

Reflections 2019



KRMU ANNUAL MAGAZINE

ABOUT UNIVERSITY

K.R. Mangalam University located at Sohna Road, Gurugram is the fastest growing and most promising upcoming University in India. The green and pollution free environment, world class infrastructure, advanced and comfortable learning environment, health and fitness activities, charming hangouts and safe campus are some of the special features of KRMU. The well qualified and experienced faculty members from prestigious institutions, eminent academic leaders and the highly professional management give the best to the students to groom them to be academically excellent, professionally skilful and socially responsible individuals. The University gives a perfect balance between curricular and co-curricular activities providing highly creative and innovative platform for the students to enrich their personality. Various activities like industry visit, internships, guest lectures, workshops, social services, and medical camps are some of the regular activities of the campus. Celebrations, festivals, various cultural programmes add flavour to the campus life. Students get a lot of opportunities for inter and intra university competitions, and also to organize and participate in national and international conferences, seminars, and workshops.

K.R. Mangalam University offers degree programmes comparable to the best in the world. It offers innovative courses in: B.A. Honours (English, Economics, Historical Studies/ Psychology) with specialization in Digital Humanities, B.A. Honours (Digital Humanities), B.Sc. Honours (Innovation, IT and Entrepreneurship), B.Tech. in Digital Humanities, and B.Tech. in Innovation, IT and Entrepreneurship. It is an Institute that transforms lives through knowledge, collaboration and partnership, creates niche of innovation, entrepreneurship and creativity, nurtures and rewards skills and talents, and undertakes world class research of high impact on society.

INSIDE

EDITOR'S DESK

1

MESSAGES

2-8

IMAGINATION

9-19

EXPRESSIONS

22-40

IMPRESSIONS

41-47

LAURELS

48

VOX POPULI

49-55

GRADUATING BATCH PHOTOGRAPHS

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From the Editor's Desk

With immense pleasure and pride, we bring forth the third edition of Reflections 2019. It is an annual magazine which bears testimony to the creative instincts of the students at K.R. Mangalam University. It is the platform to highlight the literary and artistic talents of the KRMU student community. It has always been the philosophy of KRMU to bring out the all-round development in a student beyond the confines of curriculum and pedagogy. One of the interesting facets of this magazine is the contributions of students and faculty members on diverse themes under the sections Imagination, Impressions and Expressions.

We, at KRMU, believe that each student has a unique capability for an intuitive creative voice. The team has put its best efforts to respect and understand the subjective expressions of the students and faculty members.

We would like to thank the Leadership and Faculty for all the help and support. Lastly, we would like to profusely thank all the students for their brilliant contributions. Reading through the contributions of the students and faculty members was an enthralling experience. It is their creativity that has made this magazine possible.

Lettura Felice
Editorial Team



From Vice Chancellor's Desk

First of all, let me thank and congratulate the editorial team consisting of faculty and students for successfully producing yet another edition of Reflections. Reflections was initiated during my predecessor's tenure as a platform for both faculty and students to express their creativity and talents. I am glad to announce that Reflections is now in its third successive year of production. It is firmly on its way to becoming a proud KRMU tradition.

Reflections is a superb platform for faculty and students to manifest their creative skills. It is also an endearing memento of the time spent at KRMU by our outgoing students. It is a document and tribute to the inspiration you have received from your teachers, and challenges you have dealt with in your quest for knowledge, learning and the acquisition of life skills. I am certain that the education you – as our batch of graduating students – have received at KRMU will prepare you to respond with strength and forbearance in the face of new tasks that you will encounter ahead. I wish you great success for all your future plans and careers!

I am, once again, truly delighted to see Reflections 2019 go into production. It is a significant testimony to the supervision and support that students have received from their mentoring faculty. It is both the excellent guidance of our faculty as well as the creative talents of our students that make this volume an engaging and commendable success!

Auf Wiedersehen!

Prof. (Dr.) Aditya Malik
Vice Chancellor



From Pro Vice Chancellor's Desk

It gives me immense pleasure to see the brightness and confidence in our students at KRMU. With the new tagline Empowering the Youth; Empowering the Nation, students are getting freedom to explore, create and innovate. Our new learning programs merge sciences, humanities and technology with hands-on practice and project-based learning. These programs prepare students for startups and entrepreneurship. We train them to be job providers and offer them all trans-disciplinary learning programs. It is the committed efforts of the leadership and our faculty which has made it possible to bring tremendous change. The objective of this change is to empower our students to choose the right path in life.

The University's annual magazine Reflections has been a platform for young minds to artistically express their ideas and perceptions. The magazine has continuously worked for evincing writing talents of students and faculty members.

I take this opportunity to congratulate the Editorial Team and contributors of Reflections 2019 with the hope that it continues to ignite the literary sparks of young scholars.

I wish you all success!

Prof. (Dr.) Anita Sharma
Pro-Vice Chancellor

Paradigm shift in teaching and learning at KRMU

**"The Function of Education is to teach one think intensively and to think critically".
Martin Luther King**

Education of today's time is to have a holistic perspective which means that our curricula should include and reflect everything from ethos to the environment of hamlets and metropolitans, from present culture to past glory, from theoretical academics to practical skills, from thinking to relaxation, from games and sports to working in the laboratories, from lecturing to teaching through art and drama, from skills of learning to life skills, from monotonous classrooms teachings to vibrant discussions in the corridors and canteens. K.R Mangalam University has the best learning facilities for dynamic and focused discussion. We at K.R.Mangalam University believe that the student is at the heart of learning in the teaching learning process; hence advanced attention is placed on students learning rather, than on teacher's teaching.

Our teaching is organized in a manner so that learners are immersed in experiences within which they may engage in meaning-making inquiry, research, action, imagination, creation, discovery, collaboration, theorizing and personal reflection. We provide a democratic teaching and learning environment that provides meaningful learning experiences for autonomous learners who are free to design their own degree and choose a specialization which suits their interest like BA Hons (English/ Economics/ Historical Studies/ Psychology) with specialization in Digital Humanities. Our teaching and learning crosses the bounds of traditional classroom and focuses on practical and hands on project approach. The University enables a student to apply practical approach towards theoretical knowledge. The university provides enough learning spaces for this to happen.

Our University provides degrees which require interdisciplinary knowledge and are accepted in many parts of the world like Middlesex University. Our innovative degree programs are in tune with the needs of the contemporary society. The distinguished faculty members and the special degree programs are the strengths of this university. KRMU with an objective of redefining education to fit the contemporary needs and challenges established The Institute for Inventions, Innovations and Entrepreneurship (TIIE) which aims to set up and sustain a platform for all knowledge streams and all academic disciplines to grow and gain advantage in a cross-disciplinary environment. Mentored by world's leading scientists, academicians, laureates and corporate leaders TIIE aims to revolutionize the teaching methodology from conventional to hands on practice based learning that bridges the gap between knowledge and skills.

ENGINEERING KITCHEN set up by the University gives full freedom to the students, from any discipline and from any stream to explore and advance on scientific concepts processes and phenomena. The students take responsibility for their own learning, identify what they need to know, manage the problem on which they are working and determine how and where they will get that information. The students make their own meanings and decisions, not handed to them by the teachers. For them the study of science is a continuous process of discovering rediscovering of facts and phenomenon. The students learning is facilitated and guided in this pursuit by their mentors and teachers.

Technology is central to innovation the students at the University have a constant interface with high end technology. Authentic learning environments have been created in the campus ,where in teaching is designed to facilitate, simulate and recreate real-life complexities and occurrences. ROBOTICS LABORATORY caters to the interest of hobbyists and beginners who derive joy in developing mechanical peers, for the world of automation industry. The robotics is an easy and hands on approach to help the students to be involved in scientific inventions and innovations.

A variety of physical settings often spark a wider variety and higher quality of ideas. – Smart Ashram is one such initiative, a physical place at the University where in students across disciplines and streams, engage themselves in networking and making new connections, harness energy and ideas to build up a start-up culture, make an effort opening windows to let in some fresh ideas to the boxes, they have become stuck .Students meet in this space to get stimulated and reinforced by each other, to articulate and co-create newer ideas. It is in this innovative space, ideas are explored and played with, attracting a mixture of different people.

K.R. Mangalam adopts a project based interdisciplinary approach towards learning about the local communities -their histories, cultural heritage, traditions, political orientation, governance, education and other socio-cultural issues . The pedagogic case for this approach becomes strong by taking students to community. This has clear benefits for students. It helps in developing increased self-confidence, focus and motivation, responsiveness, openness to diversity and difference and the ability to apply knowledge and skills to authentic problems and situations. These skills equip students for employment and life beyond the University. The students get to design and develop projects that can extend the boundaries of the University. Allow students to use local communities for their projects and is a common practice across disciplines of Humanities , Law, Education, Pharmacy and Engineering.

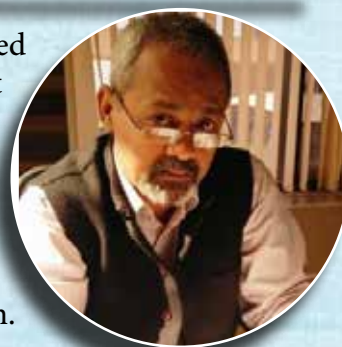


As you start your journey, draw your own road map. Dream big and take action. Pursue whatever you want with confidence, passion and devotion. Keep moving ahead with a sense of responsibility, openness, adaptability and flexibility. You truly have a bright future full of opportunities. Remember you can change your future by changing your attitude.

“A man is but a product of his thought. What he thinks he becomes” - Mahatma Gandhi.

Prof. (Dr.) Ashum Gupta, Dean Research and Academic Affairs

After all the challenges, successes, and failures which you all encountered during the course of your studies, you have completed this journey with great achievements and good memories. We were tough with you at times, so that we could prepare you for tougher challenges ahead. We acknowledge your accomplishments in academic discourse and other co-curricular and extracurricular activities and the contribution towards the University's upliftment. You are leaving behind a good legacy to be followed by your junior students, thereby helping us in becoming a benchmark institution.



The life ahead at the next level is undoubtedly full of tough challenges, but I am sure you would overcome all of them with the antecedents, manners, and energy you have possessed all these years. It's difficult to bid you adieu, but I wish you the best of luck for your days ahead.

Last piece of advice- Stop being complacent about C's, Never give a nod to boring B's, push a little harder every single day to adorn those amazing A's. You will be an alchemist- the agent for change in your professional career, as well as in society.

Prof. Vijay Anand Dubey, Dean, School of Management and Commerce & School of Legal Studies



I am happy to share with you that next edition of Reflections is coming soon. My congratulations to the entire team for the hard work they have put up.

“Life is a matter of choices, and every choice you make makes you.” —John C. Maxwell

In life we take a plethora of decisions, make choices, and bear the consequences. Despite our parents making most of our decisions for our bright, happy and positive prospect when we're very young, we start learning how to select between the options placed strategically in front of us and make decisions and choices. In the time to come, all of you will have to take your own

decisions to pave your own path.

When we make right decision we are happy and cheerful about it. Sometimes, we make not so good choices and often throng with misery and guilt when we understand our mistake. Since life offers no guarantee and you would never know that your decision would be right or wrong until you have made it, then you might as well take the risk and resolve. Once you have made the decision, be ready to bear its consequences: good and bad.

We can't unwrap the past, but we can always learn from it. Choices are the building blocks of our lives and despite all the mistakes one makes, a new day brings with itself new prospects and openings and a whole new world of choices.

With the knowledge and wisdom you acquired at your Alma mater, I am sure that you will make good options and will lead happy and prosperous life. Wishing you all the very best!

Prof (Dr.) Meena Bhandari, Dean, School of Basic & Applied Sciences

My warmest congratulations to the engineering graduates of 2019. You have been exceptional representatives of the University. I believe you will continue to serve as worthy ambassadors for the University by building upon our reputation for excellence.

Our hearts are full of joy for your accomplishments, which we also share in some significant measure. We both are for each other as the threads of scholarship, hardwork and achievements bind us together.

We all are a special breed of professionals. Education and knowledge have always been the forces that unite societies. You all are brilliant and highly trained minds, and can lead the way in both Engineering and society. I know that you will do us proud.

We would also like to give special thanks to the family of our students for their patience, understanding, sacrifices and support- both moral and financial- during these challenging but rewarding years at the University.

Congratulations again to the students of our professional and graduate program. The entire University is very proud of you. Take care and stay in touch!



*Prof. (Dr) Ranjit Verma, Dean,
School of Engineering & Technology*



My heartiest congratulations and best wishes to all the students, who are graduating this year! My message to you all is that always remember to keep your attitude right towards work and do the best. Utilize your skills and competence, whichever area you are excelling in, you will definitely achieve great success. Your efforts should be for the benefit of the nation and contribute to make this world a better place to live. Never forget the values that you have learnt from your experiences and always uphold honesty and integrity.

Wish you all the best for your future endeavors.

*Prof. M P Verma, Dean,
School of Hotel Management and Catering Technology*

Medicines help us live longer and healthier. But, taking them the wrong way or mixing of drugs can be dangerous. You need to be careful to keep track of your medicines and use them safely. Talk with your pharmacist before starting a new medicine. Go over your allergies and any problems you have had with other medicines, such as rashes, trouble breathing, indigestion, dizziness, or mood changes. Drugs can cause unpleasant and sometimes serious problems. For instance, it is dangerous to use aspirin in dengue fever. A pharmacist can explain the right way, right dose and right time to take your medications, ensuring you of the possible side effects and how to manage them, and that you understand how your medications interact with other medications, food, and drink. So, ask your pharmacist.



*Prof. (Dr.) Arun Garg, Dean,
School of Medical & Allied Sciences*



It gives me enormous satisfaction and pleasure to reach to all of you through our in-house university magazine 'Reflections 2019'. The magazine is an attempt to provide an opportunity to the young, creative and energetic students to bring out their hidden linguistic and artistic skills, in whose talents we have immense faith and believe. This year too, our students have shown a great promise in terms of their contributions to the magazine. We have received wide variety of meaningful articles, creative sketches, rich in ideas and thoughts from the students and the teaching fraternity of the University. Reflection mirrors

the variety of thought and expression intrinsic to the curricular and co-curricular spaces provided to the students in the University.

All of us at KRMU believe that as long as our ideas are expressed and thinking is ignited we can be certain of learning, as everything originates from an idea. I congratulate all the contributors for willingly expressing their ideas and thoughts in bringing out yet another creative and reflective edition of Reflections, which has over the years formed a bridge between flowing thoughts and artistic manifestation.

My sincere appreciation to the Editorial Team of Reflections who have worked hard through their busy schedule to bring out the current Edition of the Magazine.

*Prof. (Dr.) Arti Koul Kachroo, Member Editorial Board,
Dean School of Education, School of Fashion, and School of Humanities*

"If you want to be successful, you have to follow your passion, not the paycheque" – Jen Welter

Generally we are more aware about our limitations rather than potential. We are brought up with certain beliefs of wrong or right, about ourselves and others. Despite, these facts, one thing is important to understand we can set our subconscious mind in such a way that we set our aims and stretch ourselves beyond our limits to succeed. Striving for the best may be hard initially, but is each and every step taken for the success is fruitful. Start your journey of adulthood with clear thoughts in your mind.



