

Report on

Nukkad Natak (Street Play) on the theme "Poshan Bhi Padhai Bhi"

Date: 30th September 2024

Venue: Lakhuwas Village, Sohna

Event Type: Street play

Mode of Activity: Offline

Target Group: Villagers and NSS Volunteers

Coordinators: Dr. Neeraj Kumari (NSS Program Coordinator) and Mr. Thomas Monteiro (NSS

Program Officer)

Organized by: NSS, K R Mangalam University, •Gurugram

Participants during event: More than 40 villagers and 26 NSS volunteers

Introduction:

Under Mission Saksham Anganwari and Poshan 2.0, Rashtriya Poshan Maah is celebrated during the month of September every year. Under this mission, various activities under the theme anemia, growth monitoring, complementary feeding, poshan bhi padhai bhi have been conducted every year. In view of this, NSS K R Mangalam University organized a nukkad natak on पोषण भी, पढ़ाई, on 30th September 2024 in Lakhuwas Village.

Objectives:

The event aimed to raise awareness among the community about the importance of proper nutrition (Poshan) and education (Padhai) for children's holistic development.

Contents:

The Nukkad Natak commenced with a gathering of volunteers and villagers at the crossroad of the village. The NSS volunteers enthusiastically performed the street play, which highlighted several key messages such as the importance of providing children with nutritious food to support their physical and mental growth, the role of **education in shaping the future of children and empowering them to contribute positively to**

society, practical steps for parents to ensure that children receive both proper nutrition and education. Information about government initiatives such as the MidDay Meal scheme and Mission Poshan 2.0 was also shared to encourage parents to take advantage of these programs.

Conclusions:

Through engaging storytelling and relatable characters, the play conveyed the message that both health and learning are foundational to a child's growth. The initiative emphasized that proper nutrition leads to better concentration, improved learning outcomes, and a healthier future for children.

Event outcomes:

The play effectively raised awareness among parents, teachers, and community members about the importance of balanced nutrition for children's educational success and physical well-being.



Photo I : NSS volunteers calling the audience for nukkad natak



Photo 2: NSS volunteers during their performance



Photo 3: A group photograph of NSS volunteers