

REFLECTIONS

2020



KRMU ANNUAL MAGAZINE

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K. R. MANGALAM UNIVERSITY

EMPOWERING THE YOUTH: EMPOWERING THE NATION

The complete world of education



**ADMISSIONS
OPEN 2020-21**

Architecture | Applied Sciences | Law
Digital Humanities | Education | Engineering
Fashion | Hotel Management | Humanities
Innovation & IT | Interior Design | Journalism
Pharmacy | Physiotherapy | Agricultural Science
Management and Commerce

WHY KRMU?

- 3000+ Students
- 65+ Courses (UG+PG)
- 7 University Ranking Awards
- 400+ Regular Recruiters
- 26+ Acres Campus Area

PARTNERSHIPS



INTERNATIONAL COLLABORATION



Campus Address:
K.R. Mangalam University, Delhi NCR

www.krmangalam.edu.in

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ABOUT UNIVERSITY

K.R. Mangalam University located at Sohna Road, Gurugram is the fastest growing and most promising upcoming University in India. The green and pollution free environment, world class infrastructure, advanced and comfortable learning environment, health and fitness activities, charming hangouts and safe campus are some of the special features of KRMU. The well qualified and experienced faculty members from prestigious institutions, eminent academic leaders and the highly professional management give the best to the students to groom them to be academically excellent, professionally skilful and socially responsible individuals. The University gives a perfect balance between curricular and co-curricular activities providing highly creative and innovative platform for the students to enrich their personality. Various activities like industry visit, internships, guest lectures, workshops, social services, and medical camps are some of the regular activities of the campus. Celebrations, festivals, various cultural programmes add flavour to the campus life. Students get a lot of opportunities for inter and intra university competitions, and also to organize and participate in national and international conferences, seminars, and workshops. K.R. Mangalam University offers degree programmes comparable to the best in the world. It offers innovative courses in: B.A. Honours (English, Economics, Historical Studies/ Psychology) with specialization in Digital Humanities, B.A. Honours (Digital Humanities), B.Sc. Honours (Innovation, IT and Entrepreneurship), B.Tech. in Digital Humanities, and B.Tech. in Innovation, IT and Entrepreneurship. KRMU aims to transform lives through knowledge, collaboration and partnership, creates niche of innovation, entrepreneurship and creativity, nurtures and rewards skills and talents, and undertakes world class research of high impact on society.

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B.A (Fashion Design), School of Fashion

From the Editor's Desk

With immense pleasure and pride we bring forth the fourth edition of Reflections 2020. During this unprecedented time, our contributors have found innovative ways to showcase their creativity from a distance. This annual magazine bears testimony to the creative instincts of the students of K.R Mangalam University. It has always been the philosophy of KRMU to bring out the talents of the students beyond the confines of curriculum and pedagogy. One of the interesting facets of this magazine is the contributions of the students and faculty members on diverse themes under the sections Imaginations, Impressions and Expressions.

We, at KRMU believe that each student has a unique capability for an intuitive creative voice. The uniqueness is portrayed in the varied themes they have chosen to express their creative talent. The team has put its best efforts to respect and understand the subjective expressions of the contributors.

We would like to thank the Leadership and Faculty for all the help and support. Lastly, we would like to profusely thank all the students and faculty members for their brilliant contributions. Reading through them was an enthralling experience. It is such creativity which makes this magazine possible each year. We wish safe and healthy times ahead while you enjoy reading the digital version of this magazine.

Lettura Felice
Editorial Team



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Messages

From the Chancellor's Desk



The K. R. Mangalam University has come a long way and we have achieved a great deal. Essentially, we have succeeded in redefining education in so many productive ways. Our pedagogy relies far less on mechanical learning blackboard based learning. Instead it is far more attuned towards 'hands on' project based learning. We have also redefined our assessment methods to make the examination process a means of enabling the student. We have created a culture of innovation, entrepreneurship and creativity. The university has pioneered degree programmes such as in Digital Humanities and in Innovation and IT. We are perhaps the only university in India to be offering such activities like building a Smart Ashram and creating a Smart Village. Our connectons with universities such as Middlesex University London and the HRD Ministry's E-Yantra robotics programme have proved very useful.

We are also fortunate to have partnered with the Pranab Mukherjee Foundation for so many creative activities in different ways that have benefitted our students.

We boast as Distinguished Professor's some of the leading experts from the corporate and knowledge world. Our board of governors boasts leading and highly respected experts from across the world in finance, IT, design, management and industry in addition to acknowledged academics.

All in all, the most important test of our progress is the air of vibrancy, energy and creativity that we have generated in our students and faculty.

I thus congratulate, through this message, the entire K.R. Mangalam family for having taken the university forward so effectively.

Prof. Dinesh Singh
Chancellor

From the Vice Chancellor's Desk



Dear Students,

Farewells can be difficult. They are moments in one's life when one has to let go of familiar people and familiar places. For some of you this means completing your studies at KRMU after three years; for others your association with the university has been even longer, perhaps four or five years. Transitioning from a place of study where there is the freedom to explore, to learn, and to establish long-lasting bonds with fellow students to a place of work and career may seem daunting and challenging at first especially in the uncertain times we live in during the pandemic.

However, I want you to know that I personally along with all my colleagues who are your teachers and mentors are confident that you have the capacity to respond successfully to any challenges that you may encounter, and that each one of you shall go on to create a productive and purposeful life for yourself. We are proud of your achievements, accomplishments and willingness to learn and be open to new possibilities!

Reflections is a moving reminder of the time in which our outgoing students have filled the campus with their presence. It is also a wonderful testimony to the creative talent and hard work of our faculty who have acted as superb and capable guides and mentors to our students.

I congratulate the editorial board for rendering yet another beautiful edition of Reflections!

Tschüss und auf Wiedersehen!

Prof. (Dr.) Aditya Malik
Vice Chancellor



It gives me immense pleasure to send my very best wishes to the final years students at KRMU. I had interactions with some of them.

I hope that you have all learnt about the subjects of your choice and equipped yourself to face the challenges of life either in further studies or in a career of your choice. Multi-disciplinarity is one of the great strength of KRMU. The university is characterized by young talented faculty in all disciplines. Several well known experts in different fields are serving as visiting/adjunct faculty. I have found that students also exhibit enthusiasm in learning subjects outside of their normal curriculum in open elective courses.

KRMU is a growing institution with many new ambitious programmes, including international collaborations with reputed institutions abroad.

At present, our country and the entire world is suffering from the corona virus pandemic. Please be very careful and take all precautions, as prescribed by the state and national ministries dealing with it.

I wish you all the very best.

Prof. (Dr.) Krishan Lal

C. V. Raman Chair Professor of Physics

This is a great initiative on the part of the students and faculty of KR Mangalam University. A university is a place where the creative life of the students takes shape and expresses itself. The magazine is one of the many forums that KRMU offers to the students and faculty to showcase their talents.

This edition of the magazine is a glowing tribute to the institution's power to shape the destiny of its alumni.

The outgoing batch of students have made outstanding contribution to the corporate life of the university. They have displayed great talent for embarking on their professional life. I was lucky to have met and taught them. I wish them success and happiness in all their future endeavours



Prof. Sumanyu Satpathy

Professor of Eminence, School of Humanities



Congratulations students!! We are proud of the countless hours of study and hard work that you have put into finishing the education at the university. You are the brightest faces of KRMU who are going to make us all proud. We believe in you & your potentials. Enjoy life to the fullest. May your hopes and dreams turn into reality.

Gp. Capt. P Mahajan

Registrar

After all the challenges, successes, and failures which you all encountered during the course of your studies, you have completed this journey with great achievements and good memories. We were tough with you at times, so that we could prepare you for tougher challenges ahead. We acknowledge your accomplishments in academic discourse and other co-curricular and extracurricular activities and the contribution towards the University's upliftment. You are leaving behind a good legacy to be followed by your junior students, thereby helping us in becoming a benchmark institution. The life ahead at the next level is undoubtedly full of tough challenges, but I am sure you would overcome all of them with the antecedents, manners, and energy you have possessed all these years. It's difficult to bid you adieu, but I wish you the best of luck for your days ahead.

Last piece of advice- Stop being complacent about C's, Never give a nod to boring B's, push a little harder every single day to adorn those amazing A's. You will be an alchemist- the agent for change in your professional career, as well as in society.

Prof. Vijay Anand Dubey
Dean Academic Affairs



As even semester is coming to an end, it is time to bid farewell to some of our beloved students who are leaving this University after successful completion of their undergraduate or post graduate degree program. At the time of nationwide lockdown, regretfully we are not even able to give farewell pat to the outgoing batches.

Despite some hard tasks, challenges, happiness, and grief that you have encountered in the entire duration of your stay at the University, you have completed this part of academic journey with great accomplishments and cherished memories. You have accomplished this remarkable milestone in your life with great honor and integrity under the supervision of dedicated teachers who worked relentlessly for your development and overall growth.

We are proud of your accolades, accomplishments in academic, curricular and extracurricular activities over the years. I hope this will go in a long way in shaping of your carriers.

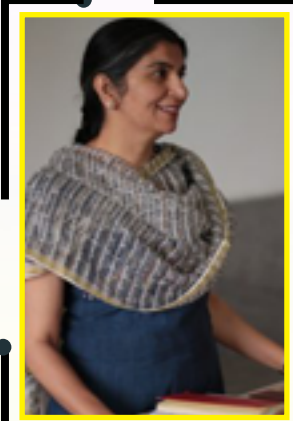
I, along with all faculties from School of Basic and Applied Sciences appreciate the enthusiasm and zeal you have demonstrated towards studies, your exuberance for participation in extracurricular activities, your readiness, and teamwork to execute ideas.

At this point, I want to urge you to be good ambassadors of the University and never allow selfish interest to blemish your integrity and honesty that you have inculcated. Be nice to all and try to help all those people whom you meet on your way up.

I bid you farewell and wish you all the best for your future. May God bless you all!

Thank you very much.

Prof. (Dr.) Meena Bhandari
Dean, School of Basic & Applied Sciences



Dear Graduating Students,
There are some 'threshold moments' in our lives and graduation is certainly a very important one. The transition from being a student to a professional/ an entrepreneur or a seeker for further fine-tuning your journey of life. This is one of the biggest transitions; you are no longer guarded and steered by your teachers or university. You will be on your own and hopefully, as you start steering your own path, you will use the tools of your education, upbringing and values. Hopefully each one of you will have enough tools to keep moving on the right path.

Wishing you all the very best for an enlightened future!

All students and faculty of School of Architecture and Planning join me in wishing you a bright and happy life ahead.

Prof. Hemani Singh

Dean, School of Architecture and Planning



Education is not the filling of a pail, but the lighting of a fire. Education plays a great role in the life of everyone all through the life. It develops personality of the people, provides physical and mental standard and transforms people's living status. It promotes the feeling of physical, mental and social wellbeing by providing better life. It is a single and vital way to the success as well as personal growth to be a good citizen and to be successful in personal and professional life.

I can boldly say that at KRMU we have excelled in every initiative that we undertook and we have stood together in facing the challenges in realizing quality education. At KRMU, your professors were your 'guide on your side'

and not 'sage on the stage'.

Congratulations to all of you, the passing out batch of 2020. Stay in touch with the friends you have made here. Welcome to the KRMU alumni.

Mr. Vineet Dahiya

Coordinator, School of Engineering & Technology



We are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out the current issue of 'Reflection', which will surely unfold the unravelled world of the most unforgettable and precious moments of the KRMU. The enthusiastic write ups of our faculty, students and scholars are indubitably sufficient to hold the interest and admiration of the readers. It is indeed a pious attempt to make our budding talents give shape to their creativity and learn the art of being aware because I believe that our success depends upon our power to perceive, the power to observe and the power to explore. We are sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young buddies will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure.