*Prof. (Dr.) Kiran Bala, Dean,
School of Journalism & Mass Communication*



'Enter to Learn and leave to pursue your passion'.

I wish that is true for each of our graduating students.

I wish that each one of you has made progress on this journey to self discovery and true passion.

I wish that this journey of transition from being a teenager to a young responsible adult has been truly empowering for you all.

I wish that the time spent at KRMU will always be remembered as a stepping stone in making you what you have aspired for.

Last but not least, I wish you the very best in all you do.

*Prof. Hemani Singh, Director, TIIE,
Dean, School of Architecture & Planning*



Imagination

Themvü (Star)

L.D. Phewhuo

The priceless adornment of the heavenly sky,
Surrounding the heavenly gates;
With such grandeur of your own world,
You shone upon the mountain day and night.

In the dark of the night, you awaken
To spea of happiness, peace and love.
You, the ones untouched by immoral evil,
You are far greater than being compared to us.

Even when weariness looms over us all day,
When the wrongdoers beholds your face,
Asleep or awake, our gratitude remains;
Remain in peace as we wait for your arrival.

Without feeling weary, your light stays lucent
Even as the days keep coming.
In the blink of an eye, you appear before our eyes,
As you speak words of wisdom to us.

L.D Phewhuo is a poet from the land of festivals (Nagaland). In the poem, the poet talks about and glorifies the stars and all its attributes. The poem is about how heavenly and grand they look, like expensive ornaments decorating the night sky. The stars shines upon the Naga mountains with their divine light and spreads positive feelings all over the land while remaining pure and free from all negativity. Even when the people commit faults and misdeeds or are tired after endless days of continuous labour, they wait patiently for the arrival of stars at the end of the day because it gives them the peace they need.

During the daytime, when they are absent in the sky and the people's eyes, the stars do not feel disheartened but rather waits in patience for the night time to come so that they can speak words of comfort and wisdom to the people on their arrival.

Translated by:
Dziesievino
B.A.(H) English

Sumitranandan Pant

Sumitranandan Pant is a famous modern Hindi Poet born on May 20, 1900 at Kausani village of Almora district. He is also recognized amongst chief poets of the Chhayavaadi school of Hindi literature. He spent lots of his time in different hill stations and it can be seen in his poems. He described the beauty of nature in his every poem. During his childhood days, he was counted amongst shy or girlish child and his classmates used to tease him by introducing him as "Girl". He did initial schooling from Almora and after completion of matriculation he moved to Kalakankar near to Prayag. In order to accomplish his graduation degree, he went to Prayag University. Sumitranandan Pant also composed the Kulgeet for IIT Roorkee which is "Jayati Jayati Vidya Sansthan". It was the day December 28, 1977 when he died at Rajamundry, Andhra Pradesh India.



Awards and accolades. In 1968, he received Jnanpith Award his most famous poems, titled Chidambara. He was the first Hindi Poet who received this award. He received Nehru Peace Prize for Lokayatan by the Soviet Union. He was also honored with 'Padmavibhushan' by Indian Government. He received "Sahitya Kala Academy" award for "Kala Aur Budhdha Chand".

I'm the youngest of all

A poem of a small girl who wishes not to grow old. She wants to be young her entire life. She says she wants to rest on her mother's lap, she wants to hold her hand for whole life, she never wants to be alone. As she has grown up she is asking her mother why don't she goes out with her, why she doesn't travel with her anymore like, to school/college. That girl says to her mother you make ready for school you wipe the dust from my face. Her mother always tells her stories and teaches her something out it about life . She wishes not to grow old, so that her mother doesn't leave her and then asks her mother to come and see that the moon has come.

Translation of the poem

I'm the youngest of all
I'm sleeping in your lap
Watching by catching your sarees edge
Wonder with you mom forever
Never leave your hand
Helped me grown up
You lack behind now
Holding our hand still
Now you don't wonder day-night anymore with me
You feed me with your hands
You wipes the dust from my face
And make me beautiful and fair
You gave us toy to play
You told us fairtales and touch us something out of it
I wish not to grow old
So that I don't loose your presence
I wish not to loose you presence in life, Keep hiding ,without touch and without fear.
Come on ,let see the moon has come .

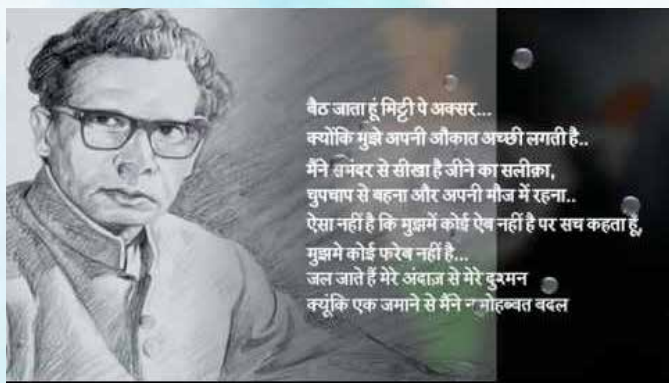
Translated by:
Robin Paul
B.A.(H) English

Baith jata hu mitti pe aksar

Harivansh Rai Bachchan known as Harivansh Rai Shrivastav, the name of one of the popular names of Hindi literature, and the writer of the most popular composition of Hindi book 'Madhushala'. Harivansh Rai Bachchan is one of the most popular poets of Hindi. His speciality was that he did not let the eyes show the tears, but his words were the witnesses of every moment of his life. On November 27, 1907 he was born in Babupatti, a village in Pratapgarh, near Allahabad.

I often sit on the sand because I like my status,
I've learnt from the sea to live, live quietly and to stay in my limits;
It's not that I don't have any flaw,
But honestly I have no fuss;
My enemies get jealous of me sometimes,
Because I haven't changed my love or my friends since a decade;
The watch on my hand, I had bought it for time but ever since I found, have been stalked by the time;
I thought I'll just sit and relax once I build a house,
But the needs of the house made me a traveller;
Don't talk about peace ghalib,
The childhood "Sunday" doesn't come anymore;
Wishes were only fulfilled by the parents' money,
Only the needs can be fulfilled by my money;
As the life runs, I wonder why the colors fade,
Once happy and playful now not even a shade;
There was a morning when we used to wake up with laughs,
But now there are times when we don't smile till the dusks;
How far did it go
In these relationships
We lost ourselves
Finding our friends;
People say that I smile a lot,
But now I am tired of hiding my pain:
I am happy and make people happy,
I am careless but I do take care of everyone else;
Yes I know there is no value of me but I am still related to some precious people and that's all.

The poem is about how life changes its colours at every stage. The poet says the enjoyment and colours of life is not there anymore. We lose ourselves finding everything to be perfect. But we forget all we had was already perfect. If a person thinks to make his future perfect he won't be able to enjoy what he



presently has. As a child, everyone was so carefree and could have wished for things which were fulfilled by the parents but when we grow up, we don't have wishes anymore. It's just the needs which we fulfill by our own.

Being an adult, we start hiding our pain inside and not letting anyone know that we are actually upset. We start pretending things but as a child we are free to express our feelings as it really is. We lose our innocence as we grow old. We try our best to get success in all the fields of life forgetting the moral ethics which we were supposed to have. We want to succeed either all means. But that's not what we should actually do. The poet is trying to ask people

to be the way they are. And for not hurting anyone for personal greed.

Translated by:
Preeti Bhardwaj
B.A. {H} English

Innocence

A dream
Painted in our faces
To grow up and be strong
Innocence lost
As she grew mature
The dreamer is a realist now
Fantasy suffice
The nonsense of actuality
The realist cries tears of lies
Unsure future
And a grim reality
Grey painted monotonous life
Dreams feared
And love lost, unsure
Faith has never been misplaced

*Antara Naha
B.A. (H) English*

Peace

In the nature, blooming
the peaceful waves of zephyr
The calm peace found
In the white pages, found
Stained with imagination
The calm peace found
In the colorful canvas
Paint scattered to tell a tale
The calm peace found
In the soft inviting bed
Alone, drifting to unworldly dreams
The calm peace found
In the cold metallic earpiece
Booming with noise, a melody
The calm peace found

*Antara Naha
B.A. (H) English*



Selenophilia

The claret
running through my
veins must be that of a wolf's
descendent.

Or else looking at that big white thing up
that wouldn't ever leave me so benevolent.

He lives up there,
Above me, above you without any fear.
There's something in him which binds me to his
elegance.

I could stare at him the entire night and won't feel bored
even once.

There's always been so many thoughts while looking at him,
"Someone, somewhere too mighty be looking at that
enormous glim."

"He must have seen so many stories, of love, of hate and
continues to watch till date."

Isn't it fascinating how he changes shape and manages to look
purely divine in each and every one of them.

Am lost every night
his ephermal beauty makes me love him from incipient to
dalliance.

And the way it shines with dignity seems like the rays
want to light all they can while the night's presence.

He is the one who brings me the happiest most
most genuine smile,
So proudly I say,
"Yes, I am a selenophile."

Parents

A Guiding Light

To our parents, respect we must give
And them we must unconditionally love,
For they give us a reason to live
By making our lives a peaceful dove.

Only for one and only one moment
When we cry for the very first time,
Their faces light up with content
And to us they sing a melodious rhyme.

For our happiness they do so much
Sacrifice all their needs and wants,
Our lives shine up by their single touch
And we must protect these blessed bonds.

Never should we take them for granted and forget
That we live with their lovely blessings,
For there is a reason why we in this form met
To us they are our true Queens and Kings.

They protect us in every possible way
Without letting us know of the evils around,
Never we must let our love for them sway
Cause by their lovely presence, us they surround.

As their daughters and sons
We should always make them proud,
And care for them and love them tons
So that they happily walk in the crowd.

Never should we be the reason for their pain
And always focus on their happiness,
For they do not let us reach to any bane
By treating us like their true Prince and Princess.

On their footsteps we must walk
By being kind, loving and caring,
To as many people as possible we should talk
And words of wisdom we should be sharing.

To make our lives worth living and best
Their example we must follow,
And work hard by breaking the nest
To make a better future tomorrow.

All the good qualities that they possess
Learn from them we must,
For they simplify our lives from the stress
And clear out all the messy dust.

A guiding light to us they are
They make us shine and glow more bright,
By the blessings that upon us they shower
With all their full and dearly right.

To them, highest regards we must pay
They too will get old we must not forget,
And all the loving words we should say
Cause gratitude is always better than regret.

To our parents, respect we must give
And them we must unconditionally love,
For they give us a reason to live
By making our lives like a peaceful dove.

Kriti Khandelwal
B.Ed

Where did the Water Go?

Turn on the tap
And water flows.
Does anyone know
Where the water goes?

Turn on the tap
And water comes.
Does anyone know
Where the water forms?

Water is clean
And obviously cool
Living in rivers
And raining in pools.

Yet water can trickle
And wells dry up
Till you have nothing left
To fill your cup.

Today there is water
When we turn tap on.
But what will we do
When the water is all gone.

Gautam Yadav
M.Sc. (H) Chemistry

मैं वापस आऊँगा

याचना नहीं अब रण होगा,
संघर्ष बड़ा भीषण होगा।
बूँद बूँद जो खून बहा है,
गुनाहगारों का जो जूनून बढ़ा है,
हर शाहदत को न्याय दिलाकर,
इस धरती का तर्पण होगा।
याचना नहीं ...

बेखबर निहत्थे वीरों का,
तू नृशंस हत्यारा है, हो
बे-खबर टहलता गलियों में,
कहता खुद को बंजारा है, सुनो
अब अश्रु-शस्त्र वर्षण होगा,
लाशों का संघर्षण होगा।
याचना नहीं ...

हर प्रसूता, जो बेटों से बिछुड़ी,
हर बहन जो राखी पर रोई,
वो बीवी, जिसकी माँग लुटी
हर जनक, जिसकी हिम्मत टूटी
सब हृदयों में चिंगारी है

ये आग धधकती जा रही है
हर पल है शोला भड़क रहा
अब जो भी होगा, भीषण होगा।
याचना नहीं ...

अब देंगे तुझको त्राण नहीं
बख्शेंगे तेरे प्राण नहीं
रण-चंडी क्रोध दिखाएगी
अम्बर से अग्नि वर्षण होगा
हाँ, हर बूँद का तर्पण होगा।
इस अमर तिरंगे की खातिर
रक्त की हर बूँद बहाऊँगा।
तिरंगे की शान बढ़ाने को
हर युग में वापस आऊँगा।
हर शीश वहाँ झुकने होंगे,
माँ भारती का जहाँ चरण होगा।

याचना नहीं अब रण होगा
संघर्ष बड़ा भीषण होगा॥

-लक्षिता कांडपाल

Life's Triumph Over Death

Your sacrifice kept us safe
How could I do justice in words for our
soldiers so brave.
The nation cries today,
For you were with us yesterday.
And now there are just ashes everywhere
But more than grief now it's anger here.
We won't let you down,
We'll take the revenge of each and every
sin
Against the terrorist attack now our rage

will win.
You will always remain as heroes among
us
Not physically but in our heart and
prayers forever.
No INDIAN could ever forget this, never.
It's now time they will face the fury of
country's wrath.
Then it will be your Life's triumph over
death.

Lakshita Kandpal
BA (JMC)

Light to a Dark Night

The night now never glows,
For the moon has lost her
way.

I'll fly and catch you,
Bring you, to the place you
belong.

With wings that I never grew.

I yearn to meet the moon,
Who has left me far behind.
A light of hope is all I seek,
In the darkness that still
creeps.

Moon, oh moon!

Why you left?

And why did I not cry?

Can I ever see you?

Or should I never try?

The hope has come, as the
morning sun.

Her light was indeed so
bright,

Like a million moon that
shine.

But I hope to find you one
day.

And I never get left behind,
Though my wings are not yet
strong,

But still I hope to fly
To find the moon, out in the
dark.

We shall stay together,
And never depart.
Lost and never found.

*Rishab Kumar
LLB (H)*

Missing

Lost in the ruins of despair,
Looking of the treasure unknown.
I glanced at the clock hanging,
As I roamed in the desert of dreams.
The missing one haunts,
Wanting to touch and feel.
You were there yet,
Far away over the winds.
The storms in my heart parched,
Looked for salvations.
Your voice knew my emotions,
Showed me the way to peace.
Nightmares haunt my mind,
Looking for a zeyphr to calm.
A night over days and then week over
months,
The thought that kept me awake.
Alone in the dark with my demons,
They know me better and well.
Their presence unsettling and peaceful,
Salvation found in the dark.
Looking for someone who could
give me peace, the treasure lost.
You were there, but not near me
Just a ghost of you.
I want to embrace your voice
Over that phone, the only medium
I cried once and twice,
And smiled and wished for hugs.
I missed you so much,
That's all I can tell.
My heart knows your voice,
And so it aches.

