



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

SCHOOL OF HUMANITIES PERSPECTIVES

NEWSLETTER JANUARY TO MARCH 2025



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EDITORIAL

Welcome to the latest edition of the SOHS Newsletter!

We're excited to bring you a glimpse into the vibrant world of the School of Humanities where learning goes beyond classrooms and ideas shape futures.

At SOHS, we believe that understanding the human experience is at the heart of education. Our approach nurtures critical thinking, creativity, and empathy—skills that are not just academic but deeply human. Whether it's exploring literature, delving into history, debating politics, analyzing the economy, or understanding the mind through psychology, our programs empower students to see the world through multiple lenses.

In a world increasingly driven by technology, the humanities help us stay grounded. They teach us to listen, to reflect, and to care. They equip our students not just with knowledge, but with the wisdom to navigate life's complexities with compassion and clarity. Our goal is to nurture thoughtful, ethical, and resilient individuals who are ready to lead with heart and purpose.

This edition of the newsletter brings together the spirit of our school through a variety of stories and updates. Each section is a testament to the passion, creativity, and dedication that define our SOHS family. We hope you find joy, insight, and inspiration as you read through the remarkable work of our students, faculty, and alumni.

Let's celebrate the power of the humanities—, because understanding each other is the first step towards changing the world.

Editor-in-Chief

Prof. (Dr.) Tania Gupta Dean, School of Humanities

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Ms. Rohini Kumari (Assistant Professor), **Dr. Srishti Srivastava** (Assistant Professor), **Dr. Shikha Dutt Sharma** (IQAC Coordinator)

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Ms. Namita Nagar (B.A (H) Political Science), **Mr. Arnav Singh Rathod** (B.A (H) Economics)

MESSAGE FROM THE LEADERSHIP



In today's fast-changing world, where technology often moves faster than thought, the role of the humanities and social sciences becomes even more critical. At SOHS, we take pride in nurturing not just scholars, but socially aware, emotionally intelligent, and ethically grounded individuals.

Our academic vision is rooted in fostering curiosity, interdisciplinary thinking, and a deep understanding of the human condition.

Dear Readers,

It gives me immense pride to present this edition of the SOHS Newsletter—a reflection of the intellectual energy, creativity, and commitment that define the School of Humanities

In today's fast-changing world, where technology often moves faster than thought, the role of the humanities and social sciences becomes even more critical. At SOHS, we take pride in nurturing not just scholars, but socially aware, emotionally intelligent, and ethically grounded individuals. Our academic vision is rooted in fostering curiosity, interdisciplinary thinking, and a deep understanding of the human condition.

This newsletter captures the spirit of our school—our students pushing boundaries, our faculty breaking new ground in research, and our community growing stronger through dialogue, empathy, and collaboration. Whether through classroom discussions, community engagement, artistic expression, or academic research, every story featured here reaffirms our belief that education is most powerful when it connects the mind and the heart.

As Dean Academics, I am proud of the strides we are making in building a dynamic and inclusive academic environment. I invite you to explore these pages and celebrate the achievements, efforts, and aspirations of the SOHS family.

Warm regards,

Prof. Varuna Tyagi

Dean Academics

K.R. Mangalam University

MESSAGE FROM THE DEAN



This newsletter is more than just a collection of updates—it is a celebration of our shared purpose. Every event, every research paper, every student’s success story echoes our belief in the transformative power of the humanities.

Whether through a classroom discussion, a community project, or a creative expression, we are shaping individuals who are not only knowledgeable but also kind, reflective, and resilient.

Dear Readers

It is with great joy and pride that I share this latest edition of our newsletter—an offering that brings together the voices, achievements, and aspirations of our School.

At SOHS, we see education as a journey of both the mind and the soul. Our disciplines—be it Literature, History, Political Science, Psychology, or Economics—do more than just inform; they inspire. They encourage students to ask meaningful questions, to listen deeply, and to connect with the world around them in thoughtful and empathetic ways.

This newsletter is more than just a collection of updates—it is a celebration of our shared purpose. Every event, every research paper, every student’s success story echoes our belief in the transformative power of the humanities. Whether through a classroom discussion, a community project, or a creative expression, we are shaping individuals who are not only knowledgeable but also kind, reflective, and resilient.

I am deeply grateful to our faculty, staff, and students who bring our School’s vision to life every day. Your passion and dedication continue to make SOHS a vibrant and meaningful place to learn and grow.

Thank you for being part of this journey. I hope you find inspiration in the pages ahead, just as I have.

Warm regards,

Prof. (Dr.) Tania Gupta

Dean, School of Humanities

Editor-in-Chief, PERSPECTIVES

SCHOOL OF HUMANITIES (SOHS) -VISION AND MISSION

VISION

To attain international recognition by excelling in interdisciplinary education, research, and innovation.

MISSION

- To foster cross-curricular innovation, focusing on building a strong foundation of knowledge and skills.
- To instill lifelong learning among the students.

- To advance humanitarian goals of global peace, sensitivity, and cooperation through an inclusive and dynamic curriculum.
- To cultivate analytical and critical research skills, scientific inquiry, and creative thinking in students.
- To provide opportunities to students for acquiring language proficiency and socio-cultural-philosophical awareness.



IN SPOTLIGHT: FEATURED ARTICLES

Spiritual Intelligence: The Silent Force Behind Human Flourishing

"With Spirituality, Comes Morality, Morality is doing what is right regardless of what you are told, Spiritual people are not Godless, they just happen to honour the God residing in everyone, Divinity is in YOU, as it is in ME" Spirituality may denote almost any kind of meaningful activity or blissful experience. The term 'SPIRIT' means "animating or vital principle in the man and animals". The term 'SPIRITUAL' matters "concerning the spirit." There is no single widely agreed definition of spirituality. Modern spirituality is centered on the "deepest values and meaning by which people live." It embraces the idea of an ultimate or an alleged immaterial reality. It envisions an inner path enabling a person to discover the essence of his or her being, It emphasis on humanistic ideas on moral character and qualities such as- LOVE, COMPASSION, PATIENCE, TOLERANCE, FORGIVENESS, CONTENTMENT, RESPONSIBILITY, HARMONY and a CONCERN for others. It effectively amounts to saying "everything and anything that is good and virtuous is necessarily spiritual."

Being spiritual is an expanded state of awareness where you go beyond the skin encapsulated ego and experience your universality. It's true and real living with all one's soul with all the goodness and righteousness. Though, it does not mean being extremely religious, spirituality extends beyond the bizarre boundaries making you feel connected with the god. It is a peace of mind, bliss and harmony between one's mind and body. Essentially it is also about having faith in supreme power through prayers, submerging in positive thoughts and doing good selflessly. Being spiritual is living a value-based life and actually a science of managing one's mind.

Everyone comprehends spirituality in their own way, but it does not mean cutting the ties with the world or being extremely ritualistic. It is a soothing balm for the human psyche. It need not be restricted within boundaries of any preferences or religion, rather is a way of expressing HUMANITY. It is a tool for faith, strength, hope and answer to many of our unsolved question and often going beyond human explanations. There are times in everyone's life when



Ms. Rohini Kumari

**Assistant Professor, Economics
School of Humanities**

only faith has sustained through those hard times. Most would agree that being spiritual add strength at such times. Prayers, meditation and jobs well executed are offering to what is greater than oneself adding to our bliss immense benediction and enhance dimensions of wisdom. Whatever religious practices and faith that one may follow, spirituality is an awakening within us and thus when we listen to our inner self and conscience, it is God keeping you on right path.

WAYNE DYER emphatically said that spiritual being keeps their thoughts focused on LOVE and HARMONY. Is there anything else better than this in the world?

