



“Understanding Gender: Breaking Stereotypes, Building Equality”

Date	:	24 th April, 2025
Venue	:	C-302, K.R. Mangalam University
Event Type	:	Seminar
Mode of Activity	:	Offline
Resource Person	:	Dr. Shobhna Jeet (Associate Professor SOLS, Chairperson, Gender Sensitization & Safety Committee)
Faculty organizer	:	Dr. Anjali Tomar, Dr. Ambika Bhandari, Dr. Neha Sharma
Target Group	:	Students of B.Sc. (Hons.) Agriculture and Faculty of SOAS, KRMU.
Convenor	:	Dr. Joginder Singh Yadav (Dean, SOAS)
Number of Participants	:	58
Organized by	:	School of Agricultural Sciences (SOAS)

Brief Report:-

The School of Agricultural Sciences (SOAS), in collaboration with the Gender Sensitization and Safety Committee, KRMU, organized an insightful seminar on the title “Understanding Gender: Breaking Stereotypes, Building Equality” on 24th April 2025. This seminar aimed to foster awareness and stimulate meaningful dialogue around the critical issue of gender equality and inclusivity within academic and social spaces. This event was aligned with Sustainable Development Goal (SDG) 5, which aims to achieve gender equality and empower all women and girls. SDG 5 emphasizes the importance of eliminating gender-based discrimination, ensuring equal opportunities for all genders, and promoting a world where everyone can thrive, free from gender biases. By fostering awareness and encouraging discussions about gender equality, this seminar contributed to furthering the objectives of SDG 5, not only within the academic environment but also in broader societal contexts.



The objectives of the seminar were:

- To increase awareness regarding the importance of gender equality and breaking traditional gender stereotypes.
- To promote inclusivity and equal opportunities for all, irrespective of gender identities.
- To identify and address subtle forms of gender bias that may exist in educational and professional settings.
- To create a safe and gender-sensitive academic environment that promotes open discussions about gender issues and supports equity.
- To encourage collective action toward dismantling harmful gender norms and biases, contributing to a more inclusive and fair society.

The seminar was graced by Dr. Shobhna Jeet, Associate Professor at the School of Legal Studies (SOLS) and Chairperson of the Gender Sensitization and Safety Committee, who served as the resource person for the event. Dr. Jeet's expertise and extensive work in the area of gender sensitization made her an invaluable contributor to the seminar.

Dr. Anjali Tomar, Assistant Professor at SOAS, started the session with a warm and heartfelt welcome to all the participants and resource person Dr. Shobhna Jeet and expressed her deep appreciation for her continuous efforts in promoting gender awareness. Her welcoming words set the tone for the seminar, emphasizing the importance of fostering an inclusive environment that encourages open discussions on gender equality and the need to challenge societal stereotypes. Dr. Neha Sharma, Assistant Professor at SOAS, highlighted the importance of understanding gender as a social construct and emphasized the need to address the inequalities that continue to persist in various societal domains.

Dr. Shobhna Jeet began her presentation by discussing the concept of gender stereotypes and how these preconceived notions are deeply ingrained in various aspects of life, particularly in educational and professional environments. She argued that gender is not binary and should not limit individuals' potential based on societal expectations. The seminar focused on deconstructing traditional gender roles and advocating for a broader, more inclusive understanding of gender identities.

Key highlights from Dr. Shobhna Jeet's presentation included:

- **Deconstructing Gender Stereotypes:** Dr. Shobhna Jeet delved into common gender stereotypes and their detrimental effects on personal and professional development. She underscored the importance of recognizing and challenging these stereotypes in both academic and social settings.
- **Gender as a Social Construct:** The resource person stressed the need to view gender as a construct that varies across cultures and societies rather than as a fixed biological trait. This perspective encourages a more flexible and inclusive view of identity.
- **Identifying Subtle Gender Biases:** Dr. Shobhna Jeet provided practical examples and real-life instances of how gender biases can manifest in everyday interactions, often unconsciously. She encouraged participants to recognize these biases and work toward eliminating them in their behavior and policies.
- **Strategies for Promoting Gender Equality:** The seminar offered actionable insights into how students, educators, and professionals can take steps to create a more inclusive environment. These strategies included promoting awareness, offering equal opportunities, and developing policies that support gender equity.

Interactive Discussions:

The seminar provided a platform for **interactive discussions**, where participants were encouraged to ask questions and share their experiences. This created an engaging environment where attendees could actively participate in dialogue and seek advice from the experts on navigating gender biases and promoting inclusivity in their respective fields. The discussions also allowed for the exchange of **real-life experiences** from faculty, students, and staff who shared their encounters with gender biases and how they have worked toward creating a more equitable environment.

Significance of the Seminar:

This seminar played a pivotal role in:

- **Raising Awareness:** The seminar contributed significantly to raising awareness about the importance of gender equality in academic and professional settings, encouraging attendees to challenge preconceived ideas about gender roles.



- **Promoting Inclusivity:** By providing a platform for such discussions, the seminar fostered a more inclusive atmosphere where all individuals, regardless of gender, feel valued and empowered to pursue their goals without discrimination.
- **Empowering Attendees:** Through the insightful seminar, participants were encouraged to take responsibility for creating change in their spheres of influence, be it in academia, workplaces, or social environments.
- **Encouraging Action:** The seminar also called for tangible actions toward a more inclusive and equal society, where gender biases are actively countered, and individuals are not restricted by societal expectations based on gender.

Conclusion and Vote of Thanks:

The seminar concluded with a **vote of thanks** delivered by **Dr. Ambika Bhandari**, Assistant Professor at SOAS, who acknowledged the efforts of the speaker, participants, and organizers in making the seminar a success. Dr. Bhandari thanked Dr. Shobhna Jeet for her informative and engaging presentation, which had left a lasting impact on the attendees.

As a token of appreciation, Dr. **Anjali Tomar**, Assistant Professor at SOAS, presented a memento to **Dr. Shobhna Jeet**, expressing gratitude for her contribution to promoting gender sensitization and equality.

Significance of the Event:

This seminar was a crucial step toward creating a more informed and inclusive academic environment at KRMU. It empowered students, faculty, and staff to recognize and challenge gender stereotypes and biases, while emphasizing the importance of equality in all spheres of life. By fostering a culture of understanding and respect, the seminar reinforced the university's commitment to creating a safe and inclusive space for all individuals, regardless of gender.



Acknowledgments:

The successful execution of this seminar was made possible through the dedicated efforts of the **organizing committee**, comprising of Dr. **Anjali Tomar**, Dr. **Ambika Bhandari**, and Dr. **Neha Sharma**, Assistant Professors at SOAS. Their hard work and collaborative approach ensured that the event was well-received and impactful for all attendees.

In conclusion, the seminar on “**Understanding Gender: Breaking Stereotypes, Building Equality**” successfully initiated a much-needed conversation about gender equity and inclusivity. It encouraged participants to reflect on their own biases and take proactive steps toward building a more equal and inclusive society. The event, aligned with **SDG 5**, took a significant step toward achieving gender equality and fostering a more inclusive academic and social environment.



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