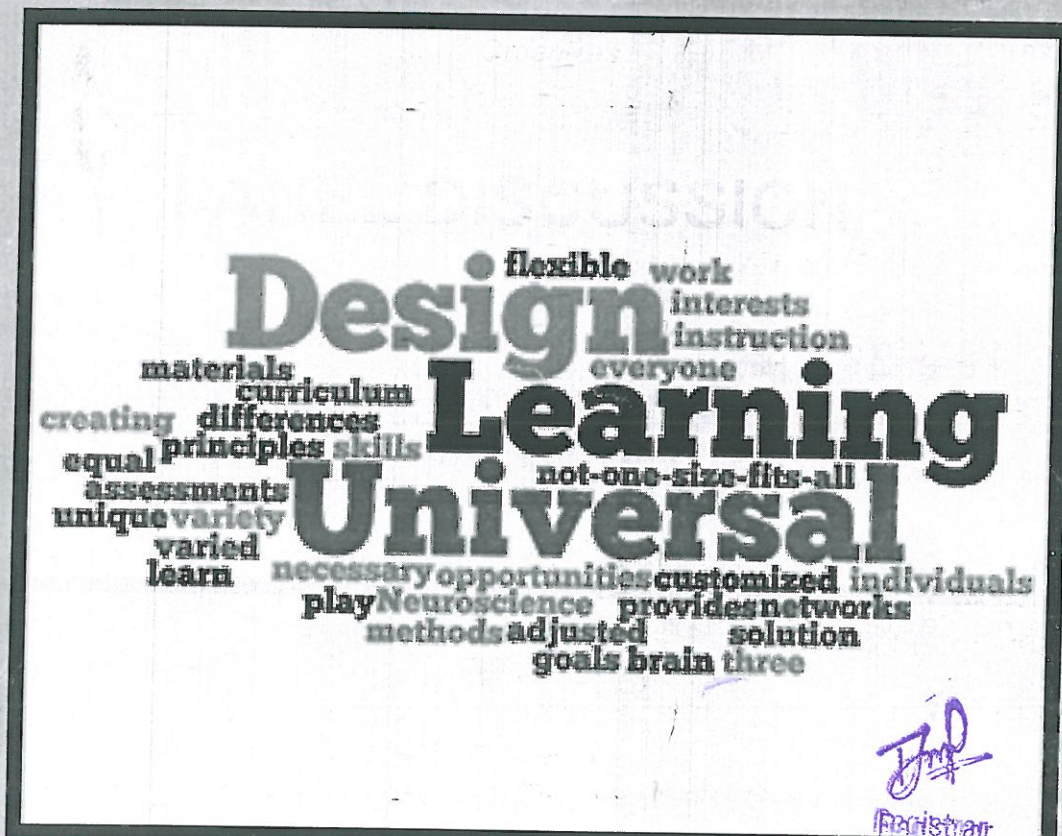
BLOOMING RECALL LLP

Organizes

PANEL DISCUSSION

on

**UNIVERSAL DESIGN FOR LEARNING (UDL):
INCLUSIVE PEDAGOGY FOR EDUCATION FOR ALL**



K.R. Mangalam University
Sohna Road, Gurugram
DEAN
School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram

K. R. MANGALAM UNIVERSITY

K. R. Mangalam University is a State Private University established in 2013 under Haryana Private Universities Act and is empowered to award degrees under section 2f of the UGC Act, 1956. The University has been striving to transform young lives through ground-breaking pedagogy, global collaborations, and world-class infrastructure.

SCHOOL OF EDUCATION

The School of Education offers diverse programmes of studies that are designed to develop an insight into the nuances of teaching and learning in terms of theoretical perspectives, and the latest pedagogical techniques and facilitate the development of the student's understanding of social, emotional, and intellectual ecosystem with relation to teaching and learning. Our School offers the following courses:

B.Ed. (Bachelor in Education)

M.A. (Education)

B.El.Ed. (Bachelor in Elementary Education)

Ph.D. (Education)

BLOOMING RECALL LLP

Blooming Recall LLP is a company incorporated under LLP Act 2008, with an objective to facilitate management and financial management and financial education through technological innovations. The company is fully equipped to provide solutions and support to online and offline schools, colleges, educational institutes, and universities including deemed or autonomous universities, in every field of finance, commerce & management including competitive examinations like CFA, FRM and other specialized training programmes. Blooming Recall LLP is led by a team of experts spanning decades of experience across multiple industries related to finance and management consulting. The company has been established by Devesh Aggarwal (BE BITS Pilani, PGPM, MDI Gurgaon) and Tarun Khera (BE BITS Pilani).

ABOUT THE EVENT

Universal Design for Learning (UDL) talks about teaching and learning styles which give all students an equal opportunity to succeed. This approach offers flexibility to the students to access material, engage with it and show what they know. The Panel Discussion on Universal Design Learning (UDL) will be organized with one moderator who will coordinate with the panelist to bring various perspectives on the subject in front of the audience. The audience will observe and participate by asking questions to the panelist.

OBJECTIVES OF THE EVENT

The main purpose of a panel discussion is for the panelists to share their wisdom and provide insights to create real value and takeaways for the audience. It's an "up close and personal" discussion among the panelists and with the audience.

OUTCOMES OF THE EVENT

A panel discussion is one of the most popular approaches for giving thoughts on trending topics in front of an audience. It fosters productive learning relationships among panelists and participants. In addition, it allows everyone to reflect and think critically while listening to different perspectives.

PANELISTS-

- Dr Sunita Devi, Lecturer in Rehabilitation Psychology, NIEPID, Secunderabad
- Dr. Satya Narayana Goud, Assistant Professor (Psychology), Lakshmi Bai College, University of Delhi.

THEME:

Universal Design for Learning (UDL): Inclusive Pedagogy for Education for ALL"

TARGET AUDIENCE:

 Anybody can participate.

The panel discussion is open to all whoever is interested in gaining insights into Universal design for learning

Time and Date: 1 PM onwards on 30 December 2022.

Registration Fee: Nil

Registration Link: <https://forms.office.com/r/Ru08d9WrAv>

Zoom Link: <https://us06web.zoom.us/j/81668912998>

Convenor and Moderator

Prof. (Dr.) Tania Gupta

Dean, School of Education (SOED), K.R Mangalam University, Gurugram

Coordinator

Ms. Vidhi Gaur

Assistant Professor, School of Education (SOED), K.R Mangalam University, Gurugram

DEAN
School of Education (SOED)
K.R. Mangalam University
Sohna road, Gurugram Haryana 122108
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



CIRCULAR

SCHOOL OF EDUCATION IN COLLABORATION WITH BLOOMING RECALL LLP

Dear Students

School of Education organizes **Panel Discussion** on the Topic **“Universal Design for Learning (UDL): Inclusive Pedagogy for Education for All.”** in collaboration with **Blooming Recall LLP** on **Friday, 30th December 2022** in **Virtual Mode**.