As SWAMI VIVEKANAND rightly said:

**"YOU HAVE TO GROW FROM INSIDE OUT,
NONE CAN TEACH YOU,
NONE CAN MAKE YOU SPIRITUAL,
THERE IS NO OTHER TEACHER BUT,
YOUR OWN SOUL."**

Reflections on Satyagraha in the Contemporary Times

My aim in this small article is to emphasise and argue on the need to recognise and reconcile the inextricable link between the moral and the pragmatic understanding of Satyagraha. The argument that the entire paper gives shape to is that initially, at the time of birth of Satyagraha, nonviolent resistance incorporated the spiritual, moral, ethical dimensions at its core but with passage of time this moral core has been diluted, giving way to a more utilitarian and mechanical approach to Satyagraha. In this article, analysing the present context with respect to a greater inclination towards issue based, short termed nonviolent struggles, I hold the changing nature of nonviolent resistance as a reason for the shift from moral to mechanical understanding of Satyagraha. Further, I assert that the effectiveness of Satyagraha can be multiplied if ways to reconcile the moral and the pragmatic dimensions of Satyagraha are given importance.

While Gandhi defined Satyagraha not only as means of nonviolent resistance, but primarily as a moral power seeking for a better society especially a morally righteous society. The pragmatists, on the other hand, see Satyagraha as one of the many tools to resist non-violently. For them, it is just a strategy to be used only when it assures victory. Conflict-resolution is the goal of pragmatists. Though this goal is very important but keeping Satyagraha limited to this goal renders it toothless. The essence of Satyagraha lies in its ability to morally uplift the Satyagrahis as well as morally shake the opponents which is not really captured by the tradition of pragmatism.

The pertinent question that can be asked here is that, what is the reason for eschewing the moral dimension of Satyagraha?

It has to be understood that when Gandhi practiced Satyagraha as a principle, the masses that joined Satyagraha had a large stake in the issues that were dealt with Satyagraha. These issues were able to unite the masses and mobilize them against a common enemy but in the present times, this is not the case. The issues are becoming more particular and diversified, leading to dispersed, sporadic, spontaneous, short-termed and mostly solution-centric nonviolent resistances. Therefore, unlike the times of Gandhi, where all the issues could be easily roped in under a single and primary issue like national independence, racism and civil rights, now, it is difficult to find an 'umbrella concern' under which all the political and social nonviolent protests could be parked. Today, it is the particular issue that ultimately takes the ascendancy over the way in which Satyagraha is executed. The concern is not to unify or mobilize large number of masses against a common enemy but what is important now is that if the particular interests are served or not. In fact, it is also plausible that these same groups may switch to violent means if they find that Satyagraha is proving to be ineffective in achieving their



Dr. Priya Sharma

Assistant Professor

School of Humanities

particular goals.

For instance, nonviolent protests largely operating against moral policing represent a wave of new pragmatic ways of executing nonviolent resistance. These campaigns though aim at dissolving the moral control over one section of society by another section, but their main purpose remains to focus on the immediate issue and give a fitting reply to the opponent by violating what they dictate. It shows that there is no attempt at diluting the boundaries between 'us' and 'them'. The other point that needs to be noticed is that though they non-violently protests to achieve the aim of representing their agency, the chances of mass mobilization, moral upliftment of the larger masses remain bleak in such nonviolent protests. Though there is no denying that they create an awakening among the masses to stand up for their rights. But, this awakening fizzles out as the protests disappear from visibility in the public arena. Thus, these protests, being ephemeral, do not go deep enough to shake the structural inequalities that lie behind the immediate causes. The number of such kind of protests has been increasing which is a positive thing in a way as these are able to create awareness about different issues but in order to harness the real potential of nonviolent resistance specially Satyagraha, it is important that serious, in-depth, sustainable and morally strong nonviolent struggles are waged.

This, I think, can happen through two ways. The first way is to find a common link among the diverse range of issues. For example, both Narmada Bachao Andolan and Ekta Parishad go beyond the immediate issues of displacement and rehabilitation and land reform respectively in order

to address larger issues of developmental model and real national interest. Such an attempt at building alliance through larger and more important issues without sacrificing the local, immediate objectives through Satyagraha and other nonviolent actions helps to build a strong consent for Satyagraha as it helps in transcending the narrow interests in favour of the real, concrete issues. Thus, giving a chance for creating a path for the coming up of a constructive and non-violently active society.

The second way is to increase the interactions between theory and the ground situations in case of nonviolent resistances. There seems to be a chasm between theory and actual practice of Satyagraha. In practice, one can observe that nonviolent struggles uphold different positions representing a clear lack of interaction with the theoretical framework. For instance in social movements like Narmada Bachao Andolan and Ekta Parishad one can observe a mix of both the traditions, while we see that in case of many nonviolent campaigns, there was a greater inclination towards conflict resolution reflecting pragmatic tradition. These differences highlight two points. First, there seems to be confusion as to where in practice the understanding of Satyagraha in particular and nonviolent

resistance in general is going. Second, there is a lack of clarity with respect to the extent to which there happens to be an interaction between the theoretical and practical spheres. This is because the theoretical framework has still not captured the real situation where Satyagraha is being upheld as a mix of both. This is why there remains dividing lines between the two traditions in theory. If emphasis is laid on understanding the on-ground situation then, the need to strike a balance between the two theoretical traditions will be realised and accomplished.

To reiterate, the article lays down ways in which Satyagraha can be re-invented in a much stronger form than it is now. It needs to be realised that the legacy given to the world in the form of Satyagraha should not get mixed with passive resistance. This can be avoided only when real meaning of Satyagraha is understood. In addition to this, it has also to be kept in mind that Satyagraha is dynamic and evolving with time. Due to this reason, discounting on any one of the dimension, be it moral or pragmatic, would only give an incomplete picture of Satyagraha. Therefore, in the present times, it is indispensable to understand and ensure the link between the moral and the pragmatic aspects of Satyagraha in theory as well as in practice.

Echoes of Devotion: A Journey Through Ujjain

"If Reincarnation Is Real, I Have Walked These Streets Before"

Anushka Thapliyal

B.A. (H) Political Science

Batch 2022-25

"Traveling – it leaves you speechless, then turns you into a storyteller." – Ibn Battuta

That being said, I have always loved exploring new places in the hope of gaining new perspectives on life. I have always been fascinated by books, cinema, art, literature, poetry, postcards, stamps, history, gazals, photography, aesthetic diaries and, most importantly, travel. I don't really know when my passion for exploring the world actually began, except for a vague memory of collecting coins from various countries that my father would bring home after his travels. Traveling has always been my sanctuary—a place where I don't have to fit in, where I can simply observe, absorb, and reshape my own perspective as I go. It's a metaphor for life itself—a vagabond belongs nowhere yet finds pieces of themselves everywhere. With every journey, they embrace new cultures, traditions, people, languages, and flavors, weaving countless lives into their own. In the endless pursuit of the unknown, they don't just explore the world—they rediscover themselves, again and again. In my endless

pursuit of the unknown, I found myself lost once again—this time in the enchanting city of Ujjain. If reincarnation is real, I feel as though I have walked these sacred streets before, surrounded by echoes of devotion and history. Ujjain, historically known as Ujjayini, holds a revered place in Hindu scriptures, including the Mahabharata and the Puranas. Once a prominent city of the Avanti Mahajanapada, one of ancient India's 16 great kingdoms, Ujjain has long been associated with Lord Shiva and is home to the sacred Mahakaleshwar Jyotirlinga, making it a key pilgrimage destination. During the Mauryan Empire (321–185 BCE), it served as a provincial capital under Chandragupta Maurya and Ashoka the Great. The Gupta period (4th–6th century CE) transformed Ujjain into a thriving center of learning, astronomy, and trade, with the legendary Sanskrit poet Kalidasa drawing inspiration from its grandeur. The Medieval era saw Ujjain under the rule of the Paramaras (9th–12th century CE), known for their architectural contributions, before it passed through the hands of the Delhi Sultanate, the Mughals, and the Marathas. The Scindia dynasty of Gwalior later established it as a crucial administrative center in the 18th century. Ujjain also played a significant role in India's fight for independence, standing as a stronghold of resistance against British rule. Today, Ujjain remains a vibrant religious and cultural hub, best known for hosting the Kumbh Mela, one of the world's largest spiritual gatherings,