Dr. P.C. Jena

Coordinator, School of Education

On behalf of the School of Fashion, I extend a heartfelt congratulations and best of luck to our graduating students of 2020. It is our sincere hope that you become highly skilled fashion designers and capable of utilizing the analytical abilities you obtained through your studies and work here at the School of Fashion.

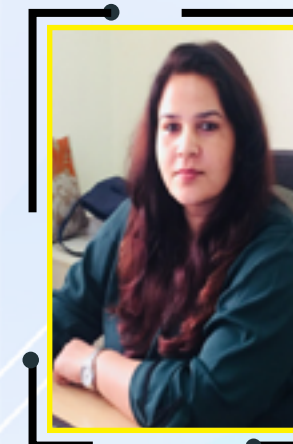
Congratulations again to our graduating students. The entire team of School of Fashion is proud of you all.

All the best and Stay in touch!



Ms. Sapna Singh

Coordinator, School of Fashion



Success is mostly about hard work, perseverance and dedication. The present generation has knowledge, talent and creativity which enables them to think outside the box and to make the best of the opportunities coming their way. During your journey at KRMU, you must have encountered varied experiences and am sure that your footprints will leave a premanent impression on your juniors and KRMU fraternity. The knowledge you gained here be a stepping stone in all walks of your life. I wish you all evolve as a better human who is responsible, confident and strive to achieve the goal of your life.

Dr. Kanupriya

Coordinator, School of Humanities



Congratulations, students! Today is a perfect day to tell you that graduation is a process that goes on until the last day of your life. Please remember excellence isn't a skill - it's an attitude. Keep up your good work and continue to strive for perfection!

Yesterday you were a student, and now you are a responsible citizen of this country. We are really proud of you. You have studied enough, and now it's time to put all your books into practice. Best of luck for a wonderful future!

Last but not the least please don't forget your alma mater. Whatever you have learnt here give it back to the society. Do visit your institution as much as possible for you and help your juniors like a younger brother and create a strong bond with them, because "KRMU is as good as you make it, your name will be associated to all time to come".

Good luck once again for your bright future.

Prof. M P Verma

Dean, School of Hotel Management & Catering Technology

I congratulate all the students who are graduating this year from our university. My heartfelt thanks to the parents also who supported their children in this journey of higher education. We hope you must have gained more knowledge to be able to make better informed decisions in your lives. We expect you to be better citizens who have capability to resolve the social, political and economic upheaval caused by recent crisis. Each one of you will become foundation of our future society. It is our expectation that you will become highly skilled professional who will use his critical and analytical abilities you have gained during hands on learning and research in KRMU.

Prof. (Dr.) Kiran Bala

Dean, School of Journalism & Mass Communication



Dear Graduates,
Congratulations!!

Foundation has been laid for the forthcoming events of your life. Much has been done but much more remains to be done.

Keep thinking and keep moving. Create your own destiny. A destiny of your choice. Work hard with discipline, dedication and devotion and you will be rewarded. Achieve your goal by giving your 100%. Enjoy life and always follow your heart. As I always say- think different and be different. Do something that makes your name stand out in a crowd. Dream, but with open eyes. The pleasure of life lies even in a trivial thing.

We hope you will try to stay connected with KRMU as your career and life expand.

We all are proud of you!!

Best wishes for your personal and professional life ahead.

Dr. Kaveri Sharma

Coordinator, School of Legal Studies



On behalf of the School of Management and Commerce family, I extend a sincere congratulations and best of luck to each one of our graduating student.

Your academic contributions, your representation of SOMC, KRMU at various inter-college events, competitions and your desire to continuously learn and innovate have been invaluable to the School of Management and Commerce.

As you begin your careers or continue your studies through post graduate or doctoral programs, I know that you'll be well prepared to lead in your perspective fields and continue to lead the way to the problems, challenges created by this unprecedented and tough times of Covid-19. The success mantra is Convert

Problems into Opportunities and Be Positive in Your Approach.

Stay Connected! Stay Safe!

Dr. Rashmi Jain

Coordinator, School of Management & Commerce

Medicines help us live longer and healthier. But, taking them the wrong way or mixing of drugs can be dangerous. You need to be careful to keep track of your medicines and use them safely. Talk with your pharmacist before starting a new medicine. Go over your allergies and any problems you have had with other medicines, such as rashes, trouble breathing, indigestion, dizziness, or mood changes. Drugs can cause unpleasant and sometimes serious problems. For instance, it is dangerous to use aspirin in dengue fever. A pharmacist can explain the right way, right dose and right time to take your medications, ensuring you of the possible side effects and how to manage them, and that you understand how your medications interact with other medications, food, and drink. So, ask your pharmacist.



Prof. (Dr.) Nitin Kumar

Dean, School of Medical & Applied Sciences

Glorious Day

Won't it be a Glorious day when,
We will step out of the doors,
Walk down the lane,
The road, the parking lot again?

Won't it be Glorious,
To meet our friends,
Our colleagues,
Our soul mates,
Our brothers and sisters of the other blood again?

Won't it be Glorious,
To sit idle,
Talk nonsense,
Share the food,
Share the love again?

Won't it be Glorious,
To see the stray dog wagging its tail,
To see the monkeys' wreck havoc,
To see the birds fly home in the dusk again?

Won't it be Glorious?
Won't it be Amazing?
Won't it be Magical!

Argho Ghosh
B.A. (H) English

A Fake Smile

A fake smile with a broken heart.

A fake smile with a broken heart.

It is very common in this world.

People with pain acting like they are on top of the world.

But I feel proud of you,
If you also have a fake smile with a broken heart...
At least you are trying to come out of your dark.

No matter how much pain you have taken.

No matter how hard it is to fake a smile with a broken heart...
Believe me it will give you a spark for a new start...
And your fear and depression will never stay in your heart...
A fake smile with a broken heart...

It will give strength to others in their times hard
So let's fake a smile even with a broken heart!

Gunjan
B.Pharm

Imagination

I asked myself Who am I?

I asked myself
Who am I?

A girl full of noise
Or filled other's choice?
A soul with many dimensions
Or a body with multiple distractions?

A betrayal of a dis-balanced walk
Or a story written by a chalk
That gets erased
When my initials get rained.

AFTER ALL THIS DILEMMA,
I ASKED MYSELF
WHO AM I?

A daughter
Because I was born to them
Or some signs that I'm attached to them?

A friend
Of my people
Or an enemy of all the disgraceful?

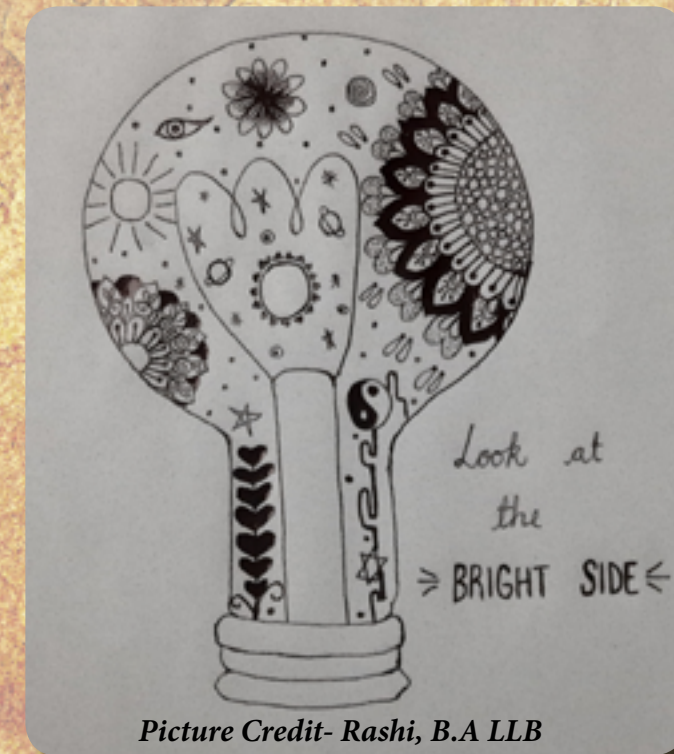
A wife
As I am married
Or a mother because my womb produced babies?
Or a competitor because I gave others competition?

AND ALL OF A SUDDEN
I ASKED MYSELF
WHO AM I?

A murderer of my faiths and dreams
Or a clown wearing fake emotions on my skin?

An enthusiast who feels every day is good day
Or a body that feels pain because of failures, marks and stains?

A keeper of a noise inside my head
Or a thunderstorm of pain that covered up by my bed sheets?



Picture Credit- Rashi, B.A LLB

THEN MY BODY ERUPTED LIKE A VOLCANO
I ASKED MYSELF
WHO AM I?

A crying throat and a heart wondering for silence
Or a contradicting person who believes in non-violence but loves the violence ?

A criticizer of my own beauty
Or a dull face on duty?

After all these questions
My thoughts just evaporated
My emotions just got separated

I felt like a Ravana with so many faces
A sheet of unbalanced facts,
And then
My soul deepened into voice
And I asked myself
Who am I?
Who am I?

Shivani
B.Tech CSE

Don't wake me up!

I am in a dream and I want to live there.

A dream where

My mom is cradling me
and my dad is holding me.

A dream where

I am unbound to touch the open skies
And don't have to answer all the whys.

A dream where

Saraswati is not restricted to study
And kaali is not considered dusky.

A dream where

Menstrual bleeding is not impure
And every cramp has a perfect cure.

A dream where

My skirt length doesn't make me a slut
And my body hair is not meant to be cut.

A dream where

Patriarchal society doesn't exist
And feminists are not seen as sexists.

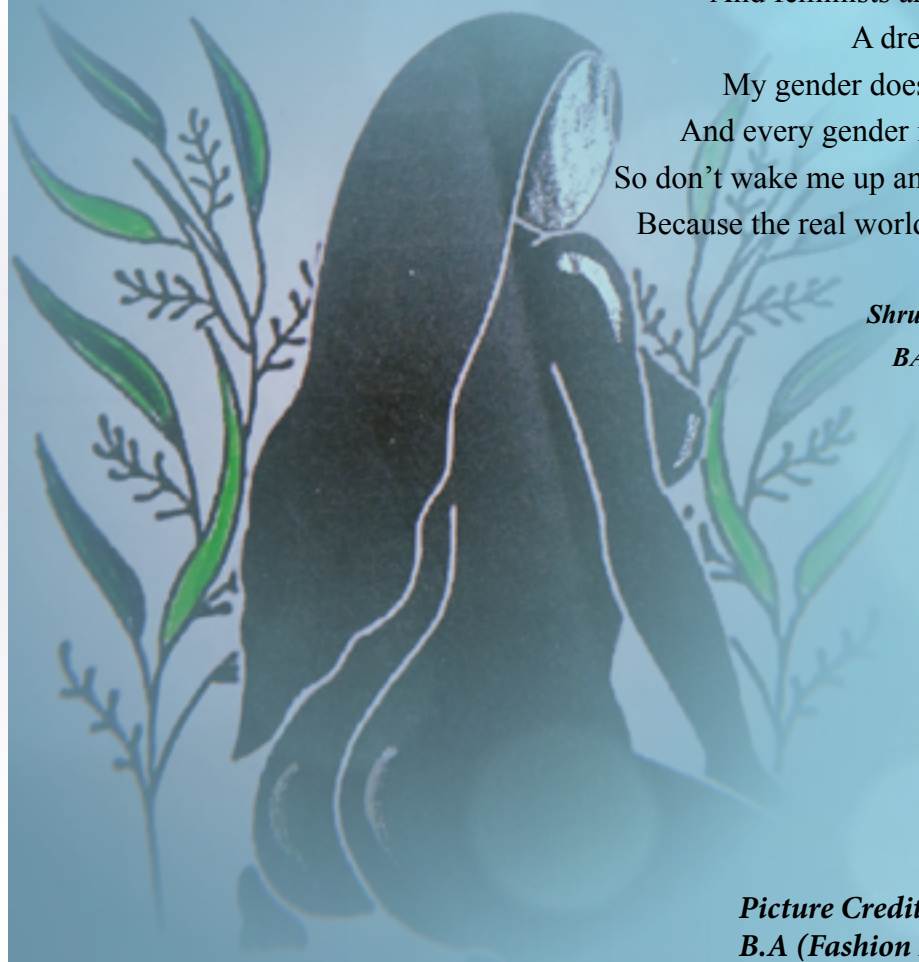
A dream where

My gender does not decide my role
And every gender is respected as a whole.