I am who? Just that weird one
In that page in your novel,
Hidden within your heart,
And under that canopy of you.
Were we friends, the one who
Stood out in the class?
Were we the only pair,
Who laughed like maniacs?
I missed you and miss you,
Yet there was no solution to
This one little small
Problem haunts me again.
I made a house of cards
With our memories
And watched it sway,
Wondering and scared.
The barren world sinks
As I look for you,
My heart swells with pride
As I know you.
Alone and cold, I travelled a valley
Looking for you, my friend.
I wanted to move ahead
But I couldn't forget you
You who have pulled me out of
That shell I lived in.
You who have opened to doors of
My heart, and changed me.
Wishing if you were near me,
There to embrace me
Understand me and know me
But that is a whimsical wish.
I now wish for nothing much,
Just don't forget this one person.
I now wish for nothing much,
Just remember this one person.

*By Antara Naha
B.A. (H) English*





2019





Expressions

Future-Proof B-School Education at KRMU

The lucrative & value giving business/management education needs to be reinvented & urgently needs to be given a new-makeover, as the world is disrupting like mad as never before, more so, in the business & industry and all the other categories/disciplines alike.

One needs to be just aware to see how AI, Cloud Computing & IOT are just changing the way we think, connect & take intelligent decisions. The archaic, stand-alone teaching and cramming by learners is totally uninteresting in these brick & mortar classrooms. Moreover, now at KRMU, innovatively delivering technologies, project-based learnings, hands-on learning & multi-disciplinary curricula are the order of the day.

And more than 60% of jobs in next decade would be absolutely radical and new so the new millennials have to be embedded with learning capability and they are to be conditioned and ready to embrace the change due to CCD (Complexity, Crisis and Disruption).

Here, School Of Management and Commerce of K.R. Mangalam University is taking a great leap & leading the business education to the next level with unparalleled think-tank & amazingly compassionate & updated facilitators as faculty members & coaches.

Also, we at SOMC have fine-tuned the teaching & evaluation strategy as per the new business & industry realities by constantly keeping our-Corporate Interface Department on the toes. Still on regular basis we are in touch with the “Big Four” and other international research bodies of International Universities, of repute, for student and faculty exchanges. And already, we could boast of these academic initiatives in our young university in the near past.

Also, future aspirants, who would like to join our university in the coming-fresh year, would be delighted to know of our exciting inter-disciplinary business & management courses which are offered after lots of painstaking research. We have our flagship courses, like-BBAs, BBALLBs, M.COMs & B.COMs & MBAs that have been tweaked as the new competencies so that we are least affected/disrupted as far as employability is concerned.

Our focus at SOMC, not over-stating, is that the learner who graduates from whatever business course at KRMU after interesting & rigorous selection, is globally acceptable and after a few years of industrial exposure he/she can match with any global institute of repute.

Very soon, we would be launching MBA in legal education & other short-duration business-friendly courses which other B-Schools would be aping but of course, they couldn't match the passion & the compassion of our worthy faculty-leaders who are empowered under their respective & innovative Dean(s). We all at SOMC are ready to receive new learners/leaders/students and they are most welcome to visits whenever they wish to, feel & appreciate our human resources and amazing infrastructure, to say the least.

*Prof. (Coach) Gurbir S Khera CFA
School of Management and Commerce*

EUTHANASIA

Marte hai arzoo mein marne ki, maut aati hai fir nai aati !!
- Mirza Galib

(opening statement of Aruna Shanbuag judgement given by Justice Markandey Katju on 7th March 2011)

When a person tries to end his own life then it is referred to as Suicide, while when people on behalf of the deceased person requests to end the life of the deceased , then it is known as Euthanasia. Euthanasia can also be defined as the painless killing of a patient suffering from an incurable and painful disease or an irreversible coma.

The term Euthanasia has been derived from the Greek word where 'EU' meaning good and 'THANTERS' meaning death. Euthanasia is usually practised to end the life of an individual who suffers from a terminal illness or is in an incurable condition, or when a person is in a vegetative state, by injection or by suspending extra ordinary medical treatment in order to free him from intolerable pain or from the terminal illness.

Euthanasia has also been referred as 'Mercy Killing' and has been classified. When the patient himself expresses the request for euthanasia then it is referred to as Voluntary Euthanasia. And when a person is unable to give the consent to the procedure of euthanasia due to unconsciousness or any other legal incompetency then it is known as Non Voluntary Euthanasia. Governments of many countries have rendered Euthanasia as legal, and if not legal they have decriminalised it. In 2002, The Netherlands became the first country to legalise euthanasia and assisted suicide. It imposed strict set of conditions for granting euthanasia. Again in 2002 Belgium became the second country to legalise active as well as passive euthanasia. Germany, Finland and Switzerland too allow passive euthanasia. In USA doctors are allowed to give lethal doses of medicine to terminally ill patients in five US states. Luxembourg allows both active as well as passive euthanasia. Now on the other hand U.K, Turkey, Sweden, Russia, Norway, Phillippines, Australia, China, France, India, Israel and countries like Italy do not allow any form of euthanasia.

Coming to the procedural distinctions, euthanasia can be divided into two broad categories namely The Active Euthanasia and The Passive Euthanasia. The act of forcefully killing a person who is in a vegetative state and his or her condition can't be made any better is known as Active Euthanasia. In this type, lethal substance or other things are used for killing the patient. Whereas in Passive Euthanasia the source on which the person is dependent for life is removed so that the person dies eventually.

Amongst all this the main question that arises is that "Does the right to live with dignity include the right to die with dignity"? Right to life is one of the basic as well as fundamental right without which all other rights cannot be enjoyed. Right to life means a human being has an essential right to live, which includes the right of not getting killed by any other human being.

The Supreme Court of India while holding the right to life did not categorically rule out the permissibility of passive euthanasia. Either variety of euthanasia is sought to be justified in the case of a person who is terminally ill, since a long period of time, and all hopes of his recovery are ruled out. In most cases, the patients are found to have lost their consciousness and their life is prolonged quite often by artificial means. It is argued that it is better to let such a person die so that he gets relieved of misery and pain in a dignified way.

In the prominent case of *Aruna Ramchandra Shaunbag v. Union of India*, the deceased was living in a permanent vegetative state. She had no relations and was being taken care of by the KEM hospital

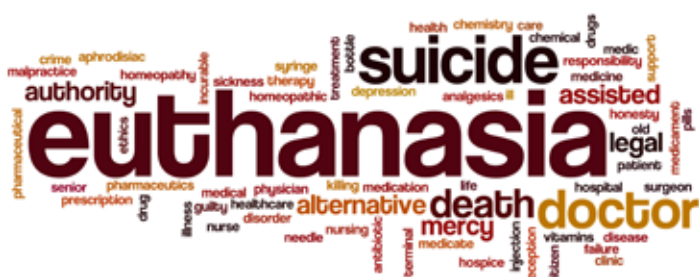
staff in Mumbai, where she had been working as a nurse earlier. A social activist had moved to the court in plea for Aruna but it was held that she did not have locus standi in the matter. However, the case led to a two-judge bench of the Supreme Court consisting of Justice Markandey Katju and Justice Gyan Sudha Mishra who gave deep consideration to the whole issue of permitting euthanasia. The bench ruled out active euthanasia but held that passive euthanasia may be allowed in suitable cases subject to certain precautions. If the patient is conscious then his/her own wish has to

be taken into account. In case no near relation is available the very next friend can take the initiative.

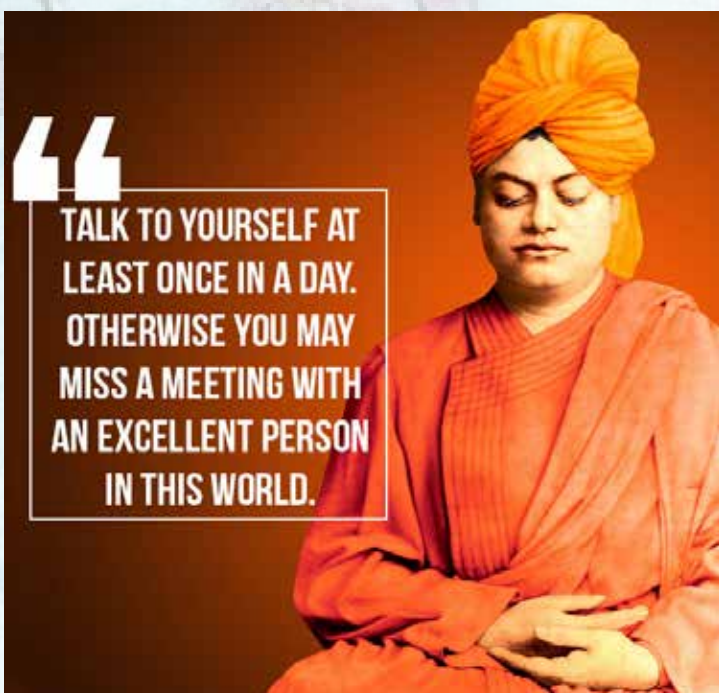
The courts in India have argued in favour of passive euthanasia. They have supported the idea of removing patients from ventilation, artificial nutrition or hydration which were essentially of no benefit to the patients involved. The modern state has emerged as an entity that engages in fostering and administering lives. Therefore in cases that involve the issue of euthanasia, it cannot rule in favour of active euthanasia. The courts ventured into the idea of passive euthanasia, which does not involve killing as much as letting a person die, and this is where the moral distinction between passive and active euthanasia becomes significant. This also proves why a modern state may in some cases under rare circumstances make room for passive euthanasia, but not active euthanasia as it cannot engage in actively killing someone.

At the end, I would like to conclude by saying that euthanasia should not be permitted in India, as it devalues human life. Also, it is totally against the medical ethics, morals and public policy. In the present times, medical science is advancing at a great pace and even the most incurable diseases are becoming curable today. So instead of encouraging the patient to end his life, the medical practitioners should encourage the patients to lead their painful life with strength which should be moral as well as physical. One thing that can be done is that it can be legalised only for terminally ill people that too only passive euthanasia and not active euthanasia and the future laws can be changed and non-voluntary and involuntary may be added for the benefit of the society.

Annu Kumari
LLB(H)



Two Wings of a Bird



Swami Vivekananda, the renowned spiritual monk of modern India emphasized that only a country, which is physical healthy, socially stable, strong and spiritually resurgent can survive the test of times and challenges of a perilous nuclear holocaust and warned in paraphrase from a Bible verse, "To gain the whole world by losing the soul is to lose the world so gained."

The hunger for God, desire for spirituality and craving for inner

richness and fullness are fundamental and basic urges in man. A civilization that does not take note of it and provide for it will be building itself on the quicksand of time. The importance and impact of spirituality in all times and situation is thus emphasized in a meaningful way.

Life is like the two wings of a bird, one is spiritual, and the other is material. We have to keep a proper balance between the two. We should soar with both wings if we want to succeed. Spirituality gives one a morally correct mind which saves one from a lot of mental conflicts; this helps us to lead a happier or disease free life. It is a well known fact that many diseases, such as high blood pressure, various heart diseases, and various allergic problems like asthma or bronchitis gets controlled by themselves. A proverb by Swami Vivekananda " He, who has health, has hope and he who has hope has everything" is all needed to soar high like a bird.

Dr. Ruchika Yadav
Associate Professor
School of Management & Commerce

Is India Corrupted?

The word "Corruption" means destruction, ruining or spoiling of a society or a nation. Corruption is a form of dishonest or illegal conduct by any person, who is entrusted with a position of authority, often to acquire personal benefit. It is the abuse of public power for personal gain. Corruption may be done in different forms, like bribery, misappropriations of public goods, favouring family members for jobs and contracts, influencing the formulation of laws or regulations for personal benefit. These days corruption is everywhere in India. In 2018 India was ranked as 78th out of 175 countries in Transparency International's Corruption Perceptions Index.

In recent years so many major scams happened in India. Some of them are following:- Wakf Board land scam (cost- 200000 Cr); Telgi scam (cost- 20000 Cr); The Coalgate scam (cost- 1.86 lakh Cr); 2G Spectrum scam (cost- 176000 Cr); Satyam scam (cost- 14000 Cr); Commonwealth Games scam. The major reasons behind Corruption include low income, political pressures, low job vacancies, lack of accountability, and lack of effective punishment. These are just some of the reasons that lead to corruption though the list is exhaustive. We, as a nation, or I as an individual is hardly concerned to nip the problems in the bud. Rather an attitude of ignorance is what strives and is bred. But steps should be taken to reduce the darkness created by corruption and they are as follows:

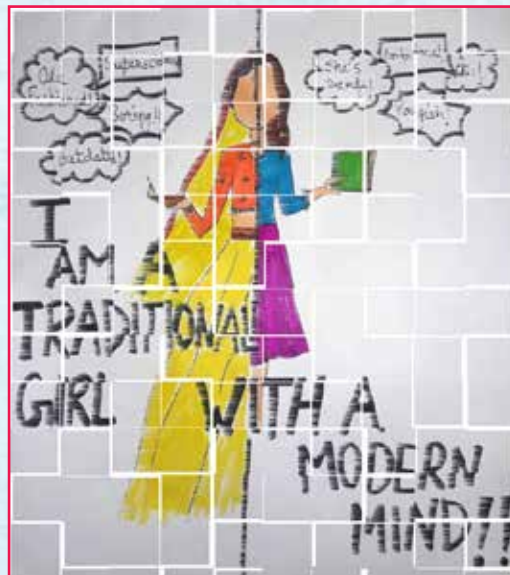
- * Economic Development- When we talk about the steps to reduce corruption the first thing we should know is economic development is necessary for removing corruption. If the demand supply gap is there then corruption is difficult to tackle. We have to pay good salaries to the employees. Through economic development we are able to reduce corruption in future.
- * Simplification of rules and procedures- Another thing that we can do is simplified rules and procedures because if the rules are simple then corruption is less.
- * Severe punishment- Another important thing is that if we need to actually stop corruption then severe punishment is to be provided to anybody who disobeys the rules and regulations.
- * Accountability- All services to be delivered within the time frame. If the government officer fails to deliver the service then an action must be taken against that officer. There must be imposing punishment and fine for the officer who takes illegal or immoral measures.
- * Public campaign- We need to increase public, awareness by start ing public campaign, motivate the public to give any information to the government against any corrupt public officer and also give them some reward for giving information against corrupt officers.
- *

Corruption is an intractable problem. It is like diabetes that can only be controlled, but not totally eliminated. It may not be possible to root out corruption completely at all levels but it is possible to contain it within tolerable limits.