Universal Design for Learning (UDL) talks about teaching and learning styles which give all students an equal opportunity to succeed. This approach offers flexibility to the students to access material, engage with it and show what they know. The Panel Discussion on **Universal Design Learning (UDL)** will be organized with one moderator who will coordinate with the panelist to bring various perspectives on the subject in front of the audience. The audience will observe and participate by asking questions to the panelist.

OBJECTIVES OF THE EVENT

The main purpose of a panel discussion is for the panelists to share their wisdom and provide insights to create real value and takeaways for the audience. It's an “up close and personal” discussion among the panelists and with the audience.

OUTCOMES OF THE EVENT

A panel discussion is one of the most popular approaches for giving thoughts on trending topics in front of an audience. It fosters productive learning relationships among panelists and participants. In addition, it allows everyone to reflect and think critically while listening to different perspectives.

Panelists- Dr Sunita Devi, Lecturer in Rehabilitation Psychology, NIEPID, Secunderabad, Dr. Satya Narayana Goud, Assistant Professor (Psychology), Lakshmi Bai College, Delhi University

Theme - “Universal Design for Learning (UDL): Inclusive Pedagogy for Education for all”

Target Audience: Anybody can participate.

Time and Date: 1 pm onwards on 30th December 2022.

Mode: Online

Registration Fee: Nil

Zoom Link- <https://us06web.zoom.us/j/81668912998>

Registration form link: <https://forms.office.com/r/Ru08d9WrAv>

Convener and Moderator- Prof. (Dr.) Tania Gupta, Dean, School of Education, K.R. Mangalam University

Coordinator- Ms. Vidhi Gaur, Assistant Professor, School of Education, K.R. Mangalam University

ATTENDANCE SHEET

ID	Start time	Completion time	Email ID	Name of the Participants	Contact Number	Designation	Institution	Department	State	District
1	12-27-22 10:19:16	12-27-22 10:22:36	manjukundu2129@gmail.com	Manju Kundu	9599934729		K.R. Mangalam University Gurugram	SOED	Haryana	Faridabad
2	12-27-22 22:07:19	12-27-22 22:08:13	tg.7776@gmail.com	Tania Gupta	9818469283	Dean/Director/Principal/Coordinator	K.R. Mangalam University	School of Education	Haryana	Gurugram
3	12-27-22 22:10:12	12-27-22 22:10:59	vidhi.gaur@krmangalam.edu.in	Vidhi	9911000963	Assistant Professor	K.R. Mangalam University	SOED	Haryana	Gurugram
4	12-28-22 19:41:12	12-28-22 19:42:18	shabia.subuhi@krmangalam.edu.in	Dr. Shabia Subuhi	9559766286	Assistant Professor	K.R. Mangalam University	Education	Haryana	Gurugram
5	12-28-22 20:17:57	12-28-22 20:20:58	ritwik.phd@gmail.com	Ritwik Ghosh	9650183302	Dean/Director/Principal/Coordinator	K.R. Mangalam University	School of Journalism and Mass Communication	Haryana	Gurugram
6	12-29-22 8:30:56	12-29-22 8:42:29	kanchankhatreja1980@gmail.com	KANCHAN KHATREJA	9953970626	Assistant Professor	K.R. Mangalam University	School of Education	Haryana	Gurugram
7	12-29-22 9:38:20	12-29-22 9:39:20	gajendrasingh@jnujaipur.ac.in	Gajendra Singh	9660114414	Assistant Professor	School of Education Jaipur National University Jaipur	Education	Rajasthan	Jaipur
8	12-29-22 10:22:02	12-29-22 10:23:26	azadmthktalam@gmail.com	Azad alam	8757804648	Student	MGCUB	Education	Bihar	East Champaran
9	12-29-22 10:24:46	12-29-22 10:26:13	yaniantha@gmail.com	Dr K Anitha Kumari	984380965	Assistant Professor	Gov't College for Women (A), Guntur	Homescience	Andhra Pradesh	Guntur
10	12-29-22 10:34:21	12-29-22 10:36:44	khushboom550@gmail.com	Khushboo Kumari	6299753347	Student	Mahatma Gandhi Central University Motihari	Education	Bihar	East Champaran
11	12-29-22 10:42:22	12-29-22 10:44:59	Akhataruzma626@gmail.com	Uzma Akhtar	9560521237	Assistant Professor	CCS University	Education department	Uttar Pradesh	Ghaziabad
12	12-29-22 10:47:06	12-29-22 10:48:24	priyaupadhtay52@gmail.com	PRIYA UPADHYAY	9369430119	Research Scholar	Mahatma Gandhi Kashi vidyapith Varanasi	Education	UTTAR PRADESH	VARANASI
13	12-29-22 11:02:02	12-29-22 11:03:07	nsjadhav662@gmail.com	Dr NANASAHEB S JADHAV K	9590006071	Assistant Professor	K.S.R. COLLEGE of EDUCATION NEHRU NAGAR BELGAUM	EDUCATION	KARNATAKA	BELGAUM
14	12-29-22 12:05:21	12-29-22 12:06:08	ajitha626@gmail.com	Dr. V. Ajitha	7598531762	Associate Professor	Nalla Malla Reddy Engineering College	CSE	Telangana	Medchal
15	12-29-22 12:24:49	12-29-22 12:26:59	sumanbhat90940@gmail.com	Suman Bala	9419890940	Assistant Professor	Govt Degree College Samba	Political Science	Jammu and Kashmir	Samba
16	12-29-22 12:27:06	12-29-22 12:28:10	hemantjmera@jnujaipur.ac.in	Hemant Ajmera	8058614452	Assistant Professor	Jaipur National University, Jaipur	School of Education	Rajasthan	Jaipur
17	12-29-22 12:53:28	12-29-22 12:55:07	rishikaarya05@gmail.com	RISHIKA ARYA	7082269579	Student	KR MANGALAM UNIVERSITY, GURGAON	SCHOOL OF ARCHITECTURE AND DESIGN	HARYANA	GURUGRAM
18	12-29-22 13:25:01	12-29-22 13:26:31	aps.chaksu@gmail.com	Dr. Vishnu Sharma	9928305023	Associate Professor	Jaipur National University Jaipur	School of Education	Rajasthan	Jaipur