So don't wake me up and let me live it to the fullest,
Because the real world is nothing but the dullest.

Shruti Sharma
BA (JMC)

Picture Credit- Parul Srivastav
B.A (Fashion Design)



Marine Mystery

The blue waves whisper mysteries of the deep,

of mountain heights, of pathways steep.

The sound of waves is loud and clear

there are many mysteries lying here.

The sea holds many secrets to unfold which are yet to be told.

In its embrace, depth is free.

Unbound by the marine mystery.

It's a place below the woods,

a society where none intrudes.

Once the mind is trapped, it can't be relieved.

All the mysteries the sea had now have to be believed.

A voice starts haunting the mind, in the world of the blue.

The mysteries are now to be solved without any clue

The pressure of the depth penetrates right through you.

With the depths increasing, the trap becomes more teasing.

The mind now wants to flee away from this mysterious sea.

Surrounded by confusion this place is eerie.

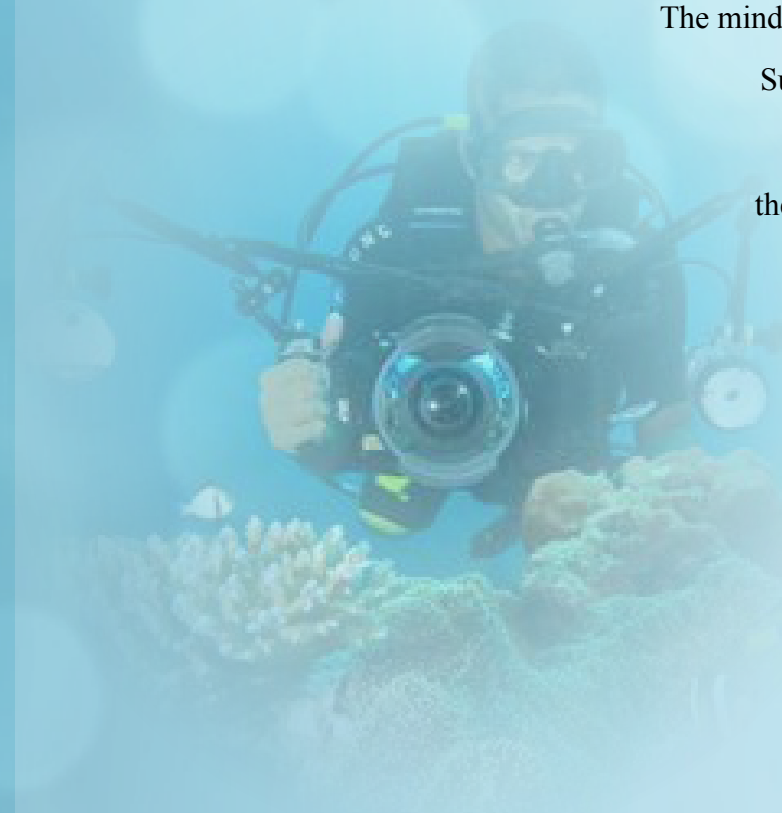
The sound of waves is loud and clear,
there are still many mysteries unsolved here.

The aura down here is dark and creep
filled with secrets, firm and deep.

The unknowns from the sea sing aloud,
"Come to us, together we'll drown."

The brain and soul now crave to survive
but the marine is still alive.

Lakshita Kandpal
BA (JMC)



SAMSARA - THE CYCLE OF LIFE

The road remembers the warmth of the thousands of feet through the path of history, but the inconspicuous stone at the side of the road is far older than all the roads in the world.

The wanderer often chooses the path that is not the most obvious, goes against the current, gaining new knowledge.

People, faith, and tenets can leave anyone, but, loneliness remains the only true companion. Self-discovery is a winding road towards the unknown, through the relics of the past, which give off a faint, scattered light. Shadows-empty gas stations and dirty diners-darkness.

Darkness is always inside you, always with you... YOU are the Darkness; give light a chance to shine forth.

LIFE is like a crosswalk. On the grey concrete. From one line to the next white follows black, mixing, creating new shades on the canvas of life. The signs are barely visible, but they are always around you, always true. Signs are like windmills-willful and uncompromising. You just need to stretch your hands at the right time and you'll get a palette of colors. "Is it possible to create a masterpiece without hard work? How to get all the colors for your creation?"

Getting to know the world around you, following the only true path-the one that takes you up, touching the destinies of passersby, absorbing their emotions and life experience.

Without stopping, time is unforgiving, from station to station; the soul is alive, as long as it has something to aspire to.

Go outside right now and feel it, the sound of the engine, the noise of the tired city, all of this is temporary. The man made monuments, the blinding reflections of windows; just a grain in the sands of time, the rustle of the leaves, pleasing to the ear, the whisper of the wind was, is and will be. Any desert can be turned into a square and a square into a desert. Only those deserve a monument,

those who do not need it.

For a man who doesn't know which pier he is heading to, no wind will be favorable, but the pier is just a stop on your way to the next voyage.

Some swim with or against the current, some create their own. They are few; fewer than the whales in the depths of the ocean, but they make history and gather the lost ones around them.

The temptation to quit will be greatest just before you are about to succeed, despite the feelings of emptiness and desolation.

There is no universal map with the correct answers; it is easy to get lost in the jungle of your doubts. Listen to yourself – the guiding whisper of your soul, light up the realm of your mind; there is much hidden there, useful, yet dangerous and in the most secluded place, beneath the layers of "fear and doubt".

You may find the lost city of your true essence that will help you to break the chains and come out of the shell towards freedom, new horizons and tailwinds. The reasons are inside us; outside there are only excuses. Loneliness is a state when you are ill with yourself, bored with yourself, tired of yourself and you want to go somewhere and to forget yourself into somebody else.

You need to fall in order to rise, you need to lose in order to gain; do not run away from yourself, you cannot be anyone else.

The degree of closeness is determined by how comfortable two feel in silence. Two silences cannot remain two, they become one. Heaven is here and hell too omit. It depends on you where you live; it is a question of your own inner transformation; to fear death is to limit life.

The soul is always young and it does not age. The soul is above time.

You took the easy way and gained matter. You've gained knowledge. Now you are ready for your last trial.

My soul is reborn,
But everything seems to be lost/ gone,
So deep...my feelings...

My shoulder is heavy with burdens,
But I am not giving up,
It's not over, it's not over, I'm not finished...

I am not special or something like that,
But when you were here I was always felt like this,
I felt that way...

Everything will be burned to ashes?
You remember that too, it is late...
I felt that way...
I am not special or something like that,
But when you were here I was always felt like this,
I felt that way,,,

Everything will be burned to ashes?
You remember that too, it is late...
It is too late...I felt that way....

Piyush Sharma
B.sc (H) Computer Science

Poem

A valley of pain
Purified by eyes
Breadth of horror
Sinks to the sight
Patience controlling symptoms
Holes in hopes
Died curiosity
Lurking towards the faith of love
Illusion in an image
Fake experience through bodily senses.

Shivani
B.Tech (CSE)

Bullying

The fear of a monster in my closet wouldn't have shaken me that much,
I have seen my dreams shattering just by words.

These eyes don't sparkle now,
But are filled with questions of self-worth,
Am I not enough?

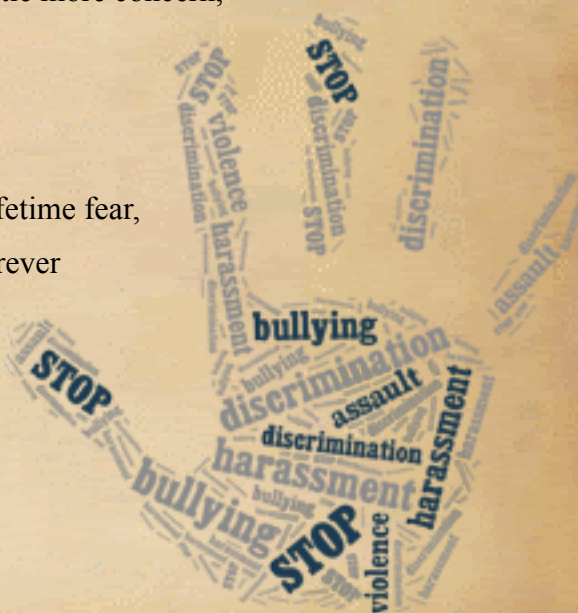
Tired of people who humiliate me only so that they can feel cool,
Mere entertainment for those who are friends to me,
But for them
I am only a fool.

They laugh on my pain,
Draining all positivity from my soul,
Pushing me to the darkness, where it is not easy to survive alone.

I am not the only victim out there, but you have to show little more concern,
Not everyone's words speak this loud,
Not every voice reaches your ears.

Some got lost in the echoes of laughter, creating a lifetime fear,
Some vanish in the darkness and stay there forever
And some, you'll never know...
Until their names flash on news channels!

*Taniya Nautiyal
School of Legal Studies*



आँखों की सच्चाई बहुत कुछ कहती है

These eyes don't sparkle now,
But are filled with questions of self-worth,
Am I not enough?
Tired of people who humiliate me only so that they can feel cool,
Mere entertainment for those who are friends to me,
But for them
I am only a fool.

They laugh on my pain,
Draining all positivity from my soul,
Pushing me to the darkness, where it is not easy to survive alone.

I am not the only victim out there, but you have to show little more concern,
Not everyone's words speak this loud,
Not every voice reaches your ears.
Some got lost in the echoes of laughter, creating a lifetime fear,
Some vanish in the darkness and stay there forever
And some, you'll never know...
Until their names flash on news channels!