Shubham Dey
LLB (H)

'I Am Not A 12th Century GIRL' but a Prime Girl

It is said from the ancient time that a girl must be polite and should have homely traits in her. When we go back into the Indian historical scriptures, we have four yugas namely: Satyuga; Tretayuga; Dawaparyuga; Kaliyuga. All these four yugas may be different with most beautiful legacies in the world but all these yugas convey through the scriptures that the woman's behavior plays a very pivotal role in changing the history of the country. From Mata Sati to Mata Sita and from Devi Radha and Maharani Draupadi to Mata Vaishnavi, all these ladies show that how a woman should behave in a society or how she should be showcased in the society. But as time never stops for anyone, similarly changes in the society occur gradually. From dressing style to the way of talking, every little thing has been transformed



now. Woman are now days so strong that they are standing together with men folk, showcasing their flawless talent, winning and smiling everywhere. But unfortunately, the modernity in today's generation is just not only about killing the values of past but also making it worthless to the younger generation. The present youth feels it like a 'Superannuated' thing which has no value of even a single penny in this cruel world. Yes! I did call the world 'Cruel' because I feel like people have now forgotten to continue the good moral legacy of the past. My mother always said to me that 'One should never forget his roots, his family and especially a girl should never forget her elegance.' Here you all may wonder that why did she say Elegance? A girl's elegance is not shown through her dressing completely but through her mannerisms and ethics as well that plays a major role in portraying her character. Being a daughter of a police officer and granddaughter of a judge, I never forget to imbibe within the worth and values given by my family.

My friends call me granny or even an aunty sometimes not because of my dressing sense (I do wear fashionable clothes) but because of my behavior. Some people call me Mata but I never feel embarrassed rather I embrace this calling as the name symbolizes the beauty within that name and of course making me feel proud about my portrayal, making me goddess for everyone! Before knowing the value of my morals and ethics I also used to feel frustrated sometimes even clumsy! But was never completely against it!

I am not a 12th Century girl but a Prime Girl! I have some pinch of kindness to spread care in this society, values engraved to combat the struggles of life, tradition to bind the bond exquisitely, and that is passed on to me by my ancestors and I acknowledge it from the core of my heart. At last, I would like to say that when your surroundings are good everything becomes amazing and miraculous. Let us all vow to put our best efforts to make this world a better place where exists love and care and above all a feeling of respect for all.

S. Vaishnavi
BA LL.B (H)

Impact of Mobile Entertainment in our Lives

Entertainment is meant for all, whether it is watching a web series online on Netflix or on Amazon Prime or whether it is a game like candy crush, clash of clans or very famous PUBG Mobile game (Player Unknowns Battle Ground) everything is available at our fingertips. Companies that are driving these entertainment platforms always search for the different ways to attract more number of people to consume their products (videos, games, etc.). As a result, it has drastically changed the way people watch entertainment nowadays, we can watch any season or episode of Game of Thrones whenever and wherever we want to. Another aspect of entertainment is online broadcasting or web streaming on platform such as YouTube, twitch TV, etc.

Now a person can be a journalist whenever and wherever he wants to be (Just broadcast with the help of YouTube) and celebrities don't need any explicit way to interact with their fans they can now stream themselves anywhere they want to. Now our crucial world cup matches doesn't deserve to be missed; we can watch them while travelling, being at village and even in a boat or a submarine. The reach of entertainment is everywhere and it is only made possible because of smartphones. So be it playing games like fortnite (another popular battle royale game) that you can play with your friends and others to have PC like gaming experience or be it experiencing a 3D horror VR movie alone, you just need to have a smartphone.

If everything is within our reach then what is the need to worry? The answer to this perplexed question is Yes. Yes, there is a need to worry. An adult spends more than 7 hours a day checking messages, listening to music, watching videos and playing games. In those 7 hours we decide what we choose to do with our smartphones. Extreme use of social media platforms has

strongly discouraged the social gathering and it is becoming a rare occurrence in present societies. As the mobile communication has developed largely with extreme reliability, people tend to finish their social communications over phone. Moreover, smartphones with other inbuilt apps like Facebook and Twitter has made the communication so easy that people can spend their whole day by sitting at home without caring about social gathering. As a result people have become less social and less communicative which is not good for a society.

Many mobile games have a social aspect, or rely on other players taking turns or participating in the game. In games like this, it's common to have alerts and updates throughout the day about various things happening in different games. It's also very tempting to take several minutes and quickly check on a game, or make a quick move. These micro-transactions can quickly add up over the course of a day or week, resulting in many wasted hours of productivity. Mobile phones and video games have both been independently linked to disruption in the sleep patterns of children in studies. Playing video games on mobile phones will no doubt continue to prevent children from getting the rest they need.

Therefore it opens the whole new chapter of "smartphone usage management" just like "stress management". It deals with using our smartphones in a manner that cannot affect our social, professional, personal life. We shouldn't forget that in the end the most important thing is our mind and no brain is healthy without its host being stronger or no body is strong without its mind being fitter.

Apoorva Kumar Sharma
B.Tech CSE

Mental Health

It is said that mental health is the biggest cure to every disease. And I do believe because the things our mind can cure, in the ways it does, nothing or nobody can. It is extremely correct to say that, "It's all in the mind of a person". A study by WORLD HEALTH ORGANISATION tells us that in India, one of 5 people has suffered from depression at some point in their life equivalent to 200 million people. And now I'm worried, that's a lot of depression in a country like ours, which already lacks a lot in manners to cure or to even identify the issue. The sad part is that due to lack of information and awareness, only 10 to 12 percent of the people suffering would get the required help. God forbid if ever the resources to help fall short!

THE SIGNS

The signs of how to know a person might be mentally ill are written below. That does not mean that every person is mental or the person reading this article is having the same traits so they might need to consult a doctor. This is for better understanding.

1. You talk to yourself more than before.
2. You feel sad and depressed for most part of your day.
3. You do not feel responsible to or for anything. Hence, you also become careless.
4. You space out/ zone out/ day dream things anytime, anywhere. You don't do it consciously and sometimes people have to shake you out of it.
5. You cannot connect with others. You feel like no one will understand.
6. You start cleaning too much or not cleaning at all.
7. You get distracted easily and feel lost sometimes.
8. Your grief eats you every day.
9. You were born with the brain defect or can inherit it from an ancestor in the family.
10. You easily forget the things you do.

THE SOCIAL LIFE

People are treated like trash once they are diagnosed as someone who needs mental health help. They are considered not to be given any responsibility; they are not trusted for anything by the society, especially applied on the closest family and friends. People, who are depressed or anxious or stressed or suffering from any other mental illness, are considered to be extremely violent at probably all times. People can demean mentally ill individuals by saying their health deteriorates with their presence. Their existence is frightening to other people. All these factors lead to these individuals killing themselves and ending their tortuous life. Yes, human life is precious, and suicide is not a one thought impulsive step. I wish we all value our life and never think of ending it that way. We, as responsible citizens, should understand the importance of helping mentally unhealthy people and guide them to seek clinical help by consulting psychologists and psychiatrists. All they want is to be understood and not judged by the people for their steps. After all it's their life and they deserve to choose what they wish.

There should be restraints on bullying, targeting someone, blackmailing, and inappropriate comments on the character, judgment, hate crime and such bad behaviors that may make the person feel guilty of existing or left out. There should be more of love, kindness, generosity, moral values, respect, support and affection to bind us. Change is happening, so let us be more considerate towards those who need more care and little more of emotional support. Let us make the world a better, kinder, nicer and harmonious place. Let us be more considerate and open-minded. Let us be more helpful and thoughtful for the ones who need us. Let us all be more responsible and less judgmental.

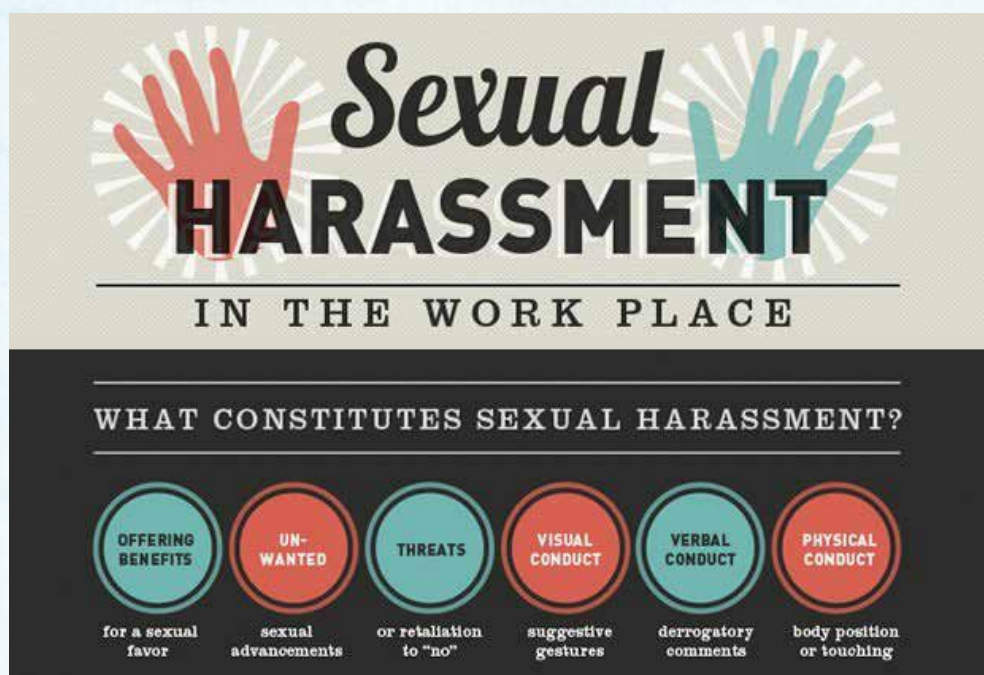


Riddhi Malik
BA LLB

Sexual Harassment at Workplace

A woman is known as the essence of civilisation. The power of women is not only limited to the books. We can see it in the scriptures, paintings and folklores. But unfortunately people have forgotten to remember the beauty and respect for woman, due to which the society is on the edge of ruining the image of woman by harassing her. She has always been treated as clay moulded into a form as desired by others.

There was a time when women in Indian society were considered to be the house keepers or kit hen keepers only, irrespective of their said powers and strength in the folklore of the Indian society and perhaps that was the only field activity for them. Gradually women began to get educated and everyone was amazed by their advancement in social and political field too by rubbing their shoulders with their men folks but still women are not treated equally and taken as an object for gratification.



Sexual harassment is an unwelcome sexual behaviour which can be expected to make a person feel offended, humiliated and intimidated. Sexual harassment is not a behaviour which is mutually agreed upon but immoral behaviour of one harassing the other sexually. Many landmark cases such as the Vishaskha vs State of Rajasthan are the leading cases of sexual harassment and moreover give birth to the posh act, 2013 (prevention, prohibition, redressal act, 2013). When a person sexually harasses someone, he is liable for his own behaviour but if the employers of the employees are committing such an act and do not take any action against it, then they would be vicariously liable for the same but this does not mean that only the employers are having a duty to stop such an act but the employees and other people too working out there are also responsible. Every staff member should take the complaint of sexual harassment seriously and should ensure justice is provided to the victim.

Sexual Harassment Act enforces the fundamental rights of women working at workplaces under article 19, 14 and 21 of Constitution of India.

At the end, I would like to say that "A girl is a powerful creation of God and has the power to make or destroy the world". So let us all join hands to appreciate the power of a woman and respect her contribution in making our existence meaningful.

Anirudh Gupta
BA LLB

Home away from Home

It's a shameful state of affair that there has arisen a need for old age homes in modern times. The question is, why do we need these homes? Is it so difficult to take care those who guided you to walk on your own feet? Why are we considering our parents, grandparents as a burden? Are we not able to recognize their role in our life, they played? Can we be so mean and selfish?

Now-a-days we are not able to give even a little care and affection to our parents. We are just busy in doing work to earn money. Now money is everything. We can't give our parents our love instead of giving love we are providing with technologies or nurses. If someone is not able to afford these things they send their parents to old age home. Do you really think that they can survive there happily without you? Now a days our Indian society is highly influenced by the western world and we have become obsessed with money so much so that we are gradually losing our morality. It's time to realize that aged parents are like children and we should take care of them.

The study by Agewell Foundation reveals many truths about the living condition of aged.

68 years old Lakshan Singh fondly remembers the days when he was in "service". The best thing about those days, he feels, was that he "was in control of his own life".

These days he sells plastic goods by roadside and lives in miserable conditions to make ends meet for his wife and him. He is forced to hand over his entire pension to his grandson, who threatens to stop his diabetic wife treatment.

After retiring from formal employment, the country's elderly people are forced to live a life of humiliation, abuses and isolation. In such a scenario, one is compelled to think about the living condition of the aged from the economically weaker section. This kind of behavior by children also force the parents to go to old age homes by themselves.

According to the survey report of 2011 there are 728 old age homes in India today. Detailed information of 547 homes is available. Out of these 325 homes are free of cost while 985 old age homes are on pay and stay basis, 116 homes have both free as well as pay and stay facilities and 11 homes have no information.

(Directory of Old Age Homes in India, HelpAge India, 1998)

TO PROTECT THE RIGHTS OF AGED PERSONS THE DELHI HIGH COURT PASSED A JUDGEMENT:

"A son, irrespective of his marital status, has no legal right to live in the self acquired house of his parents and can reside there only at the there "mercy". The Delhi high court has said. The court also said that only because parents have allowed the son to live in their house as long as their relations are cordial does not mean they have to bear his "burden" throughout his life".

"where the house is self-acquired by the parents , son whether married or unmarried has no legal right to live in that house and he can live in that house only at the mercy of his parents up to the time the parents allow", justice Pratibha Rani said in an order.

Old age home is a home for those who have no family and shelter at time when carefull supervision is required

Old age home is need of the society but irresponsible people are considering it as an alternative to avoid their responsibility. So is it fair respect for senior person in family.Finally old age home is not need of society but it can be ok to have little shelter instead of open sky

Pragti Khurana

B.Com. (H)

New Year's Resolutions

New year, New you! January 1st comes with feelings of hope for the new year and nostalgia for the one we leave behind. The new year is a new page, where new ambitions and hopes for the year arise. New Year's Resolutions are popular among many, giving people the optimism to push themselves to be a better version of themselves. However, somewhere throughout the year we become discouraged. Just because last year's resolutions didn't stick or give you the results you wanted, it doesn't mean you should lower your expectations for yourself.

As the countdown begins, and you wait for the clock to strike twelve, marking the new year, a few things are happening. You might think about everything that happened within the last year, both good and not so good. Or maybe you think about how this might not have been your year, but next year it will, or you feel so grateful for how this year treated you. However, you feel, when the clock strike twelve, the year has ended. All you can do now is take what you learned and use it for the following year.

The hard truth? It will feel like a damn challenge sticking to new goals, especially when there is already a long list of other priorities. Work, school and other responsibilities might get in the way of our goals like wanting to get more fit. When time isn't set aside for the things you are pursuing, it just won't get done.

The hardest part is when you feel you did all those things—when you have made your new goal a priority and you have set aside time to devote to it, but still it isn't working out. Discouragement is the hardest part. However, there are examples throughout history that focus on consistence and perseverance. Even the best basketball player in the world, Michael Jordan, couldn't make it to his high school basketball team. Jordan said, "I've failed over and over and over again in my life and that is why I succeed. Talent wins games, but teamwork and intelligence wins championships. I can accept failure, everyone fails at something. But I can't accept not trying." To this day, he holds the record for the highest regular season scoring average.

