Report on

Awareness Session on Cancer Prevention

Date: 7th May, 2025

Venue: Govt. Senior Sec. School, Village Daula

Total No. of Participants: 30 students

Event Type: Awareness Session

Mode of Activity: Offline

Target Group: School Students & YRC Volunteers

Organized by: Youth Red Cross Committee, K.R. Mangalam University

Event Coordinator: Dr. Monika Yadav, Program Coordinator ,YRC

Student Coordinators: Jatin, Sanjiv, Amar Mittal

Resource Person: Dr. Mohd Mazhar, Assistant Professor, School of Medical and Allied Sciences,KRMU

Introduction:

The Youth Red Cross Committee of K.R. Mangalam University organized an Awareness Session on Cancer Prevention on 7th May 2025 at Govt. Senior Secondary School, Village Daula. The keynote speaker for the session was Dr. Mohd Mazhar, Assistant Professor, School of Medical and Allied Sciences, who shared valuable insights on the causes, symptoms, and preventive measures related to cancer. The session aimed to educate school students and staff on adopting healthy habits and understanding early signs of cancer.

Objectives:

- To raise awareness about cancer and its preventable nature.
- To educate participants on early warning signs and risk factors.
- To promote healthy lifestyle choices among youth.
- To encourage regular screenings and medical check-ups.

Content:

Dr. Mohd Mazhar addressed the gathering and explained the various types of cancers prevalent in India, emphasizing the importance of early detection and timely treatment. He highlighted the role of diet, lifestyle, and environmental factors in cancer development and urged students to avoid harmful habits such as smoking and chewing tobacco. Interactive Q&A rounds helped clarify doubts, making the session more engaging and informative.

Outcome:

- Participants gained awareness about cancer causes and prevention.
- Students expressed increased interest in maintaining healthier lifestyles.
- Teachers appreciated the initiative and requested similar sessions in future.
- Participants pledged to spread awareness within their communities.

Conclusion:

The awareness session on cancer prevention was successful in enlightening the students and staff of Govt. Senior Sec. School, Village Daula. The interactive discussion led by Dr. Mohd Mazhar was well-received and informative. The session contributed positively to the university's commitment to community outreach and public health education.



Students actively participating in the Cancer Prevention Awareness Session held at Govt. Senior Sec. School, Daula on 7th May 2025.



Dr. Mohd Mazhar delivering an insightful session on Cancer Prevention to students at Govt. Senior Sec. School, Daula on 7th May 2025.