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Expert Session on "Gender Sensitization and Empowerment"

Date: 16 April 2025

Venue: B016, Bhaskaracharya Block

Event Type: Expert Session

Mode of activity: offline

Target group: Students of SBAS

Organized by: School of Basic and Applied Sciences. K R Mangalam University, Sohna Road, Gurugram (Haryana).

Participants: 40

Resource Person: Dr. Shobhna Jeet, Associate Professor, School of Legal Studies, K.R. Mangalam University, Sohna Road, Gurugram (Haryana).

Event Coordinators: Dr. Mina Kumari and Dr, Pooja Vats

Introduction: On 16th April 2025, the School of Basic and Applied Sciences at K.R. Mangalam University successfully organized an expert session titled "Gender Sensitization and Empowerment" aligning with the Sustainable Development Goals (SDG) 5 (Gender Equality) and SDG 10 (Reduced Inequalities). An expert session on Gender Sensitization and Empowerment was successfully organized to foster awareness and dialogue around gender equality, rights, and social justice. The event was conducted under the esteemed guidance of Dr. Mina Kumari and Dr. Pooja Vats and featured Dr' Shobhna Jeet, Associate Professor, School of Legal Studies, K. R. Mangalam University, as the keynote speaker. The session aimed to educate participants about gender issues from a legal and social perspective, creating a platform for meaningful engagement and empowerment

- Objectives: The key objectives of the expert session were:
 - To sensitize students about gender-related issues and the need for gender equality.



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- To explore the legal frameworks that support gender justice in India.
 - To promote deeper understanding of constitutional provisions related to gender right.
 - To empower participants through knowledge of their rights and responsibilities.

Content: Dru Shobhna Jeet delivered an insightful and impactful talk covering a wide range of topics centered on gender sensitization and legal empowerment' She emphasized the importance of challenging gender stereotypes and fostering a culture of inclusivity Key highlights of her talk included'

- Understanding Gender Sensitization: The need to break societal norms that reinforce gender inequality.
- Legal Frameworks: A detailed explanation of Articles 14, 15, and 16 of the Indian Constitution:
 - Article 14 ensures equality before the law and equal protection of laws for all individuals.
 - Article 13 prohibits discrimination on the grounds of religion, race, caste, sex, or place of birth.
 - Article 16 guarantees equal opportunities in matters of public employment.
- Real-life Case Studies: Illustrative examples were presented to demonstrate the real-world application of these articles in upholding gender justice.
- Interactive Discussion: Participants were encouraged to share their perspectives and ask questions, fostering a participatory learning environment.

Conclusion: The session was a powerful and enlightening experience for all attendees. Dr. Shobhna Jeet's expertise and engaging delivery helped demystify complex legal concepts and emphasized the importance of gender equity as a shared social responsibility. The event successfully met its objectives and inspired participants to become more aware and proactive citizens in promoting gender justice.

Event Outcome:

- Increased awareness among students about gender rights and equality.
- Better understanding of constitutional provisions related to gender justice.
- Encouragement of critical thinking and open discussion on gender issues.
- Motivation to act against gender biases and support inclusive practices.



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Future Prospect:

- Organizing a series of gender sensitization workshops to deepen understanding and encourage practical applications,
- Collaboration with legal experts and NGOs to facilitate training programs and community outreach.
- Integration of gender studies modules into academic curricula to institutionalize gender awareness. • Promoting student-led initiatives and clubs focused on gender equity and empowerment.



Photo: Lecture delivered by Dr. Shobhlla Jeet

