



Rollno.....

End Semester Examination, December 2024
B.A. (hons) Psychology– Vth Semester
Clinical Psychology (SHPS335A)

Time: 2.5 hrs.

Max Marks: **50**

Note: **All Questions are compulsory.** Marks are indicated against each question.

PART-A

Q.1 *Attempt any Five Questions.*

- (a) Define *clinical psychology*. [CO-1] [L-1] **2**
- (b) What is the role of *eclecticism* in clinical psychology? [CO-1] [L-2] **2**
- (c) Identify two differences between DSM-5-TR and ICD-11 in mental disorder classification. [CO-2] [L-4] **2**
- (d) List any three key ethical guidelines in clinical practice. [CO-3] [L-1] **2**
- (e) Describe one major technique used in cognitive-behavioral therapy (CBT). [CO-2] [L-2] **2**
- (f) What is the purpose of ethical guidelines in clinical psychology? [CO-3] [L-2] **2**
- (g) List two key features of humanistic therapy. [CO-1][L-1] **2**

2x5

PART-B

- Q.2 Explain the historical development of clinical psychology and discuss how it has influenced the field today. [CO-1] [L-4] **10**

OR

Compare the psychodynamic, cognitive-behavioral, and humanistic approaches in clinical psychology, detailing strengths and limitations of each. [CO-1] [L-5] **10**

- Q.3 Explain the process of case formulation in clinical psychology and its role in treatment planning. [CO-4] [L-6] **10**

OR

Compare the DSM-5-TR and ICD-11 classifications for mental disorders, and discuss the implications of these systems on diagnosis and treatment. [CO-4] [L-4] **10**

- Q.4 Explain how cognitive-behavioral therapy (CBT) addresses maladaptive behaviors, and give examples of techniques used in therapy sessions. [CO-2] [L-4] **10**

OR

Explain psychodynamic therapy in detail and give examples of techniques used to access unconscious. [CO- 2] [L-4] **10**

- Q.5 Explain the ethical guidelines for professional conduct in clinical psychology and discuss why these are critical to clinical practice. [CO-3] [L-4] **10**

OR

Analyze the role of ethical decision-making in clinical practice, and provide examples of ethical dilemmas a psychologist may encounter. [CO- 3] [L-5] **10**