held every 12 years on the banks of the sacred Shipra River. The city's timeless spirit continues to draw seekers, blending mythology, history, and devotion into an eternal journey of discovery. Ujjain is also called the city of Mahakal, and there are historic tales that echo in the hearts of Shaivas (devotees of Shiva), and this devotion is still visible in the eyes of people. Every Shakti Peetha is closely associated with Shiva, as he is the eternal consort of Shakti. Many Jyotirlingas and Shakti Peethas exist in the same or nearby locations, emphasizing the balance of Shiva (pure consciousness) and Shakti (divine energy). As it is said without "Shakti", "Shiv" is incomplete. There are 51 Shakti Peethas and 12 Jyotirlingas. The story behind the establishment of Shakti Peetha goes back in time. Sati, the daughter of King Daksha Prajapati, was deeply devoted to Lord Shiva and married him despite her father's disapproval. Daksha who was deeply devoted to Lord Vishnu, organized a grand yajna (sacrificial ritual) and deliberately did not invite Shiva. Sati, feeling humiliated, attended the event to confront her father.

However, unable to bear Daksha's insults toward her husband, she self-immolated in the fire. Overcome with grief, Shiva carried her burning body and performed the Tandava, a cosmic dance of destruction, shaking the universe. To pacify him, Lord Vishnu used his Sudarshan Chakra to cut Sati's body into 51 parts, which fell across various locations, giving rise to the Shakti Peethas, sacred sites symbolizing the divine feminine energy. One such Shakti Peetha is located in Ujjain which is called Harsiddhi Shakti Peetha, where Goddess Sati's elbow is believed to have fallen. The temple is known for its spiritual significance, architectural beauty, and vibrant atmosphere. The main sanctum houses the dark-red idol of Goddess Harsiddhi, flanked by the idols of Goddess Mahalakshmi and Goddess Mahasaraswati, representing the power of wealth, knowledge, and strength. Two massive oil lamp pillars (Deep Stambhas) stand in the temple courtyard, which are illuminated during Navratri and other festivals, creating a breathtaking spectacle. The lamps have multiple tiers and are considered a symbol of divine light and energy. A Shri Yantra, a powerful symbol of cosmic energy and devotion, is placed inside the temple and is worshipped by devotees for spiritual strength and prosperity. In the same courtyard there are two more temples one - the Chintaman Ganesh Temple is one of the most revered shrines dedicated to Lord Ganesha in Ujjain. The name Chintaman translates to "remover of worries," and devotees believe that praying here helps eliminate stress, anxieties (chinta), and obstacles in life. The temple houses a self-manifested (Swayambhu) idol of Lord Ganesha, which is said to be ancient and highly powerful. The Karkateshwar Mahadev Temple, also situated within the Harsiddhi Temple complex, is dedicated to Lord Shiva and holds astrological significance. The temple is associated with Ketu, one of the nine planetary deities (Navagrahas) in Vedic astrology. The name Karkateshwar is derived from Karkata (Cancer), which is a zodiac sign ruled by the Moon. The temple is considered an important site for those seeking relief from planetary doshas (malefic influences), particularly those related to Ketu and the

Moon. Devotees visit this temple to perform special rituals and prayers for overcoming obstacles, improving mental well-being, and seeking spiritual upliftment. It is believed that worshipping Karkateshwar Mahadev helps remove negative karmic influences and enhances personal and professional success. The nearest Jyotirlinga to Harsiddhi Temple is Mahakaleshwar Temple. Unlike other Jyotirlingas, Mahakaleshwar is considered a Swayambhu Jyotirlinga, meaning it manifested on its own and was not installed by human hands. The temple's unique feature is that the Shivalinga faces south, a direction associated with Lord Shiva's role as the destroyer of evil. This has led to Shiva being worshipped here as the Lord of Time and Death (Mahakal). The Shakti Peethas represent Goddess Sati's energy, while the Jyotirlingas signify Shiva's divine presence. Together, they symbolize the balance of the universe—Shiva as the stillness and Shakti as the movement, Shiva as the destroyer and Shakti as the creator. This connection highlights the essence of Hindu philosophy: one cannot exist without the other, just as consciousness (Shiva) needs energy (Shakti) to manifest. As the saying goes, "Lord Shiva grants all wishes but liberates you from worldly desires" reflects the deeper philosophy of Shaivism, where Shiva is both the bestower of boons (Bholenath) and the supreme liberator (Moksha Dayaka). In essence, Shiva allows his devotees to experience worldly success if they seek it but also guides them towards a higher purpose. Those who walk the Shiva path gradually realize that material desires are fleeting, and ultimate bliss comes from self-awareness and unity with the divine. This philosophy is why Shiva is worshiped not just as a wish-fulfiller but also as the one who grants moksha (liberation)—helping devotees transcend the illusions of the material world. Mahakal temple thus, holds tremendous value for people traveling across the world just to see one glimpse of their beloved God. You can see it in their eyes—the quiet surrender, the unwavering faith, the profound sense of belonging they find in God. A presence they have never seen, yet deeply felt—in the gentle bow of their heads at His doorstep, in the resonating chime of temple bells, in the fragile threads of hope tied to the ancient branches of a peepal tree. As I sat by the sacred waters of the Shipra River at Ram Ghat, waiting to witness the divine aarti of Maa Shipra—also known as Kali Ganga—I found myself lost in a storm of thoughts. Is God real? Or is it simply the faith of the people that breathes life into Him? Just as doubt clouded my mind, the sudden, soul-stirring sound of the shankh shattered my thoughts. Instinctively, I turned to my right—and there, beside me, was a little child, bowing his head to a small shivling with pure devotion. And in that fleeting moment, I felt my answer unfold. Perhaps it is not just tradition or social conditioning. Perhaps it is the quiet, unshaken belief that somewhere, someone watches over us all. As the priests lit the dhuni and the aarti began, flames danced in the cold January air, casting a golden glow upon the faithful. The rhythmic beat of the dhols and nagadas echoed through the night, carrying with them an unspoken prayer, a silent plea. Around me, eyes

glistened with unshed tears—of longing, of surrender, of hope. It was as if Mahadev himself was the last refuge for their weary hearts, as if Maa Bhagwati was wrapping them in her embrace, shielding them from the storms of life. And in that sacred moment, beneath the vast sky and beside the eternal river, faith became something more than just belief. It became warmth in the freezing cold, light in the darkest hour, and solace for souls aching for divine love. I watch them—souls wandering in search of truth, much like me.

Vagabonds of fate, longing for meaning, carrying battles within them that the world will never know. But here, in Ujjain, it feels as if the city itself whispers an answer—an escape, not from reality, but into something deeper. The silent tears in their eyes are not of sorrow, but of victory—of wars fought in the quiet corners of their hearts, where only they and their God bore witness. After all, we are all just travelers, finding our way home—one prayer, one step, one moment of surrender at a time.

SCHOOL EVENT CHRONICLES

Capacity Development Training Program on Digital Humanities & Tech Integration

On January 27, 2025, the School of Humanities at K.R. Mangalam University hosted a Capacity Development Training Program on the topic "Digital Humanities & Tech Integration." The event was meticulously coordinated by Dr. Manju Rani and Ms. Muskan Sethi, under the guidance of Prof. (Dr.) Tania Gupta, Dean, School of Humanities. The session was taken by Ms. Jyoti Kataria, Assistant Professor, School of Engineering & Technology, KRMU, who provided participants with insightful guidance on

integrating digital tools and technologies within the realm of humanities. Students gained a deeper understanding of the evolving intersections between technology and the humanities, enhancing their innovative capabilities in this rapidly advancing field. The session highlighted how the integration of digital resources could foster interdisciplinary collaboration, improve access to information, and revolutionize traditional methods of inquiry in the humanities.