This year set a goal for yourself, whether you feel proud of where you stand, or you wish to be somewhere else. Write that goal down on a slip of paper and keep it somewhere you can see often. This will give you encouragement and act as a reminder. Every day, when you look at that sheet of paper, ask yourself what you can do today to get to that goal. See where your failures take you, and if you keep trying, you won't be disappointed.

Amita Yadav

B.Tech C.S.

Role of Ginseng as a Neuroprotective agent in the Management of Parkinson's disease

Parkinson's disease is the second most common chronic neurodegenerative disorder characterised by progressive loss of dopaminergic neuron in Substantia Nigra pars compacta (SNpc) region of the brain, causing a subsequent reduction of dopamine levels in the striatum resulting in tremor, myotonia and dyskinesia. The pathogenesis of Parkinson's disease is quite complicated and at present anti-Parkinson's disease treatments appear to be clinically insufficient. Comprehensive research has demonstrated that natural products, such as medicinal herbs like curcumin, resveratrol etc, plant extracts have great potential as therapeutics with neuroprotective activity in Parkinson's disease. Among all the medicinal plants, ginseng has proved to be greatly effective in Parkinson's disease. It is the dried root and rhizome of *Panax ginseng* (Family-Araliaceae), used as a general tonic for the promotion of vitality, health and longevity. Ginsenoside, biologically active ingredient of *Panax ginseng*, is a neuroprotective drug for Parkinson's disease as it significantly reduces the death of neurons in the substantia nigra and increases the contents of dopamine and its metabolites in the striatum and the critical antioxidant molecules in the brain cells -glutathione and superoxide dismutase. A number of studies including Parkinson's disease model of in vitro or in vivo have proved the beneficial effects of ginseng.

In the in vivo model, it has been reported that prolonged oral administration of ginseng extract G115 can completely protect the substantia nigra neurons from a very powerful brain toxin called 1-Methyl-4-phenyl-1, 2, 3, 6-tetrahydropyridine (MPTP) and its active metabolite 1-Methyl-4-phenylpyridinium (MPP+) which is used to create animal models of human Parkinson's and can produce Parkinson's disease in humans as well. Ginseng-treated animals sustain less damage and Tyrosine hydroxylase (TH+) neuronal loss in substantia nigra after MPP+ exposure. The in vitro study has proved that the extracts can obviate cell death, prevent the overproduction of reactive oxygen species (ROS), elevate the Bax/Bcl-2 ratio, stimulate the release of cytochrome C, and activate caspase-3 expression in 1-methyl-4-phenylpyridinium (MPP+)-treated SH-SY5Y human neuroblastoma cells. Therefore, Ginseng is believed to be a wonderful adjuvant in the treatment of Parkinson's disease.

Mahika Jain

B. Pharma

How To Effectively Communicate With All Your Encounter On Life's Adventures

Late for your class on your semester abroad, you frantically attempt to find your way to the proper lecture hall. You instinctively search Google Maps, but forget that your service lacks reliability in a foreign country. With the following tips, you'll feel like a communication expert in no time:

BRING CONFIDENCE TO THE CONVERSATION

Approaching a stranger while alone in a different country can certainly seem like an impossible task, especially with a language barrier. Even so, approaching people with confidence will surely serve your needs. "The basic issue is just to have confidence."

REMEMBER THE BASICS

If you are unable to communicate fluently in another language, you may feel like your conversational partner doesn't understand anything you say. However, if you follow the general rules of human communication ingrained in all of us, you'll surely get your point across. Regardless of where someone goes, human interaction rests on a fundamental set of **norms and practices across communities and cultures**. If your conversational partner doesn't understand you at first, don't fret. "In a scenario where students go to another country where they don't speak the language, even words that we don't pay much heed to like, 'Huh?' actually turns out to be a very common and stable word that you'll find in any language. Wherever you go, your helper will be able to understand they need to repeat their answer," Rossi said. For example, if lost, you can easily point to a spot on a map and ask "Huh?" to crudely demonstrate that you want to get to that spot on the map. Rudimentary **communication skills like this will go far**, as many of the communication norms we take for granted actually stand as universals. As such, remember the common conversational rules you follow subconsciously while speaking in your first language; these will likely prove effective in communicating in a foreign country.

RESEARCH BEFOREHAND

When in a foreign country, consider learning a few basic phrases, as this will make your ability to find a willing helper easier. "Having moved across countries a number of times, I know learning foreign languages is hard. For English native speakers, they often don't need to because they'll find people in the host country who wants to practice English or has learned it." Before your trip, consider picking up Duolingo or practicing a few greetings on Google Translate. Although you won't suddenly speak fluently in a new language, you'll at least have a few phrases under your belt to show the effort you put into living in a new country. "In many countries, people are very welcoming of foreigners who come in and make an effort to learn the language and local customs and will be **very supportive of you trying**."

REMEMBER CULTURAL DIFFERENCES

In addition to phrases, make sure to research a few key differences in body language-based communication, as some countries have drastic meanings for body language cues. For example, nodding one's head up and down may seem like a commonly accepted response meaning "Yes," but in countries like India, this gesture means the exact opposite as it does in the U.S.

You must remain mindful of these differences, possibly including this in your pre-trip research as well. Understanding the basic differences in nonverbal communication will help you avoid miscommunication and help you receive the answer you need while avoiding any hiccups.

Amita Yadav
B.Tech CSE

Terrorism

A Menace to the World

Hardly will there be a person in the world who might not have heard the word 'terrorism'. Terrorism has done unprecedented loss of life and wealth to the world and is still inflicting upon us. Our country is one of the worst-hit places by this life-threatening evil. Pulwama terror attack, in which 40 soldiers were killed by a suicide bomber, is a recent incident of terrorism which shook the entire nation. The question is why people should resort to terrorism?

Terrorism is taken as a means to redress one's problem or injustice done to them. It is an intentional act to get justice against so-called injustice. Injustice is not good if done to anyone by anyone in any form as it always makes one retaliate and once one falls into its grip, it is hard to come back to earlier position. If we want to eliminate terrorism from its roots, we have to eliminate its causes. We have to solve this out by holding bilateral talks with the so-called terrorists

Our army has lost many brave soldiers due to this evil. We need to eliminate it but it is escalating in numbers rather more groups are propping up like mushrooms. We have to come out with invincible strategies to curb viciousness and vehemence as violence cannot be curbed by violence. It may be exchanged with love, fraternity and adjustment by accepting justified demands as injustice fosters enmity, succumbing to terrorism. We must ponder over all the pros and cons of this peace killing violence otherwise it is atomic and will get hold of atomic weapons leading to annihilation of our motherland.

We should think about those who want to live in peace and this peace is immolated by the wronged ones. Fire never douses fire, it needs water; in the same way, we should initiate to go into the depth of the personal lives of the terrorists to know where the shoe really pinches and what makes it pinch. As a cosmopolitan community, we need to diagnose the evil and nip it in the bud.

-Riya Gupta

LLB (H)

Digital Marketing

The marketing of a given product over the internet through social media and other on-line platforms in place to traditional marketing methods is termed as digital marketing.

With over 7 crore smartphone users, 45 crores active Facebook users, 36 crore active YouTube viewers, India has a huge potential of diverting this online traffic to generate income from these customers. Over the past 2 years after the introduction of the data revolution, Indian online traffic has increased many folds.

Big tech giants take advantage of this online traffic by marketing their product online through advertisements in YouTube videos, Facebook posts, popular search pages etc. The benefit that digital marketing offers over traditional marketing approach is that it has a larger reach and moreover the advertisement is shown only to potential customers not to all the customers thus providing increased chances of product being sold.

Today no era or field exists which doesn't market itself through this method. Even our Prime Minister Narendra Modi runs a social media campaign to generate and maintain his brand value in the society. This is one of the most trending technology of today's world which can provide more than a billion jobs in the whole world.

But the potential of it is still not being utilized by most of us because of unfamiliarity of its way of implementation. Still, today even we see small business houses marketing their product the traditional way. This is because they feel online to be a tedious way of earning however, the future of retail lies online so it's a promising way of dealing with prospective customers who take time to become loyal.

Digital marketing industry contribute only 12 % of the total marketing expenditure in India. However, this can only increase if a joint effort by the Digital Marketing agencies is made along with the target customer groups to familiarize this low cost and effective marketing strategy.

Tushar Bansal

B.Tech CSE

Duty of an Ideal Soldier

Soldiers are entrusted with the task of guarding the honor of their country. An ideal soldier keeps his country's interest above his own. He is disciplined, determined and dedicated to serve his country and protect his countrymen at all time. His duty is of supreme importance to him. There is no doubt about the fact that a person who decide to join the army loves his country dearly he is well aware about the difficulties he may have to face during his journey as a soldier however he still decides to tread this path.

Soldiers need to undergo rigorous training for years in order to become capable of battling it out in the battleground. One of the first things a soldier is taught is to serve his country selflessly. No matter what the situation is, soldiers must think about the interest of their country before they think about that of their family or themselves. An ideal soldier does just this. Only someone who has the ability to put his personal interest aside and is willing to sacrifice everything for his country can be called an ideal soldier.

The honor of country and that of national flag is of supreme importance for an ideal soldier. He can go to any extent to protect it. He is not scared to fight amid adversities to save his countrymen. He would not even hesitate laying his life to protect the countries honor. We are lucky to have an army full of such ideal soldiers. They have been truly inspiring for the soldiers to be as well as the general public.

An ideal soldier takes it as his responsibility to insure a safe and peaceful environment in the country. Soldiers do not just guard the border and fighting in the battle ground during wars they are there to serve to citizens in different kinds of emergency situations. Be it a terrorist attack, flood or any other natural calamity or intense problem induced by unlawful activities, soldiers are called to handle almost every difficult situation. An ideal soldier never hesitates to render help in any situation. He gladly serves the citizens and ensures they live peacefully.

A soldier is always on duty whether he is at battle field or not. Duty of an ideal soldier is to stay vigilant at all times.

The duty of an ideal soldier is to be there for his country. He is expected to serve his country selflessly and be ready to sacrifice his life for its honor, we salute such noble souls and look up to them for inspiration.

Reet Adhana
B.Com. (H)

Evergreening of Patents

The process of evergreening of patent is a social idea rather than a legal principle where innovators, through various means, try to extend life of their patents and continue to maintain monopoly in the market.

Patent is a monopoly right given for a limited period to an investor who has made a new, useful and non-obvious invention of some product or process.

Patent is essentially a statutory right. Patent has emerged as an important form of intellectual property right in recent times. In India product as well as process patents are granted for a term of 20 years. After the expiry of 20 years the patented invention falls into public domain.



CONCEPT OF EVERGREENING OF PATENT

Evergreening of patent has become a contentious issue. The pharmaceuticals company attempt to extend the monopoly right beyond the period of 20 years. When the term of patent is about to end the pharmaceutical companies make inconsequential variations to the existing patented drugs. A generic drug is a drug which is produced and distributed without patent protection. The generic drug may still have a patent on the formulation but not on the active ingredient. According to U.S. Food and Drug Administration (FDA), generic drugs are identical or within an acceptable bioequivalent range to the brand name counterpart with respect to pharmacokinetic and pharmacodynamics properties.

Evergreening strategies usually followed by the pharmaceutical industries involved:

1. Redundant extension and creations of “next generation drugs” which result in superfluous variation to a product and then patenting it as a new application.
2. Prescription to over-the-counter (OTC) switch.
3. Exclusive partnerships with the cream of generic drug players in the market prior to drug patent expiry thus significantly enhancing the brand value and interim earning royalties on the product.
4. Defensive pricing strategies practice wherein the innovator companies decrease the price of the product in the line with the generic players for healthy competition.
5. Establishment of subsidiary units by respective innovator companies in generic domain before the evidence of rival generic players.

Palak Chugh, Akanksha Dhoundiyal & Itisha Budhiraja
B.Pharm

Online Pharmacy – “A Boon or Bane”

Online pharmacy is an internet-based vendor that sells medicines and includes both legitimate and illegitimate pharmacies. Independent Internet-only sites, online branches of “brick-and-mortar” pharmacies, and sites representing partnership among pharmacies fall under the purview of “online pharmacies.” Contemporary times are witnessing a surge in E-commerce, including online shopping, and this includes the sale of prescription and nonprescription medicines as well. The concept of online pharmacies and online sale of medicines has been in vogue worldwide for more than two decades. An estimated 2986 online pharmacies were operating globally in the year 2008, the numbers of which would have risen as of today. Indian consumers too have begun using these online services in the recent times. Laws for E-commerce are ill-defined and subject to varied interpretations. Various laws such as the Information Technology Act, 2000; the Drug and Cosmetics Act, 1940; Drugs and Cosmetic Rules, 1945; Pharmacy Act, 1948; and the Indian Medical Act, 1956, govern the online pharmacies in India. Many of these, including the Drugs and Magic Remedies Act, under which drug advertisements are regulated, were written when use of computers and the internet was not as prevalent as it is now. Laws do exist for online pharmacy stores in India. As per the Indian laws, medicines can be sold only by a registered pharmacy that has a retail license and a registered pharmacist on payroll. A prescription for medicines ordered is mandatory, except for sale of over-the-counter products. Orders for medicines can be taken only from areas where the pharmacy retail license applies. All the medicines must be verified and certified by the registered pharmacist before delivery.