Tania Gupta
(Dean)
30/10/22

Dr. V. Ajitha

19	12-29-22 12:46:33	12-29-22 13:44:09	minnitiwan231@gmail.com	N VINI TIWARI	9413710556	Student	Jaipur National University	Education	Rajasthan	Jaipur
20	12-29-22 14:04:29	12-29-22 14:06:17	Maille4pooja@rediffmail.com	Pooja Sharma	9960263102	Assistant Professor	Savitribai Phule Pune University	Department of Sports and Physical Education	Maharashtra	Pune
21	12-29-22 14:15:03	12-29-22 14:19:19	grishma.edu@gmail.com	Dr. Grishma Shukla	9799887551	Professor	Jaipur National University	School of Education	Rajasthan	Jaipur
22	12-29-22 16:21:12	12-29-22 16:23:10	girdharsharma@gmail.com	Dr. Girdhar Lal Sharma	8290386182	Dean/Director/Principal/Coordinator	Syon College Of Education-Abohar, Distt:-Fazilka.(Punjab)	Education	Punjab	Fazilka
23	12-29-22 17:08:18	12-29-22 17:09:32	mgcu2021educ4003@mgcu.ac.in	Bablu kumar	7631602361	Student	MGCU	School of Education	Bihar	East Champaran
24	12-29-22 17:57:38	12-29-22 17:58:58	parveen7sharma71@gmail.com	Dr Parveen kumar Sharma	9418563328	Associate Professor	Dronacharya College of Education Rait	Education	HP	Kangra
25	12-29-22 18:10:23	12-29-22 18:11:27	banninoori@gmail.com	Noori Musharrat	9873997226	Student	Student	School of education	New Delhi	New Delhi
26	12-29-22 18:10:28	12-29-22 18:11:31	nehasdr6600@gmail.com	Dr. Neha Sharma	9780094669	Dean/Director/Principal/Coordinator	Arni University	Physics	Himachal Pradesh	Kangra
27	12-29-22 18:10:26	12-29-22 18:12:35	drpcjena@gmail.com	P. C. Jena	9876654904	Associate Professor	School of Education, K.R. Mangalam University	Education	Haryana	Gurgaon
28	12-29-22 18:14:18	12-29-22 18:15:41	duabinti@gmail.com	Dr. Binti Dua	9760965443	Assistant Professor	Kr mangalm university	School of Education	Haryana	Gurgaon
29	12-29-22 18:17:13	12-29-22 18:18:02	neerukumarrai@gmail.com	Neeru Rai	6202998726	Student	Kr-mangalam University	B.El.Ed	Haryana	Sohna
30	12-29-22 18:17:10	12-29-22 18:18:07	falaswal01@gmail.com	Aashi	8700138180	Student	K.R. Mangalam University	SOED	new delhi	South West Delhi
31	12-29-22 18:17:03	12-29-22 18:18:32	himanshi.baghel@dseu.ac.in	Himanshi Baghel	9582355996	Assistant Professor	Aryabhata DSEU Ashok Vihar Campus	Interior Design	Delhi	Delhi
32	12-29-22 18:44:54	12-29-22 18:45:49	ashishyadavtd@gmail.com	Ashish Yadav	9984777785	Student	KRMU	S.O.E.D	Haryana	Gurgaon
33	12-29-22 18:42:54	12-29-22 18:45:56	yadavsuman820@gmail.com	Dr.Suman Lata Yadav	861940413	Assistant Professor		Sanjay Teachers Training College Jaipur	Rajasthan	Jaipur
34	12-29-22 18:48:57	12-29-22 18:49:45	Amritakaur12221@gmail.com	Amrita kaur	8287888046	Student	K.R. Mangalam University	Soed	Delhi	South delhi
35	12-29-22 19:01:38	12-29-22 19:04:05	shithaldiya@gmail.com	SHITHAL PINTO	9113239973	Research Scholar	Department of Education, Bangalore University	Edu	Karnataka	Benga
36	12-29-22 19:34:56	12-29-22 19:36:42	jeniferhillary8@gmail.com	JENIFER HILLARY M P	9538741879	Student	Sri Vijayendra College of Education	Bachelor of Education	Karnataka	Kolar
37	12-29-22 19:33:41	12-29-22 19:37:28	diviyakumaris8@gmail.com	Diviya kumari S.	6366345652	Student	Sri Vijayendra college of Education	B.ED	Karnataka	Kolar

Divya/26/12/22

Tanish Gupta
(Dean) 26/12/22

38	12-29-22 19:44:04	12-29-22 19:58:50	lillyprescilla48@gmail.com	Lilly Mary Prescilla R	8892840667	Student	Sri Vijayendra college of Education	B.Ed	Karnataka	Kolar
39	12-29-22 20:08:00	12-29-22 20:09:59	aditiverma734@gmail.com	Aditi Verma	9560608281	Student	K.R. Mangalam University	Education	Haryana	Sohna
41	12-29-22 21:27:52	12-29-22 21:29:27	sandyanand655@gmail.com	A.Sandhya	8217321763	Student	Sri Vijayendra College of Education	B.ED	Karnataka	Kolar
42	12-30-22 8:53:06	12-30-22 8:54:02	anulehal@gmail.com	Anudeep Lehal	9971758866	Other	HPPI	Education	Delhi	South Delhi
43	12-30-22 8:52:16	12-30-22 8:56:09	varsha.ghadage123@gmail.com	Ms Ghadage Varsharani Shivaji	8830242720 9503776698	Assistant Professor	Dhananjayrao Gadgil College of Commerce, Satara	Department of Computer Applications	Maharashtra	Satara
44	12-30-22 10:23:55	12-30-22 10:32:10	nnaveenkumar3@gmail.com	Ashwini R	7892364661	Student	Sri . vijayendra college of education	Bed	karnataka	Kolar
45	12-30-22 10:36:24	12-30-22 10:44:58	nnaveenkumar3@gmail.com	Ashwini.R	7892364661	Student	Sri Vijendra college of education	B.ED	Karnataka	Kolar
46	12-30-22 10:57:16	12-30-22 11:01:44	nnaveenkumar3@gmail.com	Ashwini R	7892364661	Student	Sri Vijendra college of education	B.ED	Karnataka	Kolar
47	12-30-22 12:01:57	12-30-22 12:04:29	nnaveenkumar3@gmail.com	Ashwini .R	7892364661	Student	Sri Vijendra college of education	B.ED	Karnataka	Kolar
48	12-30-22 12:05:48	12-30-22 12:08:57	nnaveenkumar3@gmail.com	Ashwini.R	7892364661	Student	SRI VIJENDRA COLLEGE OF EDUCATION	B.ED	KARNATAKA	KOLAR
49	12-30-22 12:12:20	12-30-22 12:13:40	pooja.verma@krmanagalam.edu.in	Dr.Pooja Verma	8810418447	Assistant Professor	K R. Mangalam University	School of Education	Haryana	Sohna
50	12-30-22 12:11:09	12-30-22 12:13:55	rakesh20155bi@gmail.com	Rakesh kumar	8709848256	Student	MAHATMA GANDHI CENTRAL UNIVERSITY BEHAR	SCHOOL OF EDUCATION	BEHAR	EAST CHAMPARAN
51	12-30-22 12:12:49	12-30-22 12:15:00	arishaarjun10@gmail.com	Arisha kumari	9599894363	Student	k.r.managalam University	School of education	Rajasthan	Bhiwadi
52	12-30-22 12:14:29	12-30-22 12:15:07	anshulsaluja@gmail.com	Dr. Anshul Saluja	9910600889	Assistant Professor	K R. Mangalam University	Education	Haryana	Faridabad
53	12-30-22 12:14:32	12-30-22 12:15:29	reena.just.nath@gmail.com	Reena Rani Nath	9069759085	Student	K R Managalam University	School Of Education	Haryana	Sohna
54	12-30-22 12:25:19	12-30-22 12:27:23	Menkasinghrajput12@gmail.com	Menka Kumar	7254986808	Student	Mahatma Gandhi Central University Motihari	Education	Bihar	Sheohar
55	12-30-22 12:24:03	12-30-22 12:32:13	bablukumarraja2014@gmail.com	BABLU KUMAR	7631602361	Student	MAHATMA GANDHI CENTRAL UNIVERSITY BIHAR	SCHOOL OF EDUCATION	BIHAR	EAST CHAMPARAN
56	12-30-22 12:36:41	12-30-22 12:37:36	rakesh20155bi@gmail.com	Rakesh Kumar	8709848256	Student	Mahatma Gandhi Central University Bihar	School of Education	Bihar	East Champaran
57	12-30-22 12:53:05	12-30-22 12:53:42	zsaddmechnowcoz651@gmail.com	Monika Sharma	9797226491	Student	Chandigarh University	Chemistry	Punjab	Chandigarh