गौरव सचदेवा

पत्रकारिता एवं जनसंचार विभाग

दिल्ली हूँ मैं

सुबह उठते ही चल पड़ती हूँ
 सूरज के निकलने का इंतजार नहीं करती।
 “मैं”, वो हूँ, सब ने मैला किया जिसको
 खुद कभी कोई काला व्यापार नहीं करती।।
 हर दंगे में अपने ही बच्चे खोए
 असह्य जख्म दिए हैं मुझे गैरों ने।।
 मैं एक मतदाता हूँ, बस विश्वास करती हूँ
 और हर बार धोखा खाती हूँ सरकारों से।
 मैं दिन में जाम में फँसती हूँ और
 रात में घर से निकलने से डरती हूँ।
 मैं, नमाज भी पढ़ती हूँ, पूजा भी करती हूँ।।
 1857 के संग्राम की प्रत्यक्षदर्शी हूँ मैं, और
 सन् 47 में जो मिली – ‘आजादी’ भी देखी है।
 बँटवारे में लहूलु हान हुई –
 मैंने अपने वजूद की बरबादी भी देखी है।।
 पुराने किले का दरवाजा हूँ मैं
 चांदनी चौक की पराटे वाली गली हूँ।
 मैं कुतुब-मीनार की बुलंदी भी हूँ –
 कुछ इसलिए भी इतराती हूँ।।

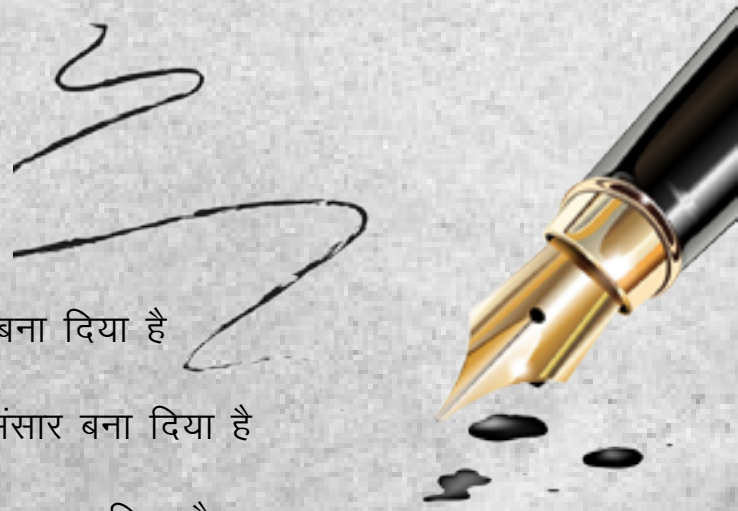
2002 का संसद हमला या 84 का हो नरसंहार
 दुर्भाग्य कि, 16 दिसंबर जैसा दाग भी मैं हूँ
 अदम्य साहस की परिभाषा हूँ मैं, अंतर में समेटे –
 ‘अमर जवान ज्योति’ जैसी षौर्य की धधकती आग हूँ।।

अंग्रेजी, ऊर्दू, पंजाबी, तो कभी
 हिन्दी बोलती हूँ
 छोटी-छोटी सीमाओं में बंधी –
 “भारत के माथे पे सजी मैं एक बिंदी हूँ”।।
 षाम होते ही जो ढल जाए, वो रोषनी नहीं,
 तड़ितझंझा के गर्जन कि प्रेरणा हूँ –
 हाँ, कड़कती आकाशीय बिजली हूँ मैं।
 अपने आप में चलती-फिरती –
 हाँजी साहब – दिल्ली हूँ मैं।।

प्रज्वल

बी. टेक. (सिविल इंजीनियरिंग)

कलाकार



कलम को आकार देकर अल्फाज बना दिया है
अल्फाजों को आकार देकर खुदमें एक संसार बना दिया है
अपनी नजरों में खुद को इतना षर्मसार बना दिया है
अंदर सारा सच छिपा, बाहर बस षिष्टाचार दिखा दिया है

आओ, — मिलो मुझसे,
बातें करो — दोस्ती करो — मेरे साथ चलो
तुम सभी को दिखाने को मैंने खुद को राम सिखा दिया है।

तुम भी देखो मेरा हँसता चेहरा,
खिलखिलाता, मुस्काता चेहरा
इस चेहरे को हँसी का नकाब बना दिया है।

षराफत को अपना खिताब बना दिया है
अपनी षक्सियत को एक अनलिखी सी किताब बना दिया है



अपने सच को झूठ बताकर इन कागजों को सुनाता हूँ
लोगों को बस अपना झूठा सच बताता जाता हूँ
दुनिया की भीड़ में, 'मैं' कहीं पर लुप्त हूँ इस कदर कि,
एकांत में अपना सच्चा संसार खुद भी नहीं देख पाता हूँ

कलम को आकार देकर अल्फाज बना दिया है
अल्फाजों को आकार देकर खुदमें एक संसार बना दिया है
अपनी नजरों में खुद को इतना षर्मसार बना दिया है
अंदर सारा सच छिपा, बाहर बस षिष्टाचार दिखा दिया है।

यषवंत यादव
एम. बी. ए. — प्रथम वश

बस कुछ पलों का “चाव” हूँ मैं ...

मेरी बातों से जज्बातों की गहराई को मत मापनाय माप नहीं पाओगे !

जो दिखता है उससे वास्तविकता को भाँप नहीं पाओगे!

कहानी सुनकर तो मेरी खुष हो चलोगे तुम

मेरे किस्से सुनोगे तो उसमे बस पाप ही पाओगे

उन किस्सों को समझने की इजाजत – अभी किसी को देना बाकी है

मैं क्या हूँ कि, असल मूरत अभी कहना बाकी है

अभी वो किस्से सिर्फ मुझमें हैं – अभी वो पाक ही हैं

कभी मन किया कि, इन किस्सों को कहीं महफूज रख दूँ ...

... तो वो जगह मेरे दिल के पास ही है

बाहर से दिखने को गर कोई दरख्त तुम्हें शांत नजर आए, तो

समझ लेना वो मैं ही हूँ

नजदीक से देखने पर, गर

उसी दरख्त की टहनियाँ – पत्ते,

आपस में उलझे नजर आएँ, तो

समझ लेना वो मैं ही हूँ

किसी तट से समंदर का पानी,

जो समान और शांत नजर आए, तो

समझ लेना वो मैं ही हूँ

उसी समंदर में उतरने पर उसका पानी,

तुमको कहीं अपने साथ बहा ले जाए, तो

समझ लेना वो मैं ही हूँ

लोग हजार और चेहरे तीन हजार हो गए हैं आज

मेरे चेहरे में बस तट, समंदर और नाव हूँ मैं

किसी के लिए बहाव, तो किसी के लिए ठहराव हूँ मैं

ना लंबी कहानी, ना यादगार किस्से,

ना किसी के जीवन का कोई घाव हूँ मैं

लोगों के जीवन में बस कुछ पलों का “चाव” हूँ मैं

यषवंत यादव

एम. बी. ए. – प्रथम वश

गुरु – मेरा प्यार

वह वक्त से दो मिनट पहले आती हैं,
 कायदे के किस्से सुनाती हैं,
 वहीं कुछ गिनी चुनी गलतियों पर चीखती चिल्लाती हैं,
 वह इतनी मोहब्बत कहाँ से लाती है!
 सोचो, इतनी मोहब्बत कहाँ से लाती है!
 माना गलती ना होने पर भी चिल्लाती है
 प्यार छुपा कर गुस्सा दिखाती है,
 वह गुरु ही तो है जो आदमी को इंसान बनाती है,
 वह इतनी मोहब्बत कहाँ से लाती है!
 सोचो, इतनी मोहब्बत कहाँ से लाती है!
 माँ देती है नाम, पहचान आप देती हैं
 शिक्षा तो किताब देती है दिशा आप देती हैं
 और जब आते हैं बुरे खयाल, सपने टूटने के,
 आप ही साथ देकर, सब संभाल लेती हैं

प्रखर श्रीवास्तव

पत्रकारिता एवं जनसंचार विभाग

जरूरी था...?

तू किसी झरने से निकलती भाप है,
 तुझे खुद में समाने को, मेरा शांत होना जरूरी था
 हासिल...? नहीं . पाना था तुझे, तो
 इंतजार करना जरूरी था !
 तू किसी नदी सी बहती जा रही थी,
 मेरा समंदर बनना जरूरी था,
 तुझे खुद में समाने को, मेरा शांत होना जरूरी था!

तू आग है, मैं राख हूँ
 तू वृक्ष है, मैं शाख हूँ
 तू साथ... तो सब ठीक
 जो साथ नहीं तो सिर्फ खाक हूँ!
 तुझे अपना प्यार जताने को,
 क्या इजहार हर बार जरूरी था?

तुझे खुद में समाने को,
 मेरा इंतजार करना जरूरी था!

यशवंत यादव

एम. बी. ए. – प्रथम वर्ष

खुशी

पढ़ा बहुत है, सुना बहुत है
 षायद इसलिए आज जाना है
 खुशी हम में है... सिर्फ हम में
 दूसरों में खुशी ढूँढना – बस बहाना है।

बच्चों की खुशी में, माँ बाप का खुश होना
 और माँ बाप की मुस्कराहट पे बच्चों का मुस्कुराना
 एक अगर इसी किस्से को परे रख दें, तो
 बाकी सब चीजें बेईमानी हैं
 हमारी खुशी हमारी जिम्मेदारी
 ताउम्र हमें ही निभानी है

क्यों गम हो किसी बात का
 क्यों बहें आँसू किसी की याद में
 इंसानियत रखकर दिल में, मतलबी बनना
 बस अब ये बात खुद को समझानी है।

जो होगा देखा जायेगा,
 मत सोच मन तू क्या पायेगा!
 पर जो बीत रहा है हर क्षण,
 क्या उसको वापिस पायेगा?

मोती हैं ये पल सभी, और
 ये जीवन एक धागा है
 किसी के हिस्से दूना आया,
 किसी के हिस्से आधा है
 काम हमारा कुछ नहीं
 बस धागे में मोती पिरोने हैं
 कुछ तो होंगे साफ-सुन्दर, और
 कुछ हमें अभी धोने हैं।

जो माला होगी तैयार बनकर, अंत में
 हमें ही पहनाई जायेगी
 अच्छी होने पर ही होगी प्रींसा
 वार्ना कचरा ही कहलाएगी।

डॉ कावेरी शर्मा
 सहायक प्राध्यापिका, विधि संकाय

A BIGGER PICTURE OF THE PRESENT SITUATION

A bigger picture of modesty

Nature is for all- be it us or any sort of living being.

On the face of it

Understanding that encroaching on the elements

Which are not ours would lead us nowhere but despair.

A bigger picture of being solicitous, of being more understanding and being counterfeit

Leaving behind the frontiers and constructs of culture and religion -we are humans

All alike. Striving. Trying to thrive.

A bigger picture of acknowledgement,

Saluting those public spirited people for working selflessly

A subtle reminder for knowing individual contribution

To the whole world wholeheartedly.

A bigger picture of undivided wish & optimism,

Of brotherhood and community

Of loving & stretching out the love all encompassing

Of never taking simple things for granted again.

Ms. Charu Singh
 Assistant Professor, SOET

Expressions

Importance of Culture in Human life

Culture is closely linked to life. It is not an add-on, an ornament that we as human beings can use when needed. It is not merely a touch of colour, it is also not restricted to a place or a community, in fact, in country like India, where there is diversity all over, we can say that our culture makes us to adapt and live with others and respect their culture too. It is what makes us human. Without culture, there would be no humans. Culture is made up of traditions, beliefs, and ways of life, from the most spiritual to the most material. It gives us meaning, a way of leading our lives. Human beings are creators of culture and at the same time, culture is what makes us human. A fundamental element of culture is the issue of religious belief and its symbolic expression.

We must value religious identity and be aware of current efforts to make progress in terms of an inter-faith dialogue, which is actually an inter-cultural dialogue. As the world is becoming more and more global and we coexist on a more global level, we can't just think that there is only one right way of living. The need for co-existence makes the co-existence of cultures and beliefs necessary. In order to not make such mistakes, the best thing we can do is to get to know other cultures, while also getting to know our own. How can we strike a dialogue with other cultures if we don't really know what our own culture is? The three eternal and universal values of truth, beauty and goodness are closely linked with culture. It is culture that brings us closer to truth through philosophy and religion, it brings beauty in our lives through arts and makes us aesthetic beings and it is culture that makes us ethical beings by bringing us closer to other human beings and teaching us the values of love, tolerance and peace.

Anjali Sharma, B.Pharma

*Picture Credit- Irene Thomas
B.A (Fashion Design)*

-----OUT OF ORDER-----!!!!