Students posing for the group photo

Workshop on Mastering Emotions: Unlocking Professional Communication Skills for Success

The School of Humanities successfully organized a Workshop on Mastering Emotions: Unlocking Professional Communication Skills for Success" on 31.01.25. The workshop was conducted by Ms. Varsha KV and Ms. Aakansha Sharma, Co-founders of Beyond Words, an organization dedicated to mental health awareness and emotional well-being.

The workshop aimed to help students develop emotional intelligence, enhance communication skills, and build meaningful connections through self-awareness and empathy. The session began with a Chinese Whisper

icebreaker, highlighting the role of active listening and communication. This was followed by a reflective exercise, emphasizing empathetic connection and self-awareness in conversations. Students engaged in empathy mapping, analysing emotions, thoughts, and behaviours in various situations. Discussions on emotional intelligence, self-reflection, and personal growth provided practical insights into regulating emotions for success. Overall, the workshop fostered therapeutic conversations, safe spaces, and deep self-exploration, equipping students with essential life skills for personal and professional development.



Speaker of the workshop interacting with the students during the event.

Training Programme on Breath, Balance, Thrive: Life Skills through Yoga

The School of Humanities, in collaboration with the Chetna Society, organized a yoga activity titled "Breath, Balance, Thrive: Life Skills through Yoga" on 4th February 2025. The event, conducted under the "Har Ghar Parivaar - Suryanamaskar" initiative by Haryana Yog Aayog & AYUSH, aimed to promote physical, mental, and emotional well-being through the practice of yoga. The session was led by Ms. Jyoti Sharma, a distinguished Yoga Instructor from the Department of AYUSH, Gurugram. She guided

the participants through various yoga asanas, breathing exercises, and meditation techniques while emphasizing the importance of yoga in achieving balance and resilience in life. Students actively participated and engaged in the session, demonstrating enthusiasm and a keen interest in incorporating yoga into their daily routines. The event was a great success, reinforcing the significance of yoga as a life skill and encouraging students to embrace it for a healthier and more balanced lifestyle.



Glimpses of Yoga Training Programme.

Open House Session on UPSC 3600 : Challenges & Triumph

The School of Humanities at K.R. Mangalam University hosted a captivating Open House Discussion on UPSC and UPSC Aspirants on February 7, 2025, in the Multipurpose Hall, Aryabhata Block. Mr. Sumit Bhatia, Deputy Commissioner IRS (C&IT) and Director General of GST Intelligence, Gurgaon Zonal Unit, was the esteemed guest speaker. The session commenced with the lighting of the lamp, followed by a warm welcome address by Prof. Mehraj Uddin Mir, Chair

Professor, Motilal Nehru Chair. Mr. Bhatia delivered an insightful presentation, offering a comprehensive overview of the UPSC journey, including its challenges and rewards. He shared his personal experiences, providing strategic advice on preparation, perseverance, and the realities of bureaucratic life. A highly engaging Q&A session followed, allowing students to seek guidance on exam strategies, career prospects, and life in administration.



Mr. Sumit Bhatia, Deputy Commissioner IRS (C&IT) and Director General of GST Intelligence during the open house session.



Mr. Sumit Bhatia, Deputy Commissioner IRS (C&IT) and Director General of GST Intelligence during the open house session.



Capacity Development Training Programme on Mastering Communication and Storytelling for Professional Success

The School of Humanities at KR Mangalam University organized an engaging session on “Mastering Communication and Storytelling for Professional Success, on 12.02.2025” led by guest speaker Prof. (Dr.) Amit Chawla, Dean, School of Journalism and Mass Communication, KRMU. With over 22 years of experience, Prof. Chawla shared valuable insights into the importance of communication and storytelling

in enhancing leadership and professional growth. He introduced practical storytelling frameworks like the Hero’s Journey and the Problem-Solution Approach. A memento was presented by Dr. Apoorva Hooda and Dr. Shikha Dutt to honour his contribution. The program concluded with a vote of thanks and left attendees equipped with actionable strategies for effective communication.



Glimpses of the event on Mastering Communication and Storytelling for Professional Success.

Innovate and Elevate: Entrepreneurial Insights and Strategies Session

On February 27, 2025, the School of Humanities in collaboration with K.R. Mangalam Entrepreneurship and Incubation Centre (KEIC) hosted a captivating session titled "Innovate and Elevate: Entrepreneurial Insights and Strategies." Under the expert guidance of Mr. Sanjay Kapoor, a renowned entrepreneurship and business strategy specialist. Mr. Kapoor shared valuable insights and hands-on experiences, enabling students to grasp the essential principles of building sustainable business ventures. His lectures emphasized the importance of

creativity, problem-solving, and adaptability in a dynamic market environment. Major highlight of the session was an interactive group activity, where students were divided into teams to identify a real-life problem and brainstorm innovative solutions.

This exercise fostered critical thinking, teamwork, and creative problem-solving – vital skills for aspiring entrepreneurs. The session seamlessly blended theoretical learning with practical knowledge, engaging attendees and encouraging participation.



Mr. Sanjay Kapoor interacting with students during the event.

One Week Faculty Development Programme on Enhancing Research Quality: Qualitative Data Analysis and Insight in Social Science and Multidisciplinary Approaches

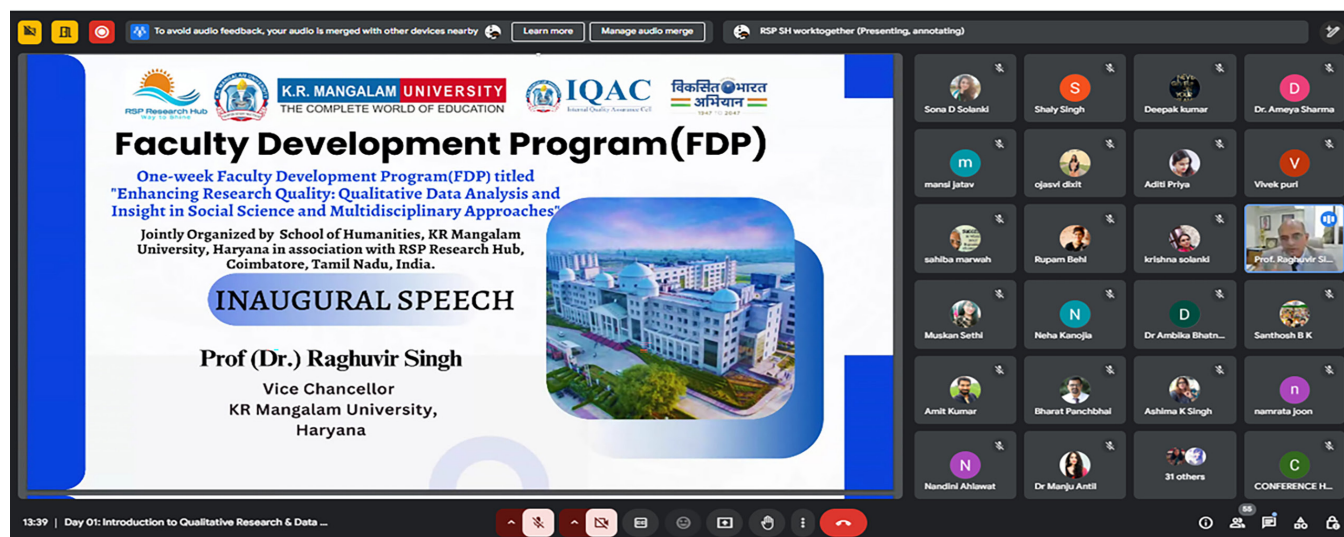
One Week Faculty Development Program on "Enhancing Research Quality: Qualitative Data Analysis and Insight in Social Science and Multidisciplinary Approaches", Jointly Organized by School of Humanities, IQAC, K.R. Mangalam University, Gurugram, Haryana in association with RSP Research Hub, Coimbatore, Tamil Nadu, India., was organised successfully from 24th Feb - 01st Mar 2025. Total Number of participants was 106 who belonged to 18 States, 22 reputed universities and 45 colleges. The objective Faculty Development Program (FDP) was to enhance research quality in social sciences and multidisciplinary studies requires a robust approach to qualitative data analysis. This involves systematic coding, thematic analysis, and interpretation to uncover meaningful insights from complex data. Researchers employ various techniques such as content analysis, discourse analysis, and narrative analysis to examine diverse sources, including interviews, focus groups, and textual documents. Advanced software tools like NVivo, Atlas.ti, and MAXQDA facilitate efficient data organization and analysis. Triangulation, which integrates multiple data collection methods, strengthens the credibility of findings. Reflexivity is essential to ensure objectivity and acknowledge researcher biases. Grounded theory helps in developing theories based on real-world observations, while ethnographic methods offer deep, contextual insights into human behaviour.