Qd/3d/22

Lavie Cuple
(Dean)
24/12/22

ATTENDANCE SHEET

58	12-30-22 13:01:52	12-30-22 13:03:01	rakesh2015btl@gmail.com	Rakesh Kumar	8709848256	Student	Mahatma Gandhi Central University Bihar	School of Education	Bihar	East Champara
59	12-30-22 13:39:24	12-30-22 13:40:50	armeena.khatun0987@gmail.com	Armeena Khatun	7076609258	Student	K.R. Mangalam University	Soed	Haryana	Gurgaon
63	12-30-22 13:54:38	12-30-22 13:56:14	2011260005@krmu.edu.in	Mokshita Sethi	8287029276	Student	K R Mangalam University	Education	Haryana	Gurgaon
64	12-30-22 14:58:24	12-30-22 14:59:16	chhavishk.99@gmail.com	Chhavi Kaushik	8076838170	Student	KRMU	SOED	Haryana	Gurgaon
65	12-30-22 18:41:00	12-30-22 18:41:58	mangalmaitri24@gmail.com	Dr. Pawar Mangala Bansilal	7666853163	Assistant Professor	S.P.D.M College Shirpur	Science and Faculty	Maharashtra	Dhule
67	12-31-22 10:30:18	12-31-22 10:32:43	msgrace.saini@gmail.com	Vikas Saini	8750444341	Dean/Director/Principal/Coordinator	Sushant University	International Relations & Admissions	Delhi	South West Del
68	1-1-23 11:45:13	1-1-23 11:46:20	priyeshrangan@gmail.com	Priyesh Rangan	9031008856	Assistant Professor	M.V. College, Buxar	English	Bihar	Buxar
69	1-6-23 10:26:40	1-6-23 10:27:44	renuka.sharma1907@gmail.com	Dr. Renuka Sharma	9891615999	Assistant Professor	Shree Guru Gobind Singh Tricentenary University	Commerce and Management	Haryana	Gurgaon

Dr. Renuka Sharma

1 anis Cuple 30/12/22

(Dean, SOED)



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

(Est. Under the Govt. of Haryana private Universities Act No. 2006, under section 2f of the UGC Act, 1956)

SCHOOL OF HUMANITIES

ACADEMIC SESSION 2022-2023

NOTICE

Yoga and Healthy Habits

(Personality Development for Life Skills)

SOHS/Notice/2022-23/13

27 March 2023

School of Humanities is organizing an Expert Session on Yoga and Healthy Habits on 31/03/2023 for the personality development for Life skills of the School in Even semester 2022-23.

This is mandatory for all the faculties and staff from SOHS to be present there on time.

Venue: Yoga Hall Campus, A Block, K.R. Mangalam University.

Time: 11:00 AM

Event In charge

Mr. Rajiv Ranjan
Ms. Afreen Fatima

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Website
krmangalam.edu.in

Phone
011-48884888

Address
Sohna Road, Gurugram, Haryana
122103



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

Gurugram, Delhi-NCR



School of Humanities

Organizes

INTER-SCHOOL EVENT

on

YOGA AND HEALTHY HABITS

PERSONALITY DEVELOPMENT FOR LIFE SKILLS

ABOUT THE EVENT:

Yoga is the greatest healthy habit, it has numerous benefits and promotes good quality of living. Yoga offers physical and mental health benefits for people of all ages. In today's competitive and constantly changing world, having Healthy habits is a must. To promote doing Yoga and other healthy habits, the School of Humanities at K.R. Mangalam University proposes to organize a event on the topic. This event is designed to equip students and faculty members in Yoga, Healthy Habits.

CONVENOR:

Dr. Debasis Bhattacharya, Dean

School of Humanities

Mr. Rajiv Ranjan, Assistant Professor (Chinese)

Ms. Afreen, Fatima, Assistant Professor
(Psychology)

EXPERT NAME:



Date

31st March 2023

Venue

Yoga Hall Campus



University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 📞 8800697012

🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in



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Report on
Yoga and Healthy Habits
(Personality Development for Life Skills)

Date: 31st March, 2023

Venue: Campus Yoga Hall, A Block, K.R. Mangalam University.

Event Type: Life Skills Session

Mode of Activity: Offline

Target Group: Students of K.R. Mangalam University

Coordinators: Mr. Rajiv Ranjan, Ms. Afreen Fatima.

Organized by: SOHS


External Expert: Mr. Vidyanath & Mrs. Asha Chopra, Faculty (Art of Living)

Number of Participants: 23


Yoga is the greatest healthy habit; it has numerous benefits and promotes good quality of living. Yoga offers physical and mental health benefits for people of all ages.

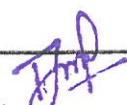
In today's competitive and constantly changing world, having Healthy habits is a must. To promote Yoga and other healthy habits, the School of Humanities at K.R. Mangalam University organized an event on the topic. In the KR Mangalam campus, A block (4th floor), Yoga room the flex poster for the event was posted it was equipped with required materials like yoga mats, speakers for playing yoga music, and mike for the expert to announce key instructions were arranged. This event was designed to equip students and faculty members with Yoga, Healthy Habits.

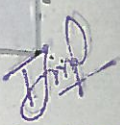
Two extremely talented expert faculties of Art of Living, Mr. Vidyanath & Mrs. Asha Chopra, were invited as yoga specialists as an external source of contact to assist students in the activity. Mrs. Chopra first beautifully built a healthy rapport with the students who participated in the event. She explained the basics of yoga to the students, what is the nature, dimensions of the Buddhist school of thought that are Yoga which is now widely accepted by the Western world for its amazing mental and physical benefits finally yoga has received its due importance. Mrs. Chopra explained to the students how stress a debilitating cause of damage to health can be reduced by Yoga. She helped students understand the stress and how it can be

 Website
krmangalam.edu.in

 Phone
011-48884888

 Address
Sohna Road, Gurugram, Haryana
122103


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

Gurugram, HR, India
Sohna, Gurugram, 122103, HR, India
Lat 28.271882, Long 77.068284
03/31/2023 01:28 PM GMT+05:30
Note : Captured by GPS Map Camera

 GPS Map Camera



reduced using techniques of yoga.