At the point when updates on coronavirus began to spring up on our feeds, it was nothing more than a giggle. None of it seemed to be of significant importance by any stretch of the imagination. Just a tad of talk. We saw it on the news, talked about it with our families, in our colleges and with our friends, but we imagined it as something that was going to be short-lived. Even when the news channels put a light on it, it was simply suggested as if it was one more sickness that would be momentary and minuscule and as we'd move on with our lives, it would flee within no time leaving us unaffected.

It continued like this for a considerable amount of time. Steadily, when the spread had begun, the situations didn't seem so manageable. While people were still busy mocking China and its people, it shook up things for me and I started paying more attention to it which made me progressively stressed over everything. The thought of traveling to college or touching contaminated things at college started bothering me since I had no power over the circumstance in any case. Working in the lab kept me thinking about how the mouse or the keyboard or even any other hardware that I'm using has been touched by hundreds of people and it could be carrying infection and I wouldn't even know.

The jokes started sounding unfunny, serious and irritating. The humor evaporated along with all of the sinking hopes about disappearing of the virus, and I turned out to be increasingly on edge with invigorating the news application and continuously switching to news channels. It gradually appeared to assume control over everything. It was so complicated to give a shape to my thoughts because people were either going nuts or were playing it down. It was both confusing and scary at the same time. It was just when it was formally marked as a pandemic that I truly began to tune in.

Things started to go downhill. Crores of students were affected by COVID as schools and universities were shut down. With each rising day, it was worsening. It was an overwhelming feeling. A few days later, the companies were closed down as well and a nationwide lockdown was announced.

I had mixed feelings about it. I didn't know if I should be relieved for getting to stay at home and not having to go out straight up for 21 days or should I panic over the fact that everything is so not in control and that it has led to a L-O-C-K-D-O-W-N!

Initially, when it began, the thought of staying at home for so long felt like a sick idea. I couldn't imagine staying in with my sibling without getting to walk out of the situation. It was horrifying to think about how we were going to wreck each other's life. It's not like I stepped out of my house every day. I was always looking for a cover to stay in bed and be all by myself. Turns out I just liked the idea of having an option to go out and then voluntarily make a decision to not do so. Losing my mind? Losing track days? I couldn't tell. More than that, it was the severity of the pandemic that was getting to my head but gradually, everyone found their ways to deal with it. Social media verified how crazy and creative people could get. Instagram was sprouting with quarantine memes, quick homemade recipes, insane workout routines, people sharing their daily routines which included sleeping, eating and sleeping. Precisely, different strokes for different folks.

This pandemic brought out the worst in some of us while made some of us more empathetic. Be it virtually through social media but people tried to connect and give strength to each other. Watching people post their workout routines and pictures of their fancy homemade dishes was kind of annoying. But then it is the feeling of knowing that all of us are going through the same and aren't alone in this felt safe and made it a bit easier to deal with. Perhaps, it is the feeling of not having to feel it alone that helps people go through it. In a way, by reflecting the plurality of the situation we might not only go but also grow through it. It has been more than a month now and I'm feeling just fine. Things are going smoothly as if this is what I've been doing for ages.

For the moment, we should do our bit, be a 'sit at home' hero, help each other in the ways we can and hope for a better and brighter tomorrow! For now, the earth is -----OUT OF ORDER-----!!!!

Poorvi, BA (JMC)

The Grass is not always Greener

The biodiversity around us is so varied and common that the youth today has forgotten its importance. They find being in the air conditioner spaces cool, whereas travelling or living in the world surrounded by green biota is cooler. Riding bikes and cars has become a daily routine and more a symbol of status, which on the other hand has a vital contribution in polluting 'the legit cool environment'.

In spite of the increase in the quality and quantity of the educated population, the number of people per square foot is increasing. This, therefore leads to increase in the demands of roti, kapda and makan. It can be loyally and happily obtained with some hard-work, but acres and acres of lush green farms and trees have to be destroyed for their accumulation.

"GOOD FOOD, GOOD OIL" is easily appealing, but do we have any idea what harm is it causing our environment?

The waste that Oil industries secrete, all is drained into rivers and lakes. Thereby, not only posing a severe problem in the regulation of water bodies, but also to the human ecology. The irony is that, though the human body consists of 70% of water, our earth is striving to maintain even half of that, how cool is this?

Putting light on some definitions,

- Environmental pollution is defined as "the contamination of the physical and biological components of the earth/atmosphere system to such an extent that natural environment is adversely affected."

Hence, the way we are living currently has full legit role in environmental pollution, deforestation, water pollution, hydrological damage, air pollution, noise pollution, ground vibration, rock dispersal, and many more.

This is not all about how and what damage has been caused. But what are the scopes of improvement, in case if we want?

The matter, when looked upon, isn't about how we can control this damage, but it's actually about how we can work upon improving it. It's not about punishing or controlling the thing, but how to create a balance for the same.

To compensate for this, botanical researchers have found an amazing way. BEEJ KAPAR is a paper, hand made from seeds and cotton. The specialty of this is, once discarded on the land, it decomposes itself and the seeds germinate, thereby giving birth to a new green life. Similarly, there are PLANTCILS, pencils with seeds, that help in the growth of fauna. They have seeds at their ends that lead to the growth of plantation.

So efforts, if taken, can lead to best of the results. We human beings, understand everything, just don't work for it. But, in reality, we can't even save our environment now. It's too late for that. But measurements are needed to be taken for making our survival easy.

Ayush Rajput, BBA

Long stay with my family

From the busy schedule of our life we rarely try to find time for our family. But what does it feel to spend days and nights with your family, I realised this time only when I lived those golden days. I cannot just explain that feeling in words because words are not sufficient to express it. I am trying to pen down my heart on a paper; six living parts of my heart. First part belongs to a kid, when I am with my little sister; playing with her, scolding her, yes being notorious in her presence and learning how to smile without reasons. She is the special part of my life who stands beside me like my soul. Playing silly games with her under the blue sky is the prettiest feeling I ever feel. Second is my mom, who is always right at my back supporting and teaching me how to become a good girl.

The time I spend cooking new dishes under her guidance is not forgettable, sitting on the kitchen slab tickling her tummy, pulling her soft cheeks, and never to forget how she wipes my sweat with her duppata is the most relaxed feeling in the world. Third is my dad, who wants his princess (yes it's me) to become a great business woman in the world and my training to it starts from here. Fourth is my grandfather who is there behind all my success that I achieved and will get in future because he is my teacher; the teacher of my life, my education and the teacher of my soul. The respect, love and affection that I have for him is not expressible. When you get time with the teacher of your soul it's full of learning; learning how to crack CTET, learning how to become a successful teacher etc. Not only this but with him I also goes back to the days of his childhood where I come to know about his naughtiness, his efforts behind his successful life.

Fifth is my beautiful lady in the world, my grand mommy ... ohh ! She is not well but her demands for pakoras, her weak fingers moving in my hair arise the fear of separation in me. She is the most innocent lady and the gossips that I had with her in these days are non expressible. And, at last, the sixth one. This is the personal part of my heart but I was so much into my family that I couldn't realise that I have that sixth part as well i.e. My Self! But, forgetting yourself for your family is the world's marvellous feeling that you can have. For every one these long quarantine days at home (due to COVID19) may be boring, empty or loaded with work but for me this is the best time that I have ever had in my entire life.

I have a long stay with my family at home, inside our four walls when no one can get out of it and no one can get inside it, only me and my family, and here ends my words because words are not enough to express my emotions .

*Neharika
B.El.Ed*

True Love

True love? What is it? Isn't it when you feel butterflies in your stomach or you feel your body levitating? Or is it when the other person is near you and you feel your heart palpitating, your blood pressure fluctuating? Perhaps not!!

Love is tranquil. Love is when you feel calm and not the opposite. You feel comfortable rather than being restless or anxious. Love is when the other person is so honest that they never want to hurt you.

But, what happens? Is true love really real? Love isn't a fairytale portrayed in stories. It's isn't easy. It'll break you. It'll make you vulnerable. It'll cloud your mind everyday and has the potential to take everything from you. It'll bring you to your submission. The worst part is, you don't even realise it soon, and can never stop it. Whenever it will come back to you, it may be a thousand times worse. Yet, it'll make you yearn for more and every time you'll welcome it with open arms.

Loving someone is your choice but the other person who might not be able to reciprocate it, isn't at fault.

The terrifying thing about love is- its power- which makes you believe that the earth which is populated with more than 7 billion people is inhabited by only one. The one who might not be yours ever. Maybe life is not all about finding that one great love. Maybe it's living in the small moments while they last.

Yes. Love hurts!! It might even kill you a thousand times, gives you an endless pain but IT DOESN'T END YOU. You make a choice to end a life that can be worth living. If you make that choice because the other person left you for someone else, didn't reciprocate the love you gave them or probably in some cases the other person doesn't even know that you do love them, how does it end your life?

Love happens only once and all such phrases alike, are just phrases. Love is when you feel confident and not cowardice. Love is when you feel patient and comfortable, and not being in constant pain. Maybe all of those butterflies and good things were true for you, but they 'WERE' true. Now what? Now it's just eating you up inside. It hurts, but the future is worth it.

*Ayush Rajput,
BBA*

Yoga

Yoga is very safe, easy and healthy way to get fit in your life without any problems. It just needs regular practice with right body postures and breathing practice. It regularizes the connection between three components of our body such as body, mind and soul. It also regularizes the functioning of all the body organs and prevents the body and mind to get disturbed because of some bad situation and unhealthy lifestyle. It helps in maintaining the inner peace. By providing a good health it fulfils our physical needs, our psychological needs and, also through inner peace, it fulfils our spiritual needs. Thus, it helps in maintaining the harmony among all.

Regular practice of the yoga in the morning provides us relief by keeping away all the countless ailments at the physical and mental level. Practicing the postures or asana strengthen the body and mind as well as creates the feeling of wellbeing. It sharpens the human mind, improves the intelligence and also increases the concentration power by stabilizing our emotions and feelings. This feeling of wellbeing builds a helping nature within us and thus enhancing the social well-being at a larger level. It improves concentration level, helps in meditating and provides calming effect and inner peace to the mind. Yoga is like a practical philosophy which develops self-discipline and self-awareness within us through regular practice.

Yoga can be practiced by anyone irrespective of age, religion or health circumstances. It improves discipline, sense of power as well as provides a means for a healthy life without physical and mental problem. To spread its awareness and benefits all over the world, the Indian Prime Minister, Narendra Modi had suggested United Nations General Assembly to declare the 21st of June as an International Day of yoga so that every one can know about yoga and can be benefited by its practice. Yoga is an ancient Indian tradition which was originated in India and practiced regularly by omit yogis to meditate.

*Srishti Mahajan
B.A (H) English*

RELATIONSHIPS ARE SPOILING BECAUSE OF SMARTPHONES

Nothing kills romance, love, understanding faster than your smartphones do, and now, research also confirms it. Being attached to your phone seems to destroy your attachment with your loved ones.

Cell phones have a positive side and a negative side too. Positive side is that it helps people to connect to the whole world. Smartphones are far more invasive and demanding of our time connecting us to the world in vastly more ways, but the dark side of cell phones is also the main concern. It destroys mind of people because people omit nowadays have become more dependent on their cell phones. Due to mobile phones, real-life interactions are decreasing; instead of calling their loved ones on their birthdays or on special events people just text them or post a picture which decreases the real connection between people.

From our own experience, we can see how smartphones are really making relationships worse, especially among college going students. We know that mobile creates a distance in relationships and because of this young couples start doubting each other i.e. is he/ she having an affair with someone? Which worsen their bond!