A Faculty Development Programme (FDP) titled "Enhancing Research Quality: Qualitative Data Analysis and Insight in Social Science and Multidisciplinary Approaches – 2025" was successfully organized in online mode. The programme featured five expert-led sessions delivered by eminent resource persons: Dr. S. Aarif Ahamed,

Assistant Professor (Senior Scale), Presidency University, Bengaluru; Dr. Amitava Choudhury, Assistant Professor, Department of Computer Science and Engineering, Pandit Deendayal Energy University, Gandhinagar; Dr. Sudhanshu Maheshwari, Assistant Professor, SPJIMR, Mumbai; Dr. R. Sujithra, Assistant Professor, School of Computer Science and Engineering, VIT Chennai; and Dr. Ananth Ananthapadmanabhan, Assistant Professor, Indian Institute of Information Technology, Kottayam.

The academic sessions were structured across five days, covering a range of critical topics in qualitative research: (Day 1) Introduction to Qualitative Research and Data Collection Methods, (Day 2) Data Organization, Coding, and Thematic Analysis, (Day 3) Qualitative Data Interpretation and Software Tools (NVivo, ATLAS.ti), (Day 4) Case Study Research and Grounded Theory Approach, and (Day 5) Writing and Presenting Qualitative Research Findings. These sessions incorporated both foundational concepts and recent trends in qualitative research, contributing to a rich and engaging learning experience for the participants.

All five sessions were conducted successfully through virtual platforms, made possible by the dedicated efforts of the resource persons and organizing committee. On Day 6 (01.03.2025), an evaluation in the form of a quiz was administered to assess participant learning. Based on their performance, the top ten participants were identified and recognized. The organizing team extends sincere appreciation to the RSP Research Hub for their support and coordination. The FDP was well-received, and it is believed that the participants gained valuable knowledge and practical insights, contributing to the enhancement of research quality in their respective disciplines.



Prof. Raghuvir Singh (Vice-Chancellor, KRMU) addressing at Inaugural Session of the FDP.

GLIMPSES OF THE FACULTY DEVELOPMENT PROGRAMME

Faculty Development Program(FDP)

One-week Faculty Development Program(FDP) titled "Enhancing Research Quality: Qualitative Data Analysis and Insight in Social Science and Multidisciplinary Approaches"

Jointly Organized by School of Humanities, KR Mangalam University, Haryana in association with RSP Research Hub, Coimbatore, Tamil Nadu, India.

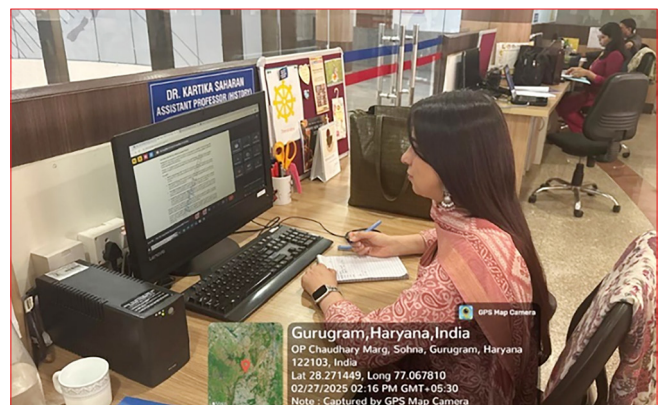
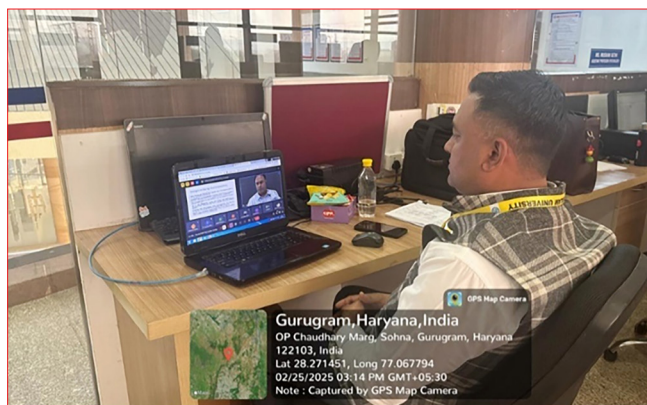
INSIGHTS

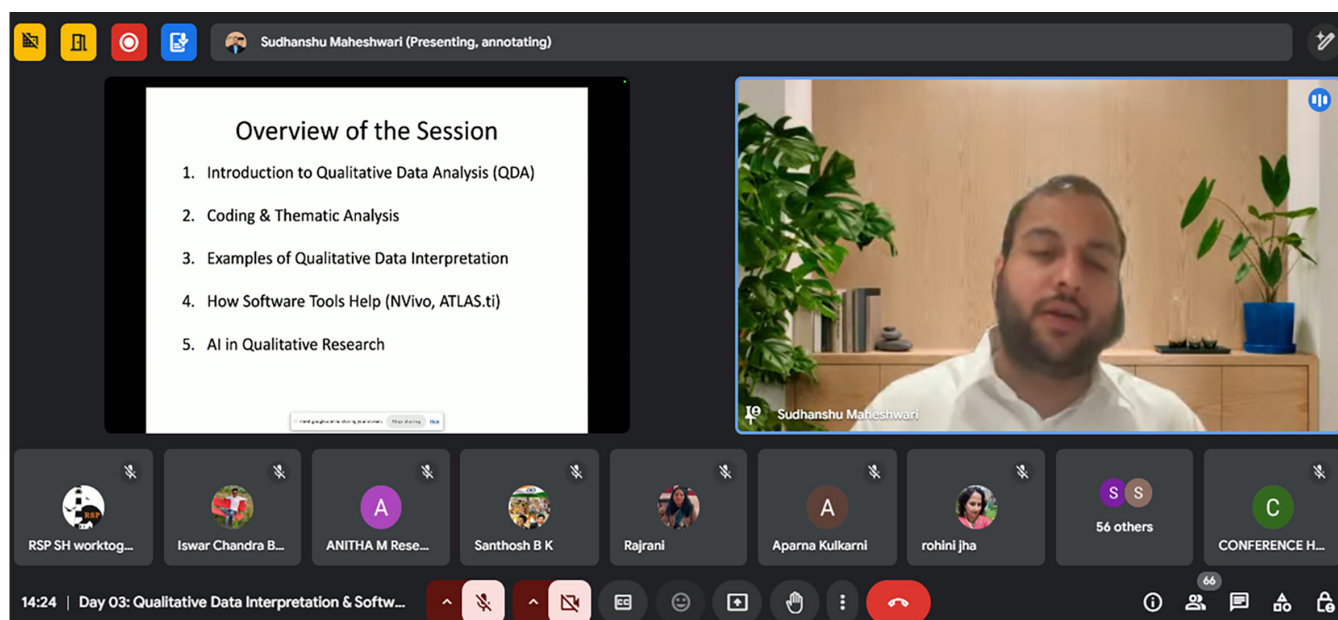
- No of Registered Participants: 96
- No of Resource Persons: 05
- No of Colleges/ Universities: 36
- No of Indian States: 18

Step 2: Conduct Literature Review

Review previous studies on:

- Identify gaps in research to refine study focus.
- Psychological effects of pandemics.
- Emotional impact of severe illnesses.
- Mental health coping mechanisms.





