



## **Seminar on Drug Deaddiction**

DATE: 13<sup>TH</sup> March, 2024

VENUE: Moot court, A block

TIME: 10:00 am onwards

EVENT TYPE: Inter University

MODE OF ACTIVITY: Offline

TARGET GROUP: Students from different districts of Gurugram

ORDINATOR: Dr. Sakshi Mehta, Mrs. Komai Yadav, Miss. Ruddhida Vidwans

ORGANIZED BY: Indian Red Cross Society, Haryana State Branch

NUMBER OF PARTICIPANTS: 286 university students of Gurugram, Haryana including students from KR Mangalam University.

### **Objectives of Event**

The seminar on drug addiction, organized by the Red Cross Society in collaboration with the District Red Cross Branch, Gurugram, was held at K.R. Mangalam University with the objective of raising awareness and fostering dialogue on the critical issue of drug addiction in society. The event witnessed the presence of Chief Guest Dr. Sushma Gupta, Vice Chairperson of the Red Cross Society, along with esteemed guest speakers: Dr. Ajay, Dr. Ashok Diwakar, Dr. Bharat Bhushan, Mr. Nitin Shrivastav, and Col PK Bhalla. The seminar was also open to students from K.R. Mangalam University and Gurugram University.

### **Objectives of the Event for Students:**

1. Education and Awareness
2. Prevention and Intervention
3. Empowerment and Resilience
4. Community Engagement
5. Career Opportunities

Opening Ceremony: The seminar commenced with an opening ceremony, where Dr. Sushma Gupta delivered the inaugural address, emphasizing the importance of addressing drug addiction as a public health concern. She highlighted the role of organizations like the Red Cross Society in raising awareness and providing support to individuals affected by drug abuse.

**Keynote Presentations:** The seminar featured insightful presentations by the guest speakers, each offering a unique perspective on drug addiction:

1. Dr. Ajay: Dr. Ajay delved into the psychological aspects of addiction, shedding light on the underlying factors contributing to substance abuse. He emphasized the need for comprehensive interventions that address both the physiological and psychological aspects of addiction.
2. Dr. Ashok Diwakar: Dr. Diwakar discussed the medical consequences of drug addiction, highlighting the detrimental effects on physical health. He underscored the importance of early intervention and access to healthcare services for individuals struggling with addiction.
3. Dr. Bharat Bhushan: Dr. Bhushan provided insights into the societal implications of drug addiction, including its impact on families, communities, and the economy. He emphasized the role of community-based initiatives in promoting prevention and rehabilitation efforts.
4. Mr. Nitin Shrivastav: Mr. Shrivastav shared his personal journey of overcoming addiction and rebuilding his life. His inspirational story served as a beacon of hope for individuals grappling with substance abuse, encouraging them to seek help and support.
5. Col PK Bhalla: Col Bhalla highlighted the role of law enforcement agencies in combating drug trafficking and illicit drug trade. He emphasized the importance of collaborative efforts between law enforcement, healthcare professionals, and community organizations in addressing the root causes of drug addiction.

**Speech competition:** Following the presentations, a speech competition was conducted, allowing attendees to engage with the detailed knowledge on drug addiction. The interactive session facilitated meaningful exchange of ideas on preventive measures, treatment options, and support services available for individuals affected by addiction.

**Conclusion:** The seminar on drug addiction organized by the Red Cross Society, K.R. Mangalam University, in collaboration with the District Red Cross Branch, Gurugram, was a resounding success. The event provided a platform for stakeholders from diverse backgrounds to come together and discuss strategies for combating drug abuse and supporting affected individuals. By fostering collaboration and raising awareness, the seminar reaffirmed the commitment of the Red Cross Society and its partners to address the





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