As we all can see that in the growing phase of our life each and every person is dependent on their smartphones, whether for their homework, assignment or to spend their leisure time. Nowadays, students don't spend their quality time with their families instead they spend their time with smartphones by playing games, clicking selfies or chatting with their friends. As the interaction between teenagers and their family members is decreasing, it leads to the uprising of various misunderstanding, trust issues, and also social distancing between parents and children. So, we all should at least once think about this and should try to spend some quality time with our parents, grandparents relatives and friends, so that the distance between us doesn't increase much and would not turn into a real rift in the future.

*Muskan Gupta
B.Com (Hons)*



ENGINEER OR DOCTOR?

Nowadays there's a big crowd for pursuing engineering or the medical degree to become a doctor. But why is everyone rushing towards becoming a doctor or engineer? We all know that there are limited number of seats in a company for engineering students but still everyone go for engineering even when they know there is very little hope of getting a good yearly package. Still everyone is pursuing engineering or trying to clear the NEET. There are many reasons for these conditions and one of it can be:

There are many parents who still think that engineering or medical field is the best way of achieving success.

Sometimes, we omit think that if we do engineering then we can go into any field to take up the job. But then, why to waste 4 years of our life if we are already going to look up for other jobs which are not related to engineering field?

Many a times parents also know the risk of pursuing engineering or doing medical as sometimes you might not make it to the interview or you might not pass the medical exams but parents still force their child to choose from these two options only as they consider them the best and prestigious career option.

Everyone thinks that engineering or medical field are the only field for their success because in India we have already hyped engineering and medical fields so much that people now focus only on these two fields omit. But we have many other options which also give very good choices for a successful career i.e. LAW, Fashion designing, Artificial Intelligence, Mass Communication, B.A. Hons. and many more.

Aryan Singh, B.Tech CSE

Learning Chinese

Chinese Characters, also known as Hànzì (汉字) are one of the earliest forms of written language in the world dating approximately five thousand years back. Nearly one-fourth of the world's population still use Chinese Characters today. As an art form, Chinese Calligraphy remains an integral aspect of Chinese culture.

Well my personal experience of learning Chinese started with my enthusiasm for the three oriental, Japan and Korea. I was so fascinated by their culture, art, and history that I started to read about them. Back then I didn't know that there are universities who teach you about these countries and their culture.

When I started studying Chinese in K. R. Mangalam University, it was like a completely different thing for me because we students had a lot of problems with our pronunciations which were very difficult for us to speak. We also faced problems with the stroke orders in Chinese writing which has its own rules of proper strokes, and let's be honest we really had a hard time in writing them.

But even after so many challenges, we managed to cope up with everything being writing, reading or translation. We secured good marks in our first odd semester for which we actually stayed up the entire night with our eyes glued to the texts of the book.

The best thing about learning Chinese is that you never get bored of it. It is because when we practice the characters, we feel as if we are drawing.

I honestly feel that I'll never get tired of reading or writing Chinese because it is such a blissful experience to write the characters with pen or pencil.

I am enjoying learning Chinese because I found it the best way to stay away from the negativity around me!

AhanDey, B. A. (H) Chinese

Adulthood is hard, isn't it?

Life is all sweet and nice when you're a kid. There isn't any unnecessary drama involved, no heartbreaks, no workloads. Everything just goes smoothly. People are nice to you, you are nice to people and the days are happy. The worst you could worry about is not having your homework finished, right?

But then amidst all the fun and happy living, you turn 18. You become an adult. Life changes, life suddenly changes actually. You now have responsibilities to carry out and people start expecting things from you. Adulthood, seriously, is like being hit by a car in the middle of the road and still wondering whether to go to a hospital or to work the next day. It is that soup which one has to eat with a fork. There will be times when the person you won't expect from will hurt you the most like omit no enemy ever could, but then you'd understand that's how life changes. You'll realize the fact that your best friend, your support system will too leave you alone at times.

There'll be times when you need someone to just sit with you, hug you and just assure you that everything will be fine and you are not alone, but then there will also be times when you'd want to disconnect yourself from everything and everyone and isolate yourself because all those people who promise you stars are the same people who leave you with scars.

Just remember always that you are enough for yourself, you don't need anyone to stand with you. When you start loving life, life reciprocates that love in the ways no person ever could.

Lakshita Kandpal, BA (JMC)

Real god of my life

I am in this world for last 19 years but I haven't found any person who have seen or known God. I myself meditate but till now I haven't found any God, but I have found the answer to the question "who is my real God"? According to me, God is one who helps us in our bad time, who cares for us and gives us everything we need in the life, who gives us everything. Can anyone guess who gives us all these thing? They are our omit parents.

My mother gives me love, affection, always takes care of my stomach and she is always ready to sacrifice her life for me. My father fulfills every wishes of mine along with my education. First teacher of my life is my father and mother who taught me to differentiate between right and wrong. They are the ones to guide me whenever I commit a mistake.

They encourage me when I fail in my life. I will only be a child to them even if my age turns to 50. So, when I get everything from my parents then how can I fail in calling them my living God and how can I fail to worship them. It will be injustice to them. I may get tired in counting their love and support, but my mother never gets even after speaking whole day about me and my naughty behavior, just because she loves me more than herself.

*Abhishek Rishi
B.Com LLB*



Looking back: Reflections on my Journey at KRMU

I remember very fondly the day of my first visit to K. R. Mangalam University which was close to two years back. An informal meeting with my mentor and guide Padma Shree Awardee Prof. Dinesh Singh, Chancellor of KRMU and an interaction with Svhrri Jai Dev Gupta, Chairman, KRMU who impressed me with his long experience in the field of education, I immediately decided to join as Pro Vice-Chancellor at KRMU. Aesthetically constructed buildings and world class infrastructure attracted me too! Prof. Aditya Malik, Vice Chancellor, KRMU, Prof. Ashum Gupta, Dean, Research and Academic Affairs, KRMU who left us for her heavenly abode last year and Prof. Krishan Lal, C. V. Raman Chair Professor of Physics joined KRMU at a gap of few days after I took over as PVC. The team of four of us after a series of meetings finalized the plan for Innovation and Entrepreneurship, Global

Exposure, Industry Interface and Project based Pedagogy. Gradually a number of distinguished industry experts and academia including Prof. Sumanyu Sathpathy, former Head, Department of English, Delhi University were appointed to bring in new experiences, world class learning and growth to the University.

The first initiative was the establishment of The Institute for Inventions, Innovations and Entrepreneurship (TIIE) with an aim to create an impetus to the teaching methodology from traditional to practice based learning while bridging the gap between knowledge and skills. It created a platform for all the academic disciplines to grow in a trans-disciplinary environment. Courses in Digital Humanities and Innovation and Entrepreneurship are being offered under TIIE. These programs merge technology and management skills, along with innovative pedagogies, hands-on practice and project-based learning. Exciting new concepts such as the Engineering Kitchen, Robotics Lab, and Smart Ashram were introduced to give concrete shape to TIIE. Engineering kitchen serves as the hub for innovation for all students and faculty. It offers all necessary raw material, resources, equipment, guidance required to innovate in the field of science and technology. Computer Labs and Science Labs are well equipped with modern computing facilities. Robotics Lab was set up with the support of IIT Bombay and e-yantra. It is designed as a sustainable approach that addresses infrastructure creation and teacher training. Robotics Lab has already acquired drones, robots and 3-D printers. Smart Ashram is a structure that utilizes local traditional building techniques and materials and offers a blend of vernacular techniques of construction with smart innovative technology. It is located in the serene vicinity of the neighbouring fields and green spaces.

Teaching in all the Schools at KRMU is project-based, interdisciplinary and involves investigation, analysis, synthesis and presentation of information using digital tools and methods. It helps in developing self-confidence, focus and motivation, responsiveness, openness to diversity, the ability to apply knowledge and skills to authentic problems and situations. These skills equip students for employment and life beyond the University. A number of Orientation programs and Interactive sessions were organised with faculty to implement this project based learning in the real sense.

Opportunities for meeting global standards are being offered to the students by way of setting up active collaboration with foreign universities like Middlesex University, London and Houston University, Texas. China Centre was set up last year in collaboration with Chinese Education Ministry. Students and faculty members are persistently sent abroad for updating their knowledge in this evolving world of education.

The distinguished faculty members and the special degree programs are the strengths of this university. In every academic session new courses are added keeping in mind the needs of the contemporary society. A few part time courses have also been introduced so that people working in companies get an opportunity to upgrade their skills both online and offline. Research programs at KRMU are extremely sort after. Numbers of Ph.D

scholars are increasing perennially. International Conferences organised by different schools attracted reputed speakers and participants from all over the country. Our spacious, centrally air conditioned and wi-fi enabled Library offers variety of books on diverse subjects to our students to carry on their academic activities.

Students participate in various social outreach programs conducted under rural projects and camps. NSS plays an inevitable role in conducting such programs. Inter disciplinary projects are taken up by the students of different schools in the nearby villages that connect them to real world. Pranab Mukherjee Foundation is supporting KRMU in a big way. University and Foundation has signed MoU and this collaboration is of great help to courses like Hotel Management, Agricultural Sciences, Physiotherapy and Pharmacy. It provides practical exposure, industry experience, internships and placement opportunities to our students. In addition to that, sophisticated Labs for Hotel Management, Physiotherapy and Agriculture; Moot Court for Law students and modern Studios for students of Journalism and Architecture give them good environment inside the campus.

E-Dude Fest 2019 was an event that was organised for school students of all the streams. Eminent Guest Speakers addressed the gathering about new ideas in education. Events like Quantum Thinking, Trash to Twinkle, Digital Story Telling, Kindling the Kindle etc. were organised to create interest of school students in innovative programs. This event was very well received by the students.

H R Conclave and Alumni Meet was organised with great zeal and zest providing opportunities for interaction between present and passed out students and companies. During this period, maximum internships and placements were arranged for final year students. Awareness Programs, Cultural and Sports events have been organised regularly bringing vibrancy in the atmosphere.

The Second Convocation was held on 23 November, 2019 at Jawahar Lal Nehru Stadium, Delhi. Bharat Ratna Shri Pranab Mukherjee, former President of India was the Chief Guest of the big day. It was a day of pride and contentment for the management, faculty members, staff and parents. It was indeed a day to cherish and celebrate.

KRMU organized an Education Summit titled "Towards Meaningful Education: Redefining Goal and Pedagogies" in December, 2019. The theme of the summit was based on the New Education Policy (NEP) issued by Government of India in order to encourage a shift in the pedagogical practices prevalent in the country. The summit consisted of four sessions of panel discussions. Each session consisted of discussions and deliberations by prominent personalities from academia and industry. In total, there were 180 participants in the event, comprising participation of principals, teachers and students from 56 schools.

The Counselling services started in February, 2020. In day to day life there are so many psychological issues reported among university students. The centre has been providing services like individual counselling and group Counselling. The Counsellor helps the students in their concerns and also enhances their overall functioning. Nowadays online counselling is being provided to students and faculty.

Pan university transdisciplinary project on COVID 19 started with the lockdown. Along with e-classes, students of different disciplines have started working together on nine different themes. It is because of this kind of pandemic that has actually forced us to go beyond disciplines based learning. It's very heartening that students are doing very well in online learning and online engagement with our faculty. Along with the project, syllabus is being completed on time through e-classes by the faculty.

These are few glimpses of my two year journey with the Leadership Team, Deans, Faculty members, Administrative Staff and students of KRMU. They are a part of my fond memories and will remain with me in the coming years. I am sure that under the guidance of Prof. Dinesh Singh who is the driving force behind certain great initiatives, KRMU will reach pinnacle of success in the near future.