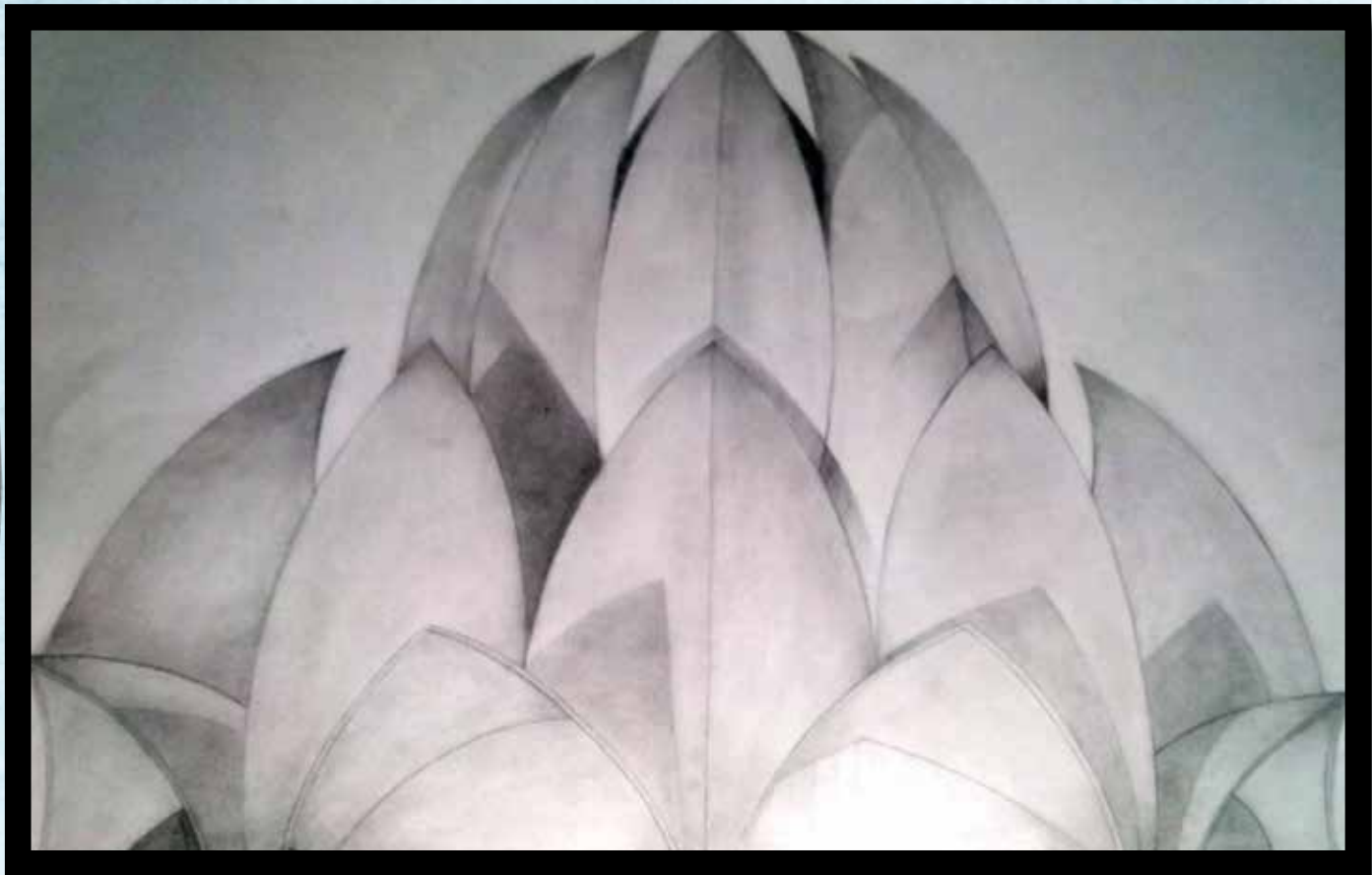
Why are online pharmacies popular?

Online pharmacies offer better pricing than offline stores, with increased access, lower transaction and product costs, convenience and greater anonymity for consumers. They offer accessibility to people with limited mobility and people in remote areas. These provide med alerts (personalized medicine reminder service), discounts, doorstep delivery within a short time, and validation of prescription through licensed pharmacists. Information about substitutes and adverse effects is also available on these sites. Consumers believe (perhaps rightly) that the medicines they receive from online pharmacies are comparable to medicines sold in the “brick-and-mortar pharmacies.” Notwithstanding their popularity, these pharmacies enjoy a fair share of controversies. While online pharmacies could be a boon for consumers, these have acquired a not-so-commendable reputation due to various reasons, the primary of which is the unregulated manner of functioning. The scope of services offered by the online pharmacies is not limited to India alone. As per an estimate, there are between 30,000 to 50,000 online pharmacies operating in the USA. Off-shore buyers can obtain prescription drugs such as antidepressants, antianxiety medications, antihypertensive, medical termination of pregnancy kits, weight loss pills, and sildenafil citrate containing products easily. Fatality and severe adverse reactions due to consumption of diet pills, counterfeit medicines, formulations contaminated with lead and other heavy metals, wrong medicines or dose dispensed online without a prescription, and illegal use of medicines which are known to be habit forming have been reported. Most of these reports originate from the West, but we might witness similar reports from India as well, considering the growing use of online pharmacies in the country. Often, the source country from where the medicines are shipped is different from those claimed by the website, a practice that is considered fraudulent and illegal. In addition, illegal websites may disappear without trace, at a slightest hint of a regulatory action. Consumers seeking overseas options to purchase medicines also pose a threat to the pharmaceutical industry and pharmacists of the respective country. The reduced procurement and transactional costs are passed onto consumers in the form of lower prices. The anonymity offered by the internet encourages patients to seek information about medicines that they would otherwise avoid asking their physician or at an offline pharmacy. Legitimate sites have appropriate technology to ensure security although the use of “cookies” to collect information about visitors and lack of secure web technology are inherent risks to anonymity.

Rishabh Kumar and Umesh Sharma
B.Pharm



Impressions



Shraddha Shree Jain , B. El. Ed



*Vrinda Dayal
LLB (H)*



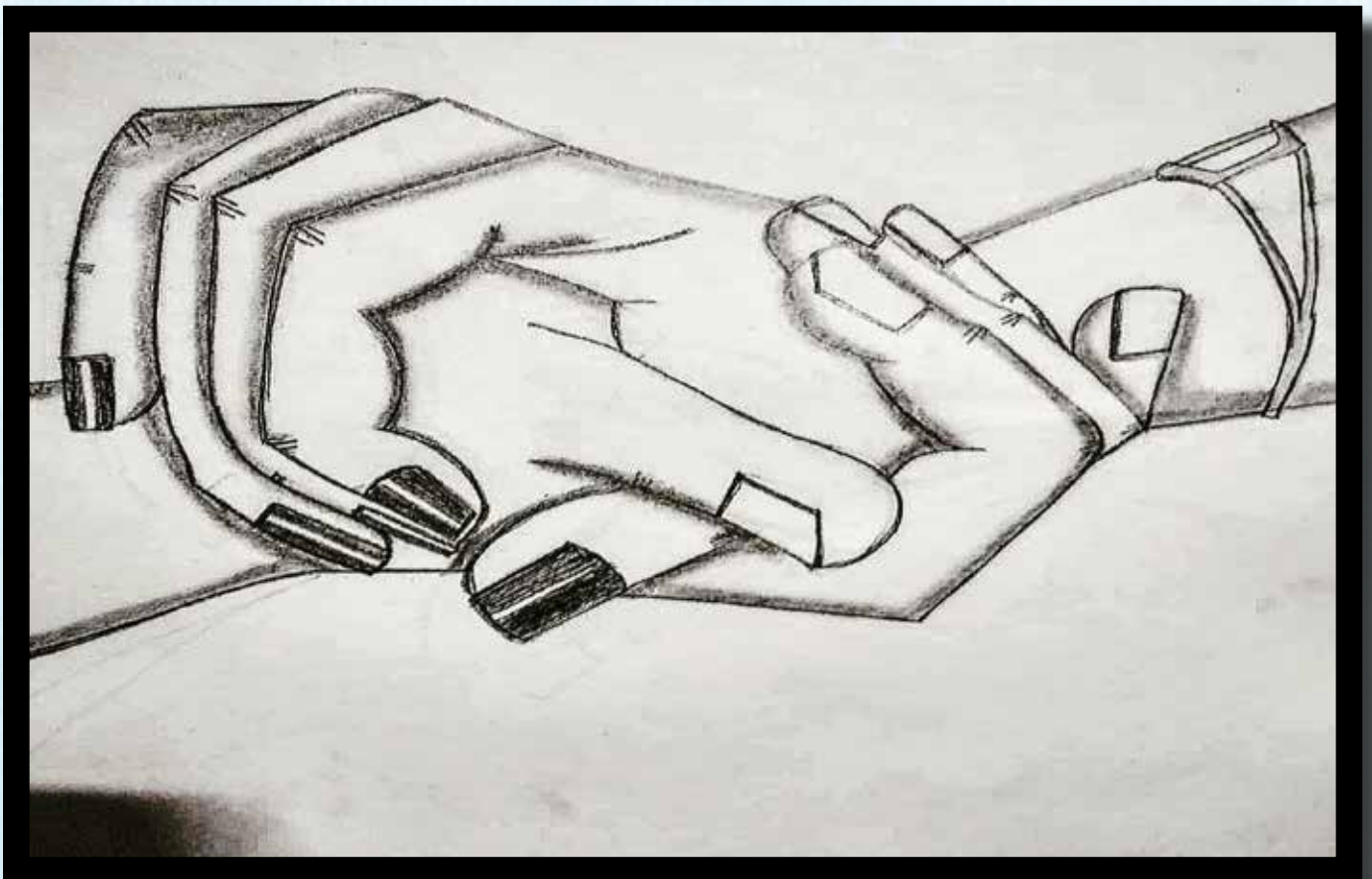
Sarthak Goyal, BBA LLB (H),



Vrinda Dayal
LLB (H)



Megha Matolia
LLB (H)

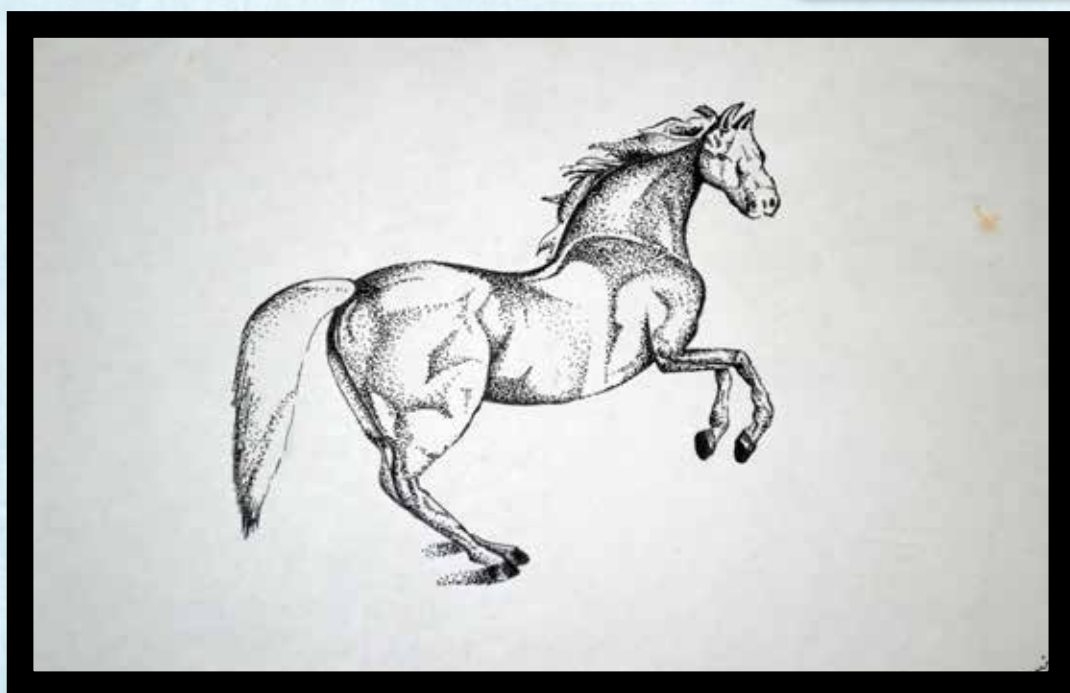
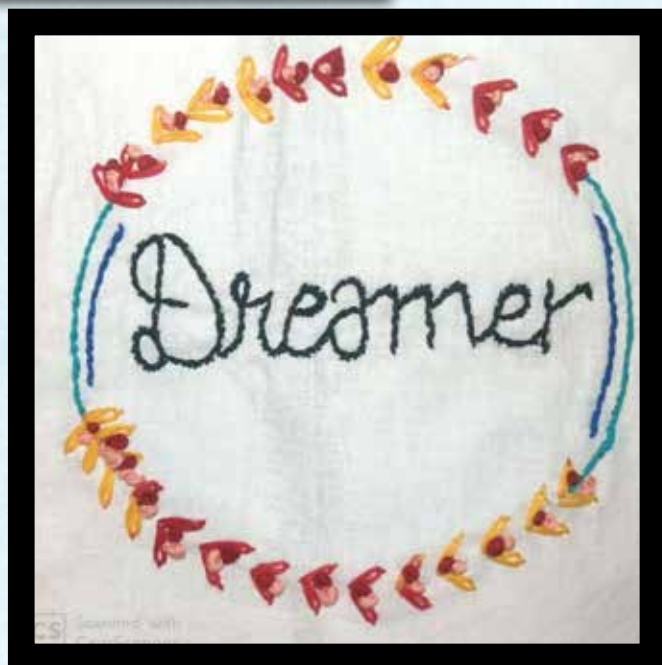


By Pragti Khurana, B.Com. (Hons.)

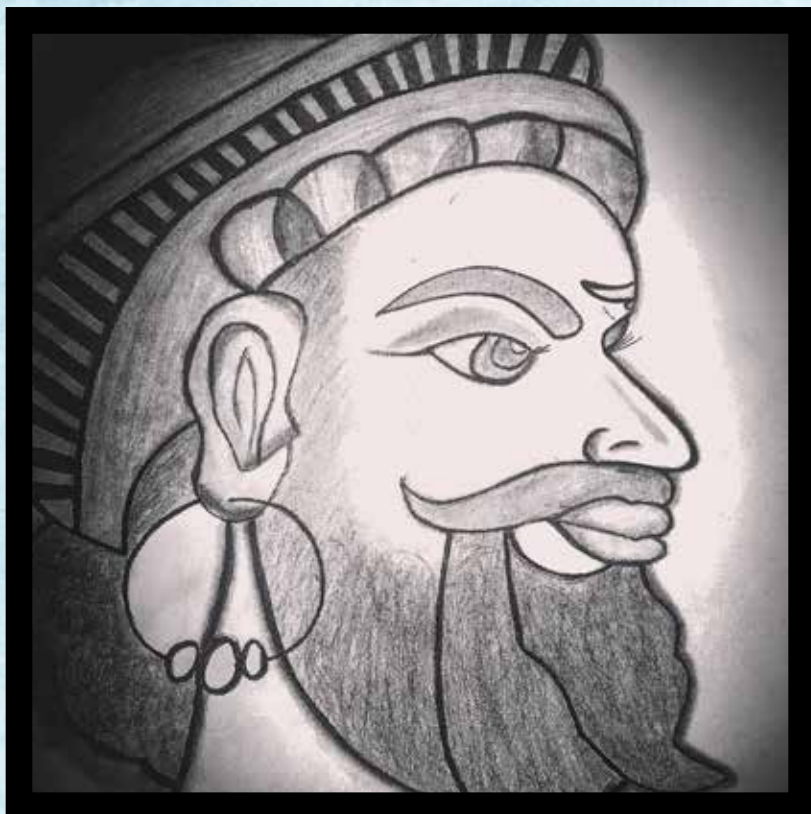


*Vrinda Dayal
LLB (H)*

*Parul Srivastava,
B.A. Fashion Design*



*Vrinda Dayal
LLB (H)*



*Pragti Khurana,
B. Com. (H)*

*Payal Saini,
B.A. Fashion Design,*



*Parul Srivastava,
B.A. Fashion Design,*





*Dhruvika Jaswal,
BA(JMC)*

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BA(JMC)*



*Dhruvika Jaswal,
BA(JMC)*



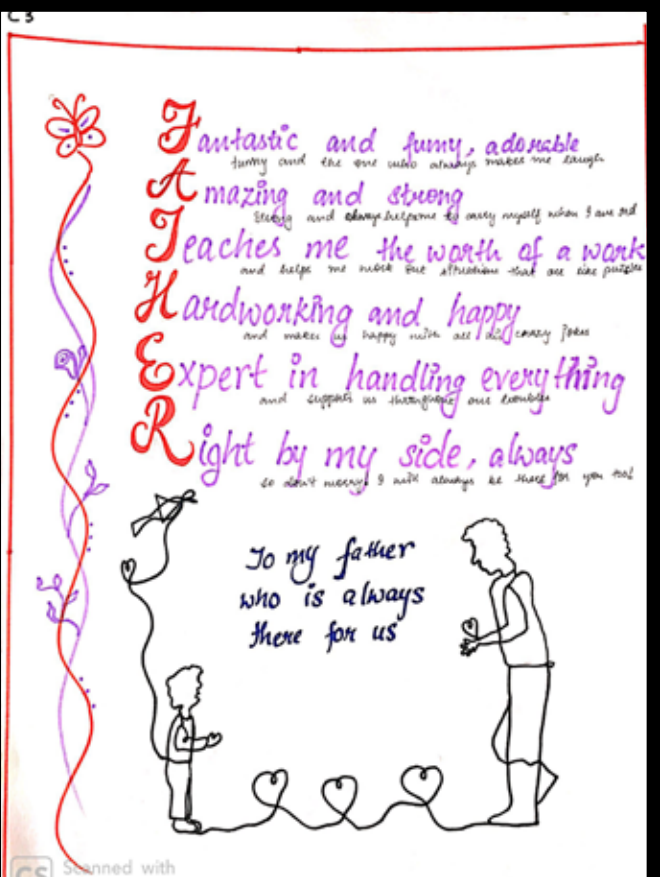
Poems on Filial Piety

Nancy Gahlot
BA (H) Eco



My most precious treasure, Mother you are sublime,
Omnipresent are your blessings, with me all the time,
Tumbling like a leaf, you gave me support,
Honestly, you sailed me like a Prince, you built me my fort,
Especially, at times when I felt low and had lost all hope,
Readily and warmly, you became my only ray of Hope,
I am more than obliged, you held me when I cried,
Literally I am more than grateful for your each & every sacrifice,
Out of everyone in my life you mean the most,
Very honestly, I admire your blunt reports,
Every time I am lost in life, you are there,
You give me hope, you are the answer to all my prayers,
Ocean's all pearls can't repay your sacrifice. Oh! dad,
Unbelievably I am an atheist, you mean more to me than God.