Mrs. Chopra made students perform some walking, running, and jumping activities to lighten up the room. She energetically performed every activity and corrected the poses of the students whenever they made a mistake. She made them understand the importance

Mrs. Chopra narrated a story to the students which are about a monkey, she instructed the students to listen keenly and to especially not focus on the animal that is the protagonist of the story which is a monkey. She later asked the students in an interactive session, what is it that they visualized most when each and every time the name of the animal, the monkey was called out in the story. This is how she demonstrated that the mind plays games in the way that it highlights the very information that we try to suppress.

Later she engaged students in Progressive muscle relaxation and students were also able to experience some Yoga Aasnas, Pranayama, Meditation, and Yoga Nidra as guided by Mr. Chopra. The event turned out to be a successful one and proved to be very fruitful for the students. Students got to learn a lot of new knowledge from the Two Experienced, Art of Living Faculties invited for the session at the University.



Photo 1 : Dean (SOHS) addressing students after the Yoga event.



Photo 2 : Students participating in the event.

Report prepared by	Ms. Afreen Fatima	<i>Afreen</i>
Report verified by Event Coordinator	Mr. Rajiv Ranjan	<i>Rajiv</i>
Report verified by Dean	Dr. Debasis Bhattacharya	<i>Dr. Debasis</i>
Report verified by IQAC	<i>Dr. Shikha Dutt Sharma</i>	<i>Dr. Shikha Dutt Sharma</i>

DEAN - SOHS
K.R. Mangalam University
Sohna Road, Gurugram, Haryana-122103

IQAC
K.R. Mangalam University
Sohna Road, Gurugram-122103



GPS Map Camera

Gurugram, HR, India

Sohna Road, Sohna, Gurugram, 122103, HR, India

Lat 28.271719, Long 77.067188

03/31/2023 01:08 PM GMT+05:30

Note : Captured by GPS Map Camera

Attendance

1. General

Title of the event: <u>Yoga and Healthy Habits</u>					
Date: <u>31/03/2023</u>			Venue: <u>Yoga & Meditation Hall</u>		
School of Humanities					
Sr No.	Roll Number	Student Name	Program Name	Program Code	Signature
1	2208770007	Divya Saini	B.A.(Hon)(Hindi)		<u>Divya</u>
2	2208770008	Prachi	B.A.(H)(Chinese)		<u>Prachi</u>
3	2208190003	Charvi	BA Eco(H)		<u>Charvi</u>
4	2208790068	Parshita Raval	BA(H) Psychology		<u>Parshita</u>
5	2208790079	Keshav Bhalla	BA(H) Psy		<u>Keshav</u>
6	2208790067	Pungom Tongia	BA(H) Psy		<u>Pungom</u>
7	2208790069	Kareena Malik	BA (Psychology)		<u>Kareena</u>
8	2208790005	Vanshika Gode	B.A.(H) Psy		<u>Vanshika</u>
9	2208790026	Vamshi Kaper	BA (H) Psy		<u>Vamshi</u>
10	2208180009	Manasvi Kora	B.A(H) Eng		<u>Manasvi</u>
11	2208180006	Adya Godbole	BA(H) Eng		<u>Adya</u>
12	2208180019	Divya	BA(H) Eng		<u>Divya</u>
13	2208180004	Shruti Pathak	BA(H) Eng		<u>Shruti</u>
14	2208790087	Vinayak	BA(H) Psy		<u>Vinayak</u>
15					
16					
17					
Verified by: <u>Rajiv Ranjan</u> Signature: <u>[Signature]</u> Date: <u>05/03/2023</u>					


 Registrar
 K.R. Mangalam University
 Sohna Road, Gurugram, (Haryana)

Attendance

1. General

[illegible]



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Reference: KRMU/Event/2022-23/SMAS/238

SCHOOL OF MEDICAL AND ALLIED HEALTH SCIENCES

17TH MARCH 2023

NOTICE

School of Medical and Allied Health Sciences (Department of Physiotherapy) is organising a workshop on Basic life support with collaboration with Fortis Hospital, Gurugram. This hands-on workshop has been planned to imbibe knowledge of providing basic life support to students in emergency scenarios. Basic life support has become an important aspect of learning for students to combat difficult situations in which they might help someone in situation of heart attack, stroke, Road traffic accident etc.

Venue:

Date:

Time

B 301

19/5/2023

10.00 AM

Coordinators:

Dr. Nitin Dhar (PT)

Dr. Ankita Samuel (PT)

Dean (SMAS)

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION
Gurugram, Delhi-NCR



School of Medical and Allied Sciences

In collaboration with Fortis Hospital Gurugram

Organizes

WORKSHOP ON BASIC LIFE SUPPORT

 **19th May 2023**

 **10:00 AM Onwards**

 **301, 3rd Floor, B block**

Event Coordinators:

Dr Nitin Dhar

PT Assistant professor,

Dr. Ankita Samuel

PT Assistant professor,



University Gurugram Campus: ☎ 011-48884888 / 8800697010-15 📞 8800697012
🌐 www.krmangalam.edu.in ✉ welcome@krmangalam.edu.in


Registrar
K.R. Mangalam University
Sector Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY
E D U C A T I O N F O R L I F E
(Recognized by UGC and a member of AIU)

Reference: KRMU/ Event/ 2022-23/ SHAS 238

Date: 17/05/2023

Event Approval Form

Society/ Club/ Department Name: SCHOOL OF MEDICAL AND ALLIED SCIENCES

School: SHAS

Student Coordinator: Aanchal, Rustum, Raza, Pijush

Club/Society Coordinator: DR. NITIN DHAR / DR. ANKITA SAMUEL

Date of Event: 19th MAY 2023

Event Name: WORKSHOP ON BASIC LIFE SUPPORT

Audience Count: 50

Mode of Conduction: OFFLINE

Place of Conduction: A213 (A-Block)

Event Timings: 10 AM 301 (B-Block)

Financial Requirements (if any): 1500/-

Material Requirements: Momentos, Certificate, Lunch (5 guests)

Any Other Requirements: Transport ☐ IT ☒

(Note: Please fill separate requisition for Transport and IT)

Nitin Dhar
Ankita Samuel
Name and Signature
(Event Coordinator)

Hemachandray
17/05/2023
Name and Signature
(Dean of School/ DSW)

[Signature]
Signature
(Administrative Officer)

[Signature]
Signature
(Finance Officer)

(Note: Dean Students Welfare in case of cultural activity only)

[Signature]
Signature Registrar
(Registrar)
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



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Report on

Workshop on Basic Life Support

Date: Friday, 19th May, 2023.

Venue: Room No. B 301, B Block, K.R. Mangalam University.

Event Type: Intra-School

Mode of Activity: Offline

Target Group: Students and Faculty of BPT and D. Pharm,

Resource Person (if any): Dr. Manu (Fortis hospital, Gurugram)

Coordinators: Dr. Ankita Samuel, Dr. Nitin Dhar

Organized by: School of Medical & Allied Sciences

Number of Participants (Attach Attendance as Annexure): 44

Introduction:

School of Medical and Allied health Sciences (Department of Physiotherapy) of K.R. Mangalam University will conduct a Workshop on Basic Life Support in collaboration with Fortis Hospital, Gurugram. Fortis Hospital Gurugram is a Fortis Healthcare Limited – an IHH Healthcare Berhad Company – is a leading integrated healthcare services provider in India. It is one of the largest healthcare organizations in the country with 27 healthcare facilities, 4,300 operational beds and 400 diagnostics centers.