Trade Craft: Simulation Game

On 21st January 2025, the Investment Club of K.R. Mangalam University hosted an engaging Investment Simulation Game titled “Trade Craft: Simulation Game” aimed at enhancing students’ understanding of stock market trading. The event was conducted on the platform Neostox.com offering participants a simulated yet realistic experience of the financial market where students were given virtual money for trading. The event began with an insightful briefing by Mr. Abhay Singh, President of the Investment Club, and Mr. Shwetank, a member of the

Investment Club. They provided an overview of the game, highlighting the structure, objectives, and how participants could leverage the platform to simulate real-world investment strategies. Following this, Dr. Nizamuddin, Co-convener Investment Club and an expert in the field, conducted a detailed session on the essential concepts of trading. He explained fundamental trading concepts such as market orders, stop loss, and other key trading techniques, ensuring that the participants gained a solid understanding of how stock trading operates in real-time scenarios.



Students posing for the group photo after the event.

Session on Identifying Undervalued Stocks

The Investment Club at K.R. Mangalam University organized an informative and engaging session titled “Expert Session on Undervalued Stocks” on February 4, 2025. The objective of the session was to equip participants with the knowledge, skills, and tools necessary to recognize undervalued stocks that are trading for less than their intrinsic value. The guest speaker for the session Dr. Pushpender,

Assistant Professor, SOMC. Dr. Pushpender elaborated on key financial metrics such as the Price-to-Earnings (P/E) ratio, Price-to-Book (P/B) ratio, and Discounted Cash Flow (DCF) analysis, while also addressing broader market trends and investor behaviour that contribute to stock mispricing. He provided real-world illustrations to demonstrate how market inefficiencies can be leveraged for effective stock selection.



Students posing for the group photo.

Profit Pioneer: Analysis of Simulation Game

On February 18, 2025, the Investment Club of K.R. Mangalam University organized an engaging session titled "Profit Pioneer: Analysis of Simulation Game." This event was designed to analyse the results of an investment simulation game and help students identify profitable investment strategies. By analysing their simulation performance, students developed

a deeper understanding of financial decision-making and risk assessment. The event concluded with a vote of thanks, acknowledging the contributions of faculty coordinators and the enthusiastic participation of students. Through this activity, participants gained insights into decision-making, market fluctuations, and risk management in investments.



Students posing for the group photo after the event.

Expert Session: Risk and Return Analysis

On March 4, 2025, the Investment Club of K.R. Mangalam University organized an expert session on "Risk and Return Analysis." This event aimed to provide students with a comprehensive understanding of risk assessment in investment decision-making, highlighting various types of risks and strategies for maximizing returns. The session featured Dr. Mukul Jain, a distinguished Trainer at SEBI,

NISM, and CDSL, as the guest speaker. He elaborated on different types of risks, including market risk, credit risk, and inflation risk, while discussing various mitigation strategies. The session also covered asset allocation, portfolio diversification, and the risk-return trade-off, equipping students with practical financial knowledge. This event was coordinated by SOHS students.



Dr. Mukul Jain during his session at the event.

Finance Formula: Investment Pitch Competition

On March 18, 2025, the Investment Club of K.R. Mangalam University organized an exciting event, "Finance Formula: Investment Pitch Competition," exclusively for the students. The competition aimed to foster awareness about various investment opportunities, risk management, and return on investment. Sixteen enthusiastic students participated in the competition, showcasing their innovative investment ideas and strategies. Each participant

presented his/her unique investment plans, highlighting potential profit maximization and risk minimization techniques. The competition provided a platform for students to demonstrate their financial acumen, critical thinking, and communication skills. In this competition, participants gained a deeper understanding of investment principles, risk management, and the importance of informed decision-making.



Students presenting their ideas during the event.



Students and members posing for a group photo after the event.

BEYOND THE CLASSROOM: FIELD EXPERIENCES

Educational Trip to Jaipur Literature Festival

On January 31st, the School of Humanities organized an educational trip to the Jaipur Literature Festival at Hotel Clarks, Amer, offering students a vibrant exposure to literature, culture, and global thought. They attended sessions on food and music literature, historical fiction, diplomacy, and economic policies, engaging with renowned authors and thinkers. The event sparked critical reflections on identity, empowerment, and storytelling. Students explored how literature intersects with policy, innovation, and social discourse. The trip enriched their understanding of global narratives and broadened their intellectual horizons.



Students and faculty members posing for group photo



Glimpses of Jaipur Literary Festival

Industrial Visit to Amul Dudhmansagar Dairy, Manesar

On January 30th, 2025, the School of Humanities at K.R. Mangalam University organized an industrial visit to Amul, Dudhmansagar Dairy, Manesar, offering students a firsthand look into the operations of one of India's leading dairy producers. The visit provided valuable insights into dairy production, quality control, sustainability, and the integration of technology in modern

industry. Students explored the social and economic impact of Amul's farmer-centric model and its role in rural development. The experience encouraged critical thinking about the intersections between industry, ethics, and community welfare. It also inspired students to consider future opportunities in business, technology, and entrepreneurship.



Students and faculty members at Amul, Dhudhmansagar dairy, Manesar.



Students learning about the production process of milk from Mr.Ravi (Production Head, Amul,Manesar)

Exploring Our Heritage: An Academic Journey to the Qutub Complex

On 04th February 2025, School of Humanities organized an academic visit titled Exploring Our Heritage: An Academic Journey to the Qutub Complex. This visit aimed to provide students with an immersive experience in studying and appreciating India's rich cultural and architectural heritage. The Qutub Complex, a UNESCO World Heritage Site, offers

a unique opportunity to explore the historical evolution of Indo-Islamic architecture, understand its socio-cultural significance, and examine its contribution to India's historical narrative. The trip was designed to complement classroom learning by offering firsthand exposure to medieval Indian architecture, inscriptions, and historical narratives.



Educational Visit to Tamanna Autism and Special Education Centre

The School of Humanities at K.R. Mangalam University organized an Educational Visit to Tamanna Autism and Special Education Centre, New Delhi, on 25th March 2025 for postgraduate Psychology students. The visit was successfully coordinated by Dr. Nudrat Jahan and Dr. Manju Rani. This enriching experience offered students valuable, hands-on exposure to working with individuals on the autism spectrum. During the visit, students observed various therapeutic interventions including occupational

therapy, speech and language therapy, and behavioural therapy sessions tailored to the unique needs of children with autism. Engaging with the dedicated professionals at Tamanna Centre enhanced the students' understanding of special education, inclusive pedagogies, and evidence-based therapeutic practices. The experience helped them critically analyze real-world challenges faced in the field and appreciate the importance of empathy, patience, and collaboration in special education settings.



Students during the engaging session by the staff of Tamanna Autism and Special Education Centre

COMMUNITY ENGAGEMENT: OUTREACH AND IMPACT

The students of School of Humanities have participated in various community engagement programmes organised by NSS, KRMU. Few Glimpses of the NSS Camp held 2-8 Jan. 2025 at Lukhuwas



Aakriti Bansal of BA(H) Economics with Research, Vice President of NSS- KRMU, receiving the Best Leadership Award during the NSS Seven Days National camp.



Anushri Sharma of BA (Hons with Research) Psychology received the Best Female Volunteer during the NSS Seven Days National camp



Maahi Saini of B.A. (H) Economics received the Special Contribution Award for her involvement in the NSS camp.



