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End Semester Examination, December 2024
M.A. Psychology – III Semester
PSYCHOPATHOLOGY (SHPS711A)

Time: 2.5 hrs.

Max Marks: **50**

Note: *All Questions are compulsory. Marks are indicated against each question.*

PART-A

Q.1 Attempt 5 out of 7 questions. Each question carries 2 marks. **2x5**

- (a) Explain the key difference between retrograde and anterograde amnesia. [CO-1] [L-2] **2**
- (b) What is motivational intervention and behavioral assessment? [CO-1] [L-1] **2**
- (c) What is sleep apnea? Sleep apnea in babies is known as _____? [CO-1] [L-1] **2**
- (d) Briefly describe the disorders present in Cluster B personality disorders. [CO-1] [L-1] **2**
- (e) What is gender dysphoria? [CO-1] [L-1] **2**
- (f) What are the main features of delirium? [CO-1] [L-1] **2**
- (g) Explain the differences in abnormal psychology, psychopathology and clinical psychology. [CO-1] [L-2] **2**

PART-B

Each question carries 10 marks. Attempt either alternative. **4x10**

Q. 2. Present an account (meaning and clinical features) of any four major sleep disorders as recognized by DSM-5. [CO-2] [L-2] **10**

OR

Present a comparative account of anorexia nervosa and bulimia nervosa. [CO-2] [L-2] **10**

Q. 3. Present a comparative account of DSM 5 and ICD 10, highlighting on the similarities and differences between the two systems of classification. [CO-3] [L-2] **10**

OR

Describe the need for classification in psychopathology. What were the major changes that happened from DSM-IV-TR to DSM-5? (4+6) [CO-3] [L-2] **10**

Q. 4. Priya, a 28-year-old woman, frequently seeks attention in social situations by exaggerating her emotions and behaviors. At social gatherings, she dresses in flamboyant and provocative clothing, becoming the center of attention. She often describes her relationships as more intimate than they really are and is easily influenced by others. Priya's emotions seem shallow and shift rapidly. She thrives on being the focus of conversations, and when she feels ignored, she becomes [CO-4] [L-4] **10**

distressed and sometimes resorts to dramatic displays of emotion, such as crying or shouting. Her personal relationships are often strained due to her excessive emotionality and constant need for approval. Priya's behavior began in her late teens and has persisted into adulthood, leading to difficulties in her work environment, where she is seen as overly emotional and attention-seeking. Despite feedback from colleagues and family, she struggles to recognize how her behavior may be inappropriate or how it affects others.

(a) Which disorder does Priya have? (2)

(b) What are the clinical features and possible etiology of this disorder? (4+4)

OR

Rahul, a 28-year-old man from a middle-class family in Mumbai, has been struggling with substance abuse for the past five years. It all started during his college years, where peer pressure and curiosity led him to experiment with alcohol and cannabis. Initially, he only consumed these substances during parties or social gatherings, but over time, Rahul began using them to cope with academic stress and personal issues, such as his strained relationship with his parents and a breakup with his long-term girlfriend. After graduating, Rahul started working in a high-pressure corporate job. The stress of meeting deadlines and the fast-paced lifestyle pushed him to seek solace in alcohol and, later, more potent substances like cocaine. Rahul found himself using alcohol and drugs not only in social settings but also alone, to manage his anxiety and escape from his problems. His substance use began to affect his professional life—he frequently showed up late to work, missed important deadlines, and had difficulty concentrating. He also experienced financial difficulties due to the growing cost of his addiction. His health deteriorated; he lost weight, his sleep patterns were disrupted, and he often felt fatigued. He became isolated, avoiding his family and friends to hide his worsening addiction. His mood became erratic, and he began experiencing withdrawal symptoms such as irritability, nausea, and tremors when he tried to stop using substances.

[CO-4] [L-4] **10**

Based on the case study, answer the following questions-

- a) What is the disorder Rahul is suffering from, considering his substance use and its impact on his life? (2)
- b) Describe the progression of Rahul's substance use and the factors that contributed to it becoming an addiction. (4)
- c) What are some potential etiologies (causes) of substance addiction in Rahul's case? (4)

Q.5 Give a critical analysis of biological approach to psychopathology. Present an example where the etiology of a disorder can be explained using a biological approach. (5+5)

[CO-5] [L-5] **10**

OR

Critically evaluate the biopsychosocial model of psychopathology. With an example of a disorder, explain how biopsychosocial model is effective in explaining the etiology.

[CO-5] [L-5] **10**