Abhishek Choudhary
BBA LLB



Antara Naha
BA (H) Eng

School of Basic & Applied Sciences
Sonam Yadav
M.Sc Chemistry(H)



Awarded as Power Girl on Women's Day by Parth Foundation .

Awarded as Best Volunteer for involvement and contribution towards Unnat Bharat.



School of Architecture and Planning

The following students of 2014 batch have cleared Gate 2019:

- 1.Vaishali Saini –
- 2.Isha Sharma –

Roll No. 1406160026

Roll No. 1406160028



School of Legal Studies

Pranav Sachdeva
BBA LLB 10th Semester



Won commendable performance award in internship program by Consumer India 30 April, 2018



Vox Populi

CROSS-DRESSING A NEW TREND IN DRESSING



Cross-dressers are people who are sexually aroused by wearing women's clothing, like a man wearing women's clothing. The misconception exists but this has nothing to do with trans-sexual or have been transgendered, it is about one's sexual identity. People do get confused when one cross dresses but does it mean one is lesbian or gay? No, that doesn't mean like that, it is just meant to satisfy one's desire of style.

SOKASHREE PRADHAN
B.Ed (FINAL YEAR)



In simple words, to some cross-dressing is not about the world around them, but themselves and how they perceive the world we live in. I'd say if cross-dressing makes someone happy then who we are if we can't look at someone's well-being. In many communities around the world, Trans people have already been given the same acceptance as their cisgender counterparts. But in many communities like ours, being a transgender basically means no life, and is pretty much messed up like outcaste system.

AAYUSH KUMAR
B.A Economics (H) (II YEAR)



Now days the trend of cross dressing is increasing rapidly. Let us know what this trending word means: cross dressing is the act of the dressing and acting as the opposite gender. This relates to style, color or type clothing expected to wear. It has become highly logical and universal desire for both the genders (male and female). This seems to be experience of the sex which is profoundly curious for them. This is done in order to live out fantasies.

NIHARIKA SINGH
B.ED, II semester



Cross Dressing gives freedom of choice and comfort to people who are not very fond of wearing typical gender biased clothes. Everyone has the right to wear whatever they want to, to feel good and comfortable. This trend in dressing opens many options of clothing for all the genders.

Tushar Karn
BA(JMC), IV semester

Cross dressing is the act of wearing clothes and other accessories usually associated with the opposite sex within a society and has become a latest trend. I feel that it is basically one's own choice to wear what they want to and in what they feel comfortable. In contemporary society people have accepted cross dressing. Bollywood celebrity Ranveer Singh is one of the icons of cross dressing fashion in the industry as he promotes it throughout the country.



AAKANSHA

B.A. (H) English, IV semester

Cross Dressing-A new trend in dressing, In India there should not be any restriction towards dressing. A person should wear the dress in which he or she is comfortable and depending upon the social values and norms of the country which matters a lot. A person's personality completely depends upon his or her dressing sense. There is nothing wrong in adapting the dressing of other countries. Rather, it would be an opportunity for everyone to try different styles of dresses. New trends should always be generated and sustained. Person particularly can try both Indian, western, indo western dresses and can see the changes in his or her own personality.



SURABHI SIVAN

MBA (IV SEMESTER)

Cross-dressing.....is a new trend in the fashion industry which promotes that clothes are clothes; they do not belong to a particular gender. Many people judge, and for them this fashion trend is a content to make memes out of it. But I think everyone has choice and it is their choice what they want to wear.

Rohit Chauhan

B. Pharmacy, IV Semester



Cross-dressing is defined as the act of wearing clothes or accessories associated with the opposite sex. Women often wear clothes like baggy tops and jeans which are often seen as a dress code for men, hence having a wider range of dress code unlike men who see this as a transgender trend. Rather this is more of a unisex trend. This has also showcased gender fluidity and gender equality and hence this mind-blowing new trend has broken many stereotypical thoughts.



ANTARA NAHA

B.A. English (H), II semester

INDIA FROM CASH TO CASHLESS SOCIETY



According to me, cash can be anonymous and untraceable, allowing it to play a larger role in crime, including bribery, tax evasion, money, corruption and terrorist financing. However, cashless payments leave behind traceable records, making it harder to conceal income. With technologies such as UPI; fingerprint protection and linking Aadhar to payment technologies, transactions have the potential to become more secure than before. Though cashless transactions have increased these days, right now India cannot completely become a cashless considering its high proportion of digital illiteracy and cash transactions. But the change is for good and we need to support to help achieve its objectives.

PREM VERMA
B.TECH CSE (II YEAR)



In the developing countries like India, the cashless system has started making the inroads but it is far less in use than that of the developed countries. As India moves towards a cashless economy, the electronic payment will help the entrepreneur to increase their customer base. There is no limitation on timing of transaction as it can be done at any time and from anywhere. Carrying high amount of cash is always a security hazard. It will be easy for the public to explain the tax authorities their past expenditure. One can also trace the funding of terror activities about as online transactions leave a trail. There is high cost of printing currency notes. Switching to cashless transactions will decrease this cost.

NIMIT BHULLAR
B.A. ECONOMICS (H) (III YEAR)



Transforming India from cash to cashless economy is still going to remain a dream for quite some time. This is because of many underlying problems like less bank accounts, lack of connectivity, poor state of security, complex web services, meager electronic payment system etc. Although the launch of BHIM (Bharat Interface for Money) open a lot of doors, the country has a long way to go before basic tasks like purchase of vegetables is done without cash.

PRITHA CHAKRABORTY
B.A. ECONOMICS (H) (I YEAR)



Transforming India from a cash-to-cashless digital society is quite a major factor in helping the nation emerge as an equivalent to the other digitally advanced nations around the globe. Moreover, it's important to adopt the latest trends so as to meet the changing needs of the society which further leads to the prosperous growth and development of the nation.

KRITI KHANDELWAL
B. Ed.

Moving along the 21st century, India took a step towards cashless society, there would be less corruption and more circulation of digital money which would help India to become an electronic friendly country towards digital world. So, carrying money would be easier as you just have to carry your mobile and cards in place of cash.

Ravi Kumar Labh

BA(JMC) II, Semester



Smart phone revolution has led to the emergence of e-commerce, m-commerce and other services, including app-based cab aggregators, which encourage digital payments for the use of various services. The value-added services such as cash back, bill payment facilities, loyalty points, rewards and ease of use have resulted in surge of such digital platforms. These developments have given rise to a modern payment model. Digital India suffers from the threat of thefts and hacking of digital money instruments. A country where 90% of transactions are paid for in cash because cash facilitates making transactions anonymous cash less society still seems like a dream in a country like India.

Sagar Aggarwal

B. Pharma, VI Semester



India made a revolution for the new era of payment method that is cashless payments. Awareness spread like a fire all across India about being cashless. Cashless payments became a godfather for the people facing problems during the period of demonetization. The main benefit about cashless payments was that even the people who didn't even know how to operate a mobile phone were accepting and receiving cashless payments during the introduction of new currency.

Kulyash Sharma

B.ech ME, VIII Semester



The announcement of demonetization is a big boost for India aiming to be a cashless economy. It is a big step towards making India a cashless society. This step will definitely help in preventing corruption to a large extent. Being cashless is helpful, but it is riskier as well because net banking can also lead to hacking of personal information of people.

Meenu Mendiratta

M.Com. (IV Semester)



With the growth in the IT Sector, mobile technology and the open banking system has fasten the digital payment infrastructure. Physical cash is not always handy and there is a fear of theft all the time. Digital payments have made it easy with just one click and have been replaced with physical cash. Digital payments help in avoiding tax evasion and also in corruption as it keeps record of every transaction.

Jiji Mary Pious

MBA (IV Semester)



PHOTOSHOP PROMOTES BODY SHAMING



Body shaming is humiliating, with often painful, long-term consequence. Out of a sample of women surveyed for the study, over 75 percent felt that the portrayal of women on social media is unrealistic. Even so, many women are influenced by the images they see online. Poor body image is a reality that many individuals face on a daily basis – both women and men. Considering how submersed our culture has become within social media.

ANMOL SHARMA
B.EL.ED (III YEAR)



Photoshop leads women all over the world to hate their bodies. There probably isn't even a single woman who hasn't been affected by the inescapable grasp of the body shaming monsters that live inside most of our brains. The portrayal of women by the fashion industry has made countless women and girls feel ashamed of themselves whenever they look in the mirror. We make self-deprecating comments, we call ourselves fat, and we make ourselves feel inferior.

NISHA TANWAR
B.A. ECONOMICS HONOURS (II YEAR)



Photo-shopping, in the present era, is not a new thing. Body shaming is not the only thing it promotes. It affects the mentality of the people and promotes an illusionary vision how a perfect body should look like. It creates unnaturally perfect and unrealistic beauty ideals which people still desire to achieve even though it is impossible. It also affects human's perception about their body and subconsciously encourages low self-esteem and self-hatred. To put it briefly, photo-shopping takes away the self-acceptance of our natural body beauty.

DZIESEVINO SHUYA
B.A. ENGLISH HONOURS (I YEAR)



The images and ideas you see every day could be negatively impacting the way you feel about your body. Photo shopping apps are frequently used to destroy images, erase blemishes, and tone the bodies almost to perfection. The real side of the picture is not promoted and shown to people. Only the photo shopped images are uploaded in magazines, TV, online portals, etc. Photo shopping of an image negatively impacts the way a person feels about his or her body. Due to Photo shopping, nowadays, women are afraid to show their real bodies because they think that they are not as perfect as compared to the women shown in the magazines. At last, I want to conclude by saying that nothing perfect exists in this world. Everyone is perfect in his or her own way. So, "NEVER LET ANYONE MAKE YOU FEEL LIKE YOU NEED TO ALTER YOUR APPEARANCE OR WHO YOU ARE. YOU ARE GOOD ENOUGH."

Muskan Gupta
B.Com. (Hons.) I year

In this era of the 21st century, people are more dedicated to their appearance rather than being original. They portray someone who they are not, because of the pressure of society that they are burdened with this sci-fi of looking perfect since no one will respect your imperfections. But after this topic was raised on social media many celebrities are coming forward to appreciate real beauty with trends like #nomakeup, #realme, #realbeauty.

Tanvi Sharma

B.A. (H) Eng. III Year



In today's modern world, people are more concerned about their looks and also get influenced by each other. How we perceive and feel about our body and how we assume what others feel about it, affects us and leads to peer pressure. Media is the main key behind it. For youth, looking perfect among society is a major thing rather than indulging in another way.

Vidhushi

B.A. (H) Eng. III Year



In today's society, the 'perfect body' title is in trend. Everyone wants a perfect body that is a body of zero figure or we can say that flat stomach, thigh gaps, defined cheekbones, no fat, tall and thin, and lips that are full. These are the standards that women are held to in today's society. This is what is considered "beautiful" and it influences the way women perceives themselves. And it's all because of the media and models. As these, fake beauty is in trend and the real beauty is somewhere lost. All these beauty standards make a person more uncomfortable and the real self is lost. Remember one thing that the originality is the real beauty.

Ojasvi Saharawat

B.A. (H) Eng. III Year



Body shaming has, through the ages, become a casualty in our society. The mental harm in the face of insecurities, inferiority complexes and negative self-image is the dominant outcome of the slurs that are passed around with regards to the idea of a perfect body type. The existence of photoshop, face tune and body morphing apps has become an easy outlet that markets off the insecurities of people. What this society needs is emphasis on mental and physical health that promotes positive self-image and a healthy state of mind through acceptance and constructive criticism in place of shaming.

Meher Brave

B.A. (H) English, III Year



No, photo shopping is completely a person's own choice to alter their appearance, not everyone is confident with what they are gifted and in a society full of judgements everyone tries to create balance so that they don't feel inferior in any aspect related to their appearance, on the other side it totally depends on how you perceive things without being judgemental and restricting your mentality to yourself.