Abhay Kumar of BA (Hons. With Research) Psychology was awarded as an "Emerging male Star of the Camp " at 7-Day NSS Camp

CAREER CONNECT: PLACEMENT

Student Name	Programme	Batch	Name of Company	Offered Designation
Deepanshi Attree	B.A. (H) Economics	2022-2025	Smartbrew	Impact Sales Executive
Jahanvi Arora	B.A. (H) Psychology	2022-2025	Smartbrew	Impact Sales Executive
Rijivan Kaur	B.A. (H) Psychology	2022-2025	SKJ Landbase Pvt. Ltd.	Management Trainee – Sales
Chirag Rana	B.A. (H) Economics	2022-2025	SOFTENGER (INDIA) PVT. LTD.	Associate Data Analyst
Tadar Kamin	M.A. (Psychology)	2023-2025	Beegle	Social Media Management
Dushyant Singh	B.A. (H) Economics	2022-2025	Learning Routes	Customer Relationship Executive
Kareena Malik	B.A. (H) Psychology	2022-2025	Green Valley Int. Public School	Primary Teacher

INTERNSHIPS

Student Name	Programme	Batch	Name of Company	Internship
Ikshita Dhanwal	B.A. (H) Psychology	2022-2025	College Dekho	Talent Acquisition
Aisha Kalra	B.A. (H) Psychology	2022-2025	College Dekho	Talent Acquisition

CELEBRATING SUCCESS: STUDENT ACHIEVEMENTS

Full Name	Programme	Position	Name of the Competition with Place & Date
Mansi Sharma	B.A. (H) Psychology	First	Fashion show at Aravali institute of technology and management on 14th Feb 2025- 1st prize
Mansi Sharma	B.A. (H) Psychology	Second	FASHION SHOW AT IILM UNIVERSITY, Gurugram - 2nd position
Mansi Sharma	B.A. (H) Psychology	Second	Nukkad Natak at IILM UNIVERSITY ON 1st Feb, 2025
Kashish Bangia	B.A. (H) Psychology	Second	Fashion show held at SGT University on 16th April 2025
Harsimran kaur	B.A. (H) Psychology	Third	Solo Music competition (kalautsav) held at KRMU university
Harsimran kaur	B.A. (H) Psychology	Third	Solo Singing competition held at GD Goenka on 26 march,2025
Preeti	M.A. Psychology/M.A. Applied Psychology	Best Paper Award	Best Paper Award at International Conference on Fusion of Wisdom & Technology: Yoga, Consciousness, AI for Better World organised by APJ Satya University
Udita sharma	M.A. Psychology/M.A. Applied Psychology		
Japneet kaur	M.A. Psychology/M.A. Applied Psychology		
Harshpreet Kaur	M.A. Psychology/M.A. Applied Psychology		
Aakriti Bansal	B.A. (H) Economics	First	Declamation Competition organized by NBGSM College, Sohna, Gurugram University held on 15 th Jan 2025

GLIMPSES OF THE STUDENT ACHIEVEMENTS







STUDENTS ACCOLADES



MILESTONES: FACULTY ACHIEVEMENTS



Ms. Rohini Kumari, Assistant Professor of Economics at the School of Humanities, K.R. Mangalam University, has been honoured with the distinguished "Iconic Women Creating a Better World for All" award. The prestigious accolade was presented by the All Ladies League (ALL) and the Women's Indian Chamber of Commerce and Industry (WICCI) on January 18, 2025.

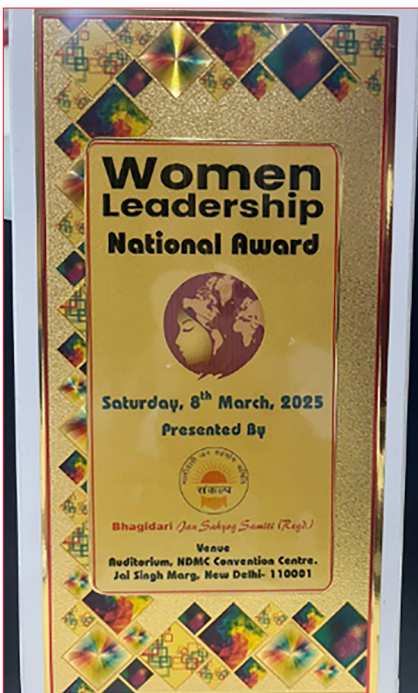


Milestones of Faculty Achievement



Dr. Shikha Dutt Sharma, Assistant Professor of English at the School of Humanities, K.R. Mangalam University awarded with Women Leadership National Award and Best Paper Presentation Award for Research Paper Presentation Category by Bhagidari Jan Sahyog Samiti on 8th March 2025.

Dr. Shikha Dutt Sharma (Assistant Professor, School of Humanities, K.R. Mangalam University, Gurugram) received the International Honourable Award 2025 from the Asian Council for Education and Research (UK Global Accreditation) for her remarkable achievements and exceptional contributions through the piece titled "Scripting Strength Into Womanhood" on 8th March 2025



RESEARCH OUTPUT : PUBLICATIONS

- Dr. Shikha Dutt Sharma authored a book chapter titled "Study of Select Works by European Writers Influenced by Indian Literature and Culture", published in Health & Wellbeing Through IKS : Building A Viksit Bharat And Shaping Global Leadership By Red'shine Publication, ISBN: 978-91-41-00129-9 on 01 January 2025.
- Dr. Shikha Dutt Sharma published a journal article titled "The Role of Physiotherapy in the Works of Franz Kafka: A Literary Perspective on Pain and Rehabilitation" in Cuestiones de Fisioterapia, published by Sociedad Andaluza de Fisioterapia, SOFIA, E-ISSN: 1135-8599 on 03 January 2024.
- Dr. Shikha Dutt Sharma published a journal article titled "Enhancing Listening Skills and Learner Engagement through the Use of Audio Books in English Language Instruction" in the Journal of Informatics Education and Research, E-ISSN: 1526-4726 on 01 January 2025.
- Dr. Shikha Dutt Sharma published a journal article titled "Expressing the Oppressed Voice in a Rebellious Way: A Comparison of Confessional Poetry by Sylvia Plath and Kamala Das" in the Journal of Neonatal Surgery, E-ISSN: 2226-0439 on 01 January 2025.
- Dr. Shikha Dutt Sharma published a journal article titled "Exploring the Representation of Art and Culture in English Children's Literature: A Study of Themes, Narratives and Illustrations" in ShodhKosh: Journal of Visual and Performing Arts, E-ISSN: 2582-7472 on 06 January 2024.
- Moksha Pabreja, Moksha Pabreja and Mr. Deepak Kumar published book chapter titled "Income and Wealth Inequality in India: Implications for Economic Development and Policy Interventions" in a book titled "Sustainable Development of India", on 07-03-2025.
- Dr. Kartika Saharan Assistant Professor, History, published book chapter titled "Reinterpreting Indian Knowledge Systems: Cinematic Adaptations of Indian Literature and Epics" in the book titled Multidisciplinary Research Nexus: Ideas for the Modern World on 2025-02-28.

