



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION



Report

“Dreams on Display : Create Your Own Vision Board”

Date: 03 September, 2024

Time: 1.30 PM.

Venue: A Block, A106, K.R.M.U

Event Type: Skill-Based activity

Mode of Activity: Offline

Target Audience: Pan-University Students

Faculty Coordinators: - Mr Prashant Panwar (Assistant Professor, SOLS), Ms. Ahana Saha (Assistant Professor, SOHS)

Organized by: CHETNA SOCIETY

Number of Participants: 38

Chetna society successfully organized an inspiring and impactful event titled “Dreams on Display: Create Your Vision Board” on, 03 September, 2024. The event was skilfully led by Faculty Coordinators Mr Prashant Panwar (SOLS) and Ms. Ahana Saha (SOHS), with valuable support from student coordinators Ayush, Chitra, Ganga, and Ankit. This engaging workshop was designed to empower participants to explore their deepest aspirations, cultivate a positive mindset, and develop actionable strategies to turn their dreams into reality.

The event comprised a series of interactive sessions where participants were guided through the processes of goal reflection and vision board creation. These activities prompted participants to thoughtfully consider their personal and professional aspirations, fostering a mindset centered on growth and achievement. Using a range of materials, participants created personalized vision boards—visual representations of their dreams and objectives—that would serve as daily motivators.

Throughout the workshop, participants were deeply engaged in the creative process, making meaningful connections between their goals and the visual elements they chose. The activities underscored the importance of clarity in goal-setting and the powerful role of

visualization in realizing success. Additionally, the event highlighted the value of positive thinking, encouraging participants to pursue their goals with optimism and confidence.

Student coordinators were instrumental in ensuring the event's success. Their meticulous planning and commitment made sure all materials were well-organized and accessible, while they offered essential support to participants throughout the vision board creation process. Their efforts were crucial in fostering a warm and motivating environment, enabling attendees to engage fully and deeply in the experience.

Feedback from participants was highly positive, with many sharing that the workshop provided them with fresh perspectives on their goals and the strategies required to achieve them. Several attendees mentioned that the exercise helped them clarify their thoughts, prioritize their ambitions, and embrace a more proactive approach to overcoming obstacles. The event also initiated valuable discussions on how these techniques could be applied in both personal and professional spheres, deepening the overall impact of the learning experience.

In conclusion, "Dreams on Display: Create Your Vision Board" was far more than a simple creative activity; it was a profound experience that underscored the impact of visualization, effective goal-setting, and positive thinking. The event's success demonstrates the vital role such initiatives play in promoting personal growth and cultivating a strong, supportive community within the institution.

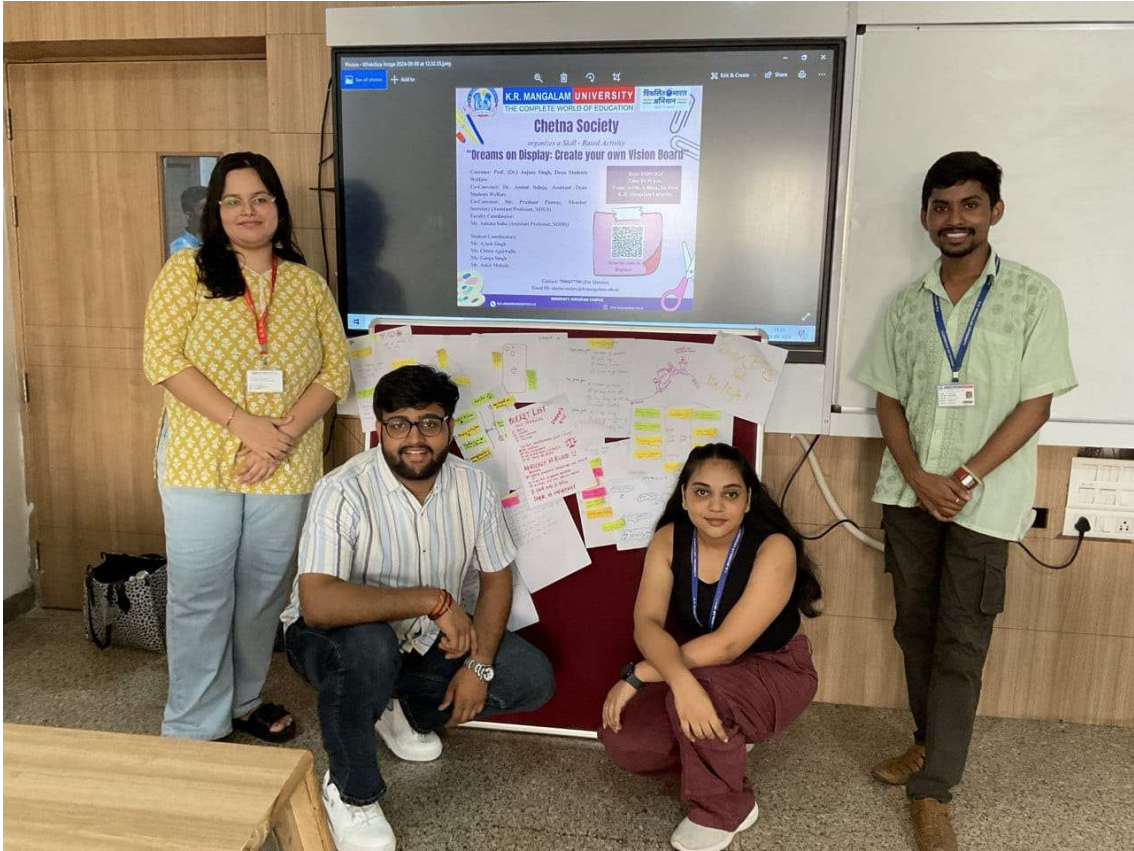
Glimpes:



Students participating in activity



Active engagement of students



Picture with banner