Abhilash Kishore, B.A. (H) English, IV semester







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B.Tech Mechanical 2015-19



B.Tech ECE & EEE 2015-19



BA(JMC) 2016-19



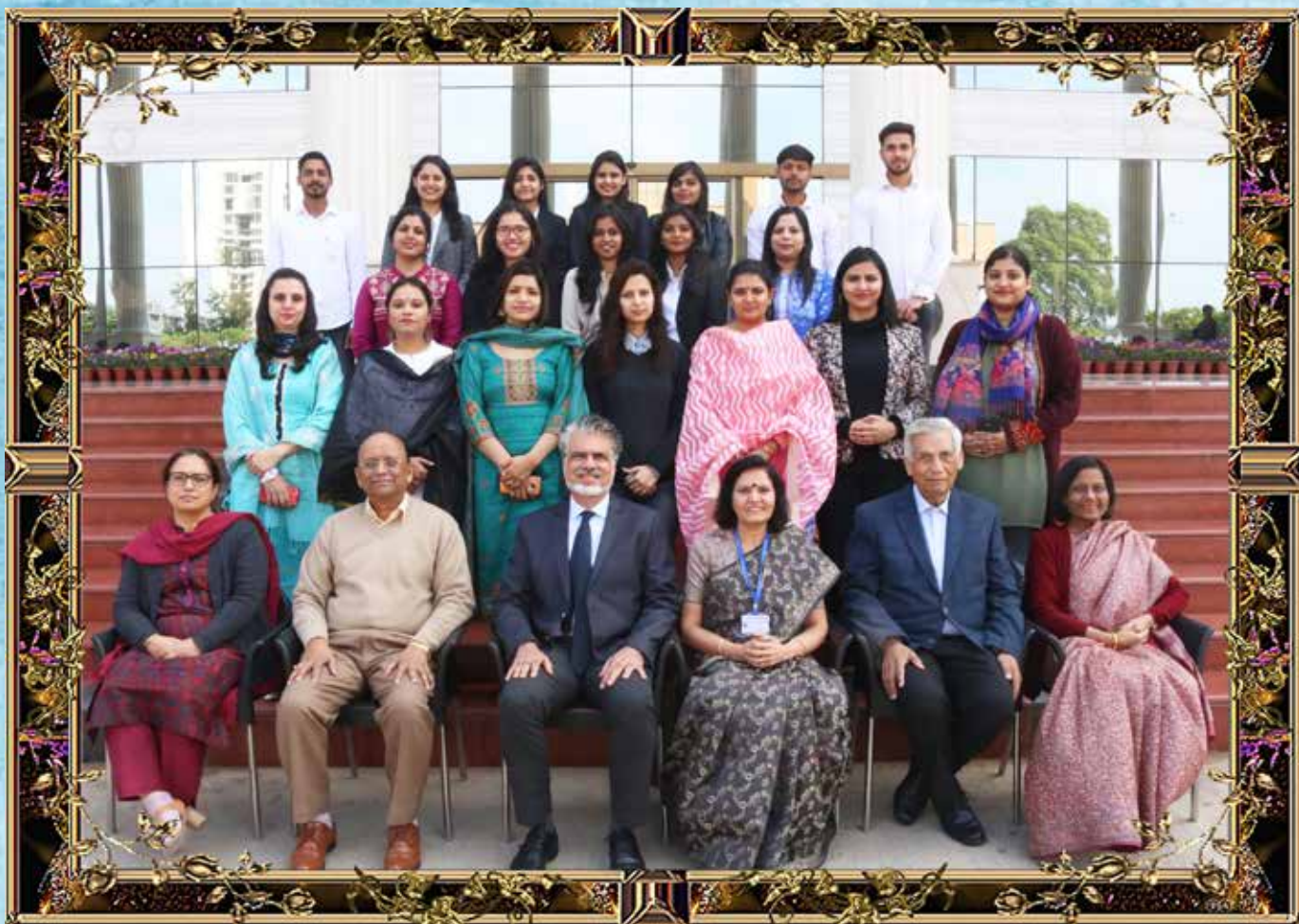
B.Sc Physics (H), B.Sc. Chemistry (H), B.Sc. Maths (H) 2016-19



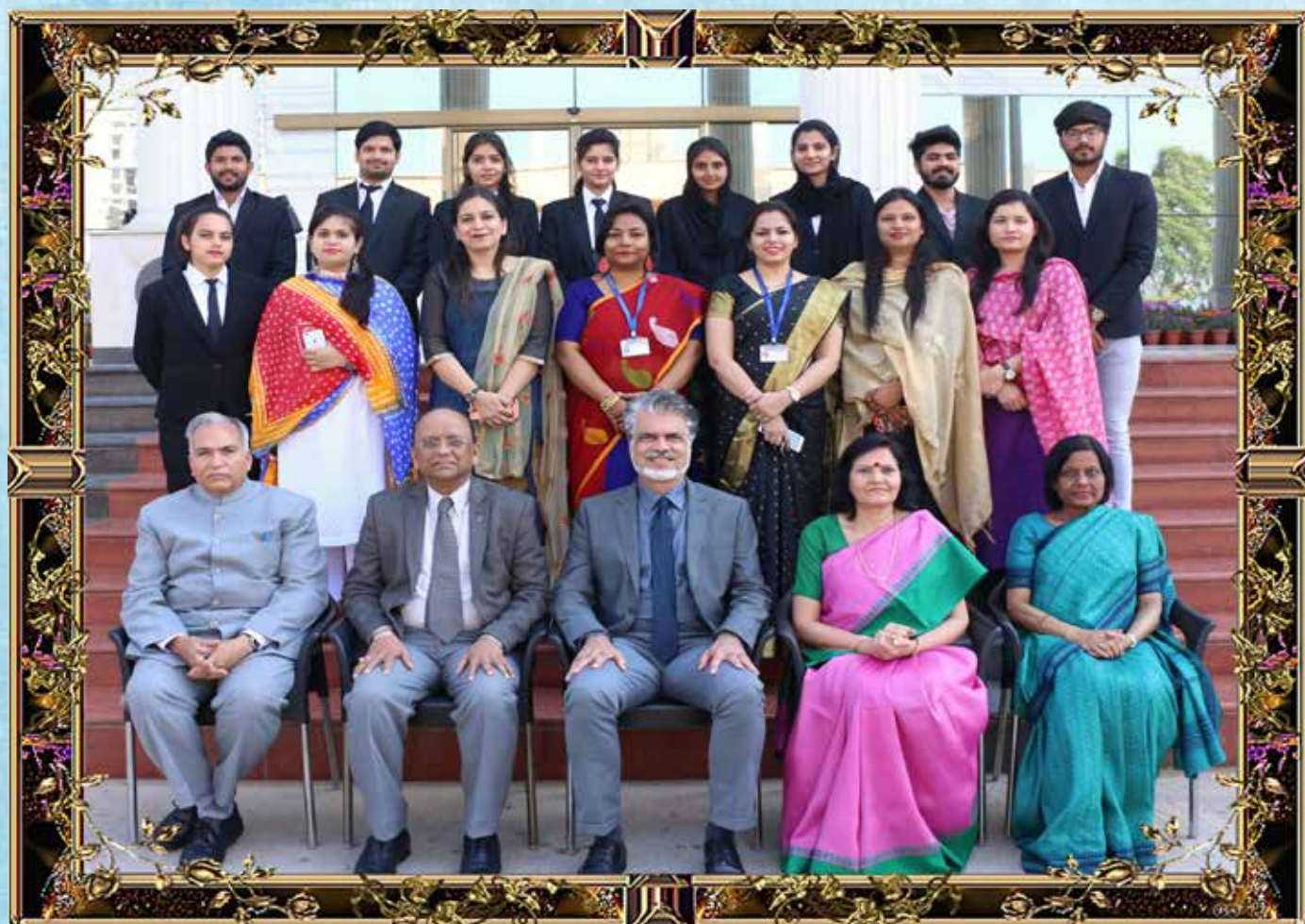
B.Ed 2017-19



B.A. Fashion Design 2016-19



B.A. Eng (H) & B.A. Eco (H) 2016-19



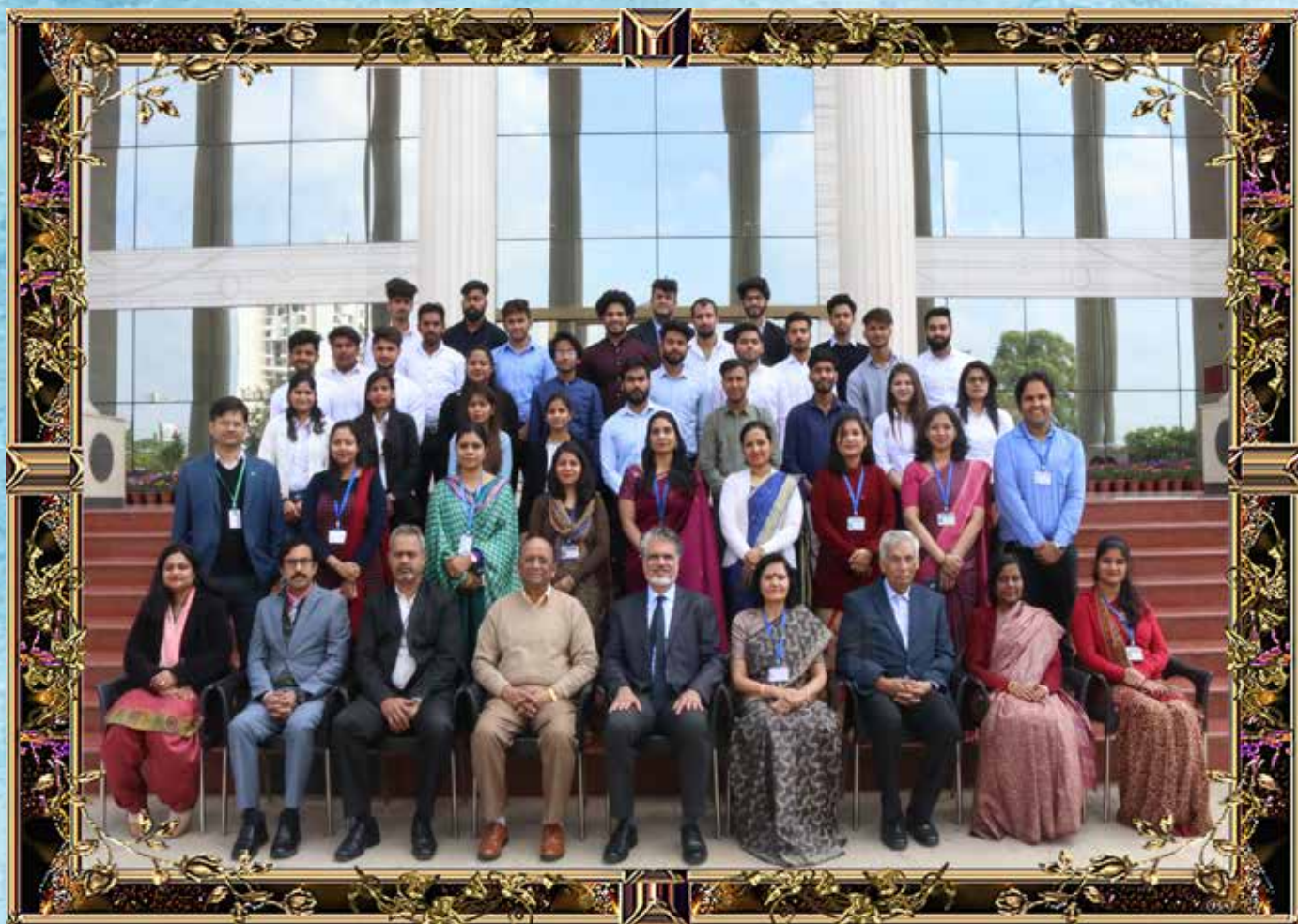
BBA LLB (H) 2014-19, B.Com LLB (H) 2014-19, LLB (H) 2016-19



BBA 2016-19



M.Com & MBA 2017-19



B.Com 2017-19



B.Tech Civil 2015-19



BCA 2016-19 & B.Tech CSE 2015-19



B.Pharm 2015-19



D. Pharma 2017-19

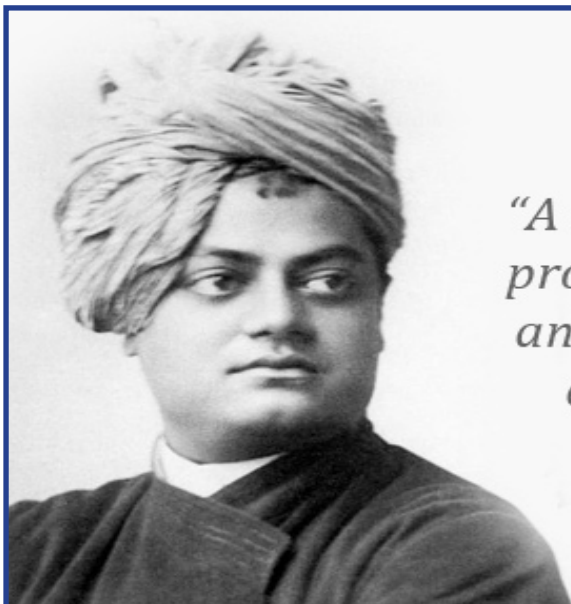
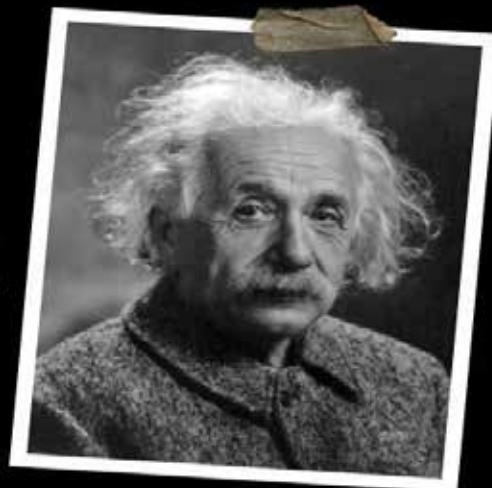


M.Sc Physics, M.Sc. Chemistry, M.Sc Maths 2017-19

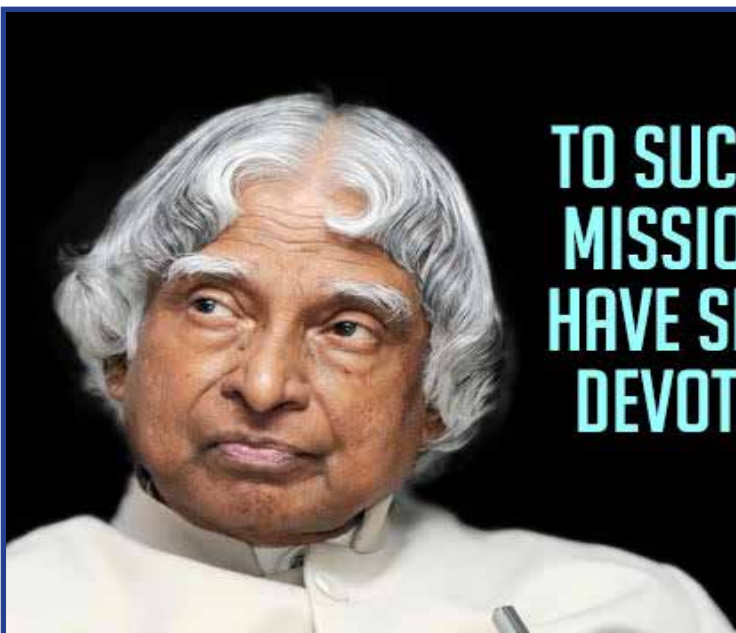


B. Arch 2014-19

**"Education is not
the learning of
facts, but the
training of the mind
to think."
-Albert Einstein**



*"A nation is advanced in
proportion to education
and intelligence spread
among the masses."*



**TO SUCCEED IN YOUR
MISSION, YOU MUST
HAVE SINGLE-MINDED
DEVOTION TO YOUR
GOAL.**



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