Research Output: Paper Presentations

- Moksha Pabreja and Mr. Deepak Kumar presented the paper titled "India's Trade Edge in Central and South Asia: Unlocking Growth through Comparative Advantage" at "Viksit Bharat @2047: Challenges, Opportunities & Roadmap", organized by RKSD College, Kaithal (Haryana) on 15-02-2025
- Aarti Zade and Dr. Renu Verma presented the paper titled "Empowering Youth Through Digital Finance: A Pathway to Sustainable Development and Viksit Bharat 2047" at "Viksit Bharat@2047: Challenges, Opportunities and Roadmap", organized by Department of Economics, RKSD College Kaithal, Haryana on 15-02-2025
- Aarti Zade and Dr. Renu Verma presented the paper titled "Cybersecurity and Data Privacy in the Digital Age" at "Multidisciplinary Online International Conference on Sustainable Development Goals - Agenda 2030: The Way Ahead", organized by Society For Pathways To Sustainability (PathS) on 16-03-2025.
- Aarti Zade and Dr. Renu Verma presented the paper titled "Digital Finance and Sustainable Investment" at "Sustainable Business Transformation: Driving Innovation & Impact Through Technology", organized by Shaheed Bhagat Singh College, Delhi on 18-02-2025.
- Mehak Taneja and Mr. Deepak Kumar presented the paper titled "India's Trade Edge in Central and South Asia: Unlocking Growth through Comparative Advantage" at "Viksit Bharat@2047: Challenges, Opportunities and Roadmap", organized by RKSD College, Kaithal (Haryana) on 15-02-2025.
- Moksha Pabreja and Mr. Deepak Kumar presented the paper titled "Foreign Trade as a Catalyst for Socio-Economic Change in India: An Empirical Analysis" at "International Conference on Culture, Mind and Society: A Multidisciplinary Dialogue in Humanities and Social Sciences", organized by Vishwakarma University, Pune, Maharashtra on 26-03-2025.
- Druhi Goel and Dr Renu Verma (Student) presented the paper titled "A Comparative Study of Green Banking Initiatives of Reserve Bank of India and The People's Bank of China" at International Research Conference (IRC) 2025 on "Resilience for Sustainability: Management Practices and Strategies for the Future", organized by Lal Bahadur Shastri Institute of Management, Delhi on February 1, 2025.
- Ms. Rohini Kumari (Assistant Professor, K.R. Mangalam University, Gurugram), along with two students Arnav Singh and Maahi Saini of B.A. (H) Economics presented the research paper titled "Examining the Nexus between Social Sector Expenditure and Human Well-Being in India" at the One Day Interdisciplinary National Seminar on "Viksit Bharat @ 2047: Challenges, Opportunities & Roadmap", organized by the Department of Economics, RKSD College, Kaithal (Haryana) on February 15, 2025
- Ms. Rohini Kumari (Assistant Professor, K.R. Mangalam University, Gurugram) presented the paper titled "A

Case Study on Empowering Women for Micro-Finance and Financial Literacy in Ghangola Village, Gurugram, Haryana" at the International Conference on Recent Advances in Applied Science and Humanities in Evolution of Engineering (RAASHEE'25), organized by the Department of Applied Science and Humanities, Faculty of Engineering and Technology, University of Lucknow on February 7–8, 2025

- Dr. Shikha Dutt Sharma (Faculty, K.R. Mangalam University, Gurugram) presented the paper titled "Empowering Futures: The Role of Indian Government Schemes in Advancing Girl Child Education and Digital Literacy" at the International Conference on "Navigating the Digital Landscape: Examining Children's Experiences through the Lens of Vision Viksit Bharat and SDGs", organized by The Times School of Media, Bennett University, on March 10, 2025.

- Dr. Shikha Dutt Sharma (Faculty, K.R. Mangalam University, Gurugram) presented the paper titled "A Study on the Impact of Digitalization on Children's Mental Well-Being" at the International Conference on "Navigating the Digital Landscape: Examining Children's Experiences through the Lens of Vision Viksit Bharat and SDGs", organized by The Times School of Media, Bennett University, on March 10, 2025.

- Dr. Shikha Dutt Sharma (Faculty, K.R. Mangalam University, Gurugram) presented the paper titled "Advancing Gender Equality through Budgetary Allocation" at the International Conference on Recent Advances in Applied Science and Humanities in Evolution of Engineering (RAASHEE'25), organized by the Department of Applied Science and Humanities, Faculty of Engineering and Technology, University of Lucknow, on February 7–8, 2025.

IN FOCUS : OUR ALUMNI'S CONTRIBUTION

Alumni Speak: Bridging Academia and the Real World - Career Pathways for Humanities Graduates



The School of Humanities (SOHS) organized an insightful event titled "Alumni Speak: Bridging Academia and the Real World - Career Pathways for Humanities Graduates" on 21st March 2025. Exclusively designed for SOHS students, the event featured notable alumni who shared their professional journeys and the valuable lessons they learned in transitioning from academic studies to careers.

The distinguished alumni speakers included:

1. Ms. Hitanshi, a Digital Business Marketing Apprentice at GOOGLE (Batch 2021-2024)
2. Ms. Fatima, a TOEFL Speaking Rater for ETS; (Batch

2021-2024)

3. Ms. Muskan, a Counseling Psychologist at Venkateshwar and Manipal Hospital, Dwarka. (Batch 2021-2024)

Each speaker shared her unique experiences and offered valuable insights into various career opportunities available to humanities graduates. Students had the opportunity to engage with the alumni, ask questions, and receive personalized advice, gaining a deeper understanding of how their academic backgrounds could translate into real-world careers.



Glimpses of Alumni Talk on Intrapreneurship.



Alumni's Testimonial



My journey at KR Mangalam University (2020–2023) has been truly transformative, shaping both my academic foundation and passion for extracurricular activities. Studying BA Hons Chinese, I received quality education that opened new career opportunities. The well-structured curriculum and guidance from dedicated faculty helped me master the language, its cultural nuances, and practical applications.

Beyond academics, KRMU provided enriching opportunities in theatre, Nukkad Natak, and cultural events, which enhanced my confidence and creativity. These experiences refined my performance skills and deepened my passion for storytelling. The university's holistic environment played a key role in my growth, enabling me to pursue advanced training at the National School of Drama (NSD). I am deeply grateful for the support and encouragement that shaped my journey.

Mr. Ayush Gupta

B.A. (H) Chinese

Batch: 2020-23



My journey at KR Mangalam University as a B.A. (H) Psychology student was truly enriching and transformative. The university provided a strong academic foundation, fostering critical thinking and research skills that have been invaluable in my further studies. The well-structured curriculum, combined with experiential learning opportunities such as research projects, internships, and hands-on training, helped me develop a deep understanding of psychological theories and their real-world applications.

I am especially grateful to my dedicated faculty mentors, whose guidance and encouragement played a crucial role in shaping my academic and professional aspirations. Their support not only helped me excel in my undergraduate studies but also prepared me for the rigorous academic environment of the University of Exeter, UK, where I am currently pursuing my M.Sc. in Psychology. Beyond academics, the university's vibrant campus life, workshops, and seminars provided holistic development, enhancing my confidence and interpersonal skills. KRMU has been instrumental in my journey, and I will always cherish the knowledge, experiences, and friendships I gained here.

Ms. Khushi Jain

B.A. (H) Psychology

Batch: 2020-23



My journey at KRMU has been nothing short of a fun rollercoaster. It was an amalgamation of learning, joyful experiences and holistic personality development. I was lucky enough to get the support of my really helpful professors who were a guiding light at all points. My achievements were always given recognition. I was appreciated by everyone around me that gave me further boost up to excel in all fields. The Chancellor's Excellence Award and a 100% sponsored trip to United Kingdom will always be close to my heart and I will always cherish my "good-old" days with K.R.Mangalam! As I put my forward into the professional arena, I carry the invaluable lessons, the treasure of knowledge imparted by my professors and the legacy of the university.

Ms. Arshleen Sodhi

B.A. (H) Economics

Batch: 2021-24

CREATIVE CORNER



Mandala Art by Dr. Priya Sharma, Assistant Professor, Pol. Science, SOHS



Creatives of SOHS Students

MOMENTS IN TIME: THE PHOTO DIARY









ANNOUNCEMENTS: FORTHCOMING EVENTS AND INITIATIVES

- Sensitization Programme on "Gender-sensitive Climate Solutions for a Sustainable Future."
- Orientation Programme on "Counselling Skills for Teachers to Support Holistic Student Development" under the aegis of IQAC
- International Conference on "Envisioning the Future India: Opportunities and Challenges Ahead for Viksit Bharat 2047."
- Field Trip to the Institute of Human Behaviour and Allied Sciences (IHBAS)/Any other Psychological Health Centre.
- Training Programme on "Differentiated Teaching Strategies for Diverse Learners" under the aegis of IQAC



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