



Report on

GENDER LENS- REVERSING THE ROLES

Date: 06-03-2025

Time: 02:00 pm onwards

Venue: B-316

Event Type: Intra-School Competition

Mode of Activity: Offline

Target Group: BPT students

Event Coordinator: Dr. Mansi Dewan (P.T.), Dr. Kangana Juneja (P.T.), Assistant Professor, SPRS

Organized by: School of Physiotherapy and Rehabilitation Sciences

Target Audience: B.P.T Students

Number of Participants: 12

Number of Attendees: 80

Introduction:

A gender lens refers to a perspective that critically examines gender dynamics, roles, and inequalities in various aspects of society. When we talk about reversing the roles, we mean challenging traditional gender norms by placing individuals in roles typically associated with the opposite gender. This can highlight biases, promote equality, and encourage a more inclusive society.

It was mapped with SDG 5- Gender Equality by raising awareness of gender roles and promoting inclusivity.

For example, in media, workplace settings, and education, reversing roles can reveal hidden stereotypes and help break down rigid gender expectations. Encouraging men to take on caregiving roles and women to assume leadership positions can lead to more balanced opportunities and societal growth. By applying a gender lens and reversing roles, we foster empathy, challenge biases, and work towards true gender equity.



Objectives:

The event aims to create a progressive mindset, ensuring future physiotherapists contribute to an inclusive and fair healthcare system. The following were the objectives of the events:

1. **To promote Gender Sensitivity** – Enhance awareness about gender roles and biases in healthcare, particularly in physiotherapy.
2. **To Challenge Stereotypes** – Encourage students to question traditional gender expectations in patient care, leadership, and professional roles.
3. **To Foster Empathy** – Provide an experiential learning opportunity where students take on roles traditionally associated with the opposite gender, helping them understand diverse perspectives.
4. **To Encourage Inclusive Healthcare Practices** – Highlight the importance of gender-neutral treatment approaches and patient interactions in physiotherapy.
5. **To Develop Communication & Soft Skills** – Strengthen interpersonal skills by role-playing different gender-based scenarios in clinical and professional settings.
6. **To Prepare for Diverse Work Environments** – Equip students with the ability to handle gender-related challenges in their future workplaces, ensuring equality in treatment and teamwork.
7. **To Advocate for Equal Opportunities** – Inspire students to advocate for gender equity in physiotherapy education, research, and leadership positions.

Methodology:

The session started with Dr. Kangana (P.T.) welcoming the students. The students played their respective advertisements after which an on the spot competition was conducted in which students were made to drape sarees and dhotis. Neha and Muskan, Tamanaa Rana and Tamanna from BPT second years were declared as the winner for ad making and Sher Singh and Sumit from BPT third years were the winners for on the spot competition. The winners were given gifts for their efforts and the event ended with a brief talk delivered by Dr. Mamta (P.T.), School Coordinator, SPRS.



Outcomes:

The event helped bringing the following outcomes:

1. **Increased Gender Awareness** – Students will develop a deeper understanding of gender biases in physiotherapy and healthcare settings.
2. **Empathy & Perspective Shift** – Role reversals will help students empathize with the challenges faced by different genders in professional and personal contexts.
3. **Improved Communication & Patient Handling** – Students will learn to adopt gender-neutral communication and approach patient care with greater sensitivity.
4. **Confidence in Breaking Stereotypes** – Encouraging both male and female students to explore roles beyond societal norms will boost their confidence in leadership and caregiving.
5. **Promotion of Inclusive Practices** – Participants will be more inclined to advocate for gender-neutral policies in physiotherapy education and practice.
6. **Teamwork & Collaboration** – The event will enhance peer interaction and teamwork, fostering a more inclusive learning environment.

Future Scope:

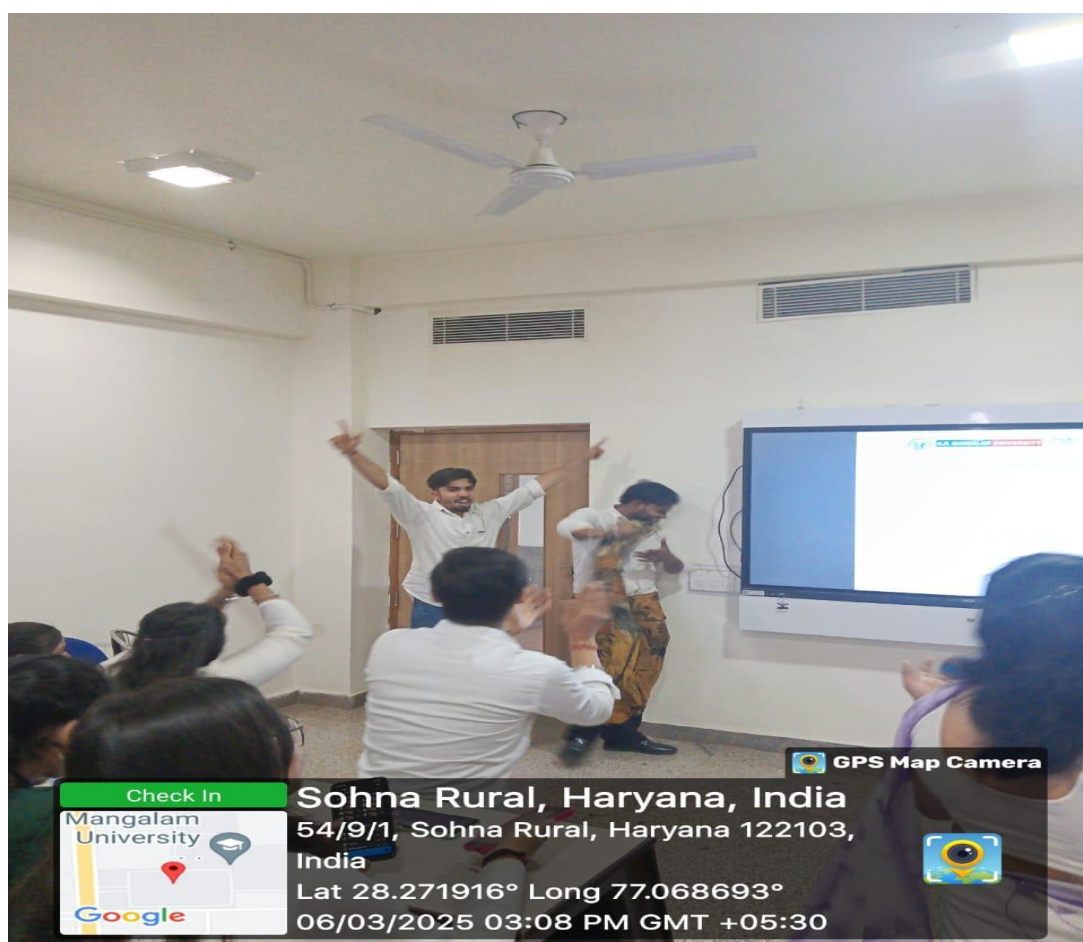
The concept can be incorporated into physiotherapy training programs to ensure long-term impact. Regular sessions on gender sensitivity can be conducted for students, faculty, and professionals. Findings from the event can inspire research on gender-based challenges in physiotherapy and lead to policy recommendations.



PIC 1- Advertisement being played



PIC 2- Advertisement being played





PIC 4- Dr. Mamta addressing the winners



PIC 5- Gift distribution to the winners