*Prof. Anita Sharma
Pro Vice-Chancellor, KRMU*

HEART'S ROLE IN SHARPENING LEADERSHIP SKILLS: FROM SURVIVAL MINDSET TO GROWTH MINDSET

Everyone in this world, who has ever been born or will be born, has the same hardware as Newton or Albert Einstein. Both Newton & Einstein have achieved so much in their lifetime, but most of us are unable to do so though we have the same set of capabilities.

Why is that some people don't learn fast or what stops them? What's the difference?

For hardware to work efficiently, we need software & unfortunately people are never taught how to build it.

In my opinion there are some challenges which might be the barriers for this difference. Lets' discuss some of these challenges.

1. The first challenge is- today we cannot build our own software because we are not inquisitive enough. We have lost the ability to ask questions.

I remember my school days' when I used to raise lot of questions during my classes. Because of my curiosity my teachers were generally worried about the syllabus completion. Today, when I teach, I rarely, find any such student who is inquisitive to ask questions related with the subject or life related issues.

Every time when someone asks a question, it is a step towards the expansion of their consciousness, their state of being and their awareness.

2. The second challenge is to look within, contemplate & introspect, and unfortunately we do not have time to do so. We have lost the art of looking within & introspection.

Looking within with distractions is very different from looking within without distractions. All this brings us back to the competency model & we need to develop such tools. Like animals most of the human beings are also in perennial survival mode & hence we don't have the time to hit the time button; to spend time asking questions & to introspect and this may be one of the reasons why we are moving from Unconscious Incompetency to Conscious Incompetency Mode. Practice & persistence coupled with the belief that if one person can do it, we can do it too. This is the sure-five way for change!

Diagram showing movement from Unconscious Incompetency to Conscious Incompetency Mode.

Is all official work related with survival only?

Not always. . It is all about inclusion, collaboration, compassion & growth. It's all about team work & when people come together, what do they do? The survival instinct of Fight or Flight instinct takes over. This Fight or Flight instinct is associated with the older parts of the brain as a survival mechanism & it usually generates an emotional response. These emotions are generated in the heart.

When a leader leads with true feelings emanating from the heart, leading to mutual, respectful engagement and creative work involvement he builds trust and respect and take the organization further. For a leader, it's of paramount importance to still the mind & practice pause. A successful leader develops stillness of mind by calming and subsiding thoughts.

The most essential quality of a leader is to suspend prejudice & should develop a motherly attitude and understanding. While conversing he should not see through a predefined set of filters based on past experiences. Many a times its been observed that we put everyone in multiple slots and make judgements about them even before we meet them.

The 4 Stages of Learning Anything



Practice and persistence coupled with the belief that if one person can do it, you can do it too.
This is a sure-fire way for change!

Meditation is one of the best methods suggested to bring down the reactive instinct, for calming & subsidising thoughts and to suspend prejudice. Take up meditation to attain all these virtues & a peaceful state, although the outcome depends on our level of interest, intention and the intensity with which we practice.

There is a famous quotation: "People don't care how much you know, till they know how much you care." A true leader understands the pulse of his subordinates. In the times to come the technical know-how may come to a standstill but ability to manage people cannot fall down, otherwise it's over.

The ability to manage people comes from the ability to understand them through their hearts, along with their faults, as nobody is perfect. We may indulge in presenting the perfect actions externally, but we are aware of our internal challenges.

I am sure that inevitably over a period of time, it's quite easy to scale up to the next level of leadership, emanating from the Heart.

*Dr. Ruchika Yadav
Associate Professor
School of Management & Commerce*

A “VIRUS” THAT CHANGED EVERYTHING

From ‘Social Networking’ to ‘Social Distancing’, from ‘mingling with people’ to ‘self-quarantine’, from ‘running after money’ to ‘trying to keep oneself safe’ – O CORONA! what have you done.

None of us could have ever imagined that something so small, which cannot even be seen with naked eyes, can prove so fatal and turn our lives upside down. Everyone is correlating the outbreak of this virus with different things in his/her own way. People from science fraternity are quoting it as a biological weapon whereas God-fearing section of the society is linking it to nature’s vengeance against the human deeds... whatever it is, it has not only caused disruption in day-to-day life, panic, confusion, quarantine, deaths but also resulted in an increase in the prayers, affection towards others, unity, gratitude and better environmental conditions. Now, what next? Is this going to last forever? Will we get a chance to meet our friends and families who are staying away from us? How will it affect our behaviour towards the flora and fauna, which constitutes a major part of this planet? Why can’t we imbibe it in our daily life to be kind and affectionate towards other species? Shouldn’t we continue to be kind even after all this stops? Can’t we change ourselves and be content with what we have at present? Questions like this pop up in my mind every now and then. Just look around and see what we have done - to the food we eat (adulterated), the water we drink (contaminated), the environment we live in (polluted) and this planet (destroyed and disfigured)? In short, we have messed up all. Yes, ‘WE ONLY’ did it. And what for? For money, our comfort, our selfishness? We did everything in the name of ‘development’ by destroying everything? The Homo sapiens, just 0.01% of the living beings on this planet, have done it all (No one wants to feel proud of the “development” though!). And, therefore, each one of us is actually responsible for what is happening right now. Why blame any specific group of people? It is our own Karma which is hitting us back. We saw it coming, but we didn’t stop. But hopefully, it can still be transformed, we just have to change the cause. The rules followed during this time should more or less be followed in future also. Lifestyle has to be reframed. Though it’s too much to ask for at this stage where people have already become a slave of their comfort, but considering the current circumstances, sadly, we don’t have much of a choice. So, we must start and work upon improving ourselves. A little bit of effort by each one of us will make the

difference for all. Working upon small things that can be transformed into a healthy environment where each living being has a hale and hearty life. What a beautiful world it will be then!! Let’s all pray to survive and hope to see the “transformed version of us”. Let’s Unite to work upon making this planet a better place to live.

P.S. – Dear Lord, please, have mercy on all of us.

*Dr. Kaveri Sharma
Assistant Professor, SOLS*

Impressions

ARTI AGGARWAL,
B.COM (H)



AKANSHA SAINI,
B.A (FASHION DESIGN)



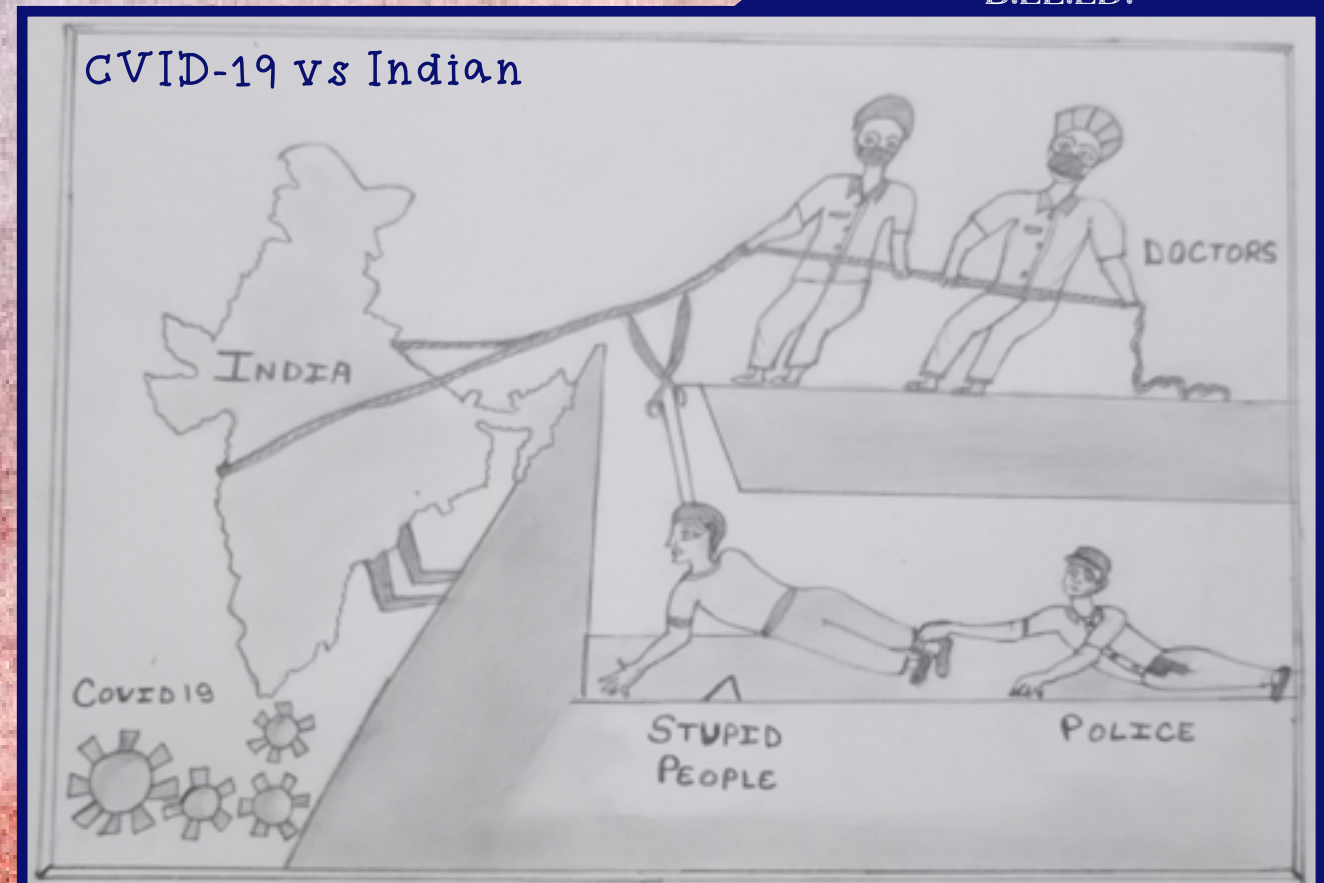
GURUKSHA BANSAL
B.EL.ED.

DEEP LOVE OF GOD RADHA & KRISHNA



CHESTHA KATARIA,
B.COM (H)

COVID-19 vs Indian



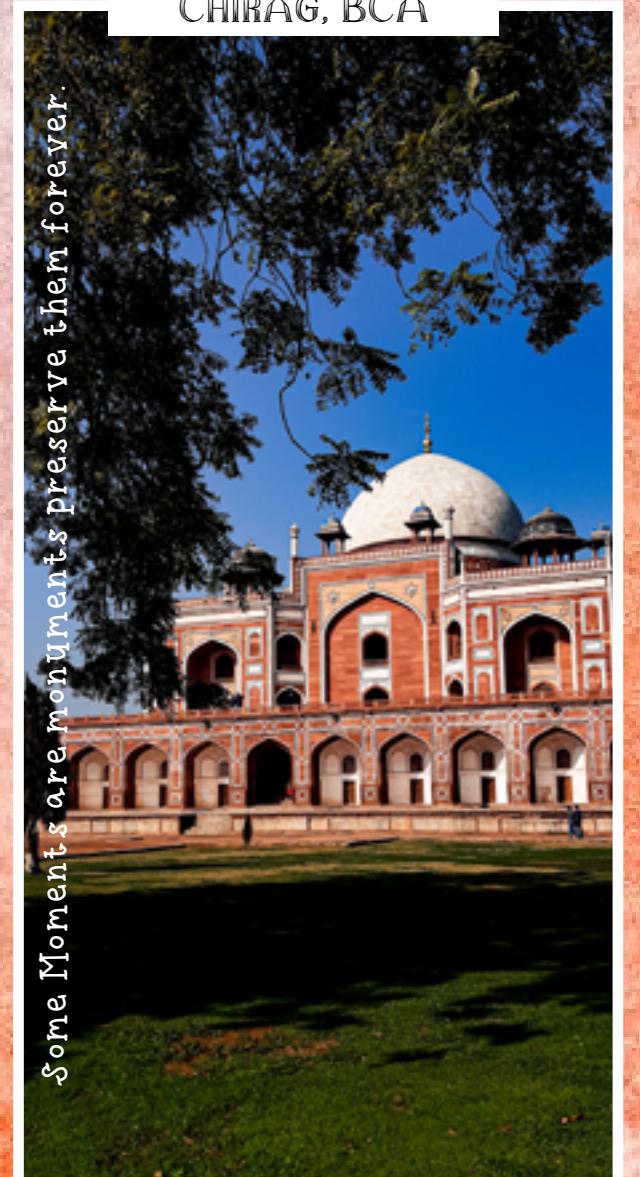
IRENE, B.A (FASHION DESIGN)