Basic Life Support (BLS) is the foundational course for healthcare professionals and trained first responders who provide care to patients in a wide variety of in-facility and pre-hospital settings. BLS is the cornerstone program for healthcare professionals.

As the gold standard, Heart & Stroke's BLS training courses teach the theoretical and hands-on skills needed to respond to medical emergencies and drives the best possible patient outcomes.

Objectives:

Students, research scholars and faculty members or professionals in the field are encouraged to get skilled to revive a person through basic life support when required in any medical emergency. The objectives of this workshop were to:

- Provide hands on learning to undergraduates from physiotherapy and pharmacy students
- Train learn about the techniques and protocol to be followed to save a life.

Registrar
K.R. Mangalam University
Sector 14, Gurugram, (Haryana)

Content :

The School of Medical & Allied Sciences (SMAS), K. R. Mangalam University, Gurugram had organized a workshop on Basic Life support in collaboration with Fortis Hospital, Gurugram on **19/05/23, Friday**. The instructor (Dr. Manu) who was also an Doctor of Emergency Department of the hospital, shared the importance of knowledge of BLS with the students and how it can be beneficial for everyone. The session started with imparting theoretical knowledge of basic life support, followed by demonstration. Mannequins, Ambu bag and other necessary equipment were arranged by the organisers so, that students can get a hands-on learning experience. The instructor was surprised to see the enthusiasm with which the students were eager to learn and participated in the event.

Future scope:

The Knowledge of Basic life support has become a necessity in today's world where a lot of people are dying due unavailability of medical resources. It can help people in road traffic accidents, people who have sudden heart attack in Gym, work place etc.

Some Photos from the event are as follows-



Image 1- Dr. Manu explaining the techniques

K. R. Mangalam University
Sohna Road, Gurugram, (Haryana)

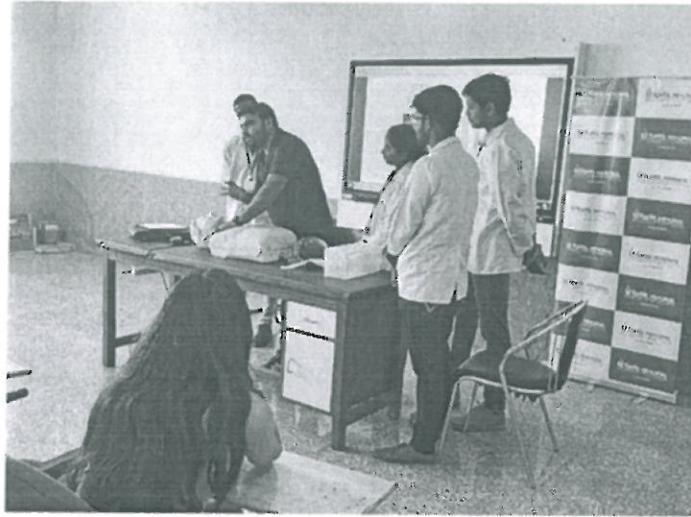


Image 2- Dr. Manu Demonstrating the assessment of the patient



Image 3- Students practicing the BLS techniques



Image 4- Students practicing on the mannequins

[Signature]
 Registrar
 K.R. Mangalam University
 Sohna Road, Gurugram, (Haryana, India) 3



Image 5- Group photograph

Report prepared by	Dr. Ankita Samuel Dr. Nitin Dhar
Report verified by Event Coordinator	Dr. Ankita Samuel Dr. Nitin Dhar
Report verified by Dean	Dr. Hema Chaudhary
Report verified by IQAC Office	Dr. Shikha Dutt Sharma

Ankita Dhar
Hema Chaudhary
26/05/2023
IQAC
K.R. Mangalam University,
Sohna Road, Gurugram-122103

[Signature]
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)

School of Medical and Allied Sciences
Attendance sheet
Workshop on Basic life support

S. No	Name	Enrollment no.	School/ Department	Phone No.	E-mail ID	Signature
1	Aanchal	1904130003	SPRS	7042599752	dyaanehal02@gmail.com	Aanchal
2	Harsh Raj	2004130006	SPRS	6206044262	harsh345@gmail.com	Harsh
3	Raostum	2004130001	SPRS	9817164988	roostumphoudkary@gmail.com	Raostum
4	Dhruv Mehra	1904130002	SPRS	9813506637	dhruvmehra05@gmail.com	Dhruv
5	Saurav	1904130005	SPRS	9416918370	sauroshikupali2@gmail.com	Saurav
6	Simone	2204130057	SPRS	9306086523	simone10102001@gmail.com	Simone
7	Bhawani	2204130039	SPRS	7070396799	BhawaniKumari2020@gmail.com	Bhawani
8	Nikita	2204130026	SPRS	9205685842	nikita1004@gmail.com	Nikita
9	Sakshi	2204130059	SPRS	8810327679	sakshisingh19782@gmail.com	Sakshi
10	Aakash	2204130046	SPRS	9518296539	akashbawet840@gmail.com	Aakash
11	Deepanshu	2204130040	SPRS	9729591583	deepanshuyadavkambal@gmail.com	Deepanshu
12	Divesh Malik	2204130058	SPRS	991841020	diveshmalik2004@gmail.com	Divesh
13	Shubham Yadav	2204130053	SPRS	7027784386	shubhambkdas12355@gmail.com	Shubham
14	Sourav Banisal	2204130034	SPRS	7888401866	souravbanisal68@gmail.com	Sourav
15	Naveet	2204130006	SPRS	9588568188	naveetnaveet0077@gmail.com	Naveet
16	Manisha	2104310038	SMAS	8920318035	mt95569@gmail.com	Manisha
17	Archana	2104310056	SMAS	7217850157	archanakumari@gmail.com	Archana
18	Surenzer	2104310008	SMAS	9811532953	xylin.surenzer@gmail.com	Surenzer
19	Abhinav	2104310026	SMAS	6392051473	yadavabhinav07@gmail.com	Abhinav
20	Aanchal Sharma	1904130000	SPRS			
20	Harshit	1904130001	SPRS	9971037834	harshitkumar94638@gmail.com	Harshit
21	Ritika	2104310032	SMAS	9311204413	8393ritika@gmail.com	Ritika
22	Krishna	2104310013	SMAS	858700350	Krishna.aggodwal2004@gmail.com	Krishna
23	Riya	2004130002	SPRS	8130312322	ria09092001@gmail.com	Riya
24	Twinkle	2004130008	SPRS	8851082777	twinklekhatnig67@gmail.com	Twinkle
25	Dharna	1904130004	SPRS	9416427511	dharnakawar2000@gmail.com	Dharna
26	KAJAL	2104310035	SMAS	9810518306	PandatKajal6@gmail.com	Kajal

