



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

**FROM MARGINS TO MAINSTREAM: NAVIGATING ECO-ANXIETY,
INTERSECTIONALITY, AND COMMUNITY CENTRIC CLIMATE
COMMUNICATION**

Event Timings: 01.30 pm.

Date: 16-04-2024

Venue: A308, A block, KRMU

Event Type: Expert Session

Mode of Activity: Offline

Target Audience: Pan-University Students

Resource Person: Dev Nagar, the Founder of Climate Xero

Faculty Coordinators: Dr. Manju Rani (Assistant Professor, SOHS), Mr. Prashant Panwar (Assistant Professor, SOLS)

Organized by: CHETNA SOCIETY

Number of Participants:

Chetna Society hosted a thought-provoking event titled "From Margins to Mainstream: Navigating Eco-Anxiety, Intersectionality, and Community Centric Climate Communication." This event aimed to tackle urgent issues surrounding climate change, mental health, and effective communication strategies within communities.

Objective:

The objective of the event "From Margins to Mainstream: Navigating Eco-Anxiety, Intersectionality, and Community Centric Climate Communication," organized by Chetna Society, was to provide a platform for addressing critical issues related to climate change, mental health, and effective communication strategies within communities. Through this session, the aim was to:

- Raise awareness about eco-anxiety and its psychological impacts on individuals and communities.
- Provide insights into recognizing and addressing eco-anxiety.
- Foster resilience and coping mechanisms among attendees.
- Highlight the importance of community-centric climate communication strategies.
- Showcase the expertise and passion of Dev Nagar, the founder of Climate Xero, in the fields of climate action and mental health.

Express gratitude to attendees and event coordinators for their contributions and efforts in advancing these important discussions.

Key Speaker:

The session featured Dev Nagar, the esteemed founder of Climate Xero, as the resource person. Dev Nagar brought a wealth of knowledge and experience in the fields of climate action and mental health, setting an engaging and dynamic tone for the event.

Session Highlights:

The session primarily focused on the concept of eco-anxiety, shedding light on the psychological impacts of climate change on both individuals and communities. Attendees were provided with valuable insights into recognizing and addressing eco-anxiety in themselves and others. The discussion also emphasized the importance of fostering resilience and coping mechanisms in the face of these challenges.

Token of Gratitude:

During the event, a token of gratitude was presented by Prof. Renu Verma to Dev Nagar for their expertise and contribution to the session. This gesture highlighted the appreciation for their valuable insights and dedication to climate action and mental health.

Acknowledgment:

Chetna Society expressed gratitude to all attendees for their active participation and to the event coordinators, Dr. Manju Rani and Mr. Prashant Panwar, for their efforts in organizing such an impactful and relevant session.

Conclusion:

The event "From Margins to Mainstream" proved to be an enlightening and engaging platform for addressing pressing issues at the intersection of climate change, mental health, and community communication strategies. It provided attendees with practical insights and tools to navigate these challenges, thanks to the expertise and passion of Dev Nagar and the diligent coordination by Chetna Society. This event served as a reminder of the importance of collaborative efforts in creating awareness, fostering resilience, and driving meaningful action towards a sustainable and healthier future.



Mr. Dev Nadar explained the wealth of wisdom through examples



The expert explained eco-anxiety in themselves and others