MUKUL YADA, BBA



CHIRAG, BCA



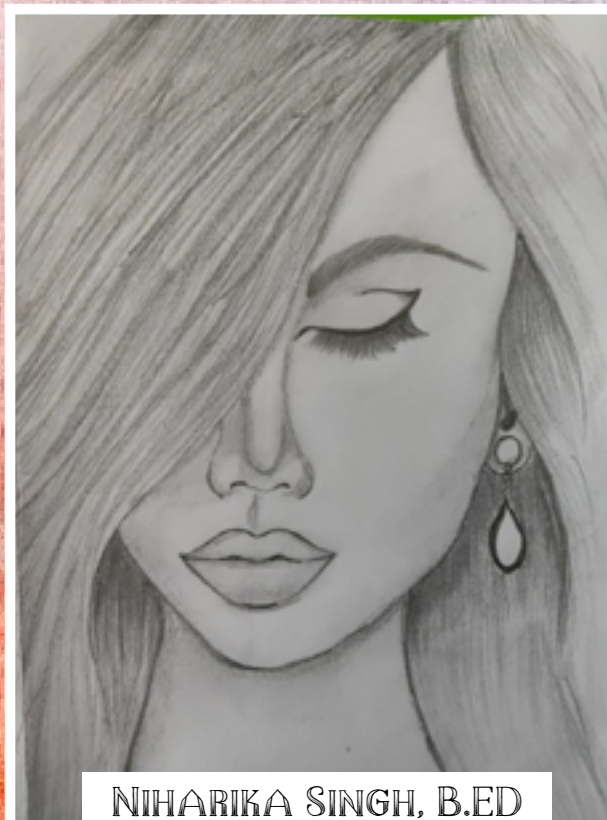
KASHIS GULATI, B.A (FASHION DESIGN)



GAGAN, BA (JMC)



NIHARIKA SINGH, B.ED





PAYAL SAINI,
B.A (FASHION DESIGN)



RASHI GUPTA, BBA L.L.B

NISHU BANSAL
B.A (FASHION DESIGN)



PREETI BHARDWAJ

*He was day dreaming about her
Whereas she fell into a life long
sleep..❤️*

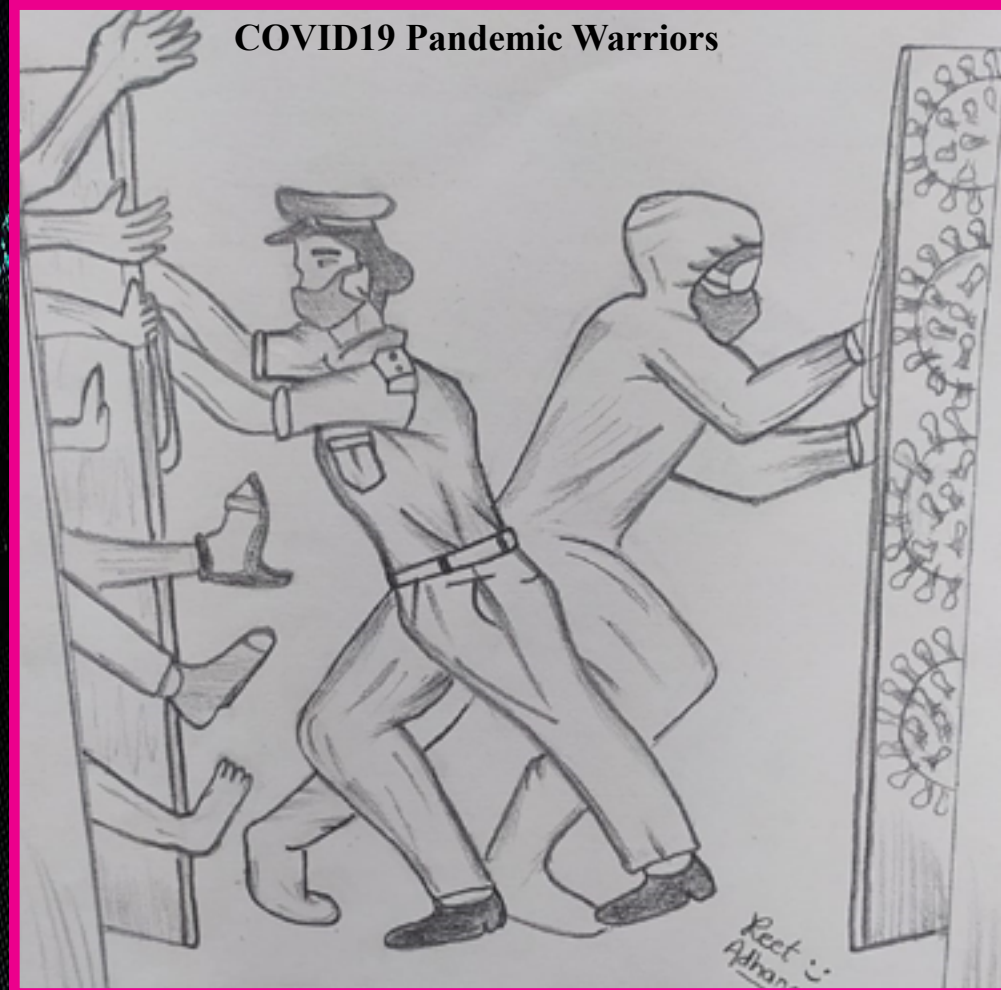
— Preeti

Maa ne kuch is Kadar zimmedariyan uthai
Ki khud bhookha rehkr bhi hme roti khilai..

— Preeti



COVID19 Pandemic Warriors



REET ADHANA, B.COM (HONS)



PARUL SHRIVASTAVA, B.A (FASHION DESIGN)

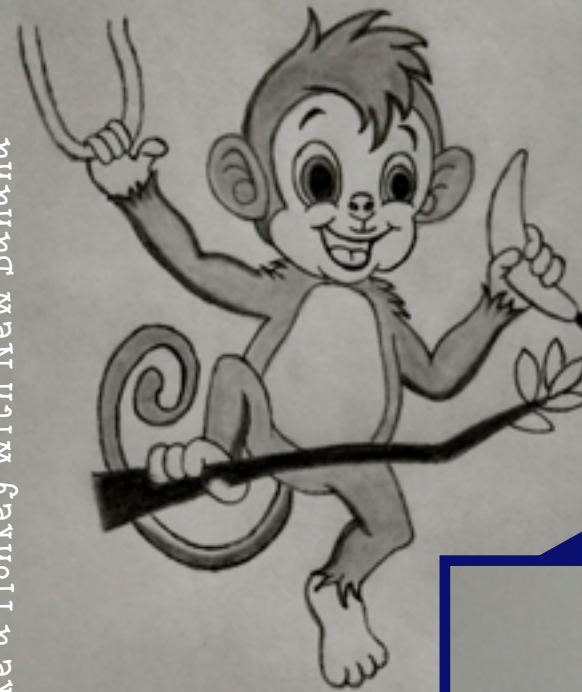


If you listen for the songbirds
As they greet the summer sun,
And love the way the wind can make
The trees sing just for fun;
If you like to hear the ocean
As it drums upon the shore,
And imagine all the whales out there,
And hope they'll sing some more;
If you honor every living thing
As part of nature's treasure
You're in tune with Mother Nature.

Drift on Silver Moon



Smile like a Monkey with New Banana



PIYUSH KHANNA, MBA





LEKHIKA SHARMA
B.COM (HONS.)

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अनुराग चौरसिया और रितु मलिक मिस्टर एंड मिस नॉर्थ इंडिया 2020 बने

हिमाचल दस्तक। चंडीगढ़

मिस्टर एंड मिस इंडिया ग्लैमर 2020 के ताज पर दीपांशु मनेरिया और नीता सेमूअल ने कब्जा किया इसके अलावा अनुराग चौरसिया और रितु मलिक मिस्टर एंड मिस नॉर्थ इंडिया 2020 बने। फिनाले की मेजबानी आईएमजी वेंचर सफलतापूर्वक की। इस फिनाले में रणविजय सिंहा, सनी खर्मा, संस्थापक और एमडी, आईएमजी वेंचर, प्रिंस नरुला और नितीश राजपुत जैसी महत्त्वपूर्ण हस्तियां जजेज के तौर पर शामिल हुईं। होटल मोदी रिजॉर्ट, पंचकुला में फैशन आइकॉन की मौजूदगी और प्रतियोगियों ने अपने खूबसूरती और टैलेंट का प्रदर्शन किया। इस ग्रैंड शो के लिए देश के विभिन्न हिस्सों से प्रतियोगियों की भागीदारी, प्रतिभाशाली लोगों को एक

आईएमजी वेंचर
का कार्यक्रम
का मेजबान

प्रोफेशनल प्लेटफॉर्म प्रदान करने और इंडस्ट्री के प्रोफेशनल लोगों की गाइडेंस में रैंप पर चलने का मौका देने के लिए आईएमजी वेंचर द्वारा किए जा रहे निरंतर प्रयासों के तहत एक पहल है। एमसी ध्रुव देव जो भारत भर में शो की मेजबानी कर रहे हैं और एमटीवी और वीएच 1 जैसे ब्रांडों के लिए मेजबान के रूप में जुड़े हुए हैं, शो की एंकरिंग की। दो राउंड कॉन्फर्टेल, एथनिक वियर, आकर्षक संगीत और रैंप वॉक के अलावा डांस परफॉर्मेंस और म्यूजिकल बैंड ने मेहमानों को लुभाने और ग्रैंड फिनाले के लिए विशेष मेहमानों को पूरी तरह से एक नया अनुभव प्रदान। इस अवसर पर मीडिया कर्मियों से बात करते हुए, सनी खर्मा, संस्थापक और एमडी, आईएमजी वेंचर ने कहा कि "इस प्रतियोगिता के माध्यम से मैं मॉडलिंग और प्रतिभा के तिकार को



अगले स्तर तक ले जाने का लक्ष्य बना रहा है। यह देखा गया है कि आम तौर पर फ्रेजर्स को बड़े नामों के साथ काम करने के लिए बड़ी चुनौती का सामना करना पड़ता है, यहां आईएमजी ने इस अंतर को दूर करने की पहल की है। यह सिर्फ 30 दिनों में 27 हजार से अधिक प्रतियोगियों के होने से सभी रिकॉर्ड को तोड़ने और तोड़ने की योजना बना रहा है। अगला शो इस साल अप्रैल में आयोजित होने का अनुमान है और वह एशिया में सबसे बड़ा मॉडलिंग शो होने जा रहा है और सभी संबंधित हस्तियां भी इसमें उपस्थित होने वाली हैं। यह महत्वपूर्ण आयोजन साबित होने वाला है और वर्तमान शो अगामी शो के लिए मजबूत आधार का प्रतीक है।



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