19/5/23

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K.R. Mangalam University
Soma Road, Gurugram, (Haryana)

School of Medical and Allied Sciences Attendance sheet Workshop on Basic life support
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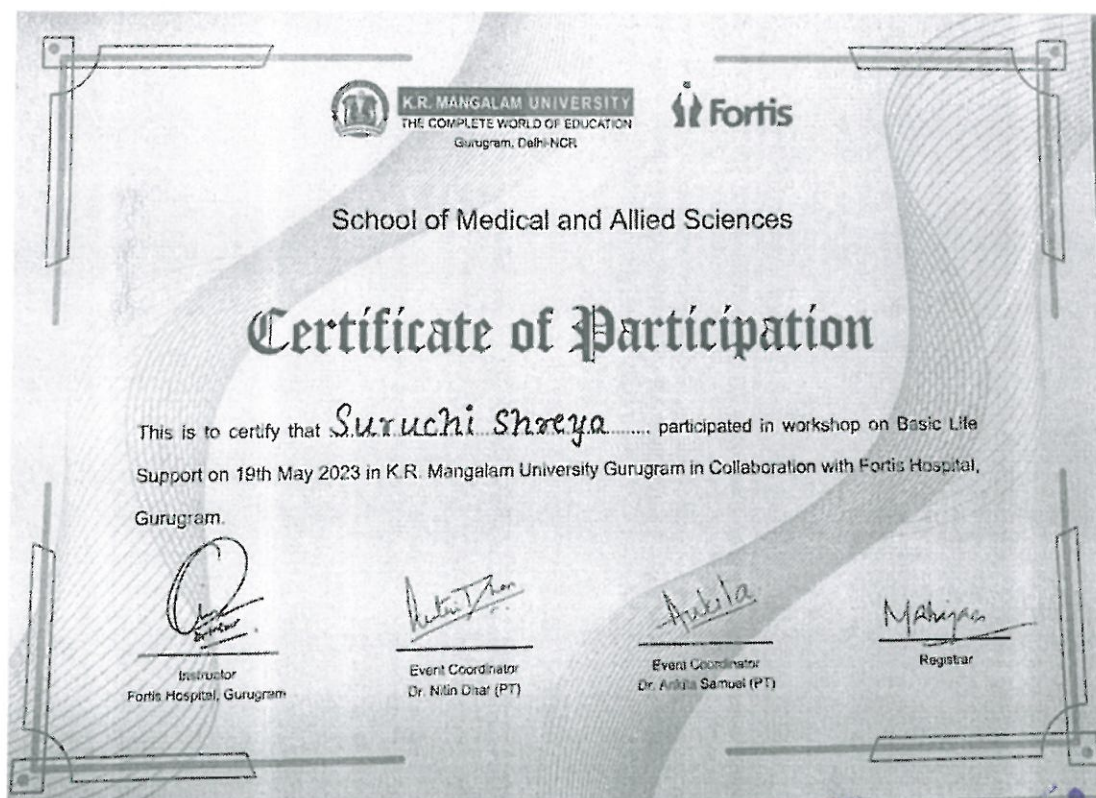
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Registrar

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Sohna Road, Gurugram, (Haryana)

Adham
19/5/23

~~19/5/23~~



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Ref. No.: KRMU/SOET/ 2022-23/ _____

Date: 17.06.23

NOTE

Subject: Organizing Yoga Day in School of Engineering and Technology

School of Engineering and Technology, K R Mangalam University, Gurugram will organize International Yoga day for faculty and students of K R Mangalam University. The event will be conducted in B Block basement on 21.6.2023 from 2 PM onwards. The Event will be coordinated by Dr. Vineet Dahiya

Submitted for your kind approval.

DEAN, SOET DEAN
School of Engineering & Technology (SOET)
K.R. Mangalam University
Sohna road, Gurugram
Haryana 122103

Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



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SCHOOL OF ENGINEERING & TECHNOLOGY

Ref. No: KRMU/SOET/Notice/2022-23/12

Date: 15.06.2023

NOTICE

1. The Department of Computer Science and Engineering, SOET is celebrating "International Yoga Day" on 21st June, 2023.
2. All the students and Faculties have to attend the Session.
3. The details of the session are as below:

Date: 21st June, 2023

Time: 9:10 am Onwards

Venue: B Block Basement, KRMU


Event Coordinators
Dr. Vineet Dahiya


Dean SOET


Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)



K.R. MANGALAM UNIVERSITY

EDUCATION FOR LIFE

(Recognized by UGC and a member of AIU)

Reference: KRMU/ Event/ 2022-23/ ___/___

Date: 27/06/2023

Event Approval Form

Society / Club / Department Name: _____

School: SOET

Student Coordinator: Vardaan

Club/Society Coordinator: _____

Date of Event: 21.6.23

Event Name: Yoga Day Celebration

Audience Count: 18

Mode of Conduction: Offline

Place of Conduction: B-Block Basement

Event Timings: 2:00 - PM onwards

Material Requirements: - NA -

Any Other Requirements: Transport ☐ IT ☐

(Note: Please fill separate requisition for Transport and IT)

[Signature]

Name and Signature
(Event Coordinator)

[Signature]

Name and Signature
(Dean of School/DSW)
DEAN
School of Engineering & Technology (SOET)
K.R. Mangalam University
Sohna road, Gurugram
Haryana 122103

Signature
(Administrative Officer)

(Note: Dean Students Welfare in case of cultural activity only)

Signature
(Registrar)

Registrar



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School of Engineering and Technology, K. R. Mangalam University, Celebrating The international Day of Yoga



B Block

Basement 2:00

PM onwards

21 June 2023

When you listen to yourself, everything comes naturally. It comes from inside, like a kind of will to do something. Try to be sensitive. That is yoga.

Registrar

K.R. Mangalam University,
Sohna Road, Gurugram, Haryana

School of Engineering and Technology

K. R. Mangalam University,
Sohna Road, GURUGRAM



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International Yoga day Celebration

Date: June 21, 2023

Venue: B Block Basement, KRMU

Event Type: School Level

Mode of Activity: Offline

Target Group: Faculty and Students of SOET

Coordinators: Dr. Vineet Dahiya

Organized by: School of Engineering & Technologies

Number of Participants: 18

Event Description:

School of Engineering and Technology, K R Mangalam University, Gurugram organized a Yoga day in B Block Basement where students and faculty from SOET participated in the event. Yoga is a practise that has been around for a very long time. The word "yoga," which has its primary Indian origins and means "to unite," is borrowed from Sanskrit. This unity denotes the final joining of the body and consciousness, leading to the achievement of unbreakable peace, been around for a very long time. The word "yoga," which has its primary Indian origins and means "to unite," is borrowed from Sanskrit. This unity signifies the ultimate union of the body with consciousness and thus attaining definitive peace.

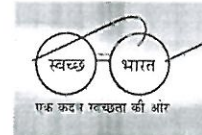
This is currently being practised in many different forms all around the world and is gaining popularity. The primary goal of the International Day of Yoga celebration is to increase public awareness of the many advantages of yoga. Yoga, however, is much more than simply a simple exercise. Man attempts to unite his mind, body, and soul through the practise of oga. Sanskrit's term for "meet" or "be united" is "yoga." Yoga has its roots in Indian culture. Yoga has been practised by humans for around 5000 years. Yoga doesn't focus on physical fitness in the first place; instead, practitioners learn to control their body and mind using breathing techniques and mental concentration.

Every June 21, International Yoga Day is observed. Our honourable Prime Minister, Shri Narendra Modi, presented it. It attempts to promote physical and mental fitness for the mind, body, and soul. Additionally, it revitalises our bodies and calms us.

Registrar

K.R. Mangalam University

Sohna Road, Gurugram, Haryana



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Image 1: Session on YOGA

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Sohna Road, Gurugram, (Haryana)



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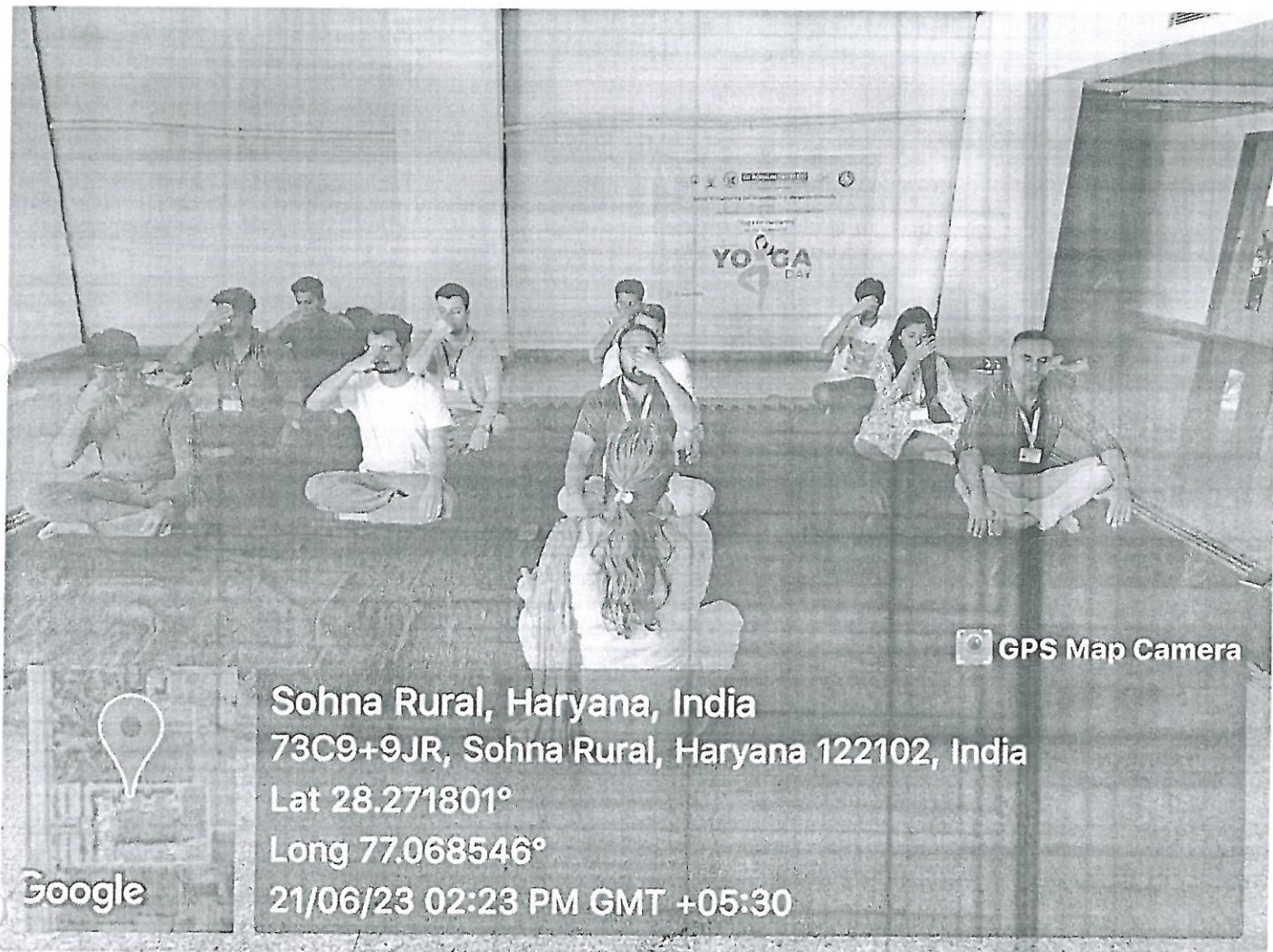


Image2: Practising Yoga Asans

Handwritten signature
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Image 3: Students and faculty doing different asans


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Image 4: Students and faculty doing different asans

Report prepared by	Dr. Vineet Dahiya	<i>Vineet Dahiya</i>
Report verified by Event coordinator	Dr. Vineet Dahiya	<i>Vineet Dahiya</i>
Report verified by Dean	Dr. Pankaj Agarwal Dean SOET	<i>Pankaj Agarwal</i> DEAN School of Engineering & Technology (SOET) K.R. Mangalam University
Report verified by IQAC office	Dr. Shikha Dutt Sharma	<i>Shikha Dutt Sharma</i> IQAC Sohna road, Gurugram Haryana 122103 K.R. Mangalam University Sohna road, Gurugram, Haryana 122103

Website
krmangalam.edu.in

Phone
011-48884388

Address
Sohna Road, Gurugram, Haryana
122103

Yoga Day
Date: 21.06.23
Attendance Sheet

Sr No.	Roll No.	Name	Course	Signature
1	2101030002	Abhishek	EEE	Abhi
2	2101030003	Abhinav	EEE	Abhinav
3	2101030004	Bhupesh	EEE	Bhupesh
4	2101030005	Vardaan	EEE	V
5	2101020001	Tania	ME	Tania
6	2201021006	Richa Singh	ME	Richa
7	2201021007	Priyanka	ME	Priyanka
8	2101020004	Lakshay	ME	Lakshay
9	2101020005	Mansi	ME	Mansi
Sr.No	Faculty Name	Department	School	Signature
1	Tanu Gupta	CSE	SOET	Gupta
2	Ruchika Bhakhar	CSE	SOET	Ruchika
3	Dr. Pallavi	CSE	SOET	Pallavi
4	Ms. Yogita	CSE	SOET	Yogita
5	Dr. Kaushal Kumar	ME	SOET	Kaushal
6	Mr. Arvind K	ME	SOET	Arvind
7	Dr. S.K. Verma	ME	SOET	Verma
8	Dr. Bhavish	EEE	SOET	Bhavish
9	Dr. Pooja	EEE	SOET	Pooja

Event Coordinator
Dr. Vineet Dahiya
Registrar
K.R. Mangalam University
Sohna Road, Gurugram, (Haryana)